

Come to the Sebago Region

No doubt you've come to the Lakes Region of Maine to get away from home, relax, explore, see the sights and have fun while on vacation. To help you do that, we welcome you to the Sebago Lakes Region, one of the most magical places in all of New England, featuring the finest swimming, boating, kayaking, hiking and fishing imaginable where every summer thousands experience a vacation here simply second to none.

Looking around, visitors to the Sebago Lakes Region will be awestruck by the sheer natural beauty associated with the abundant lakes, ponds and streams nearby, but those who venture beyond their campgrounds or summer cottages will discover what generations have known for ages, and that is the Sebago Lakes Region is also bustling with forested trails for hiking enthusiasts, tall majestic trees, scenic landscapes and flora that Maine is known for and it is just the perfect summer getaway for everyone to enjoy regardless of age.

This area showcases interesting shopping experiences, rustic neighborly charm, exquisite dining, exceptional outdoor activities, and special events unrivaled anywhere else in Maine. It's exactly the reason that the Sebago Lakes Region has remained a favorite and preferred site for many of the vacationers who return here each summer.

You are surrounded by sparkling blue water and may spot many other native species such as deer, beaver, fox, and various birds who are attracted to the lakes here too. Birdwatching enthusiasts will confirm that this area of the state is among the best locations to observe many types of birds not commonly found elsewhere, and they insist this is a prime location for birdwatching in every season.

Centuries ago, the earliest settlers of the region, the Abenaki Indians, first called the huge lake Sebago, meaning "large open water," but now it's the gateway to an imaginative summertime filled with memorable adventures and exploration. The Lakes Region offers challenging golf courses, historical museums, unique natural features, fantastic dining, and remains just about as close to heaven as any other place you might find here on earth.

For those interested in relocating and becoming permanent Lakes Region residents, there are many local real estate professionals familiar with the area who can help. Visitors will discover reputable companies to work with in this Summer Guide. They live and work here, as it's a place they love and are happy to help people find their dream property here.

To stay current with life in Windham and Raymond, follow local events and read about the many positive things happening in the community, or to support local businesses in the Sebago Lakes Region, pick up a free copy of The Windham Eagle newspaper which is available across the Lakes Region every Friday. You can also read the weekly paper or find this summer guide digitally at www.thewindhameagle.com

So many local advertisers have contributed to this summer guide to assist in providing information about the Sebago Lakes Region to visitors, and we encourage you to support them while you're here enjoying your vacation.

We welcome you to the best vacation you will ever experience. Have a memorable time here this season and we can't wait to see you back here again next summer. ** Ed Pierce, Managing Editor, The Windham Eagle

THIS GUIDE IS BROUGHT TO **YOU BY THE PUBLISHER OF:**



585 Roosevelt Trail, Windham, ME 04062 (207) 894-3500

Pick up a copy FREE every week at area newsstands today for local businesses & news!

Flip through the weekly paper and this summer guide anytime at: www.TheWindhamEagle.com



Like us on Facebook at TheWindhamEagle to view additional content and news

Follow us on Twitter @WindhamEagle

Contributing Writers:

Ed Pierce, Dina Mendros, Mike Davis, Nicole Foster, Michelle Cote, Kendra Raymond, Ernest H. Knight

Advertising Sales & Design: Melissa Carter

Publisher: Kelly Mank • Cover Photo: Chris Charron

#EAGLESUMMERGUIDE

Browse the ads for restaurants, shops, health & beauty spots, pet services, events, marinas, fishing & boating resources, real estate, home services & more!

Overview of Towns in Sebago Region	5
Sights of Interest	10
Public Beaches	14
Artistic Lake Maps	15
Hiking Trails	
Lobster Facts	18
Sebago Lake State Park	22
Maine Blueberry Facts	34
Bird Watching	35
Calendar of Events	38
Sebago Cove Forest	44
Tick Safety	46

Real Estate	48
Songo Locks History	54
Steamboat History	62
Maine Wildlife Park	64
Maine Facts	68
Historical Societies	70
Libraries	71
Fishing Spots	72
Boating Safety/Laws	78
Farmers Markets	

REFERENCE THIS GUIDE DIGITALLY 24/7 AT WWW.THEWINDHAMEAGLE.COM/SUMMERGUIDE

Always Willing to Go the Extra Mile to Help Buyers & Sellers Achieve Their Dreams!

YOUR #1 SEBAGO LAKES REGION REAL ESTATE CONNECTION

Maine Lakefront & Residential Homes Vacation Property Seasonal Investments
First Time Home Buyers Land Commercial Properties Rentals



Katie England 207-650-4888



Pauline Flagg 207-595-3999



Paul Grant 207-312-7454



Heather Hanson 207-318-8254



Shannon Hanson 207-787-1463



Candice Hodgson 781-572-5966



Sarah Noble 207-831-9499



Jocelyn O'Rourke Shane 207-838-5555



Kamal Perkins 207-595-3145



Anne Plummer-Legere 207-232-3727



Cynthia Shaw 207-310-3276



Heidi Foreman Smith 207-671-5295



Susan Russian Rental Agent 207-595-9966



Sabrina Hayne Office Administrator

CONTACT US FOR A FREE CONSULTATION, FREE MARKET ANALYSIS OR TO SPEAK WITH A SPECIALIZED RENTAL OR BUYERS AGENT TO HELP YOU FIND YOUR DREAM PROPERTY!



18 Olde Village West, Naples (the intersection of Rts 302 & 11)
Office: 207-693-5200 Rental Office: 207-693-5203



Look to our website for area listings, statistics, blog, and resource guide to find out more about our team!

www.MaineRealEstateChoice.com

30+ YEARS EXPERIENCE ~ VAST KNOWLEDGE OF THE LAKES REGION

WELCOME

from the Sebago Lakes Region Chamber

On behalf of the Sebago Lakes Region Chamber of Commerce (SLRCC), welcome to the Sebago Lakes Region – where adventure, beauty, and community await.

The name "Sebago" comes from the Native American word meaning "great stretch of water," a fitting tribute to Maine's second-largest lake.

Sebago Lake spans eight miles in width and ten miles in length. Renowned for its pristine water quality, it serves as the primary drinking water source for Portland and many nearby towns.

Ask around and you'll hear different takes on what defines the Sebago Lakes Region. For some, it's the six towns bordering the lake: Sebago, Standish, Windham, Raymond, Casco, and Naples. For the SLRCC, the region includes the eight vibrant towns we proudly support: Casco, Gray, Naples, New Gloucester, Raymond, Seba-



Naples. For the SLRCC, the region includes the ln 2024 Maine Audubon estimated a population eight vibrant towns we proudly support: Casco, of 3,146 adult Common Loons and 420 chicks Gray, Naples, New Gloucester, Raymond, Seba- for the southern half of Maine. PHOTO BY PAM WARD

go, Standish, and Windham.

Whether you're a lifelong resident or a firsttime visitor, we invite you to explore all the region has to offer. From outdoor recreation and historic landmarks to local eateries, charming shops, and scenic views, there's something for everyone across our eight member towns.

Stop by our Chamber office at 909A Roosevelt Trail in Windham to pick up brochures, maps, and helpful tips to plan your stay. Be sure to grab our Regional Guide – your go-to source for hiking trails, beaches, lodging, dining, and more.

We hope the hardest decision you'll face during your time here is simply deciding where to explore next.

-Amber Rankine, President/CEO, Sebago Lakes Region Chamber of Commerce

FUN FACTS ABOUT SEBAGO LAKE:

- While it's widely known that Sebago is one of the largest lakes in Maine (second to Moosehead Lake), not everyone knows it's also the deepest, with depths reaching 316 feet.. deep enough to submerge a 30-story building!
- The lake features Frye Island, which sits on a glacial sandbar.
 This island is only accessible by ferry or boat and becomes a seasonal town, completely closing during winter.
- Sebago Lake supplies unfiltered drinking water to nearly one-sixth of Maine's population, including all of Portland.
 It's so clean that it's one of only about 50 water sources in the U.S. that the EPA allows to be unfiltered.
- Hidden WWII Plane Crash Site: In May of 1944, a Navy training plane crashed into the lake during poor weather.
 The wreckage of the plane is still at the bottom of the lake and has been explored by divers.

WELCOME TO THE SEBAGO LAKES REGION!

LAKES REGION CHAMBER OF COMMERCE

Explore. Relax. Discover.

VISIT US YEAR-ROUND

Stop in at 909a Roosevelt Trail (Route 302), Windham

Monday-Friday | 9AM-3PM

Call us at 207-892-8265

Find maps, brochures & local tips at:

SebagoLakesChamber.com

Follow us on Facebook for event updates, business highlights & local news!





Scholarship Golf Open

JUNE 5 | 8 AM - 2 PM

Support local scholarships while enjoying a day on the green!



Golf Ball Drop at Windham Summerfest

JUNE 21 | 12 PM - 5 PM

Try your luck with our exciting golf ball drop!

OVERVIEW of towns in the Sebago Region

BRIDGTON — is a family friendly town that welcomes visitors year-round for its sparkling lakes, a popular ski resort and shopping district. The town itself has a total area of 64.24 square miles, with 7.45 square miles consisting of water. Just to the east of Bridgton is Long Lake, which flows into Sebago Lake. Long Lake is partially fed by Stevens Brook. The source of Stevens Brook is Highland Lake, which is located just west of Bridgton's downtown area. In West Bridgton, visitors will find Pleasant Mountain, which includes the Shawnee Peak Ski Area. At the foot of Pleasant Mountain is Moose Pond, a man-made lake which spans portions of Bridgton, Denmark, and Sweden. The shopping scene in Bridgton is highly diverse and eclectic. **www.bridgtonmaine.org**

CASCO — is centrally located in the heart of the Sebago Lakes Region. Casco's 36 square miles contains eight lakes and ponds, which make up about 6 square miles of Casco's area. Opportunities abound in the town for recreation and business and many are associated with Casco's pristine clear lakes and ponds. Casco is also home to Hackers Hill Preserve and Sebago Lake State Park. The town is a surprising mix of rustic charm, healthy living and a warm and inviting ambiance that stands in contrast to the rapid pace of city life. www.cascomaine.org

(SEE OVERVIEW continued on page 7)







Take your landscape & indoor lighting to the next level!

Complete Home Wiring & Remodels
Panel/Service Upgrades • Troubleshooting & Repairs
WHOLE HOME STANDBY GENERATORS
Maine State Gas License for Propane & Natural Gas

Book a free estimate online or call/text us for all your electrical needs

ElementalElectric.com • 207-370-2551

SCENIC & ENTERTAINMENT CRUISES

Aboard a sunset cruise for celestial starcapes and a smooth ride!





207-693-6861 See special events, schedule, prices & book your seats at:



SongoRiverQueen2.com

BOOK THE SONGO RIVER PRINCESS FOR AN INTIMATE EXPERIENCE!

The sister boat, The Princess can accommodate up to 50 guests for River & Locks Cruises, Corporate Events, Weddings, Birthdays & Private Functions.

Book at: SongoRiverPrincess.com



NEED A GROUP RIDE?

Call to book the Songo River Queen private bus for up to 50 people \$100 per hour with a 4-hour minimum.

\$100 per hour with a 4-hour minimum. Call 207-693-6861 to reserve.



(OVERVIEW continued from page 5)

GRAY – is essentially a throwback to New England towns of old, filled with rich history and surrounded by scenic rolling and forested hillsides. Little Sebago Lake, Crystal Lake, and Forest Lake beckon to visitors and residents alike offering picturesque year-round homes and a number of seasonal summer camps. Gray is a genuine four-season destination and host to the Maine Wildlife Park, local shops and eateries, Libby Hill Forest Trails, ATV and snowmobile trails, and an array of vibrant park and recreation programs. State Routes 4, 26, 100, 115, 202 and I-95 exit 63 provide easy access into Gray and to nearby attractions. www.graymaine.org

NAPLES — is best described as one of the most charming and picturesque small towns in all of Maine. If Windham can be labeled as the "Gateway to the Lakes Region," then Naples surely can be termed as the "Heart

of the Lakes Region" with eight lakes and ponds surrounding its boundaries. Summer visitors are drawn to the causeway where they will discover many fun activities by day, then spectacular sunsets and bustling nightlife at restaurants and pubs. Nobody visiting Naples should pass on the opportunity to take a slow cruise on Long Lake or venture through the historic Songo Lock. www.townofnaples.org

RAYMOND – is a scenic rural community that prides itself on being not only a gorgeous place tors to the Lakes Region. Raymond enjoys abundant at Pleaseant Mountain. PHOTO BY PAM WARD

natural resources, beaches, fantastic hiking trails and plentiful recreational amenities. The town is a small community with about 4,000 year-round residents, but it also offers a full array of services and businesses. Local businesses supply most of life's necessities, and act as host to many camps and lakeside activities. www.raymondmaine.org

SEBAGO — is the place to be if you're really into hiking and outdoor adventure, and is home to Douglas Mountain, a premier destination for trail enthusiasts. Sebago is a quiet, peaceful, and friendly town that is found on the western shore of Sebago Lake and features a rural beauty that is filled with mountains, lakes, and ponds. It's perfect for vacationers of all ages and yet a great place to live year-round and raise a family too. There are about 1,500 permanent Sebago residents who live within the 50 square miles that make up the town and visitors can easily find many camps, cottages, campgrounds and vacation homes to get away from it all. www.townofsebago.org

STANDISH — is located on the southern tip of Sebago Lake and is known as "left of the lake." The town offers scenic and spectacular lake views, and popular public beaches and campgrounds for locals and tourists alike. Standish has four distinct population centers; Steep Falls on the Saco

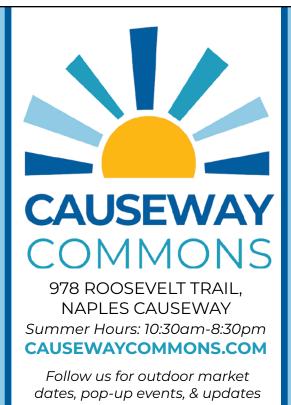
> River, Standish Village in the center of the town, Sebago Lake Village at the southern end of Sebago Lake, and the Whites Bridge area on the southeast shore, which is home to Saint Joseph's College. There are numerous sites in town to visit that are listed on the national Historic Preservation Register, as well as many challenging hiking trails and family friendly playgrounds and parks.

www.standish.org

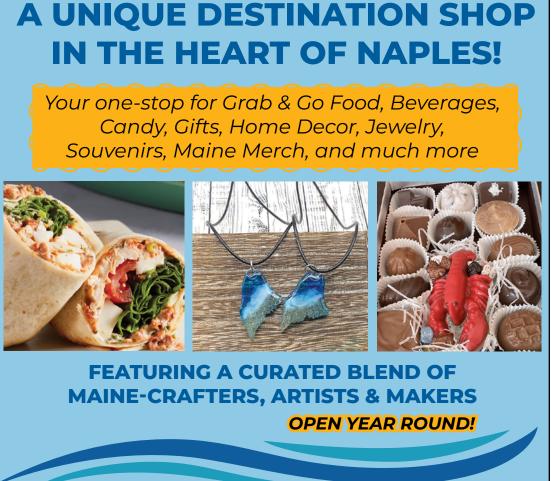


bo Powder Mills, the historical society, and Babb's Covered Bridge, which is one of only nine such structures existing in Maine. There are many hiking and biking trails and preserves, as well as a recreation area at Dundee Park. Shopping and restaurants are extensive and feature box stores as well as local family favorites and unique small boutique shops. www.windhammaine.us *





Proud to be a woman-owned small business supporting our 'Made in Maine' businesses



TRUSTED BY BOATERS & VACATIONERS FOR 39 YEARS

WE MAKE BOAT OWNERSHIP HASSLE-FREE

NEW INDOOR BOAT STORAGE

24,000 SQ. FT. OF SAFE, SECURE STORAGE

RESERVE YOUR SPOT NOW TO GUARANTEE YOUR RATE FOR TWO YEARS!



Sign up for the Dock to Dock PLATINUM PACKAGE

Every boat owners dream

INCLUDES: HAUL-OUT, BOTTOM CLEANING, FULL WINTERIZATION & INDOOR STORAGE.

SPRING COMMISSIONING &

LAUNCH ON SEBAGO LAKE.

CALL US TODAY TO GET STARTED

PICK-UP & DELIVERY TO & FROM YOUR DOCK ANYWHERE ON SEBAGO

WE CAN DO AS LITTLE OR AS MUCH AS YOU NEED...

SERVICE, MAINTENANCE, DETAILING, STORAGE, WINTERIZATION, CUSTOMIZATION, & MORE



GAS DOCK ACCESSIBLE ON THE OPEN LAKE

93 OCTANE PREMIUM FUEL

COLD DRINKS, WATER, SNACKS & ICE PORTA POTTIES FOR CUSTOMERS TOO!

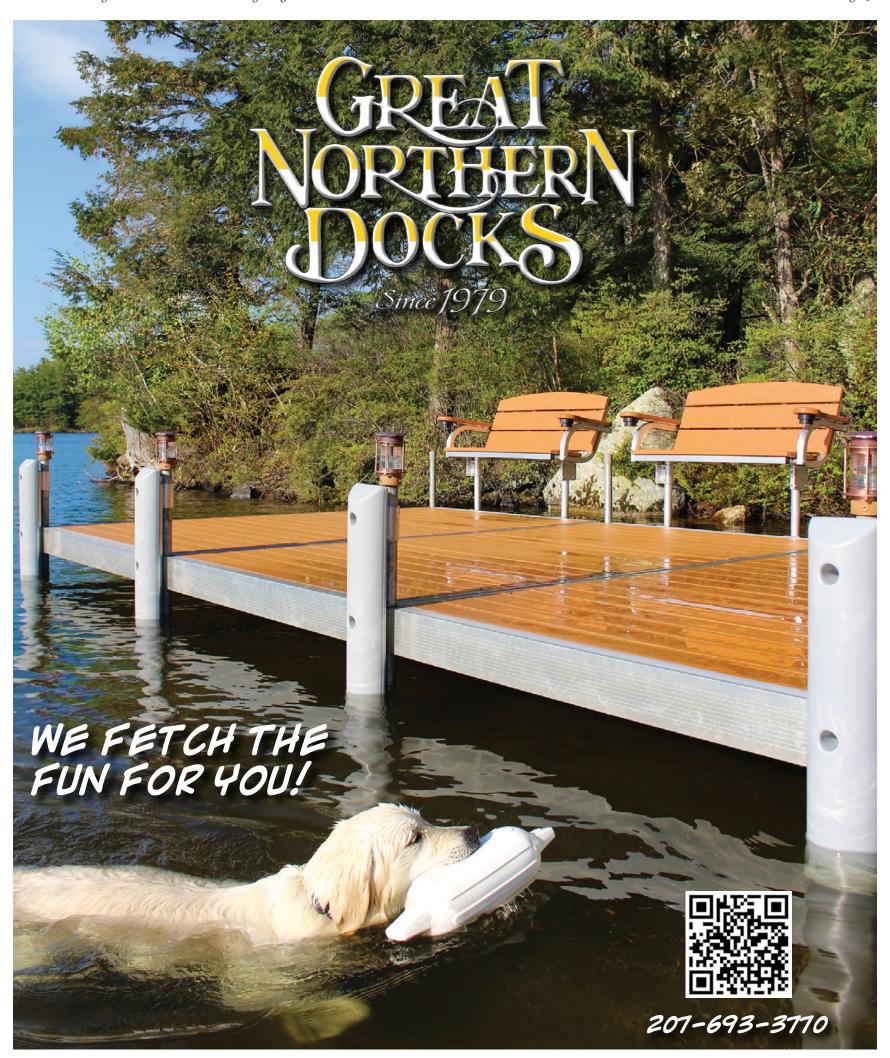


CRUISE THE LAKE ABOARD A 24' PONTOON BOAT

RENT FOR A FULL DAY OR BY THE WEEK

BOATS ACCOMMODATE UP TO 10 PASSENGERS
ELEVATE THE FUN WITH TUBE RENTALS





SIGHTS

Must see spots of interest

BABB'S COVERED BRIDGE — is found in a quiet, rural setting in Windham and has long been an attraction of artists and photographers, Babb's Covered Bridge connects the towns of Gorham and Windham over the Presumpscot River in Cumberland County. It is a popular tourist destination. It is one of only nine covered bridges remaining in the State of Maine. Babb's Bridge is accessed on Covered Bridge Road, just off River Road in Windham.

DOUGLAS MOUNTAIN — is in Sebago and Standish and makes a great day hike that leads you to a stone observation tower with expansive views. Follow Route 107 north from East Baldwin or south from Bridgton. Watch for signs for Douglas Mountain. Take Douglas Mountain Road and follow the signs. The trailhead is well marked and there are two ways to the top. Dogs are welcome. A suggested \$3 donation per car is accepted.

EAST WINDHAM CONSERVATION AREA - is

an 8-mile trail network featuring scenic mountain and water views, as well as fully accessible portions. It is also part of a larger 30-mile trail network in Falmouth and Windham. The trailhead is off Falmouth Road in Windham, just north of Highland Lake. Take US-202 south to Falmouth Road on the left, then go 1.4 miles south on Falmouth Road to the trailhead on the left.

FRYE ISLAND — is situated in Sebago Lake about 25 miles west of Portland. It became Maine's newest town in 1998. There is a nine-hole public golf course on the island. There are two ferries that provide transportation to and from the island on a regularly scheduled basis. The island is easy to find, just head toward Raymond on Route 302 and follow the signs. For a virtual tour of the island and more details visit www.fryeisland.com

Add'l resources: www.mainetrailfinder.com, www.lelt.org www.mainelakes.org, , www.prlt.org, www.maine.gov

GAMBO PRESERVE AND SHAW PARK - is a

beautiful historic destination that once was home to a gunpowder mill that sits along the Presumpscot River. It is a network of three trails in two towns, Windham and Gorham, and is owned by two different entities, the Presumpscot Regional Land Trust (PRLT) and the Town of Gorham. The trails offer a nice diversion from the Mountain Division Rail Trail including a short loop trail that will take you past the remnants of the old canal and mill. Whether it's a hike you are looking for or a great historic adventure, it is a perfect location

for the whole family.

HACKERS
HILL — is located
on Quaker Ridge
Road in Casco. It is a
27-acre oasis providing 360- degree views
of the White Mountains and Lakes Region. This property
is open to the public
for scenic viewing
and recreational opportunities, as well as



and recreational opportunities, as well as **sunset view.** PHOTO COURTESY OF LOON ECHO LAND TRUST for cultural, historical, and economic purposes. From Raymond, follow Route (SEE SIGHTS continued on page 12)







MAINE SOUVENIRS, DECOR & MORE!

HANDCRAFTED, LOCAL LAKE-THEMED GOODS









100'S OF MAINE-THEMED & LAKE MERCHANDISE ~ MANY MADE BY LOCAL ARTISANS
Furniture • Tablewares • Glassware • Faux Florals • Candles • Signs • Wall Accents • Clocks
Jewelry • The Naked Bee Skincare • Lake Apparel • Hats • Bags • Puzzles & more



BUILT-TO-LAST ADIRONDACK CHAIRS

Built to Withstand Any Weather 100% American Made ~ 25 Year Warranty

Available in a large variety of colors & styles. Tables, foot rests, & benches available too!







THE AREA'S LARGEST PRIMITIVE STORE

Linens, Rugs, Prints, Pottery, Treenware, Handmade Signs & Dolls, Wood Crafts, Potpourri, Lamps & Shades, Timer Candles, Scented Candles, Old Village Paints & more!

889 ROOSEVELT TRAIL, RTE 302, WINDHAM | Open Daily 10am-6pm, Sun 10am-4pm



302 west. Take a right onto Quaker Ridge Road in Casco. Hacker's Hill is located at the height of land on the north end of Quaker Ridge Road.

HOLT POND PRESERVE — has a trail head that leads north up and over Grist Mill Road to rocky formations on Byron's Hill. There are 5.3 miles of networked trails. To get there, take Route 302 east about a mile past Lake Region High School and turn right onto Perley Road. Go 1.5 miles on Perley Road to the intersection of Chaplin's Mill Road and Grist Mill Road. Continue straight on Grist Mill Road for 0.3 miles to the parking area, trailhead, and a kiosk on the left.

MAINE WILDLIFE PARK - is

the place where you'll see more animals in a day than you could ever spot in the wild. It's at 56 Game Farm Road in Gray. The park serves as a permanent home for wildlife that cannot be returned to their natural habitats. All kinds of Maine wildlife are here for their protection, and for you to learn about and enjoy. A day spent there will be filled with discoveries for the whole family. The park offers special weekend programs that feature wildlife presentations and events for all ages from May Photo op at Maine Wildlife through October. FMI, call 207-657-4977 ext. Park. PHOTO BY GLENN CARTER 0, visit www.maine.gov/ifw/wildlife-park. See story on page 64



PONDICHERRY PARK – includes 66 acres of woodlands and streams in the heart of Bridgton. The wood-chipped pathway leads hikers deep into the park where there are signs of beaver, deer, mink, pileated woodpeckers, and spotted salamanders. The 66-acre park is in the center of Bridgton's downtown and offers a 2.3-mile trail network. Trails follow the Stevens and Willet Brooks and overgrown pastures.

RAYMOND-CASCO HISTORICAL SOCIETY -

located on Shadow Lane in Casco, Maine, just off Route 302, near the Naples-Casco town line. The museum is open on Sundays and Wednesdays from 1 to 3 p.m. between Memorial Day and Labor Day. Admission is free. Visitors can examine a wide range of historical artifacts detailing the history of the two towns and see demonstrations at a restored blacksmith shop. For more information visit, www.raymondcascohistoricalsociety.org

SABBATHDAY LAKE SHAKER VILLAGE – was established in 1783 in New Gloucester and is home to the only active Shaker Community in the world today. Situated on 1,800 acres of farm and forest land with 17 historic structures from the 1780s through the 1950s. They wel-

come visitors to experience parts of history and on-going heritage through their museum, research library, craft workshops, concerts, and educational programs. The village is at 707 Shaker Road in New Gloucester. Visit their website at www.maineshakers.com

SEBAGO LAKE STATE PARK – One of the five original state parks in Maine, Sebago Lake State Park at 11 Park Access Road in Casco, is open year-round, first opening to the public in 1938. Whether it is swimming, fishing, camping, or boating that you enjoy, this deeply wooded park offers 250 campsites in two campgrounds, each with beaches and boat ramps. The public recreation area encompasses 1,342 acres on the north shore of the lake and is a popular destination for families and provides lasting memories season after season. Call 207-693-6231 or visit www.maine.gov/sebagolake See story page 22.

RUFUS PORTER MUSEUM — this Bridgton landmark highlights the history of 19th century New Englander Rufus Porter, who is wellknown in the folk-art community for his landscape murals and his miniature portraits. However, Porter was more than just a painter. He was the founding publisher and editor of the "Scientific American" magazine as well as an inventor, writer, teacher and more. The museum can be found at 121 Main St. in Bridgton. For hours and info visit www.rufusportermuseum.org **



A Maine Destination for BOOK LOVERS & RARE TREASURES!

"Summer reading goes well with lemonade, ice cream, beaches, and tree houses-but in a pinch, all you really need is a good book.

And maybe some suntan lotion." - Mark Teague



Maine's Oldest Bookstore - Est. 1886

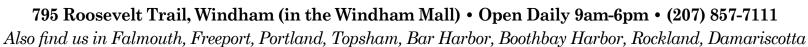
Explore our Gift Shop Packed Full of Unexpected Delights!

Books for All Ages, Maine-made Products/ Souvenirs,
Haven's Chocolates, Wilbur's of Maine Candy,
Teas, Maple Syrup, Saltwater Taffy, Jewelry,
Journals, Stationery, Art Supplies, Craft Kits, Puzzles,
Games, Pokemon, Nostalgic Toys, Fun Socks,
Soaps, Body Care Items, Scented Candles,
100's of Greeting Cards, Gift Wrap/Bags &
lots of other fun, random goodies & rainy day fun!

CHECK OUT OUR EXPANSIVE BARGAIN BOOK TABLES

JOIN OUR FREE REWARDS PROGRAM

to earn store credits on every purchase!



BROWSE OUR INVENTORY AT: SHERMANS.COM & KEEP UP WITH EVENTS ON









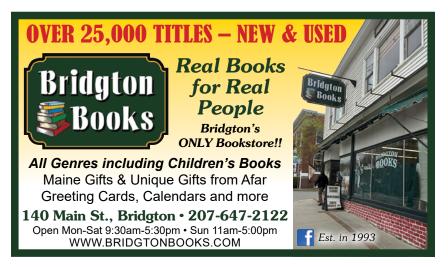
BEACHES

Pristine and open to the public

(Information is as accurate as researched. For complete details, please check facility websites.)

BRIDGTON – bridgtonmaine.org/public-parks-beaches

- * Highland Lake Beach Located at the southern end of the lake, off Route 302, 253 Highland Road. A great place to swim from the beach, dock, or raft. Public charcoal grills, picnic tables and public restrooms. Swimming and parking are free.
- **☀ Woods Pond Beach** Located on the south end of Woods Pond off Rte. 117, at 676 S High Street, this pond offers a large, sandy beach, playground,



public parking, and a roped-off public swimming area with a dock and two rafts/diving platforms.

* Salmon Point - Situated within Bridgton's town-owned Salmon Point Campground on Long Lake, Salmon Point Beach offers public parking, restrooms, swimming access, and a sandy beach.

Note: Hard public boat-launching facilities in Bridgton are available on Highland Lake, Long Lake, and Moose Pond. A carry-in launch can be found on Stevens Brook. See bridgtonmaine.org/boating

CASCO AND NAPLES –

- * Sebago Lake State Park A state-operated, public recreation area on the north shore of Sebago Lake at 11 Park Access Road, off Route 302 in Casco. Open 9 a.m. to sunset daily (unless otherwise posted at gate). A fee is collected at the gate. For rules and more info visit www.maine.gov/sebagolake
- Naples Town Beach and the Naples Boat Launch at Kent's Landing Both are located adjacent to each other at 1 Kent's Landing and is open from dusk until dawn. Beach use is for residents only, boat launch for non-residents with fee. For fees and other rules visit: townofnaples.org/marinesafety

GRAY – There are no public beaches in Gray for non-residents.

RAYMOND –

* Tassel Top Beach - Enjoy 900 feet of sandy beach with a secure swimming area that is marked off by buoys. The beach is a part of the larger stateowned municipal Tassel Top Park, which stretches over 30 acres. Located to (SEE BEACHES continued on page 26)

Whether you are biking, hiking, boating, swimming or just relaxing at camp... Your Maine Adventure Begins at Renys!



Name Brand Clothing and Shoes for Men, Ladies and Children

Housewares and Home Decor

Toys - Games - Books

Food - Candy - Snacks

Bath & Body - Cleaning Supplies

Maine Souvenirs - Maine-Made Gifts

Proud to be a Local Maine-Owned Family Tradition Since 1949



TWO SEBAGO REGION LOCATIONS

Windham Mall, 795 Roosevelt Trail, Windham



207-572-4514

151 Main Street, Bridgton 207-647-3711



AKE MAPS

Art that benefits locals in need

By Ed Pierce

A map can tell you where you've been, where you are, and where you're going and for one local mapmaker, his maps also are making a difference in the community.

Sam Merriam of Naples comes from an artistic family and became interested in cartography, the art and science of representing a geographical area

on a vintage-style map about 10 years ago. One of his brothers, Tom, is a wildlife artist and sculptor and another brother, Dan, is a watercolor artist.

"They have been an inspiration to me," Merriam said. "I've always enjoyed illustrations ever since I was a child, and art is a thing in my family."

While visiting Waterboro's Little Ossipee Lake in 2014, he decided to create a map through his work as President of Great Northern Docks and offer it to the public. He needed a place to distribute the map, and he found it at the Lakeside Market owned at the time by Sandy and Leo Binnette.

"I went to them and wanted to get the maps out there," he said. "But I felt there would be no perceived value for them if they were free. I told them they can sell them, and they agreed. We set a suggested price, and they said they would donate 100 percent of sales from the maps to the local food pantry. I thought it was generous and that set everything into motion."

Since then, Merriam has done the same thing for other local riam. SUBMITTED PHOTO lakes and has produced maps for Long Lake, Brandy Pond, Sebago Lake and many others with proceeds from sales benefitting local food pantries.

"Every time I put a map out, I get requests for others I don't have," he said. "I'm up to 20 now and not ready to stop. It has given me such a sense of fulfillment and my aim is to create each map to have a positive impact."

Most of his maps are completed in the winter. Each drawing is done by Merriam freehand with India ink. He starts with paper and a pencil and then determines how his idea will lay out on the page. He does a composite to put it all together as an 11 x 17 in a vertical and portrait type of presentation. It usually takes him about two to three weeks to complete each map from start to finish.

"Sometimes the borders will be different and there will be different illustrations. I figure out to use the art comprehensively with each map,"

Merriam said. The maps also include text for information such as the names

of islands or coves, and sometimes local roads. "The whole thing is a piece of art," he said. "When it's all fin-

ished it's a piece of art to be put on a wall. Among favorite maps that he's worked on so far is the one he

did of Moose Pond in Bridgton. "I love the way the antlers came out on that one," Merriam said. "It's long jagged splash art that I'm happy with. I also enjoyed a map I created of Yarmouth as it has an interesting shoreline."

Some of his maps have illustrations buried in them that you need to search to find the illustrations because you won't see them anywhere else.

"I created one where the border depicts the story," Merriam said. "Another was a lakebed with arrowheads. I enjoy hiding imagery in these maps, it's the art of entertainment and perpetuates the message of giving subtlety. They turn out, for the most

part, to be mainly the vision I started with," he said. "Another of my brothers Seth is a graphic artist, and he helps in the editing phase and the graphic design of making the maps."

Artistic lake maps of local lakes are available at local stores or by visiting www.greatnortherndocks.com/maps **



Cartographer Sam Mer-

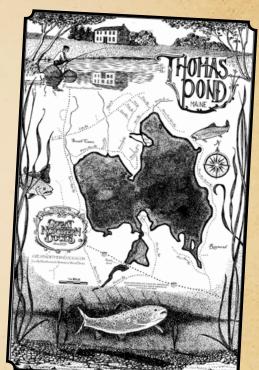


Hancock Pond Highland Lake Kezar Lake Lake Arrowhead Little Ossipee Pond Little Sebago Lake Long Lake and Brandy Pond Maranacook Lake **Moose Pond Panther Pond** Sebago Lake **Thomas Pond** Thompson Lake **Trickey Pond** Woods Pond Yarmouth, ME Coast & more

Cobbosseecontee Lake

11x17 Prints \$40

greatnortherndocks.com/maps



HIKING

Beautiful trails for all ages

These are not all the area hiking trails but popular local favorites. For more Maine trails, directions and details please reference town websites or visit: www.mainetrailfinder.com, www.lelt.com, www.prlt.org and www.alltrails.com

BRIDGTON - www.bridgtonmaine.org

- * Pondicherry Park See details under Sights of Interest, page 12.
- * Holt Pond Preserve See details under Sights of Interest, page 12.
- ** Bald Pate Mountain Preserve this preserve consists of 486 acres of forest, meadows, granite-topped scenic vistas with 6.7-mile network of trails and offers an array of recreational opportunities and views. The parking area is off of Route107.
- ** Perley Mills Community Forest located in the towns of Bridgton, Sebago and Denmark, the property contains three miles of the Narrow Gauge Trail, a state ITS 89 snowmobile and regional ATV network, as well as Pickerel Pond and Willett Pond. Access on Hancock Pond Road in Sebago.
- **** Pleasant Mountain Preserve** is located in Bridgton and Denmark, and it's the highest mountain in Southern Maine. The trail network is perfect for hikers and birdwatchers. Parking is at 368 Mountain Road.
- ** Sebago Headwaters Preserve is located in Bridgton and Naples. It encompasses lands between Bald Pate Mountain and Holt Pond Preserve. To access the trails of this preserve, enter using the entry points at Bald Pate Mountain or Holt Pond Preserve.

CASCO – www.cascomaine.org

- * Hacker's Hill See details under Sights of Interest, page 10.
- * Mayberry Hill Preserve is a loop comprised of 160 acres of mixed woodlands, meadows, and streams. Stone benches are located at intervals along the

trail, and additional walking opportunities are available through the field and the log landing at 385 Mayberry Hill Road.

- ** Rolfe Hill Forest Located on Quaker Ridge Road, Rolfe Hill is 400 acres of mixed woodlands, wetlands, and streams. Rolfe Hill has long been used for ATVing (club trails), hunting, and hiking. Public access to the property is now permanently secured, and LELT plans on developing more trails and continuing to improve public access.
- ** Sebago Lake State Park has a variety of trails which traverse sand beaches, woodlands ponds, bogs and rivers. The preserve is 1,342 acres and there are 11.3 miles of trails in the network. Trails are popular for hiking, mountain biking, fishing and birding. Access the park at 11 Park Access Road. See more details under the Sights of Interest on page 12.

GRAY – www.graymaine.org

- ** Libby Hill Trails is known as a perfect spot to get away from it all, this is a trail system that consists of nine multiple loops and paths from .4 miles to 3.1 miles. It is located behind the Gray New Gloucester Middle School. From I-95 Exit 63 in Gray, turn west (left) onto US-202. Cross the I-95 overpass and turn right at the light to follow ME-26-A N. Go another 1.5 miles passing a gravel pit and a fire station on left and turn left at the light onto Libby Hill Road. Parking for the trailhead is on the right side of the road at the base of the hill where the pavement ends.
- ** Pineland Public Reserved Land offers abundant wildlife and a pleasing landscape of forests over rolling hills. Hikers are invited to explore this hidden property. Located about four miles east of the town center on Depot Rad, the Pineland Public Lands includes more than 600 acres in Gray, North Yarmouth, and New Gloucester.

(SEE HIKING continued on page 49)



Upscale Rustic Dining

Experience the Flavors of Maine









Everything Made Fresh, In-House Using Local Ingredients











For a Reservation
Call 207-749-4097 or Book Online

YolkedFarmToTable.com

Eat. Drink. Visit.

ROTATING SEASONAL MENU
FRESH SEAFOOD - SALADS
HOUSEMADE PASTA
INDULGENT DESSERTS
EXPANDED WINE MENU
FINELY CRAFTED COCKTAILS
GLUTEN-FREE OPTIONS

Peruse our current menu on our website





Enjoy a casual Lobster Bake on your Turf... We'll bring the Surf!

Your site will be our site to prepare cook and serve the freshest seafood around.

Menu choices include: Lobster, Clams, Lobster Rolls, Vegetarian Plate, Corn on the Cob, Potato Salad, Lobster Dip & Blueberry Cake From 25-150 people.

For full menu, details and pricing visit www.cathyslobsterbake.com

PLEASE ORDER FROM OUR ONLINE MENU OR CALL TO BOOK A BAKE! 207-657-3060

LOBSTERS

Maine's fascinating crustacean

By Ed Pierce

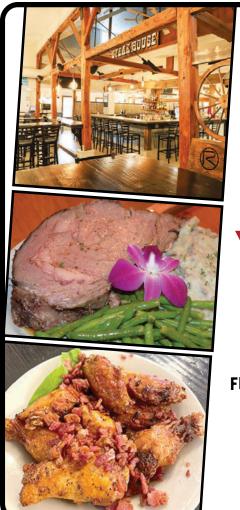
The lobster is truly synonymous with Maine. They are easily recognizable by their long insect-like bodies and large claws. Visitors and natives alike love lobsters for a mix of taste, texture, luxury, and summer tradition. The meat is considered sweet, briny, and rich, and is typcally served simply with drawn butter or on a roll with mayo (known as a lobster roll).

There is a lot to the anatomy of a lobster that you probably didn't know. Here's an interesting list of some fascinating lobster facts that will help you appreciate these delicacies even more, the next time you take a bite.

Strong front claws – Lobsters can be left-'handed', right-'handed' or ambidextrous, and have several receptors on their claws and their legs, which they use to locate and recognize any food that is around them. The claws of a lobster can exert up to 100 pounds per square inch of pressure. They are used to break up anything hard a lobster may encounter on the ocean floor such as crabs, clams, or mussels.

Night hunting – Lobsters usually move around and hunt for food at night. People used to think that lobsters were scavengers and ate primarily dead things. However, researchers have discovered that lobsters catch mainly fresh food (except for bait) which includes fish, crabs, clams, mussels, sea urchins, and sometimes even other lobsters.

Habitat – Small lobsters (less than 1½-inch in length) hide in and around sea weeds and rocky habitat that provide adequate food and shelter from predators. Adolescent lobsters (1½-inch to 3½-inch in length) dominate coastal (LOBSTERS continued on page 19)



Rustler's

STEAK HOUSE

Voted the Area's #1 Sit-Down Restaurant ~ Locally Owned/Operated

AMAZING FOOD, MODERN BAR AND FRIENDLY STAFF!

BLACK ANGUS STEAK & BURGERS, RIBS, CHICKEN, SEAFOOD, PASTA, SALADS, DESSERTS & MORE

GENEROUS PORTIONS - DAILY SPECIALS - KIDS MENU
SPACIOUS OUTDOOR PATIO WITH GAMES
FULL BAR WITH 24 BEERS ON TAP - COCKTAIL SPECIALS
PRIVATE PARTY ROOM FOR UP TO 40 PEOPLE
CATERING AVAILABLE - SEE MENU ONLINE

Open Wednesday - Monday 11am-9pm • Take Out Available

61 TANDBERG TRAIL, WINDHAM · 207-892-8808
WWW.RUSTLERSSTEAKHOUSE.COM







habitats and offshore areas. They migrate very little. Larger, more mobile, adult lobsters may live in deeper waters and may return seasonally to shallow warmer waters

Growing up – Lobster babies swim at water surface for 25 days. Only one percent make it to the bottom. These young lobsters shed their shells about 10 times in their first year. A near-shore lobster has a 90 percent chance of ending up on someone's dinner plate.

Source of protein – Lobster meat is a great source of protein, providing 28 grams of protein per cup. Just 3 ½ ounces of lobster meat amounts to about 96 calories and about two grams of fat.

Colorful shells – "Red as a lobster" is just a tale. Lobsters come in just about every color but red. They can be blue, light yellow, greenish-brown, grey, dusty orange, some calico, and some may have spots. However, they all turn red when they hit hot water. The hot water cuts the link between astaxanthin, a red substance contained in the lobster's shell, and protein which in cold water brings out the predominant coloring.

Clear Blooded – The lobster has clear blood, unlike other mammals and humans whose blood is red. When cooked, their blood oozes out of the lobster meat, producing a thick opaque white substance. You can see this jelly-like substance along the inside of a lobster shell when you crack it open.

Teeth – Lobster's teeth are found in their stomach. The stomach is located a very short distance from the mouth, and the food is actually chewed in the stomach between three grinding surfaces that look like molar surfaces, called the "gastric mill."

Regeneration ability – Should a lobster happen to lose an antenna, claw or a leg, it is able to quickly grow it back through regeneration. However, it does takes on average about five years for a lobster to regenerate a claw that is about the same size as the one that it lost. Lobsters who are missing a claw are referred to in the lobster industry as "cull." Cull can still be caught and con-

(LOBSTERS continued on page 21)











ROSE'S ITALIAN RESTAURANT

Always Ftand-crafted, & Always Authentic!

Every Item on our Menu is Prepared Fresh to Order

Lasagna - Ravioli - Baked Ziti - Chicken, Veal, Eggplant or Haddock Parmesan Marsala - Alfredo - Picatta - Cacciatore - Primavera - and more

Famous Wood Burning Brick Oven Pizza & Calzones

Specialty Creations or Choose from over 20 Toppings

Lunch Menu - Daily Specials - Kids Menu - Full Bar - Fine Wines

FULL MENU AVAILABLE FOR TAKE-OUT, CALL 207-892-0010

Open Wed-Sun 11am-9pm ~ To ensure seating & prompt service, call ahead for parties of 6 or more.

690 ROOSEVELT TRAIL, RTE 302, WINDHAM • SEE FULL MENU AT: ROSESITALIAN.COM ~ FIND US ON FACEBOOK!



FRESH OFF THE BOAT LOBSTER AND MAINE SEAFOOD!







Lobsters, Clams, Scallops, Shrimp, Oysters, Haddock, Salmon, Tuna Steaks, Swordfish, Halibut, Hake, King Crabs Legs, Snow Crab Legs, Clam Cakes, Crab Cakes, Stuffed Clams, and more – FRESH PICKED LOBSTER MEAT BY THE POUND –

Call ahead 207-637-1284 to order steamed Lobsters, we'll cook them free and have them ready when you arrive!

304 SEBAGO ROAD, EAST SEBAGO, ME



Open Thurs-Sun 10am<mark>-6pm & Mon Holidays thr</mark>u Labor Day / Check our FB page for add'l sum<mark>mer hours</mark>





Life is Good Here!

STAY IN ONE OF OUR 8 BEAUTIFUL COTTAGES DESIGNED WITH A QUAINT, RUSTIC ATMOSPHERE!

Weekly Rates - Year Round 207-615-1391 swscottages@gmail.com

SEE PHOTOS AND BOOK ONLINE: SEBAGOWESTSHORECOTTAGES.COM



46 SEBAGO ROAD, ROUTE 114, SEBAGO • CHECK FACEBOOK FOR HOURS, SPECIALS & UPDATES

(LOBSTERS continued from page 19)

sumed and are often marked down significantly in grocery stores.

Growth through molting: Molting is the process in which they struggle out of their old shells while absorbing water which expands their body size. This

molting, occurs about 25 times in the first five to seven years of a lobster's life. Following this cycle, the lobster will weigh approximately one pound and reach minimum legal size at which time they then only molt once per year and increase about 15 percent in length and 40 percent in weight. No one



has yet found a way to determine the exact age of a lobster.

Sense of smell: Lobsters can "smell" their food by using four small antennae on the front of their heads and tiny sensing hairs that cover their bodies. Their sense of smell is so fine that they can sniff out a single amino acid that tags their favorite food.

Poor Vision: As bottom dwellers in the ocean, lobsters don't really have much use for sharp vision. Their eyes are sensitive to light and dark for the most part, but lobsters do most of their sensing through taste and smell, at which they are experts.

Swim backward: The average lobster may be prone to commonly crawling forward, but they can also swim backward just as easily. Sometimes when a lobster feels threatened or is startled by a predator or another lobster, it will dart in a backward motion by curling and uncurling its tail.

Never stop growing: Lobsters may continue to grow throughout their entire lives. They continue the cycle of eating, growing and molting indefinitely until they die of natural causes or are caught or captured. The colder the water, the faster lobsters seem to grow. To date, the largest lobster ever recorded was captured in Nova Scotia in 1977, weighing in at more than 44 pounds and 3.5

feet in length. Since then, many Maine lobsters weighing 30 pounds or more have regularly been harvested from the Atlantic Ocean.

Trio of antennae: A lobster has three pairs of antennae. The largest ones are used for tactile sensing by feeling the ocean's bottom and surface, while the smaller pairs are chemosensory used to detect dissolved substances in the water sort of in a combined aspect of taste and smell in one function.

Determining gender: Under a lobster's tail, it has swimmerets, or small limbs that help them to navigate and get around on the ocean floor. Male lobsters have slender and course swimmerets, while female lobsters have more flattened and feathery swimmerets. The female lobsters also tend to have larger tails than their male counterparts because they carry eggs in their tails.

Harvesting: The Maine Lobster fishery employs several thousand independent lobstermen and harvests 80+ million pounds of lobster each year. New shell lobsters are sweeter and more tender than hard shell, and both are high in protein while low in fat. Be sure to enjoy one (or more) while in Maine. **







SEBAGO LAKE STATE PARK

By Dina Mendros

When visiting Maine's Lakes Region this summer, Sebago Lake State Park should be a must-stop for one and all. Perfect for extended vacations or day trippers, families or singles, the state park provides access to one of Maine's largest lakes, making it a great place for all types of waterbased activities, from swimming to kayaking, motor boating, jet skiing and so much more.

Founded in 1938, Sebago Lake State Park is one of the state's five original state parks covering 1,400 acres. Located in the towns of Casco and Naples, the park is situated along the northern shore of Sebago Lake. With a surface area of 45 square miles and a depth of 316 feet, not only is Sebago Lake Maine's secondlargest lake but it's also its deepest. Located in the southwestern part of the state, the park is popular all four seasons. With its sandy beaches, wet-

lands, woodlands, hiking and biking trails, and 250 campsites, it continues to draw large crowds in the summer.

Set along the scenic foothills of the White Mountains, the state park is awash with an array of beautiful vistas from both water and land. The lake for which the park is named has been in the making for millions of years thanks to the Ice Age glaciers which helped form it. Visitors today can enjoy an array of activities such as swimming, sunbathing, motor boating, canoeing, kayaking, wakeboarding, jet skiing, waterskiing, foiling, fishing, hiking, camping and more on a site that features extensive woodlands, ponds, bogs, a river and diverse habitat for a wide variety of plant and animal life.

Amenities at the park include a safe swimming area, changing rooms, a snack shack, grills, and picnic tables. Campground sites can include a pic-

(SEE PARK continued on page 30)

PATCH'S

VARIETY STORE



More than a convenience store, we're a destination!



PEOPLE DRIVE FOR MILES FOR OUR LOBSTER ROLLS!!

If you haven't tried one from Patch's, you are missing out on the best!

Available in 4 sizes & packed with Maine lobster meat.





Full Breakfast • Coffee • Burgers • Italians • Hot Subs • Fried Foods • Snacks • Ice Beer • Wine • Agency Liquor Store • Lottery • Cigarettes • Propane • Gasoline & more

SEE MENU AT: PATCHSVARIETY.COM • FOR TAKE-OUT CALL 207-892-2444

965 Chadborne Road (Route 35), Standish (Intersection of Whites Bridge Rd & Route 35)
Open Mon-Sat 6am-8pm; Sun 7am-8pm





WE PROUDLY CARRY A WIDE ARRAY OF PRODUCTS SOURCED DIRECTLY FROM OUR FARM & OTHER LOCAL FARMS WHOSE PRODUCTS MEET ONLY THE HIGHEST QUALITY STANDARDS.



Our own USDA Certified All Natural Angus Beef

Our cows are treated with respect & care, raised on grass & all-natural feed.

All Natural Poultry Chicken, Turkey, Pork & Lamb

Our selection will amaze you!

Fresh Native "In-season" Produce **Organic Salad Greens** Farm Fresh Eggs • Raw Milk **Bob's Red Mill Baking Goods, Grains & Oats Gluten-Free Baking Goods Amish Rolled Butter • Local Cheeses** 7 Popcorn Varieties 14 Popcorn Toppings A Variety of Pasta & Sauce Jams • Honey • Maple Syrup Salsas • Kimchi • Snacks Soup & Meal Mixes Sourdough Bread & Bagels Frozen Chicken Pot Pies & Fruit Pies Harmon's Clam Cakes, Crab Cakes **All-Natural Tallow Body Products**

& more!



Huge Selection of Old Fashion Candy & Assorted Nuts



Homemade Canned Goods & Pickles, Dressings & Sauces



FAMILY-OWNED & FARMING WITH LOVE FOR... our animals, a clean environment, and a sustainable future!

I I 5 River Rd, (off Rte. 202) Windham, ME • 207-892-2793 Learn about our history and see our large product variety at:

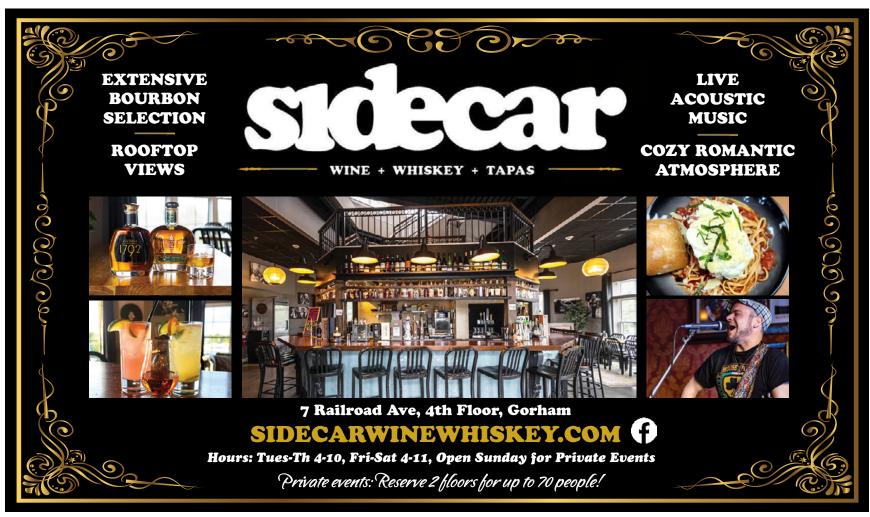
WINDYHILLFARMMARKET.COM



Open Daily 9am-6pm, Sundays 'til 5pm









Not Your Grandfather's Bowling Alley

Bowling & Games



\$35/HR, PER LANE ARCADE ROOM FOLLOW US ON FACEBOOK FOR MUSIC & ENTERTAINMENT

Family Dining & Full Bar





A PERFECT VARIETY OF PUB FAVORITES, TACOS, PIZZA & DAILY SPECIALS KIDS MENU

24 BEERS ON TAP & CREATIVE COCKTAILS

LARGE OUTDOOR PATIO
WITH LIVE MUSIC ALL SUMMER

Parties & Catering



GREAT FOR
BIRTHDAYS, SHOWERS
CORPORATE EVENTS
& MORE
WE CAN ACCOMMODATE
UP TO 200 PEOPLE
- CALL FOR DETAILS -

7 RAILROAD AVE, SUITE 102, GORHAM 207-222-7600 • JCTBOWL.COM

Book ahead online for tables of 5 or more!



OPEN MON-WED 11AM-10PM THURS-SAT 11AM-11PM • SUN 11AM-9PM (BEACHES continued from page 14)

the left of the beach access trail is a Snack Shack. Charcoal grills, picnic tables, a playing field and rest rooms are available for use. The beach and park are a relatively short drive off Route 302 (entrance across from Raymond Shopping Center). For fee schedule and passes visit www.tasseltoppark.com

- ** Raymond Beach & Boat Ramp located off Route 302 at 1396 and 1234 Roosevelt Trail on Sebago Lake and is a relatively small beach. During the summer months, the beach can have between 75 and 80 visitors in a day, and the weekends can see an even higher number. Raymond Beach is free and open to the public dusk until dawn. raymond.recdesk.com
- ** Crescent Beach & Boat Launch Crescent Lake is about a 1/2-mile wide and 2.5-miles long. The beach offers swimming, boating, kayaking and fishing. The Crescent Lake Beach and boat launch entrance are located off Route 85, 0 Webbs Mills Road in Raymond. raymondmaine.org





SEBAGO -

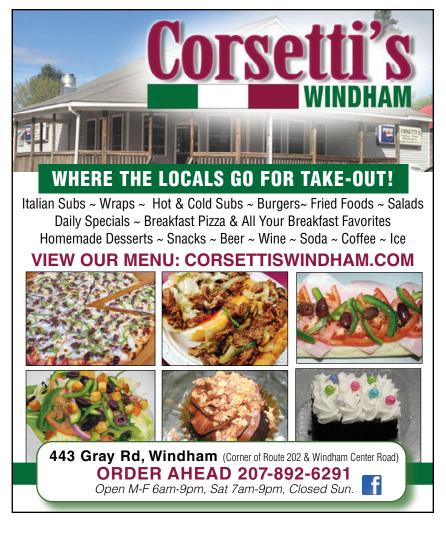
- ** Town of Sebago Public Beach Located on Marina Road has a beach, a boat launch and available parking. The beach is for the use of town residents, taxpayers and their guests only. Only those vehicles identified with an Official Beach Pass issued by the Town of Sebago will be permitted to park in the beach parking area. See townofsebago.org
- ** Nasons Beach Located at 771 Sebago Road with a public boat ramp and beach open to the public daily from 8 a.m. to 8 p.m. You must stop at the office and pay before you park. nasonsbeach.com

STANDISH -

- ** Standish Public Boat Launch Located off Route 35 in Sebago Village, the boat launch is open to both residents and non-residents. For town residents, the boat launch is free and a fee of \$10 is charged for non-residents.
- *** Kiwanis Beach** Located on Watchic Lake off Route 25 in Standish with reservations taken for private bookings only. Send an email to Standishkiwanis@gmail.com or call 207-642-4036 for reservation details.
- ** Rich Memorial Beach Located at 100 Newbegin Way in Standish. Open daily from 9 a.m. to 7:30 p.m. Open to residents of Standish only. standishme.myrec.com

WINDHAM -

** Dundee Park – is on the Presumpscot River at 79 Presumpscot Road, off River Road, Windham. Swimming, grills, picnic tables, restrooms, a playground, courts, a fishing dock, and a snack bar are available. Rental equipment such as kayaks, paddleboards, canoes, or pedal boats are available to rent out of the boathouse for a small fee. No lifeguards. Season passes are available to purchase. For admission fees and park hours, visit windhamme. myrec.com **









Locally Owned & Operated by David & Gail Allenson



FRESH SEAFOOD & MAINE LOBSTER ~ MEATS Hamburger ground fresh daily ~ DELI ~ BAKERY ~ PRODUCE ~ GROCERY



DISCOUNT BEVERAGE STORE

Our Adult Beverage Selection is Outta This World!

WINE 1,900 Varieties **LIQUOR** 1,800 Choices

BEER 1000+ (Domestic, Craft & Maine-Brewed) **HARD CIDER** 400 Choices - Many Hard to Find



639 Roosevelt Trail (Route 302) Naples, ME • 207-693-3988

CATCH OUR WEEKLY SALES FLYER AT: THE UMBRELLA FACTORY SUPERMARKET Supermarket Open Daily 7-8 U.F.O. Open Daily 9-8



CONTEMPORARY AMERICAN CRAFTS, FINE ART AND JEWELRY





1544 Roosevelt Trail, (Rte 302) Raymond, ME • 207-655-4952 Open Daily 10am-5pm

HoleInTheWallGallery.net



The Sebago Lake Region's Indigenous Roots

Did you know that the Sebago Lake region of Maine was originally home to the Wabanaki people, one of the oldest Indigenous cultures in North America?

For thousands of years, the Wabanaki—meaning "People of the Dawnland"—lived in harmony with the land, hunting, fishing, and traveling its waterways in birchbark canoes. The area around Sebago Lake was part of a vast network of seasonal villages and trade routes. Rich in natural resources, it provided food, tools, and shelter. Many place names in the region, including "Sebago," come from the Abenaki word "sobagoo," which translates to "it is the sea" or "it resembles the sea."

Today, the Wabanaki Confederacy continues to preserve its traditions and advocate for environmental protection, reminding us that the Sebago Lake region's history stretches far beyond colonial times. **





Shop Small for Convenience, Fresh Food, & an Abundant Selection!

Pastries & Breakfast Sandwiches • Creative Deli Salads & Sandwiches Our Own Swift River Coffee & Cold Brew • Fresh Smoothies & Specialty Drinks Boating Provisions • Boar's Head Deli • Specialty Foods, Cheeses & Snacks Fresh Produce • Grocery Essentials • Everything to Create your Own Charcuterie Plant-Based & Gluten-Free Meals, Snacks & Other Products • Kombucha Natural/Local Meats for the Grill • Stonewall Kitchen & much more



Ready to Eat Grab-n-Go

Pre-made Sandwiches - Always Fresh! Deli Salads, Wraps & Side Dishes To-Go In-House Smoked Pulled Pork, Chicken & Ribs **Homemade Pies & Desserts**



Catering **Dates fill quickly!**

Advance notice is required.



BEER, WINE & SPIRITS

Hard to Find Craft Beers • Ready to Drink Canned Cocktails 600+ Carefully Curated Wines • High End Liquors & Spirits Mixers & Tons of Garnishes • Delta 9 THC Infused Canned Drinks

DISCOVER MORE ABOUT US & VIEW MENU AT: THEGOODLIFEMARKET.COM

1297 Roosevelt Trail, Raymond • 207-655-1196 • Open Daily 7 'til 7









LOCAL & SUSTAINABLY SOURCED INGREDIENTS

Single serve dishes ready and hot for a quick lunch or dinner. Take & Bake casseroles/meals Deli sides ~ Wraps ~ Muffins Sourdough bagels, bread, english muffins, & baguettes Custom cakes & Baked good

Many Gluten-Free, Dairy-Free & Vegan Items!

Eat in or Carry out Ask us about catering your next event from sides & pies to full meals!

7 Main Street, Gray (less than 1 mile from 195) 4 207-657-1092 Mon-Fri 11am-6pm 4 See our menu at: Two Mums Kitchen.com (PARK continued from page 22) nic table and fireplace. There's also an information center, free Wi-Fi, electric and water hookups, showers, firewood,

ice, and a dump station.

Sebago Lake State Park is located off U.S. Route 302. The day-use entrance is located at 11 Park Access Road in Casco. The park is open year-round from 9 a.m. to sunset daily, unless otherwise posted at the gate. Fees are collected year-round for residents and non-residents. (\$8.00 non-resident, Seniors 65+ \$2.00 ages 5-11

\$1.00, and kids under 5 free)

The campground entrance is at 3 Campground Land in Naples. To contact the campground in-season call 207-693-6613, to reach the park headquarters, call 207-693-6231. To make a campground reservation, go to the website: www.campwithme. com. For more information you can also email: campground.reservations@maine.gov.

Some state rules and regulations to keep in mind when visiting the park include a ban against removing or damaging anything at the park. Feed-



round for residents and non-residents. (\$8.00 non-resident, many attractions drawing visitors to Se-Seniors 65+ \$2.00, ages 5-11 bago Lake State Park. FILE PHOTO

ing or touching wild animals found in the park is prohibited. Alcohol is not allowed in day use areas, or in the common public areas in campgrounds. Disorderly conduct is prohibited. Open fires are only allowed in grills or fireplaces provided by the state. All trash must be placed in designated containers. Pets are prohibited at the campground. For more details visit www.maine.gov

If you're looking for a place that has just about every summer activity to be had in Maine this summer, look no further than Sebago Lake State Park. **



4B Brown St, Gray (just off Rte 202, across from McDonald's) 207-657-4445 • LocalCentric.me

Full service coffee shop open Wed-Sun 8:30-1 Shop open Wed-Fri 8:30-6, Sat/Sun 8:30-4 ~ Simplified cafe menu 1-close

Follow us to keep up with new products



candles • soaps • aromatherapy • bodycare • jewelry apparel • bags • leather products • greeting cards home decor • pottery • woodcrafts• pet items/treats teas • coffee • fudge • scones • honey • maple syrup local craft beer • mead • wine & MUCH MUCH MORE

Call

Ahead for

Special



MORE THAN MEATS THE EYE... **GIFTS, GOURMET GOODIES & GRILLING GOLD!**

HANDCUT MEATS

40+ Handmade Sausage Varieties with 16+ in rotation **Bacon Options** Heat-n-Eat BBQ

BBQ PRODUCTS

Rubs, Spices, Sauces Pickled Goods **Briquettes** Fire Starters Flavored Wood Chips

PRE-SLICED DELI **MEATS & CHEESES**

Meatballs Specialty Hot Dogs In-Season Produce

SPECIALTY FOODS

Farm Fresh Milk Gluten-Free Bread **Gourmet Cheeses** Small Batch Sweets Honey & Maple Syrup Olives, Olive Oil, Vinegars Gelato, Coffee, Jams & more

LOCAL ARTISAN

POTTERY, JEWELRY & UNIQUE GIFTS 👟





mental health awareness by "Slicing Through The Stigma"!

1235 Roosevelt Trl #12, Raymond • 207-655-2646 • Open Tues-Sat 9am-5pm (LEARN ALL ABOUT US AT: SOUTHPAWMARKET.COM







MEXICAN RESTAURANT

TRADITIONAL DISHES AT AFFORDABLE PRICES

EXTENSIVE MENU WITH EVERYTHING HOMEMADE IN HOUSE!

SIZZLING FAJITAS, BURRITOS, QUESADILLAS, MOLES, TACOS, TABLE-SIDE GUACAMOLE, SUCCULENT SEAFOOD PLATES & VEGETARIAN ENTREES, COMBO PLATTERS, KIDS MENU AND MORE.











GRAB YOUR AMIGOS AND GET THE FIESTA STARTED!

Diner: 1227 Roosevelt Trail, Raymond (207) 655-9290 • Also at: 243 Portland Rd, Bridgton • (207) 803-8370

HOURS AT BOTH LOCATIONS:

Dutdoor Patio

Mon 4-9 • Tues & Thurs 11-9:30 • Fri & Sat 11-10:30 • Sun Noon-8

VIEW MENU AT: ALAMEXICANAMAINE.COM Grab a taco at our stand at the Songo River Queen Wharf on Naples Causeway







765 Roosevelt Tr, Windham Hours: Mon-Sat 11-8, Sun 11-6 207-572-1197



Check out our POP-UP FOOD CART at Blue Lobster Cannabis throughout the summer. See hours on social media



AUTHENTIC CHICAGO DOGS



RED SNAPPERS



CREATIVE TAKES ON HOT DOGS. **BURGERS, FRIES & MORE** See menu & specials on Facebook



BLITZ ENERGY

Beer on Tap Wine & Seltzers



BLUE LOBSTER **CANNABIS**

200 Roosevelt Trail, Casco Open Daily: 8am - 8pm

FOR LOCALS, MEDICAL ARD HOLDERS, &

For menu and daily deals visit

bluelobstercannabis.com





Located on Route 302

2.5 miles from Sebago Lake State Park

License # AMS 1484



MAINE BLUEBERRIES FUN FACTS

- There are over 47,000 acres of wild blueberry land in Maine managed and harvested on 512 farms.
- On average a blueberry field will produce about 5,000 pounds of blueberries per acre.
- Maine produces 99 percent of all blueberries in the country.
- Wild blueberries are typically grown on a two-year cycle, with

one year focusing on vegetative growth and the next on fruiting.

- Wild blueberries spread primarily through underground stems called rhizomes, which act as runners, sending up new shoots and roots.
- Because they're so easily bruised, it's tradition in Maine to harvest wild blueberries by hand, usually with a special closetined hand rake. Harvest time is late July to late August.
- They have a purplish hue rather as compared to cultivated blueberries that are pale blue.
- Compared to regular blueberries, the wild variety has double the amount of antioxidants and fiber.
- Wild blueberries have half the amount of sugar as cultivated blueberries but a more intense blueberry flavor.
- Blueberries are a magical superfood! They are packed with manganese, vitamins B6, C and K.





BIRD WATCHING

By Dina Mendros

When visiting Maine's Lakes Region, one of the simplest activities and something anyone can do is bird

watching. Whether bird watching is your passion, or you are simply observing your surroundings, birds abound in the area and it's hard not to be impressed by the variety even the casual observer can spot locally.

According to Windham resident and bird enthusiast Michael Tucker, "For the Lakes Re-

nate to have a variety of habitats to explore and find birds in. ... Fields and meadows, ponds and lakes, and the many hiking trails we have can offer a chance to see or hear hun-

reviews on Facebook!

dreds of different species.

"Sebago Lake State Park," he said, "is a great option for all types of birds as are the Libby Hill Forest

Trails in Gray, Morgan Meadows Wildlife Management Area in Raymond, Intervale Preserve in New Gloucester, Steep Falls Village Preserve in Standish, and Donnabeth Lippman Park in Windham," and the list goes on.

Cumberland County, where the Lakes Region is located, is home to more than 400 species of birds.

The most commonly noticed in summer

include the ubiquitous American Goldfinch, Northern Cardinal, Blue Jay, Baltimore Orioles, Rose-breasted Grosbeaks, and of course our state (SEE BIRDS continued on page 52)



"For the Lakes Re- A Rose-breasted Grosbeak. gion, we are fortu- PHOTO BY MICHAEL TUCKER



Summer Hours: Open Daily 10am-5:30pm or later





Shaker Pond Hard Serve

6 Flavors Soft Serve

Specialty Sundaes & Parfaits

Fat Free, Sugar Free & Vegan Options

Low Fat Frozen Yogurt Sherbets & Sorbet

Homemade Waffle Cones



3 STORM DRIVE, WINDHAM (OFF ROUTE 302)
ICECREAMDUGOUT.COM • 207-894-RSOX 🚮 💿



SUMMER HOURS: 11:30am-10pm



HOMETOWN FURNISHING CO.

FARMHOUSE ~ VINTAGE ~ LOCAL

A UNIQUE SHOPPING EXPERIENCE!

OVER 55 LOGAL VENDORS many repurposed & handcrafted home décor & gifts

FARMHOUSE FURNITURE
Handcrafted - Custom orders & refinishing

7,000 SQUARE FEET, 3 FLOORS in a Historical Building with an elevator

INVENTORY CHANGES DAILY *Stop in frequently to see what's new!*







9AM-3PM

MAY 24 \sim JUNE 21 \sim JULY 19 AUGUST 23 \sim SEPT. 20 \sim OCT. 18

Over 20 add'l outdoor vendors featuring handmade Maine artisans, makers, crafters & a food truck!!

CONVENIENTLY LOCATED AT "STANDISH CORNER" (ROUTES 25 & 35) 1 OSSIPEE TRAIL E, STANDISH Open Daily 10-5 • Follow us on Facebook

FACTS ABOUT MOOSE

Maine has 60,000–70,000 moose, the largest population in the Eastern U.S. They can stand over 6 feet tall at the shoulder and weigh up to 1,000 pounds. Males grow antlers that can span up to 6 feet wide. Surprisingly agile for their size, Moose can run 35 mph, swim 6 mph, and dive 20 feet for plants. They typically live 15 to 20 years.







BetterFitFitnessCenter.com ()

Proud to be

Locally Owned

& Operated







FRESH HOMEMADE FAVORITES IN A **RUSTIC AMERICAN ATMOSPHERE**

A Family Friendly Restaurant



FOR BREAKFAST WE ARE FAMOUS FOR OUR HOUSEMADE HASH IN 4 VARIETIES:

Cider Brisket Hash - Poached Eggs & Hash with Hollandaise Sauce Cheesy Maple Hash - Vegetarian Sweet Potato Hash Also try our Mashed Banana and Coconut Cakes - Belgian Waffles - Buttermilk Fried Chicken and Waffles

LUNCH SPECIALTIES INCLUDE:

Clam Chowder ~ Southwest BBQ Salad ~ Spinach & Toasted Almond Salad ~ Apple Wood Turkey CLub Cider Reuben ~ BBQ Bacon Cheddar Burger ~ Fried Chicken Sandwich and more!

Plus Check the Blackboard for our Daily Specials



111 Ossipee Trail, Route 25, Standish (Hannaford Plaza) BREAKFAST & LUNCH WED-FRIDAY 8AM-2PM, SAT & SUN 7AM-2PM - BREAKFAST ALL DAY Eat in, Dine Outside or Take out 207-648-4138

SEE OUR FULL MENU AT: PERCYSTABLE.COM





OPEN MONDAY-FRIDAY 6AM-4PM: SATURDAY & SUNDAY 8AM-2PM

CALENDAR

Events you won't want to miss!

Please note that this calendar is accurate to the best of our knowledge at time of publication. Events may be subject to change. Many events require advance ticket purchases. Check venue websites for complete details.

JUNE 1

*** Little Lies concert 7:30 to 9 p.m.** Fleetwood Mac tribute band. Saco River Theatre, 29 Salmon Falls Road, Buxton. www.sacorivertheatre.org

JUNE 5

Sebago Lakes Region Chamber of Commerce Golf Open 8 a.m. Poland Spring Resort, 37 Donald Ross Drive, Poland Spring. Proceeds benefit local scholarships for students. www.sebagolakeschamber.com

JUNE 7

- * Plant Sale 7 to 11 a.m. Raymond Village Library, 3 Meadow Road, Raymond. Come and purchase from your favorite plant sale around. www.raymondvillagelibrary.org
- * Ellis Paul concert 7:30 to 9:30 p.m. Ellis Paul sings about the human condition and details the hopes, loves and losses of those he observes. The Hayloft at Dragon Barn, Bridgton www. hayloftatdragonfly.com

JUNE 12

* Community Walk at Pondicherry Park Noon to 1 p.m. Join the Loon Echo Land Trust staff for a free casual walk in Pondicherry Park in Bridgton. Meet at the Bob Dunning Memorial Bridge entrance to the park on Depot Street in Bridgton. www.lelt.org

JUNE 14

- Maine Ultimate Yard Sale 9 a.m. to 3 p.m. Cumberland County Fairgrounds, 188 Blanchard Road. Find them on Facebook.
- Since 2009, the Maine Whoopie Pie Festival has been gathering the best bakers from around New England to offer samples and compete for prizes and bragging rights. The festival is at the Piscataquis Valley Fairgrounds in Dover-Foxcroft. www.mainewhoopiepiefestival.com

JUNE 14

* Maine Blues Festival Noon to midnight. An all-day event in Lisbon Falls featuring 28 different blues bands performing on seven different stages. Tickets available for purchase online at www.mainebluesfestival.com

- * Artist Reception 6:30 p.m. This night of food and artistic beauty welcomes participants to engage with and honor exhibiting visual artists at Deertrees Theatre in Harrison. Live music entertainment features guitar player James Paruk with an evening of songs by John Denver, in Deertrees' cozy Salt Lick Art Gallery. www. deertrees-theatre.org
- Antje Duvekot concert 7:30 to 9:30 p.m. A master storyteller, Antje Duvekot has a gift for lyrical visualization, traveling between the tangible and abstract. The Hayloft at Dragon Barn, Bridgton www.hayloftatdragonfly.com/

JUNE 19, 20 & 21

* Strawberry Moon Celebration 4 to 7 p.m. Gillespie Farms, 752 Mayall Road, New Gloucester. This one-of-a-kind party is taking place in the farm's pick your own strawberry fields. Food trucks, dessert, a cash bar, critters from the Pineland Family Farmyard and live music. \$7 pp. For more details call 207-657-2877.

JUNE 20

* Peabody-Fitch Woods & Narramissic Farm History Walk 9 a.m. to noon. Loon (SEE CALENDAR continued on page 80)

THE BEST FAMILY **FUN, FIREWORKS &** ENTERTAINMENT!



Location: Junction of Routes 114 & 11 in Sebago, behind the Elementary School

www.sebagodays.com • Like us on Facebook

CUSHING AMUSEMENT RIDES • FOOD & VENDOR BOOTHS PARADE • ENTERTAINMENT • RAFFLES • CONTESTS & MORE!

FRIDAY. JULY 18TH 3:00 PM - 10:00 PM

3PM ON THE STAGE: Blue Magic Band - Rock • 3 PM COLORING CONTEST - Info Booth 5-8PM CAR SHOW - DJ Chris Bannon - Raffles & Prizes

5:30-7:30PM ON THE STAGE: TALENT SHOW - Registration 4:45 beside the stage

Cash prizes for each age group: toddler, youth, teen & adult. 8PM ON THE STAGE: Backwoods Road Band -Bluegrass

SATURDAY. JULY 19™ 8:00 AM - 10:00 PM

8AM LIONS CLUB YARD SALE • 8 AM BOOK & BAKE SALE - Spaulding Memorial Library 10AM GRAND PARADE - Read Books: 100th Anniversary of Spaulding Memorial Library

11AM Midway OPEN • 11AM COLORING CONTEST - Info Booth

11AM ON THE STAGE: Sacopee Valley Community Band • 12-2PM LBCA BINGO 11AM MAINE ANTIQUE POWER ASSOCIATION - Old engines demonstrations

2PM ON THE STAGE: Pikes Mainly Grass Band **4PM SKILLET TOSS -** Ball field by SYAA Booth. Signup 3:30 PM, ages 18 +

5-6:30PM SEBAGO LIONS CLUB CHICKEN & LOBSTER BBQ - at Veterans Park

5PM ON THE STAGE: White Mountain Ramblers Band - bluegrass

8PM ON THE STAGE: Hurricane Mountain Band - Country • 9:30PM FIREWORKS! (Rain date - 7/20)

SUNDAY. JULY 20TH 7:30 AM - 4:00 PM FAMILY FUN DAY!

7:45AM TODDLER DASH • 8AM 5K RUN/WALK - Corner of Rt. 11 & Rt. 114

8:30AM: On the Stage Church of Nazarene Sunday Service

10AM Midway opens • 10AM ON THE STAGE: Nora - Solo singer

10AM-4PM Foxx Run Farm Petting Zoo • 10AM-1PM Touch A Truck

10AM COLORING CONTEST - Info Booth

12-2PM ON THE STAGE: Henry Lowery - Country

1PM KIDDIE PARADE - Read Books! 12:50 PM line up at the Info Booth.

2-4PM ON THE STAGE: Stardome Karaoke

2PM FARMERS OLYMPICS: Ages 18+ - Ball field by SYAA Booth. Signup 1:30PM

3PM 50/50 DRAWING AND BONUS DRAWING GRAND PRIZES

4PM Closing - THANK YOU FOR A GREAT 2025 SEBAGO DAYS!











MAINE'S PREMIER DESTINATION FOR LIVE ENTERTAINMENT EVERYDAY!





WILDCARD WEDNESDAYS 7PM

THURSDAYS 6PM: Line Dancing Lessons Intro 6PM, Intermediate 8PM (cost \$10)

SATURDAY BRUNCH 10AM-NOON:

w/Live Acoustic Music 11AM-2PM FRIDAYS & SATURDAYS 8PM-11PM:

Live Bands (21+ after 6PM, \$5 cover after 7PM)

PAINT NIGHTS 6PM (Ticketed on the Patio) (9) 5/27, 6/10, 6/24, 7/8, 7/22, 8/12, 8/26

HIGHLIGHTS

- ★ 5/23 Leaving Eden ★ 5/24 Larry Williams Band
- ★ 5/31 Bad Habit ★ 6/6 Raquel & The Wildflowers
- ★ 6/7 DJ Royale (90's)
- ★ 6/11 99.9 The Wolf Nashville Newcomer
- ★ 6/13 Sweep the Leg ★ 6/14 Sugarbox
- ★ 6/20 Shawn Theriault ★ 6/21 Andrew McManus
- ★ 6/25 Viva Las Elvis: From Sun To Vegas 🧿
- **★ 6/27 North County Band ★ 6/28 Stolen Mojo**
- ★ 7/5 DJ Royale (Beach) ★ 7/9 Toby Keith Tribute 🗿
- **★ 7/11 Whitney Doucet ★ 7/12 John D Neal**
- ★ 7/16 Sugar Mojo Summer Bash 🧿
- ★ 7/18 Dancing Madly Backwards
- ★ 7/19 Henry Lowery ★ 7/25 Bad Habit
- ★ 7/26 Gavin Marengi ★ 8/1 Sierra Harris Band
- \star 8/2 DJ Royale (80's) \star 8/3 Love and Theft (3)
- ★ 8/6 99.9 The Wolf Nashville Newcomer
- ★ 8/8 Vinny Bonina ★ 8/9 Not a Phase
- ★ 8/15 Sugarbox ★ 8/16 Bazinga!
- ★ 8/22 Larry Williams Band
- ★ 8/23 Peaked in High School
- ★ 8/27 Blues Brothers Next Generation 🧿
- ★ 8/29 Under The Covers
- ★ 8/30 Chris Gendron and Unleaded

Get Tickets at Eventbrite.com



Check Social Media & EriksChurch.com

for updated hours, event changes, tix, reservations, start times & more





NEW ONLINE ORDERING!
See Menu at: EriksChurch.com



Good Times. Bad Dancing

Closed Sundays from 6/1/25 to 8/24/25

824 Roosevelt Tr, (Off Rte. 302) Windham • Eat In/Take Out • 207-572-1447 • Open Mon-Sat Noon-Close

REMOVE STRESS AND ANXIETY

WITH AN AUTONOMIC NERVOUS SYSTEM RESET

Harmonic Egg® - AO Scan Technology - AO Infinity Foot Detox - AO Infinity Terahertz Wand





\$25 OFF

FIRST-TIME
HARMONIC EGG SESSION
Reference EAGLE25 in comments
when booking.

Expires 9/30/25. Cannot be combined with other offers





Raise your vibrations and promote your body to heal emotionally, mentally, physically, and spiritually.



VITALITY ROOM

ADVANCED ENERGY THERAPY

SCHEDULE & LEARN MORE AT: VITALITY-ROOM.COM

104 Tandberg Trail, Windham Michelle@MBThrives.com | (207) 894-5006



"The medicine of the future will be music and sound." - Edgar Cayce "Future
medicine will be
the medicine of
frequencies."
- Albert Einstein

"If you want to find the secrets of the universe, think in terms of energy, frequency, and vibration."

- Nikola Tesla

VACATION BLISS...



Pamper yourself this summer at:



ELYSIAN AESTHETICS

ELYSIAN (adj.) A place of perfect happiness.

ADVANCED SKIN & BODY CARE TO MAKE YOU LOOK & FEEL GOOD

GENEO GIO2FACIAL **CUSTOMIZED FOR YOU!**

A breakthrough treatment that unlocks your body's natural superpowers to transform skin from the inside out.



ZERO DOWN TIME!



Deep cleans, purifies & nourishes the face to immediately look refreshed, glowing, hydrated, smooth, and bright.



OTHER POPULAR SERVICES: DaVinci Laser Teeth Whitening ~ Facials ~ Fire & Ice Facial ~ Spray Tanning Dermaplaning ~ Eye Bright Treatments ~ Procell Microchanneling ~ Acne Treatment ~ Lash Extensions & Tints Laser Hair Removal ~ IPL ~ Body Contouring & Fat Reduction ~ Ionic Foot Detox ~ Structural Integration Therapy PRODUCTS BY: iS Clinica, Hydrinity, Fleurs De France & our own line!

Follow our social media for Tox/ Filler/PDO Thread pop-up events

RELAX with a MASSAGE



LMT 14 Years Exp.

BOOK AT: KINDHEARTHEALINGHANDS.COM

CONTACT FOR A FREE **CONSULT!**

48 TANDBERG TRAIL (Route 35) WINDHAM 207-572-4160

Follow us:



ONLINE BOOKING AT: ELYSIANSPA.NET



Services We Offer

Cryo Body HydroLuxx Facials Waxing Lymphatic Detox Infrared Sauna Body Wraps **Body Sculpting** Chemical Peels

Facials Massage Groups/Parties Lash & Brow Services Couples Massage **Botanical Foot Soaks** Luxury Spa Treatments Laser Teeth Whitening Bridal Events & Showers

All treatments include use of our relaxation room, locker rooms and a botanical tea or glass of red or white wine



More than just a Spa, but a Spa Boutique Book Online Purchase Gift Cards Sign-up for VIP Club



Lakes Luxury Spa 5 Sustainable Way Bridgton, ME 04009 www.lakesluxuryspa.com 207-256-4478

Walk-in & Same Day Appointments Welcome

Complimentary Skin Analysis & Regimen Recommendations with our Farmhouse Fresh Certified Therapists

Chair Massage Events Available

Lakes Luxury Spa brings luxury and expertise to skincare, beauty and bodywork while helping guests channel their inner wellness.



Spa luxury with the comforts of home.

ENOUGH FOR A SUMMER GLOW-UP AT:

THE COLLECTIVE

LEAVE THE LAKE LONG

AESTHETICS



"They will notice but they will never know."

TOX/FILLERS ~ PRP/PRF THERAPY CHEMICAL PEELS ~ MICRONEEDLING LED THERAPY ∼ IV THERAPY OXYGEN FACIALS ~ LUXURY SPA FACIALS ACNE EXPERT CARE MEDICAL WEIGHT LOSS VITAMIN & WEIGHT LOSS THERAPIES

Medical Grade Skincare: VI Derm, Skin Better Science, Image Skincare, Face Reality lines

SKIN CARE CONSULTATIONS





\$50 OFF any injectables service checkout with code EAGLE50



(0)

8 TURNING LEAF DRIVE, SUITE 4, WINDHAM 207-200-7010 ~ EDENSPAMAINE.COM







SALT SPA

585 ROOSEVELT TRAIL, WINDHAM

SUMMER **MEMBERSHIPS**

> 1/2 DAY **PACKAGES**

SINGLE **SERVICES**

COUPLES & SMALL **GROUPS**

FLOAT THERAPY

Reduces stress & inflammation; Promotes deep relaxation & recovery.

SALT THERAPY

Supports respiratory health; Reduce inflammations; Clear allergens from the lungs & sinuses.

INFRARED SAUNA & AQUA MASSAGE

Enhances circulation: Detoxification; Relaxation; Boost immunity & more

Learn more & book at: 207-910-5100 WWW.SALTSPAWELLNESS.COM

SCENIC BEAUTY

Sebago Cove Forest backcountry

By Kendra Raymond

Nestled along the shores of Sebago Cove in Naples lies a pristine sanctuary. The Sebago Cove Forest was recently protected through a conservation easement with the support of The Open Space Institute (OSI) and Loon Echo Land Trust in partnership with Sebago Clean waters, secured with the landowner Oani-SC, LLC.

The LELT website says that the property includes 362 acres in Naples with more than 2,500 feet of shoreline on Sebago Cove. The natural resources on the property are protected by a permanent conservation easement held by Loon Echo Land Trust. "Sebago Cove Forest does not cur-

rently have any formal hiking trails or amenities and there is no off-street parking to access the property. It is our goal to develop trails and off-street parking. As is, the property is accessible to the public for hunting, fishing, and other low impact uses but there are no marked or signed trails," said Matt Markot, Executive Director of Loon Echo Land Trust.

Sebago Cove Forest is located near the 1,400-acre Tiger Hill Community Forest in the town of Sebago, also a LELT conserved property. The area is home to wildlife such as deer, moose, and otter. The area is open to backcountry hiking. There is a parking area, and maps are available.

The LELT website says that Tiger Hill Community Forest is home to hundreds of acres of rare wetlands, streams, and forest, and is owned by Loon Echo Land Trust on behalf of the community. It also provides access to the Northwest River via two hand-carry boat launches. The forest connects to other conserved lands owned by the State of Maine at Cold Rain Pond. Old woods roads make for nice woods walks.

Perley Pond is located within the forest. This 29-acre pond contains warm water fish species and is a natural habitat for various birds.

"One of the best ways to enjoy Tiger Hill is via canoe or kayak on the northern section of the Northwest River," Markot said. "The hand-carry launch for that is on the map. Otherwise, users are welcome to enjoy a backcountry experience at Tiger Hill - there are plenty of old woods roads and trails to explore but they are not signed and only a few are mapped."

Visitors can park on the south side of Folly Road near the bridge over the Northwest River. There is a hand-carry boat launch just across the road.

You are required to observe posted guidelines and respect for other visitors and wildlife.

To learn more visit: www.lelt.org **









BAILEY DIRECT PRIMARY CARE

Your health, our priority.

Summer Residents & Visitors Welcome

COMPASSIONATE CARE AFFORDABLE PRICING FAST & EFFICIENT SERVICE

Tick Removal & Treatment
Browntail Moth Rash
Nausea ~ Vomiting ~ Migraines
Lacerations ~ Stitches ~ Sprains
Breathing Treatments
Primary Care Needs
Most Medications In-House

SUMMER MEMBERSHIP \$300

INCLUDES UNLIMITED VISITS & FOLLOW UPS

Memorial Day thru Labor Day

ONE-TIME OFFICE VISIT \$120

SAME DAY, AFTER-HOURS & WEEKEND APPOINTMENTS

944 ROOSEVELT TRAIL #14, WINDHAM • 207-383-2146 • BAILEYDIRECTPRIMARYCARE.COM

From Fun & Funky to Fresh & Fabulous... Welcome to Fringe Salon!

Finge Salon with Benefits



Say goodbye to stuffy salons & hello to our clean, relaxed salon... where we laugh a lot!

Family Hair Care
Lash Extensions
Occasion Styling
Makeup Applications
Microblading
Facial Waxing

FREE PRODUCT w/service for new clients
Must mention this ad. Expires 9/12/25



Shop our small boutique for quality products by: Verb, Keune, Amika, Aluram & Zenagen. Plus, a variety of handmade items from local Maine artists.

8 Turning Leaf Drive | Windham | Call for an appt. 207-572-1113

WALK-INS WELCOME Salon Hours: Monday-Friday 10 to 7 Saturdays 10 to 5



Laid Back, Upbeat, Friendly Staff.

Modern Atmosphere.
Quality Service.

Affordable Rates.







"We hope to have the chance to meet you this summer!"



CAROLEE



GERI



NICOLE



MORGAN RILEY

SARAH I

HAYDEN

CLEAN - PROFESSIONAL - FAMILY-FRIENDLY - AFFORDABLE

625 ROOSEVELT TRAIL, WINDHAM

Book online at: WindhamBarberShop.com, Facebook or call 207-893-8608 We offer same day appointments! Walk-ins welcome on a first come basis, but appts. recommended.

OPEN MONDAY & FRIDAY 8-4, TUESDAY-THURDAY 8-6, SATURDAY 7-NOON

MAINE TICKS

Types, prevention, & what to do if bitten

Ticks are a growing concern in Maine. These tiny parasites can carry diseases such as Lyme disease, anaplasmosis, and babesiosis, making prevention and awareness crucial.

The most common tick species in Maine is the blacklegged tick, also known as the deer tick (the size of a poppy seed), which is the primary vector for Lyme disease. Other ticks

found include the dog tick (which is larger and doesn't carry Lyme disease) and the lone star tick (less common).

To prevent tick bites, wear long sleeves and pants, especially when walking in wooded or grassy areas. Tuck your pants into your socks and wear light-colored clothing to spot ticks more easily. Use an EPA-registered tick repellent containing DEET, picaridin, or permethrin (the latter for treating clothing). Avoid

tall grasses and stick to the center of trails whenever possible.

After spending time outdoors, perform a full-body tick check, paying special attention to areas like

the scalp, behind the ears, underarms, and behind the knees. Showering soon after being outdoors can also help remove ticks before they attach

If you find a tick embedded in your skin, use fine-tipped tweezers to grasp it as close to the skin as possible and pull upward steadily without twisting. Clean the bite area with soap and water or antiseptic. Watch for symptoms such as a bull's-eye rash, fever, fatigue, or joint pain—these may indicate Lyme or another tick-borne illness. Contact a healthcare provider if symptoms occur or if the tick was attached for more than 24 hours. **

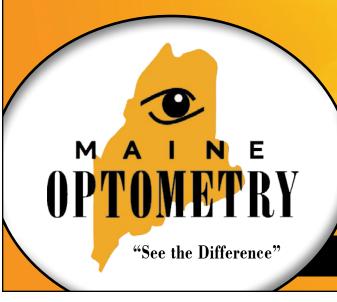
Doctor-Owned

SUMMER EYECARE

EYE EMERGENCIES HAPPEN. WE'RE HERE FOR YOU.

Maybe you get something stuck in your eye, experience flashes or floaters or your eye gets irritated or swollen.





Or maybe you broke your prescription glasses, ruined your contacts or just need new sunglasses to protect your eyes.

These are all reasons to visit us.

We carry over 1,000 different frames from over 50 well-known brands in addition to our exclusive in-house collections, available with perscription needs, or without.

FOR AN APPOINTMENT CALL 207-729-8474

TWO SEBAGO REGION LOCATIONS:

656 Roosevelt Tr, Windham • 40 Northeast Rd, Standish Visit us online for all 7 locations

MAINEOPTOMETRY.COM G

Veteran Owned & Operated

Unexpected liness or injury?

CAN

HELP!



EXPERT WALK-IN CARE

INDEPENDENT, LOCALLY OWNED COST-EFFECTIVE PERSONAL SERVICE CONVENIENT LOCATION **SHORTER WAIT TIMES**

ON-SITE X-RAYS, POINT OF CARE TESTING AND TREATMENT OF:

Fractures + Sprains + Strains **Dislocations + Laceration Repairs** Joint Injections + Aspirations **Incision & Drainage of Abscesses Rashes & Allergic Reactions** Foreign Bodies + Viral Infections + COVID-19 Pneumonia + Bronchitis + Strep + Influenza, etc. Lyme Disease & other tick-borne illness **Vomiting + Diarrhea + Urinary Tract Infections STD Screening & Treatment** Ear, Sinus & Eye Infections **Sports Physicals & more**

MOST INSURANCES ACCEPTED

33 Years of Emergency & Urgent Care Experience

6 Turnpike Acres Rd, Gray • Open M-F 8-6, Sat 8-4 • 207-657-1165 • GrayUrgentCare.com

REAL ESTATE

A look at home sales in the Lakes Region

By Nicole Foster, Broker/REALTOR®

Maine currently leads the nation in median home price growth, with prices soaring more than 78 percent between 2019 and 2024. The Lakes Region real estate market made a robust performance from April 2024 through April 2025. Buyers – from first-time homeowners to vacation-property investors – flocked to communities lured by the rich blend of natural beauty and quality of living.

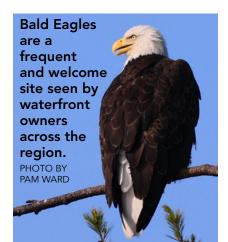
Across the region, homes sold in a wide price spectrum from entry-level to sprawling lakefront estates in the multimillion range.

- Windham: Led the region with 215 homes sold, ranging from \$175K to \$1.9 million. 47 of these sales owned some type of water frontage. Windham's mix of suburban access (close to Portland) and lakeside living helped drive this volume.
- **Bridgton:** Recorded 111 sales (from \$97.5K up to \$2.55 million). 30 sales included waterfront. Bridgton saw a 35 percent jump in annual

sales in 2024.

Standish: Saw 94 sales (\$150K to \$1.6 million), with 20 waterfront homes. Standish benefits from easy Sebago Lake access and commuter links

- Raymond: Had 77 sales in the \$355K-\$3.797 million range, 36 on the water. Its mix of rural charm and legendary views drew both modest buyers and luxury seekers.
- Naples: 76 homes sold (\$102K to \$1.6 million, 31 waterfront). Naples communities around Long Lake and Brandy Pond offered options for buyers starting below \$110K as well as premium lakefronts.
- Casco: 51 sales (\$166K to \$2.9 million, 19 waterfront), anchored by Sebago Lake and Pleasant Mountain resort offering year around appeal.
- Harrison: 40 sales (\$148K to \$1.75 million, 19 waterfront). The Harrison market saw nearly half of the transactions for waterfront.
- **Sebago:** 29 sales (\$99K to \$2.45 million, 12 waterfront) around Se-



bago Lake's west shore.

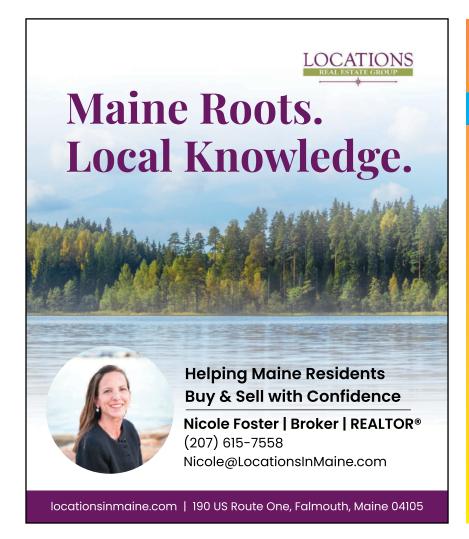
• Frye Island: 8 sales on the Sebago Lake island ranging from \$310K to \$2.3 million with its limited inventory and unique summertime experience. (*Single family, residential homes.)

These figures illustrate how some towns (Windham, Standish) saw the most activity by volume, while others (Raymond, Frye Island) had fewer but often high-end, waterfront-

heavy sales. Bridgton's strong year stemmed from its outdoor access and community appeal; a pattern seen across the Lakes Region.

Waterfront remained a key premium. In total, a significant share of regional sales featured owned lake frontage with nearly half of Harrison's sales (19 of 40) and Raymond's (36 of 77) had water access, reflecting how coveted lakeside lots are. Naples saw 31 of 76 sales (41 percent) on the water. Meanwhile, towns with more land (like Windham and Standish) had lower waterfront percentages (22 and 21 percent), simply because they are bigger markets. But even in those towns, waterfront homes fetch outsized attention.

Across the region, supply of true lakefront lots is scarce and owning lake frontage in the Lakes Region continues to be a major draw and price driver. Prices are forecasted to continue rising but at a more moderate pace than we have been experiencing more recently. **





(HIKING continued from page 16)

NAPLES — www.townofnaples.org

- * Jugtown Forest is a 5,000-acre working forest owned by Hancock Land Company and open for responsible public access. This is a working forest, and some areas may be closed. Logging equipment always has right-of-way. Trail Access is on Ellen Drive off Jugtown Plains Road.
- * Lake Region Middle and High School contains wide and easily followed trails connecting the middle and high schools providing opportunities for jogging and hiking for all agest in a natural setting. Located off Route 302 at 204 Kansas Road, the trailhead is behind the schools near the athletic field.
- * Nature Trail, Twin Brook Trail, and Lookout Trail Loop this 2.7-mile loop trail is generally considered an easy route. Begin on the Nature Trail which passes over a rocky outcropping and through a dense old forest. In the spring and summer months the woods have wildflowers in bloom. At 499 feet, the top of the hill is the high point in the state park. Access is on the west side of Sebago Lake State Park at 3 Campground Road.

RAYMOND - www.raymondmaine.org

- * Rattlesnake Mountain an approximately 2.6 mile moderately difficult, but family-friendly hike to reach a peak of 1,035 ft can be found off the left side of Route 85 (Webbs Mills Road) when heading north from Raymond. The small parking lot is open from sunrise to sunset.
- * Raymond Community Forest was purchased by Loon Echo Land Trust and is a wonderful trail to explore the Maine woods. The 356-acre preserve includes much of Pismire Mountain and its cliffs, from which you can view Rattlesnake Mountain, Crescent Lake, and the blue hills beyond. It is located on Conesca Road and is about .75-mile from the intersection with Raymond Hill Road.
- * Raymond Elementary School contains the trail known as the Frog Pond Trail. It is a perfect family trail of easy to moderate terrain centered around a scenic nature pond. It is located at the elementary school on Webb Mills Road (Route 85) off Route 302.

SEBAGO - www.townofsebago.org

- * Chessey Property is 109-acre property that is privately owned and managed under conservation easement with the Presumpscot Regional Land Trust. The easy 1 mile round trip trail provides access to Browns Pond through densely wooded mixed forest. The trail is easily accessible from Hancock Pond Road and is a short half-mile to the undeveloped shore of Browns Pond. This Preserve is in the homeland of the Wabanaki People.
- * Douglas Mountain is open for daytime use only. This network of trails offers a steep to moderate climbs and makes a great day hike that leads you to a stone observation tower with expansive views of the Sebago Lakes Region. Much of the trail is forested with openings in the higher elevations. The parking area is off Route 107, onto Dyke Mountain Road and then to Douglas Mountain Road. Follow the signs.
- **Sebago Elementary** is a short network of looping trails that start on the (HIKING continued to page 50)

Petals Garden Company

Garden Design, Installations, **Revitalization & Maintenance**

Creating Beautiful Botanical Spaces is our Specialty

Expertise to give you blooms all season!

Book a 1-hr consult with designer Lyndsay Stretch to discuss your unique property & goals.

petalsfarmgarden.com () (a)



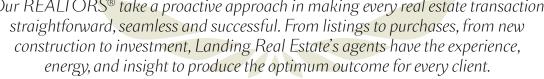
DISCOVER THE BEST PLACES TO LIVE IN VACATIONLAND 207-775-SOL

LISA DIBIASE

Broker / Owner

EAGLE CHOICE #1 REAL ESTATE COMPANY FOR 10 STRAIGHT YEARS!

Our REALTORS® take a proactive approach in making every real estate transaction straightforward, seamless and successful. From listings to purchases, from new construction to investment, Landing Real Estate's agents have the experience,









780 BROADWAY / SOUTH PORTLAND, MAINE 04106 // 79 TANDBERG TRAIL / WINDHAM, MAINE 04062 LANDINGHOMESMAINE.COM

(HIKING continued from page 49)

bank of a brook and descend to the loop along the edge of the brook. The entrance to the school is at the intersection of ME 11 and ME 114 in Sebago.

* The Sebago to the Sea Trail - is a continuous shared-use trail connecting Sebago Lake to Casco Bay. This section travels to the Sebago lakeshore through Portland Water District conserved land. Trailhead begins at Route 237 at Otter Ponds, follow Sebago to the Sea Trail signs. There are multiple sections to this trail.

STANDISH - www.standish.org

- *** Gerry Spencer Trail** offers easy walking on a packed earth surface through a wooded area behind the Standish Municipal Center located at 175 Northeast Road in Standish. Green wooden arrows and birdhouses line this trail.
- * Cross Country Trails at Saint Joseph's College of Maine includes approximately three miles on the beautiful 500-acre campus and meanders

along the mighty Sebago Lake. On a clear day, Mount Washington in New Hampshire is visible. The campus is located at 278 Whites Bridge Road.

Mountain Division Trail - is a connecting trail located on Route 35 in Standish just before the ball fields by Otter Pond Day Camp, or at Gambo Road in Windham. The path is great for walking, running and riding bicycles.

WINDHAM — www.windhammaine.us

- * The Black Brook Preserve is a 105-acre preserve with a trail network that has rolling hills, mature trees, and brooks along with a variety of wildlife and plant life. Access through a parking area on the south side of Black Brook and Route 202 on Windham Center Road.
- * East Windham Conservation Area is owned by the town and Presumpscot Regional Land Trust and has a conservation easement on 700 acres. The trail access corridor provides a 30-mile trail network. Parking is at 187 Falmouth Road.
- * Donnabeth Lippman Park is 123 acres of woodlands and wetlands with a loop around the 10 acre pond. It offers easy walking on packed earth. Follow the story book trail with young hikers. There is also a playground for children in the parking lot which is located at 18 Chaffin Pond Road, off Route 302.
- *** Lowell Preserve** is a 308-acre nature preserve with over 8 miles of trails. that contains a wooded trail system located behind the East Windham Fire Station on Falmouth Road. The main trails consist of two loops, marked by blue and red blazes. Each loop is about 1.5 miles, and has wide, easy to traverse surfaces. ATVs are allowed on portions of these trails. There are also two networks of "Technical Trail" in the northern part of the Preserve. These trails are more narrow and cover steeper, more difficult terrain. They are ideal for mountain biking and trail running, and are great for longer hikes as well.
- * Otter Brook Sanctuary has a .8 mile moderate trail that winds through tree plantations, woods, and marshy wetlands. The trailheads are accessed from Rocklin Road, off River Road.
- **Pringle Wildlife Preserve** is 17 parcels of land with a viewing platform, perfect for both birdwatching and stargazing. Access is off Windham Center Road just beyond the junction with River Road. **



JUST CALL ALL HAUL! ALL HAUL 207-653-2107 **Unk**removal

& R E C Y C L I N G

AllHaulMaine.com

Windham Owned/Operated 13 Years Experience -

CREATING JAW-DROPPING SPACES IS WHAT WE DO!

Whether your goal is to enjoy your home or camp more, or you are staging to sell or rent, our professional eye will bring your property to its full potential!





HOME STAGING COMPANY!



A GREAT PLACE TO SPEND A VACATION, AND AN EVEN BETTER PLACE TO LIVE!



WE HAVE ALL YOUR PROPERTY NEEDS IN ONE PLACE!



TRUST US IN FINDING YOUR NEXT SUMMER HOME OR VACATION RENTAL!

Specializing in Vacation Rentals in the Sebago Lake Region since 1950.

JordanRentals.com info@jordanrentals.com • 207-787-2442



High standards of service, proven expertise, and personal care for their client's real estate needs for 30+ years.

Meservier.com info@meservier.com • 207-784-2525



LOCALLY OWNED

Both offices located at: 2 Sebago Road, Route 114, Sebago



P Premier Properties Rentals

I AM ALWAYS LOOKING TO EXPAND MY PORTFOLIO OF WATERFRONT RENTALS.

IF YOU OWN A WATERFRONT HOME & WANT TO RENT or SELL, CONTACT ME!

I have active buyers and offer exceptional property management rental services with LOW fees.



CARRIE COLBY, BROKER

20+ Years Experience

Cell: 207.232.5497 207.892.2214 cmcolby1777@gmail.com ALLIEDMAINEHOMES.COM

ALSO LICENSED IN FLORIDA - CALL ME TO RENT OR BUY!

(BIRDS continued from page 35)

bird, the Black-capped Chickadee," Tucker said. In addition, "a Golden Eagle may be spotted soaring overhead and an American Pipit – on the Maine Endangered species list – could be discovered during its migration."

Yellow warblers, northern water thrushes, and flashy red-winged blackbirds can be found on local waterways such as the Tenny River, which connects Crescent Lake and Panther Pond in Raymond.

Blue heron, patiently stalking fish in the tall reeds along the shore, may be approachable by canoe or kayak.

Maine Audubon field naturalist Stacia Brezinski recommends "staying in one place for a good 20 minutes or more to give birds time to return to their baseline behavior following your initial disturbance, although Some birds are more accustomed to people and less cautious."

Binoculars are helpful. In many cases it's best to lay eyes on a bird before getting a closer look with binoculars, Brezinski says. However, "if you're looking for animals like ducks or loon nests along the shore, (never ever approach a loon nest; always



The Black-capped Chickadee is Maine's state bird. COURTESY PHOTO

look through binoculars), I recommend the opposite; scan the shore-line with the binoculars."

When it comes to loons, which can frequently be found on the Lakes Region waterways and beaches, Brezinski cautions "not to go too fast or too close to shore when boating, as wakes can flood nests and destroy the eggs." If a loon is stressed and makes sounds like a yodel or a laugh or acts dramatically, that's a sign that you're too close.

For those who don't have the time or inclination to hit the trails or the water, Tucker says, "even birding by car with the windows down and the engine turned off can be a surprisingly productive option." **





TRUSTED LOCAL EXPERTS FOR BUYERS AND SELLERS ALIKE



REAL ESTATE **EXPERTS**



YVONNE MYER Branch Owner, Broker/CRS, C2EX, ABR 207-485-4670

FOR AN EXCEPTIONAL REAL **ESTATE EXPERIENCE**, **STOP IN OR CALL US** TODAY!



ARATA 207-333-1817



MONICA **ATKINSON** 207-650-0659



STEPHANIE BOIDUC 207- 420-6684



RACHFI COX



207-400-7907



KAYLA

BREWER

CINDY 207-576-1615



CHASE

CAPRIO

207-653-5023

FORTIN 207-333-0503



HASKELL 207-239-4200



LAURIE

I FAVITT 207-699-6332



CIRRINONE

GREGORY LOCKE 207-520-0734



CLARK

MIKE 207-615-2408



CINDY

207-671-3815

DAN MCGOWAN 207-749-1803



MFRRIII 207-894-4736 207-266-7744



AMBER ORMAN



STEPHEN 207-749-0403



DARCY WILKINS 207-321-1299



MATT WRIGHT 207-245-0412



CLAIRE ZEGOUROS 207-749-2590

Eagle Choice Award Winning Real Estate Company 8 Straight Years

207-894-5722 • 887 Roosevelt Trail, Route 302, Windham, ME





OUR PROMISE TO YOU: Highest Standards of Quality Professional, Clean Workspace Flawless & Detailed Results

A Windham Family-Owned & Operated Company Since 2009

Free Estimates / Fully Insured



"Bryant Bros. painted my home last summer. Efficient, neat and most of all tremendous results."





207-939-5519 • Bryant-Brothers.com

SONGO LOCKS

Key role in history of region's commerce

By Ernest H. Knight

According to the Raymond-Casco Historical Society, a local territory that has been important through the years not only to Raymond and Casco but to all the towns around Sebago and Long Lakes is Songo Lock. A stone's throw from the original Raymondtown and present-day Casco, before land to the north of Crooked River was taken to help form Naples, Songo Lock is the key to travel by boat between Sebago and Long Lakes.

Originally a natural waterfall contained in a series of ponds and streams including Long Pond, Chute River, Brandy Pond, Songo River, and Sebago Pond (lake was not a term that was used in the early days of settlement), it was necessary to provide a lock for passage of craft larger than canoes.

This was Lock #28 in the route of the Cumberland and Oxford Canal from Portland to Harrison, constructed between 1827 and 1830, with the other 27 locks being in the dug portion of the route between the "Lower Guard Lock" at tidewater near the present Portland Bridge up through Stroudwater, Westbrook, Gorham and Standish to the "Upper Guard Lock" into the Sebago Basin below White's Bridge.

To complete the intended route to Thomas Pond (now Lake Keoka) in Waterford more locks would have been required to climb from Harrison along Bear River to Bear Pond and Thomas Pond.

The original lock at Songo Falls was of the conventional construction as were most of the others, laid up stone with plank facing to provide smooth passageway of 10-foot width to pass the standard canal boat of the day. Before the abandonment of the dug portion of the canal route to Portland

(SEE LOCKS continued on page 59)



OUR AIM IS TO BRING YOUR VISION TO LIFE WITH TRANSPARENCY AND EFFICIENCY









RENOVATIONS, NEW CONSTRUCTION, KITCHENS, BATHROOMS, DECKS, AND CUSTOM CARPENTRY

If you're looking for a contractor, we're here to help!

Free Estimates Fully Insured

207-274-1080 > FOSSANDCOMPANY.ORG



The Sebago Region's **ONE-STOP** for

all things REAL ESTATE!

KNOWLEDGE • INTEGRITY TRUST • EXPERIENCE



BUYING • SELLING • INVESTING Vacation / Winter / Year-Round RENTALS PROPERTY MANAGEMENT

From complete management to only certain aspects, it's our expertise to make renting easier!

WINTER WATCH PROGRAMS

The Region's Vacation Rental Specialist for 49 Years!





SUMMER & WINTER RENTAL PROPERTIES WANTED!

We're always looking to expand our rental inventory. If you are thinking about making extra money by renting out your home or camp on weeks/months you are not here, call us.

WE MAKE RENTING EASY – WE DO IT ALL: Booking, payment processing, check-in/check-out, 24/7 on-call property management, cleaning, and more.

Get a free, no-obligation assessment of your property's rental potential!!

Browse rentals at: Krainin.com

1539 ROOSEVELT TRAIL, RAYMOND • 207-655-3811

For sales, email: sales@krainin.com

For rentals & property management, email: rentals@krainin.com

Ask about our new linen service!



MAINE'S MOST AWARDED REMODELING CONTRACTOR!

SHEA BUILDERS

The luxury is in the details



Voted Top 50 Remodelers Nationally by Remodeling Magazine

remodeling BIG50











10 Straight Years

Top 200 Building Professionals by:



Remodeling

Contractor

Top Bathroom

& Kitchen

Remodeler by:

HOME BUILDER DIGEST.

Best General Contractor by:

GC MAGAZINE



Scan here to see complete list of awards, appearances, & recognition!

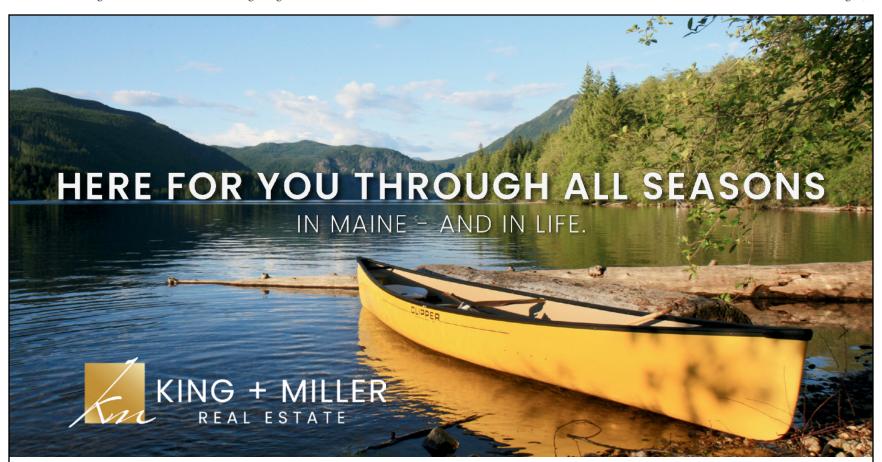
More $\star\star\star\star$ Houzz reviews than any other contractor in Maine!

QUALITY ~ PROFESSIONALISM ~ STYLE ~ FUNCTIONALITY

Complete Home Renovations | Kitchen & Bath Remodels | Interior & Exterior Painting | Basement Remodels | Custom Decks

Design & Consultations

BUILDWITHOSHEA.COM 6



Through falling leaves and fresh starts, quiet winters and new beginnings, we're here for each season in this special state - and every season of your life. Whether planting your first roots, relocating for a new gig, eyeing that dreamy lakefront retreat, or downsizing during your golden years - we bring empathy and ease to life's transitions.





With two certified Senior Real Estate
Specialists + decades of collaborative
know-how on our team, it's not
transactions, but lifelong connections
that light us up. When it's time to make
a move, our collective of calm, caring
experts will guide you through our
simple, seamless process.

Reach out anytime!

BUDGET® BLINDS

Style and service for every budget.®

UPGRADE YOUR HOME OR COTTAGE WITH NORTH AMERICA'S #1 PROVIDER OF CUSTOM WINDOW COVERINGS



Cellular Shades • Shutters • Vertical Blinds • Top Treatments Roller Solar Shades • Wood Blind • Motorized Blinds & more

Call today for your FREE In-Home Consultation

30+ YEARS OF STYLE & EXPERT SERVICE 207-625-7902

budgetblinds.com

(LOCKS continued from page 54)

in 1870, the Songo Lock had been enlarged to allow passage of the newer and more sophisticated side wheel steamboats that gave the first competition to the canal boats on the lakes.

These began with the era of the "Fawn" in 1847, or at about the same time with the "Monkeydena," depending on the history source you prefer.

Later came the larger steamboats, both freight and passenger with further enlargement until the Songo Lock was converted to cement construction in 1913 to accommodate the largest of the steamboats, the "Goodridge," which was built that year at Bath Iron Works and transported to Naples in pieces.

When the canal era created a booming commercial enterprise, the Songo Lock area almost became a canal junction with all the status that distinction would have provided. The Androscoggin Canal was proposed, which was to follow the Crooked River from Songo Lock up to Songo Pond and then on down to the Androscoggin River in Bethel.

This would have greatly expanded the inland country to be served by direct route for commerce to Portland.

But the advent and development of the railroad had spelled out the death knell of the canal and all expansion of the canal system ceased.

Though the dug portion of the canal with its 27 locks was closed in 1870, canal boats remained in operation on Sebago and Long Ponds, with the one lock at Songo left to salvage the pride in their traditions.

The Songo River itself did not, however, qualify as a canal as there was no tow path as on the rocked route to Portland for horses to draw the canal boats to the open water where their sails could be used for propulsion. Instead, it was necessary to use poles to push the awkward craft up the snaky stream with seldom a chance for a fair wind for their sails, an experience that would seem more frustrating to us now.

At present time, Songo Lock is operated from May through mid-October for the passage of pleasure boats. For a small fee charged for the lift or drop, once six cents for a canal boat that filled a lock, but now \$15 per boat per boat for as many as can be crowded in at once. For operational dates and hours www.townofnaples. org/marinesafety. **





Fully equipped & experienced to perform all types of electrical work to the highest quality standards!

NEW CONSTRUCTION UNDERGROUND SERVICE **REMODELS · UPGRADES TROUBLESHOOTING REWIRES/PANEL IMPROVEMENTS** INDOOR/OUTDOOR LIGHTING **CEILING FANS · OUTLETS SMOKE DETECTORS GENERATOR HOOK-UPS EV CHARGERS & MORE**

Ask about how we may be able to save you money on your energy bills & reduce your carbon footprint. Keeping your home running efficiently and safely is our specialty!

ENERAC WHOLE-HOME GENERATOR INSTALLS



Veteran Owned & Operated

Free Estimates • Fully Insured **Accurate Quotes • Clear Communication** Flexible Schedule • Honest Service

WE RATE $\star \star \star \star \star \star!$

"Peak Electric symbolizes the continious climb toward personal & professional excellence." - Rich Brown, Owner

GENERAC

Call/Text 207-332-0075 · www.PeakElectricMaine.com Tifacebook



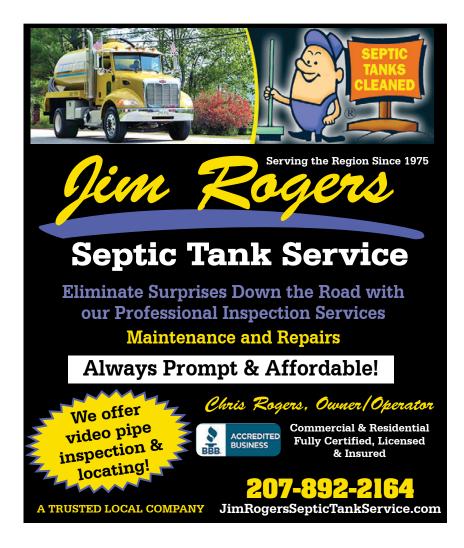




TO TRY MAINE'S OFFICIAL SOFT DRINK...MOXIE!

Moxie was designated as the official soft drink of the State of Maine in 2005, as signed into law by Gov. John Baldacci. The soda was created in 1884 by Maine native Dr. Augustin Thompson of Union, and is among the first sodas ever to be produced. Moxie is flavored with gentian root extract, an extremely bitter substance which was reputed to possess medicinal properties. Moxie's flavor is unique and you'll either love it or hate it. It's a must try!







ROOFING ASPHALT METAL

SIDING ALL TYPES WINDOWS

PAINTING & MORE

RAISING THE BAR FOR INDUSTRY STANDARDS



SPECIALIZING IN EXTERIOR FACELIFTS, SUPERIOR COMMUNICATION, AND QUALITY PRODUCTS!

ROOFING & GENERAL CONTRACTING

By keeping up with industry developments, we open up access to superior aesthetics, durability, efficiency, functionality, and value.

When you want a stress-free process and the best possible outcome, count on CML!!

FAMILY OWNED & OPERATED SMALL BUSINESS
FREE ESTIMATES / FULLY INSURED
FINANCING AVAILABLE

RESIDENTIAL & COMMERCIAL Angi Super Service Award

25 YEAR WORKMANSHIP GUARANTEE







207-331-4563 • CMLROOFING.COM • FOLLOW US ON FB

5-STAR RATING

"The team was outstanding! We chose Todd and CML Roofing after they visited our house three times before commencing the project. They patiently addressed all our inquiries beforehand, provided us with a precise estimate, and discussed any concerns thoroughly. We wholeheartedly recommend them and intend to utilize their services again in the future." – J. Henry

"Great roofing company! They put a new roof and plywood on in two days. Very honest, reliable, efficient and hard working!

I recommend 100%. I wish there were more honest companies like this! They even reimbursed me for plywood they didn't use!"

— T. Mcgee

"I can't say enough good things about CML. They are on top of everything. Follow up is great, hard working, efficient crew that knows what they are doing I would use them again and refer them to my friends and clients." A. Byrnes

Grondin_®

AGGREGATE MATERIALS SALES



SCREENED LOAM • BARK MULCH

CRUSHED GRAVEL - SOLID FILL

SCREENED SAND • STONE PRODUCTS

GARDEN TOPSOIL • RECLAIM & MORE

DELIVERY AVAILABLE

Or pick-up your own materials at our Route 302, Windham location (behind the Ice Cream Dugout) We can load anything you need – No appointment needed! Hours: Mon-Thurs 6:30a.m. - 4:30p.m., Fri 6:30a.m. - 4p.m.



CALL OR SCAN HERE FOR MORE INFORMATION AND COMPLETE PRODUCT LIST AND PRICING

207-839-5544 • RJGRONDIN.COM • FIND US ON FACEBOOK

100% Satisfaction Guaranteed!

STEAMER FAWN

Sebago Lake's first operational steamboat

By Mike Davis

The Steamer Fawn, the first steamboat ever to run on Sebago Lake, was built at North Bridgton in 1847.

That spring, the Fawn was built by the Sebago and Long Pond Steam Navigation Company. Since the 1830s there had been efforts considered to launch an inland steamer upon the Sebago Lakes route, running from Bridgton down Long Lake, Brandy Pond and the Songo River to Sebago Lake, but it was not until 1846 that a company of Bridgton and Harrison men organized and began selling stock to residents up and down the lakes as far as Standish.

The S&LPSN Co. sold some \$10,000 in stock at \$25 a share, raising funds sufficient enough to lay the keel in late March of 1847. They had hired the New York boatbuilding firm Lawrence & Sneden to build for them a sidewheel steamboat, 25 feet wide and 90 long – just narrow enough to pass within the

WWW.MAINEPOWERWASHPROS.COM

26-foot wide Songo Lock, and theoretically short enough to negotiate the Songo's many meandering gooseneck turns; twenty-seven turns in only six miles!

The Fawn was launched on June 5, 1847, under the command of Capt. C.C.W. Sampson of Harrison. She initially ran three trips per week from Harrison Village to Standish, stopping in North Bridgton, Plummer's Landing, and Naples. By 1849, the route became a daily service.

At Standish she docked at the wharf opposite Chadbourne's Lake House, which stood almost exactly at the terminus of what are now Routes 35 and 237 on Standish Neck, where the Portland Water District pumping station now stands. Here passengers were served by a line of stagecoaches running south to Portland, the southern half of the Portland to Waterford stage

(STEAMBOAT continued on page 63)



f

(STEAMBOAT continued from page 62) line which, from Harrison, took travelers off the boat up to Waterford and beyond.

The company had invested in this stage line, and it also bought out another running from Bridgton through Fryeburg to the White Mountains. This was the key to the Fawn's financial success, for in those days before railroads any tourist up from Boston looking to access the White Mountains, landing at the wharf in Portland, had to take a bumpy, uncomfortable stagecoach ride over several days all the way to Conway New Hampshire.

But with the steamer Fawn running upon the lakes, they could instead ride inland as far as Standish, zip up the picturesque lakes route to Bridgton in less than four hours, and then go by stage as far as Fryeburg by nightfall, to stay at the Pleasant Mountain House. From there they could strike off the next morning by stage and reach Conway faster, in far greater comfort and having enjoyed far better scenery than anything the old stage line up the Saco River Valley could provide.

The Fawn ran for almost a decade, until 1856, and during that time, she attracted the patronage of some of the

most famous tourists to come to Maine in this era. Among her many noteworthy passengers in this time were John Jacob Astor, the first American multimillionaire, and Henry Wadsworth Longfellow, who surely needs no introduction here.

Initially the Fawn proved to be a success, but ultimately the same driving forces that led to her creation, those of technological innovation and the eager tourist market, are the same which led to her collapse. Eventually steam-power was turned to locomotion, and the coming of the railroads at once robbed the Fawn of her twin advantages of speed and comfort.

While still just as beautiful, the prospect of reaching the White Mountains in a matter of hours by rail from Portland cut out nearly all her tourist traffic by 1853 and struggling on until 1854, she was put up for auction in 1855 and eventually sold to George Pierce of Otisfield, Maine. He kept her going a few years more in a highly diminished capacity until 1856, but in 1857 she was torn to pieces at North Bridgton, with her boiler and engine works sold to steamboat builders in Greenville, Maine, and her wooden hull left to rot on the shore of the lake. **



INTERIOR / EXTERIOR / POWER WASHING



207.693.4663 • REDOPROPERTIES.COM

tux@redoproperties.com







MAINE WILDLIFE PARK

By Michelle Cote

Moose, deer, bears, reptiles, birds and more than 30 other native species provide a true Maine immersion experience for visitors and natives.

Unlike zoos, Maine Wildlife Park – tucked in the town of Gray and part of Maine's Department of Inland Fisheries and Wildlife – is a refuge and place of protection for existing wildlife that cannot re-enter the wild for a variety of reasons, ranging from the injured and orphaned to some raised in captivity or as an illegal pet.

Staff and volunteers passionately pride themselves in providing top quality care for their animal residents and educating visitors about the species that call Maine home.

This special place—which welcomes more than 120,000 visitors annually—provides a one-of-a-kind experience for all and plenty of photo opportunities, and several new and returning events abound for this 2025 season.

"We offer Keeper Talks daily at 11 a.m. and 1 p.m, Education programs Tuesdays and Thursdays, with events sprinkled in throughout the season," said Ben Barrett, Assistant Superintendent of Maine Wildlife Park.

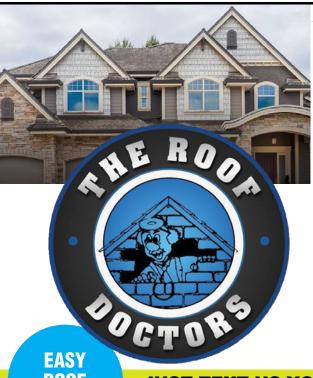
"Other upcoming events include Wildlife Photography, Art in the Park, Animal Birthday Bash, MDIFW Biologist presentations, Fall Fun Days and more," he continued.

Details are provided regularly via the Park's website and via Instagram.

The visitor center offers tactile, engaging activities for young adventurers, in the form of puzzles, lightboards and more. A sandbox allows them to create animal tracks and map out species native to various parts of this beautiful State.

The famed fish hatchery– located down a hill past the park's eagles and wetland trails– boasts a new interpretive building and trout pond, provid-

(WILDLIFE continued on page 66)



For your New Roof Replacement TRUST THE ROOF DOCTORS!

Here's why...

- WE USE ONLY THE BEST-IN-CLASS MATERIALS
- BBB ACCREDITED BUSINESS WITH AN A+ RATING
- OVER 250 POSITIVE, FIVE-STAR REVIEWS
 Some of the positive comments include: Professionalism, Punctuality, Quality, Responsiveness, Value, Cleanliness, & Clear Communication
- LOCALLY OWNED & OPERATED FOR 27 YEARS

GET YOUR ROOF DONE RIGHT THE FIRST TIME!!

ROOF ESTIMATES

JUST TEXT US YOUR ADDRESS AND WE WILL EMAIL A WRITTEN QUOTE USING SATELLITE IMAGING TECHNOLOGY!

For a Free, No-Obligation, PROMPT Quotes, Call or Text

207-772-2719 · THEROOFDOC.COM 63



ELEVATING YOUR OUTDOOR SPACE IS OUR EXPERTISE!

Two outstanding businesses, one local family!



DEP & Shoreland Certified • Lake Smart Award Certified Segmental Retaining Wall Installer Certified interlocking Concrete Pavement Installer

LANDSCAPE DESIGN, MAINTENANCE & SEAMLESS INSTALLATIONS

Hardscape Installations · Estate Cardening · Tree Pruning Planting · Pond, Waterfall & Sod Installations Heated Walkways & Driveways & more



310 ROOSEVELT TRAIL, WINDHAM Proud to be the area's #1 garden center!

ANNUALS • PERENNIALS SHRUBS • TREES • HOUSEPLANTS

Hanging Baskets · Fruit Trees · Native Blueberry Varieties
Landscape Materials · Lake-friendly Fertilizers
Organic Herbicides, Pesticides & Fungicides
Organic Critter Repellents
Cift Shop

















A Locally Owned Maine Company for 50 Years!

Summer is the best time to have your heating system checked!

Count on Fielding's for quality workmanship, expertise, & courteous customer service

Heating Oil • Propane • Diesel • K-1 • Burner Cleanings Free Tank Swap Outs • Fixed & Budget Plans • 24-hr Emergency Service

CALL 207-892-0200

639 Roosevelt Tr., Windham ~ Open Mon-Th 7:30am-4:30pm, Fri 7:30am-4pm

FIELDINGSOIL.COM

(WILDLIFE continued from page 64) ing visitors an enhanced, educational experience via observation.

The Warden Museum offers a

thorough history of this service and includes memorabilia, informational videos, and much more.

Beautiful flower and wildlife gardens abound throughout the property, carefully curated by Maine black bear lounges at dedicated volunteers throughout the summer.

The Tree Trail provides descriptions of a variety of native trees, along with fascinating instruction for visitors to measure tree heights, lumber yield, and learn how much wood is in a cord.

The Park's Game trail offers a trove of hidden animals and a quiz to test visitors' knowledge.

The wildlife ranges greatly from peacocks - residents here since the 1940s - to the famed moose.

Visitors can wander at their own pace and spy a variety of birds, including the bald eagle.

Residents also include a variation

of beavers, bears, deer, nocturnal creatures, bobcats, coyotes, foxes, and other furbearers.

Construction for a new office, gatehouse, and nature store is nearly

> complete, Barrett said.

"We are excited for visitors to experience this new look to the park sometime this summer, in addition to our new logo, branding and signage. "We are working with

our partner organization, Friends of Maine Wildlife Park, on planning upgrades to our bird enclosures along with other exciting projects focused on improving the animal and visitor experiences," Barrett said.

the park. MAINE WILDLIFE PARK PHOTO

Whether you have a family in tow, enjoy capturing photos, or are enthusiastic about wildlife, there is much adventure to be had and plenty of opportunities to connect with nature and countless wild learning adventures. Maine Wildlife Park is open every day, including holidays, from 9:30 a.m. to 4:30 p.m. Visitors entering before 4:30 p.m. can continue to enjoy the park until 6 p.m. *





We Love Trees!



Dangerous Takedowns, and Aesthetics

A strong eye for detail and a reputation for safe, timely, and reliable service for 25 years



Tree Removal, Trimming & Top Crowning
Removal of Dangerous Dead Wood from Healthy Trees
Tree Limb Elevations • Emergency Tree Removal
Seasonally Prune & Trim Shrubs and
Ornamental, Flowering & Fruit Trees

Fully Licensed Professional Arborists, Expert Tree Climbers, Aerial Lift Specialists, Chainsaw Operator Specialists, Safety Specialists, Hard-Working Ground Support Crew & A Book of Good References with Five-Star Reviews!





To begin a free quote visit: tlctreellc.com or call/text 207-655-TREE (8733)



Switch to PitStop Fuels to Enjoy

Wireless Tank Monitoring, Great Propane Prices & More!

We're Southern Maine's #1 Propane Delivery Company for over 30 Years!

PITSTUP

Propane and Fuels

PitStop is your Local "Propane Pro"

Tank Installs & Leasing • Clear, Honest Pricing • Online Convenience

207-352-7800 A PitStopFuels.com

433 Ossipee Trail Gorham, ME 04038 82 Main Street Bridgton, ME 04009



100S OF 5-STAR REVIEWS

PROPANE = A Greener Alternative



Keep your home or camp running flawlessly with a propane boiler, furnace, hot water heater or indoor propane heater.

Indoor space heaters are perfect for hard-to-heat spaces like 3-season porches, garages & more

MAINE FUN FACTS

Learn something new!

- * Maine is most famous for Lobster and harvests the majority in the U.S.
- * Maine has 3,478 miles of coastline more than California (3,427), and over 5,000 miles of coast if you include all of the islands as well. Only Florida and Louisiana (mostly bayou) have more miles of coastline.
- * Maine has 3,166 off-shore islands. Only about 1,200 Maine coast islands have an acre or more, 600 comprise 95 percent of the island acreage.
- * Maine has many haunted inns and lighthouses
- * Maine has over 32,000 miles of rivers and streams.

- * Maine has over 6,000 lakes and ponds.
- ** Maine State Capital: Augusta Population approx: 18,876
- * State Population: 1.4 million
- * Maine's Largest City: Portland at est. 69,197 population. Greater Portland comprises one-quarter of the state's 1.4 million population
- * Maine State Tree: The White Pine
- ** Maine State Animal: The Moose Maine has more Moose per mile than any other state, over 60,000 moose, second only to Alaska.
- * Maine State Fish: Landlocked Salmon
- * Maine State Cat: Wild Coon Cat

- * Maine State Insect: Officially the Honeybee, (unofficially the mosquito and the black fly)
- * Maine State Bird: The Chickadee
- * Maine State Nickname: Vacationland
- Maine's Highest Mountain: Mt. Katahdin at 5,268 ft. elevation
- * Number of Maine Islands: 3,166
- ** Number of Maine Lighthouses: 67 (Quoddy Head Light is the easternmost point in the U.S.)
- * Maine State Berry: The Wild Maine Blueberry
- * Average Summer Temperature: 70 degrees
- * Average Winter Temperature: 20 degrees
- ₩ Maine's the only U.S. state with one syllable.
- * Maine is the only state with just one other state

on its border - New Hampshire.

- * Maine was admitted to the Union as the 23rd state on March 15, 1820.
- ** Portland was first selected as the state capital until 1832, when the capital was moved to Augusta.
- ** Acadia National Park is one of the most visited U.S. National Parks, with over 2 million annual visitors. The park was first opened in 1916.
- * Maine produces 90 percent of the country's toothpick supply.
- * Geographically Maine is bigger than the other five New England states combined.
- * Maine is rich in gems and is among the biggest zinc and copper deposits in the country plus tourmaline, amethyst, topaz and garnet.
- * Maine is the third-largest maple syrup producer in the country..
- * Maine is home to many of the best boat builders in the world: Hinckley, Sabre Yachts, Back Cove, Duffy, Morse Yachts, Egg Harbor, Calvin Beal, Robert Stevens, Old Town Canoe, Downeast, LL Bean, Atlantic and The Landing School.
- * Aroostook County at 6,453 square miles is larger than Connecticut and Rhode Island combined.
- * Eastport, Maine is the easternmost U.S. city, and the first in the country to see the sun.
- * Maine contains 542,629 acres of State and National Parks.
- * The first ship built by English colonists in America was launched on the Kennebec River in 1607.
- * The first naval battle of the Revolutionary War was fought off Machias, Maine in 1775.
- ** Maine's coastline has so many deep harbors it could provide anchorage for all the Navy fleets in the world. **





The Reinhard family is ready to help!

We're proud to protect your family, pets & your home!

EXPERIENCED HONEST AFFORDABLE

TICKS • MOSQUITOS • ANTS • MICE • RATS SQUIRRELS • BATS • HORNETS/WASPS & MORE

We love our creatures and critters, so...whenever possible we choose relocation or exclusions over termination!

Traditional & organic treatment options.
Single service or seasonal & year round packages



Family-owned & operated

Ranger Pest Services

COMMERCIAL/RESIDENTIAL • SATISFACTION GUARANTEED!

For a Free Estimate Call/Text 207-712-8871 or request a quote online at:

RANGERPESTSERVICES.COM

FULLY LICENSED & INSURED

Licensed with Maine Department of Agriculture, Conservation and Forestry, Board of Pesticides Control, & Masters Applicator License



SOUTHERN MAINE'S PREMIER RENTAL CENTER

FROM LANDSCAPING & CLEANUPS TO CONSTRUCTION & HOME REPAIRS —

WE HAVE THE RIGHT TOOLS TO HELP YOU GET THE JOB DONE RIGHT!



NOT SURE WHAT YOU NEED? OUR FRIENDLY TEAM IS HERE TO HELP!



SHOP OUR STORE FOR

Quality power & hand tools,
utility trailers,
supplies & hardware,
chains & bars, oils,
arborist gear, Silky Saws,
BW Hitches,
Aspen fuel & more

AUTHORIZED DEALER







730 Roosevelt Trail, Rte. 302, Windham • 207-892-7743 Open Mon-Sat 7:30am-5:30pm See full rental inventory list at: WINDHAMRENTALCENTER.COM •

Call ahead to reserve your rental equipment



HISTORICAL SOCIETIES

Check their websites and Facebook pages for highlights, events, hours, etc.

BRIDGTON

Gibbs Avenue Museum & Blynn Davis Memorial Archives 5 Gibbs Ave.

/ Narramissic, The Peabody-Fitch Farm 46 Narramissic Road
bridgtonhistory.org & on Facebook

GRAY

Gray Historical Society, 1 Main Street grayhistorical.org

NAPLES

Naples Historical Society and Museum, 19 Village Green Lane townofnaples.org/museum • Find them on Facebook

RAYMOND-CASCO

Raymond-Casco Historical Society, off Rte 302 before Casco-Naples town line raymondcascohistoricalsociety.org & on Facebook

SEBAGC

Sebago Historical Society, 347 Convene Road, Sebago Center sebagohistoricalsociety.org & on Facebook

STANDISH

Standish Historical Society, 55 Oak Hill Road in the Old Red Church standishhistoricalsociety.org & on Facebook

WINDHAM

Windham Historical Society, 234 Windham Center Road windhamhistoricalsociety.org & on Facebook



PUBLIC LIBRARIES

Where readers unite!

TARTHAR THE TARTE OF THE TARTE

Call or check websites for hours and special programs offered. Many of the libraries have story times for children, along with events for all ages. Most libraries will have internet access and please be sure to check out some Maine authors such as Tess Gerritsen, Janet Chapman, Monica Wood, Lily King, Richard Russo, Debra Spark, and Stephen King.

Bridgton Public Library

1 Church Street • 207-647-2472 www.bridgton.lib.me.us

Casco Public Library

5 Leach Hill Road • 207-627-4541 www.casco.lib.me.us

Gray Public Library

5 Hancock Street • 207-657-4110 www.gray.lib.me.us

Naples Public Library

940 Roosevelt Trail • 207-693-6841 www.naples.lib.me.us

Raymond Village Library

3 Meadow Road • 207-655-4283 www.raymondvillagelibrary.org

Richville Library

743 Richville Road • 207-776-4698 www.richvillelibrary.com

Spaulding Memorial Library

282 Sebago Road • 207-787-2321 www.spaulding.lib.me.us

Windham Public Library

See their ad for programs and special events on page 94 217 Windham Center Road 207-892-1908 www.windham.lib.me.us







FISHING

Area Hot Spots to Cast a Line

Fishing remains one of the most popular recreational pursuits in Maine and certainly a favorite hobby of residents and visitors here.

There's a rush that comes from getting a small tug on the line and then reeling in a fish. Fishermen must decide if the fish is a keeper or could be tossed back into the water. Rivers and lakes across the Lakes Region of Maine are managed by the Maine Department of Inland Fisheries and

Wildlife and have established rules regarding the sizes of fish that can be kept, which species are safe and which are protected, and even when people can fish.

Those who are new to fishing or to the Lakes Region must learn and follow the rules regarding fishing which is regulated by the Maine Warden Service. Fishing licenses are required for anyone 16 years of age and older. You can buy your license online, through local guide services or at some of the area stores such as Jordan's Store in Sebago.

*For the most up-to-date information and complete laws about fishing in the Lakes Region, visit the Maine Department of Inland Fisheries and Wildlife at www.maine.gov/ifw

Here's a rundown of what types of fish can be found where in the Sebago Lakes Region and beyond:

LAKE TROUT (TOGUE)

Identification: Lake trout have a typical trout-shaped body covered with creamy white spots on a background of bronze, dark brown, or green. Their coloration can resemble brook trout but lack the colorful reds spots with blue halos of a brook trout.

Sebago Lake: Naples, Standish, Raymond

- Quality size lake trout, trophies taken yearly
- Wild population
- Trailered boat access: Route 302 MDIFW launch; Sebago Lake State Park (use fee);

Route 35 Standish (use fee); Nason's Beach (use fee), Sebago Road and private marinas.

* Thompson Lake: Casco, Oxford, Poland

- Wild population
- Trailered boat access off Route 121; limited pullout and road shoulder parking; off Heath Road adjacent marina, limited off-road parking.

***** Kezar Lake: Lovell

- Stocked
- Trailered boat access off West Lovell Road and North Lovel Landing Road

Middle Range Pond: Poland

• Trailered boat access off Range Hill Road has an improved launch. Limited head clearance under the bridge.

LANDLOCKED SALMON

Identification: They have a silver-blue coloration on their back, transitioning to a silvery-white belly and have smaller less defined spots when compared to a brown trout. Look at the Vomerine teeth located at the roof of the mouth. Salmon have a single row of small teeth on the shaft with little to none on the vomerine head. Salmon will have a slightly forked caudal fin. The upper jaw will typically not extend much past the eye. When in doubt, release.

Crooked River: Casco, North Waterford

• Fly fishing only

(SEE FISHING continued on page 73)



(FISHING continued from page 72)



Hunter Smith shows off his Sebago Lake salmon catch in front of a rare fogbow. A fogbow occurs when sunlight interacts with tiny water droplets in fog. PHOTO BY GLEN GISEL, SEBAGO SPORT FISHING GUIDE SERVICE

- Fall fishing for wild landlocked salmon
- Special section open to extended season fishing
- * Long Lake: Naples, Harrison
- Stocked

• Trailered boat access to the west (Plummer Landing) and to the north, off Route 35 in the Village of Harrison

* Moose Pond: Bridgton

- Stocked
- Trailered boat access off Route 302

* Peabody Pond: Sebago

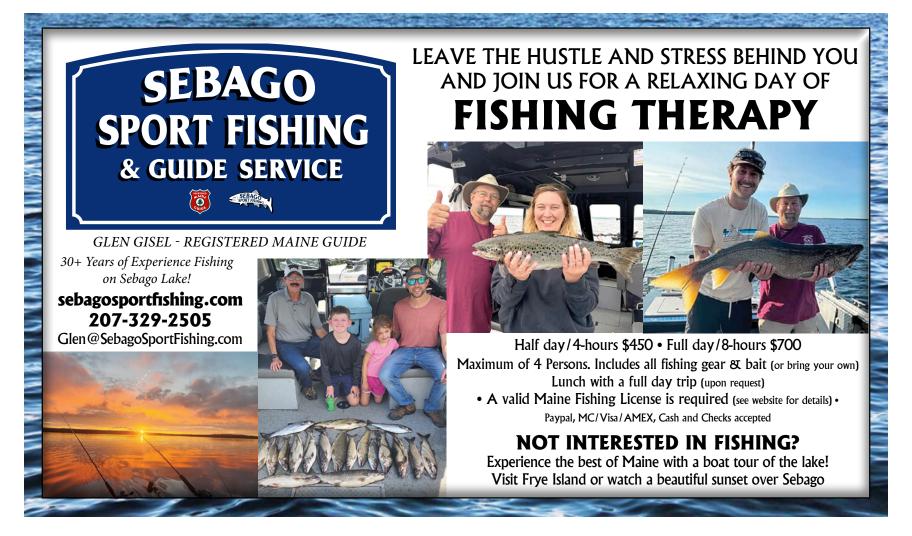
- Stocked
- Trailered boat access off Peabody Pond Rd at outlet with limited parking. Shallow gravel launch.

* Pleasant Lake: Casco

- Stocked
- Trailered boat access, off Mayberry Hill Road
- Sebago Lake: Naples, Standish
- Quality size landlocked salmon, some trophies taken each
- Indigenous/stocked fishery
- * Thompson Lake:

(SEE FISHING continued on page 74)





NAPLES BAIT & TACKLE II

A great little shop packed full of gear & helpful advice!

ALL THE TACKLE YOU NEED

LIVE BAIT • STREAMERS
LURES • RODS • REELS & MORE

MAINE FISHING LICENSES & BOAT REGISTRATIONS ALSO SOLD HERE!



(FISHING continued from page 73)

Casco, Oxford

- Stocked
- Trailered boat access at south end, off the Heath Road, adjacent to Thompson Lake Marina

* Trickey Pond: Naples

- Slower fishing for trophy-size salmon
- Stocked
- Trailered boat access at south end, off Route 114

DRIVE TO BROOK TROUT PONDS

(Warm water fish also present in listed ponds)

Identification: Brook trout can be distinguished from other members of the trout family by the dark, wavy, worm-like line on their back. The color transitions from olive to orange or red, with scattered red spots bordered by pale blue. Its lower fins are orange or red, each with a white streak and a black streak, and its underside is a milky white.

* Adams Pond: Bridgton

• Occasionally produces quality-size trout

- Hand carry boat access at the pond's outlet
- Coffee Pond: Casco
- Occasionally produces quality-size trout
- Trailered boat access (unimproved) for small boats at Pond's Outlet (limited road shoulder parking)

Cold Rain Pond: Naples

- Undeveloped pond
- Hand carry access off Tiger Hill Road (unimproved road)

RIVERS AND STREAMS FOR BROOK TROUT & BROWN TROUT

Brown Trout Identification: Usually coloration is light brown or tawny with pronounced black spots on the back, sides and head. Spots are often surrounded with reddish halo, along with reddish spots on the sides. The caudal tail fin is primarily squared with a slight fork.

* Muddy River: Naples

- Stocked and wild brook trout
- Fish upstream of Lake House Road
- * Pleasant River, Windham
- Stocked brown trout
- Presumpscot River(section

(SEE FISHING continued on page 75)



BOAT TOWING SERVICE ON SEBAGO LAKE

- Towing
- Fuel Drops
- Jump Starts
- Stuck Anchor Removal
- Salvage
- Mooring Inspections
 - **Mooring Installation**
 - + More!











Scan the QR Code and Become a member today!

WE ARE ACCEPTING
MEMBERSHIPS BY PHONE,
OR ONLINE AT

TOWSEBAGO.COM

(207)-800-0200

(FISHING continued from page 74) between Sebago Lake & North Gorham Pond): Windham

- Stocked brook trout
- Occasionally stocked with brown
- Open year round, fly fishing only

FLY FISHING ONLY: SMALL BROOKS & STREAMS WILD **BROOK TROUT**

- * Mile Brook: Casco
- Wild brook trout
- Big Ossipee River: Hiram, Oxford County
- Downstream of Kezar Falls Dam
- Carry in/walk access
- * Brandy Brook: New Gloucester
- Walk-in access
- ***** Collyer Brook: Gray
- Walk-in access

Little Androscoggin River: Oxford, below Route 26, Mechanic Falls

- Carry-in/walk-in access with fishing below hydro projects
- North Branch of Little River and Tributaries: Gorham
- Walk-in access
- * Pleasant River: Windham
- Carry-in/Walk-in access

* Presumpscot River: Windham, Gorham

- Carry-in/walk-in access
- Fish trout/salmon below hydro dams, Windham (Route 35 bypass)
- Fish trout/salmon, Gorham below Mallison Dam and below Dundee

SPLAKE LAKES/ **PONDS**

Identification: Splake and brook trout have very similar coloration patterns, making it very difficult for the untrained eye to distinguish between the two species. Splake tend to have a slight fork in the tail, a trait passed down from its lake trout parent, while brook trout tend to have no fork or "square" tails.

- * Trickey Pond: Naples
- Trailered boat access off Route 114

BROWN TROUT LAKES

ID: See description page 74

- ***** Hancock Pond: Denmark, Sebago
- Known for large brown trout, but slow fishing

(SEE FISHING continued on page 76)

Togue & Pike Derby





BOOK A STAY & SAVE LAKESIDE LODGING PACKAGE!

Derby Tickets: Check or cash. \$35/adult, \$15/kids under 16.

Proceeds support Youth Lifetime Fishing Licenses

REGISTER AT: Naples Bait & Tackle, Route 35 Naples; Jordan's Store, Sebago; Dag's Bait & Tackle, Auburn; or Hilltop Mini Mart, Raymond

To learn more about the derby or our Association contact Kevin Ronan at 207-838-4855 or email: kronan388@gmail.com

Follow Sebago Lake Anglers Association on Facebook for updates

naples, maine

PROUD TO BE HOME TO THE LARGEST BOAT RENTALS OPERATION IN THE STATE!

We also rent wakeboards, tubes, water skis & more!







+ SERVICE, SLIPS, ON-THE-WATER FUEL, HAULING, STORAGE, & WINTERIZATION!

ALSO SEE US FOR BOAT SALES FEATURING TOP-OF-THE LINE BRANDS....







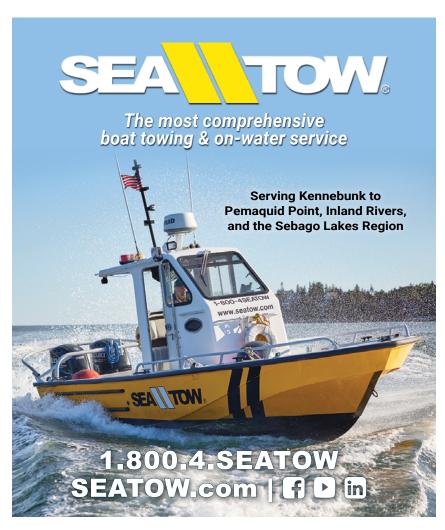
We deliver to area lakes & ponds

*Requires a 3 day minimum

Located on Brandy Pond, between Long Lake and Sebago Lake, our full-service marina offers the longest fuel dock (130') in the Lakes region!

Family Owned & Operated Since 1989

780 Roosevelt Trail, Rte 302, Naples• 207-693-6832 • CausewayMarina.com 🚯



(FISHING continued from page 75)

- Trailered boat access at north end, off Hancock Pond Road
- * Little Sebago Lake: Windham, Gray
- Trailered boat access near southwest shore, off Mount Hunger Road
- ***** Long Lake: Naples, Harrison
- Trailered boat access to the west (*Plummer Landing*) and to the north off Route 35 in the Villages of Harrison, Long Pond, and Parsonsfield
- Trailered boat access near Pond outlet off "Road Between the Ponds."

BASS FISHING

Identification: Largemouths are dark olive green on the back with light green sides shading to a white belly. A dark mottled band extends along the sides. The upper part of the mouth extends past the eye. Smallmouth bass are similar in appearance, but the upper jaw ends below the eye.

* Hancock Pond: Denmark, Sebago

- Largemouth present and small-mouths very abundant
- Trailered boat access at north end, off Hancock Pond Road
- * Highland Lake: Bridgton
- Largemouth and smallmouth bass

- Trailered boat access near lake outlet
- Little Sebago Lake: Windham, Gray
- Largemouth and smallmouth bass
- Trailered boat access near southwest shore, off Mount Hunger Road
- *** Long Lake: Naples, Harrison**
- Largemouth and smallmouth bass
- Trailered boat access to the west (Plummer Landing) and to the north, off Route 35 in the Village of Harrison

***** Moose Pond: Bridgton

- Largemouth and smallmouth bass
- Produced Maine's record 11 pound, 10-ounce largemouth bass
- Trailered boat access to the north, off Route 302

* Thomas Pond: Casco

- Largemouth and Smallmouth bass
- Unimproved gravel launch provides trailered boat access for small boats off the south side of Route 302

* Thompson Lake: Casco, Oxford

- Largemouth present, but better known for smallmouth bass
- Produced Maine's record 8 pound smallmouth bass
- Trailered boat access off Heath

(SEE FISHING continued on page 77)



(FISHING continued from page 76)

Road, adjacent to Thompson Lake Marina

* Lovewell Pond: Fryeburg

- Largemouth and smallmouth bass
- Trailered boat access off Route 5 and Route 113
- Improved launch

FAMILY FISHING OPPORTUNITIES

(Bass, Sunfish, Perch, Chain Pickerel, Bullhead)

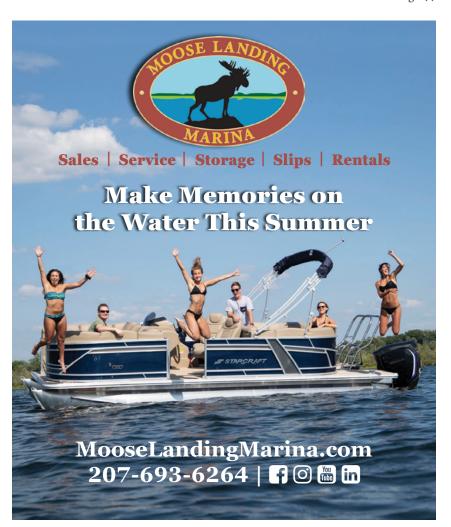
- ***** Otter Pond: Bridgton
- Hand carry boat access near outlet (privately owned). Limited road shoulder parking on an unimproved road
- * Otter Ponds (1,2,3 and 4): Standish
- Walk-in access across Portland Water District (PWD) lands to fish these four ponds. (PWD use permit needed available permit kiosks on site)
- Otter Ponds 2 and 4 also provide catchable brook trout
- * Sticky River: (that portion flowing by Sebago Lake), Standish
- Shore access, off Route 114 picnic area and railroad trestle (PWD use permit needed available permit kiosks on site)

PRIVATE LANDS

Many of Maine's fisheries can only be accessed by using private lands. In order to continue to enjoy the pleasures of our valuable natural resources it is crucial that you treat all lands you use with respect. Always carry in, carry out and try to leave the woods and waters better than you found them. Always obey the law, be safe and ethical, and report any land abuse that you witness. Land abuse is a very serious problem in Maine, and each year, access to private property is lost because of it. Put yourself in the landowner's shoes and help ensure that violators are prosecuted. If you see a violation occurring, contact Operation Game Thief at 1(800)253-7887.

ILLEGAL INTRODUCTIONS

Illegal introductions can destroy native fish populations and alter the ecology of Maine's waters, forever. Introducing any fish species or possessing or transporting any live fish (except baitfish) is illegal. These are Class E Crimes punishable by a fine of \$10,000 and may result in the suspension of all licenses. **





THE ONLY TWO
WATERFRONT COMPANIES
YOU'LL EVER NEED!

Over 30 Years Experience

SEBACO MARINE CRANE & BARGE

> Certified Maine D.E.P. Contractor in

> > **Erosion Control**

We've saved

thousands of feet of shoreline!

Custom Wood & Aluminum Docks MANUFACTURED IN WINDHAM!

Stationary Docks • Floating Docks • Roll-A-Docks Stairs & Ramps • Kayak & Canoe Racks & more



WE CARRY AWARD-WINNING BOAT LIFTS & COVERS BY:



Boat Houses • Permanent Docks • Rock Moving
Pile Driving • Full Permitting • Dredging • Portable Welding
2,000lb. HD Mooring Systems • Boat Recovery & more

When buying a dock choose a company that performs services after the sale, choose Dock World!

CALL FOR A FREE QUOTE

Locally owned & operated by Del Wescott

976 ROOSEVELT TRAIL, WINDHAM • 207-892-5500 • SEBAGOMARINE.ORG • OPEN MON - FRI 8AM TO 4PM

BOATING

Abide by regulations to ensure safety

By Dina Mendros

Whether power boating on Sebago Lake, Maine's second largest and deepest lake, kayaking on Crystal Lake in Gray, canoeing on Raymond's Crescent Lake or sailing on Trickey Pond in Naples, following the state's rules and regulations is all important to making the most of having a safe and fun-filled adventure on Maine's waterways.

To ensure a safe boating experience, the state has enacted laws, rules and regulations that need to be followed when boating in all Maine lakes, ponds, rivers, streams, and 3 nautical miles offshore. One measure to ensure safe boating that went into effect last year requires young boaters to take a boating safety class. In addition, a booklet on boating laws and responsibilities can be found on-



line on the state website at: www.maine.gov/ifw or scan the code above to bring you directly to the PDF of 'The Boaters Guide to Maine Boating Laws and Responsibilities'.

Here are some of the highlights.

- Avoiding drinking and making sure to wear a life jacket are key to safe boating. Not following those two rules are the leading causes of accidents and fatalities on the water.
- One life jacket per person on board is required on any type of watercraft from kayaks and paddleboards to larger motorboats. They should be worn; and for children under 10 and those on a personal watercraft, like a jet ski, wearing a life jacket is the law. "Recent year averages show that 90 percent of drowning victims were not wearing a life jacket," according to Lt. Jason Luce of the Maine Department of Inland Fisheries and Wildlife.
- Wearing an engine cut off switch is also a good idea to ensure safety, Luce

said. This switch, which is tethered to the operator's wrist, is used to stop an engine if the watercraft operator goes overboard. For those operating a personal watercraft, using an engine cut off switch is required.

• Before heading out, make sure your watercraft is registered, fueled up, in good running order and that weather conditions are favorable. Follow the weight and number of people aboard capacities, make sure that your watercraft is clean and free from debris in order to protect Maine waters from invasive species and pollution, and provide a float plan to a relative or friend that includes the registration number and description of the watercraft, your route and planned departure and return times, as well the name and number with an emergency contact of those aboard.

To familiarize yourself with boating rules, people are encouraged to take a boater safety course. As of Jan. 1, 2024, the course became a requirement in Maine for anyone born after Jan. 1, 1999 who wants to operate a motorboat with a 25-horsepower engine or greater or is operating a personal watercraft. The course can be taken in person or online. To find out more, go to: maine. gov/ifw under the programs and resources > educational programs tab.

In addition to taking a boater safety course, a person born after Jan. 1, 1999, is also required to be at least 16 years of age to operate a personal watercraft in the state or to supervise a person under 12 years of age who is operating a motorboat.

Aside from the rules and responsibilities, Lt. Luce emphasizes that "being courteous" to other boaters and property owners is of the utmost importance. "Unlike a paved road, there's no center line. There's no fog line. So, you've got to be courteous, and you've got to pay attention to everything going on around you and be respectful of property owners, shoreline owners and other boaters." **



DON'T LET VEHICLE TROUBLES RUIN YOUR MAINE VACATION!

auto c get y

From service & repairs to auto collisions, count on Aplus to get you back on the road fast!!

AUTO SERVICE

We work on all makes & models!

COLLISION REPAIR

We work with all insurance companies & offer free estimates!





LEARNMORE AT:
Aplus Auto Group.com

SCAN HERE TO SHOP OUR CURRENT INVENTORY

Or come see us in person M-F 9-6, Sat 9-3 or by appt



SERVICE: 299 Roosevelt Tr, Casco • 207-550-1559 • SERVICE: 968 Roosevelt Tr, Windham • 207-572-4444 📢

(CALENDAR continued from page 38)

Echo Land Trust leads a history walk at Peabody-Fitch Woods and Narramissic Farm in Bridgton. There is an option for a house tour as well. Participants can bring a bagged lunch. Presented in partnership with the Bridgton Historical Society. Free, donations welcomed. No registration needed. www.lelt.org

** Shrek the Musical 7 p.m. A hilarious, heartwarming fairy tale where the unexpected shines. Deertrees Theatre, Harrison www. deertrees-theatre.org

JUNE 21

- * Windham Summerfest This year's theme is "Summerfest Live in 2025." The annual Summerfest Parade starts at noon at the Windham Town Hall and activities and events follow at 1 p.m. behind Windham High School with food, crafts, business booths, demonstrations, live music, games, and inflatables. Fireworks close out the day at dusk. www.windhamsummerfest.com
- * Shrek the Musical 7 p.m. A hilarious, heartwarming fairy tale. Deertrees Theatre, Harrison deertrees-theatre.org

* Heather Maloney with High Tea concert 7:30 p.m. to 9:30 p.m. Heather Maloney is a singer-songwriter who has received numerous accolades for her signature brand of endearing, powerful folk songs. The Hayloft at Dragon Barn, Bridgton www. hayloftatdragonfly.com

JUNE 22

** Shrek the Musical 4 p.m. Shrek the Musical is a hilarious, heartwarming fairy tale where the unexpected shines. Curses are broken, monsters become heroes, donkeys and dragons fall in love, and princesses prove beauty comes in all forms. Deertrees Theatre, Harrison deertrees-theatre.org

JUNE 26

- ** Little Sebago Lake Annual Pirate Parade 9 a.m. to noon. Boat parade on Little Sebago Lake in Windham and Gray.
- * SRT Maine Roots Music Festival 7 p.m. The Don Roy Trio and at 8:30 p.m. The Blueliners appearing in concert at a festival showcasing Maine musicians and bands playing traditional music

across a variety of genres. Saco River Theatre, 29 Salmon Falls Road, Buxton. www.sacorivertheatre.org

JUNE 27

- ** SRT Maine Roots Music Festival 7 p.m. Casco Bay Tummlers and at 8:30 p.m. Duquette appearing in concert during a festival showcasing Maine musicians and bands playing traditional music across a variety of genres. Saco River Theatre, 29 Salmon Falls Road, Buxton. www.sacorivertheatre.org
- ** Shrek the Musical 7 p.m. A hilarious, heartwarming fairy tale where the unexpected shines. Deertrees Theatre, Harrison deertrees-theatre.org

JUNE 28

** SRT Maine Roots Music Festival 7 p.m. Haggard and Cash and at 8:30 p.m. Jennifer Porter appearing in concert during a festival showcasing Maine musicians and bands playing traditional music across a variety of genres. Saco River Theatre, 29 Salmon Falls Road, Buxton. www.sacorivertheatre.org

(SEE CALENDAR continued on page 82)







STATE-OF-THE-ART TOUCHLESS WASH

O FASTEST, MOST EFFICIENT WASH ON THE MARKET

ECO-FRIENDLY ECO-WASH

VERSATILITY to wash the smallest cars

to the longest double cab pickups and even dually's!





SELF-SERVE VACUUMS, VENDING & BAYS WITH QUEST PRODUCTS

Optional foam wax and ceramic clear coat applications available.

WE ALSO OFFER COMPLETE INTERIOR & EXTERIOR

DETAILING



FOR CARS, TRUCKS, **BOATS, & MOTORCYLES**

Various packages available from express to full-service reconditioning. Our detailer is Certified as an Auto Detailing Craftsman by The Detail King Auto Detailing Training Institute

See our website for details and pricing.





FOR AN IMMACULATE SHINE, **CONTACT US TO SCHEDULE YOUR SUMMER DETAIL!**

207-655-4643

or email:

raymondcarwash.detail@gmail.com



1249 ROOSEVELT TRAIL, **ROUTE 302, RAYMOND FOLLOW US ON FACEBOOK**







LOCALLY OWNED AND OPERATED

(CALENDAR continued from page 80)

Shrek the Musical 7 p.m. A hilarious, heartwarming fairy tale where the unexpected shines. Harrison Deertrees Theatre, deertrees-theatre.org

JUNE 29

- * Shrek the Musical 4 p.m. Curses are broken, monsters become heroes, donkeys and dragons fall in love, and princesses prove beauty comes in all forms. Deertrees Theatre, Harrison deertrees-theatre.org
- SRT Maine Roots Music Festival 7 p.m. Denny Breau and 8:30 p.m. a Group Jam with festival musicians appearing in concert during a festival showcasing Maine musicians and bands playing traditional music across a variety of genres. Saco River Theatre, 29 Salmon Falls Road, Buxton. www. sacorivertheatre.org

JULY 1

Tacos and Trivia 6 p.m. Indulge in delicious tacos while testing your knowledge. Bring your appetite and your A-game for an evening filled with fun, food, and friendly competition in the Salt Lick Café at Deertrees Theatre, Harrison deertrees-theatre.org

JULY 4

Fourth of July Celebrations July 4 fireworks, road races, strawberry festivals. Naples, Bridgton, and other local towns offer parades, races, dinners, and fireworks throughout the weekend.

JULY 5

* The Clements Brothers concert 7:30 p.m. to 9:30 p.m. With roots in roots, rock, bluegrass, jazz, and classical influences, identical twins Charles and George Clements perform in a fusion of each other's musical journey. The Hayloft at Dragon Barn, Bridgton www.hayloftatdragonfly.com

JULY 9

* Windham Summer Concert Series 6:30 to 8:30 p.m. The Lynn Deeves Trio concert. The Lynn Deeves Trio performs original music and merges folk, blues, gospel influences. Dundee Park, 79 Presumpscot Road. Free admission after 5 p.m. www. windhamrecreation.com

JULY 12

- * Nashville Review: A concert with Jonathan Sarty and the New Country Gentlemen 7 p.m. An homage to American Country Music, the music which came from Nashville and the southern US between the 1930s and the 1970s. Deertrees Theatre, Harrison deertrees-theatre.org
- * Sam Robbins concert 7:30 p.m. to 9:30 p.m. Growing prowess on acoustic guitar through the years of touring has earned Sam Robbins a large fanbase of fingerstyle guitar fans. The Hayloft at Dragon Barn, Bridgton www. hayloftatdragonfly.com

JULY 13

* 19th Music Without Borders International Piano Festival

3 p.m. Young pianists from the U.S., Canada, and Europe perform music they have learned while studying in Maine. The Hayloft at Dragonfly Barn, Bridgton. www. hayloftatdragonfly.com

JULY 14

Camp Encore Coda's Faculty and Student Ensemble Concert **7 p.m.** The staff and students of Camp Encore Coda, a musiccentered summer camp experience, present a 20-piece chamber orchestra concert. Performance benefits Lake Environmental Assoc., protecting the waters and watersheds in the region. Deertrees Theatre, Harrison deertrees-theatre.org

JULY 15

Sebago-Long Lake Music Festival 07 p.m. Chamber music festival featuring instrumental combinations from different periods ranging from the 17th century to the present. Deertrees Theatre, Harrison sebagomusicfestival.org

JULY 16

* Windham Summer Concert Series 6:30 to 8:30 p.m. North River concert. Plays classic and Southern rock covers, as well as original songs by guitarist/ vocalist, Brian Lynch. Dundee Park, 79 Presumpscot Road. Free admission after 5 p.m. www. windhamrecreation.com

JULY 17

Susie Pepper and Ali Butler

(SEE CALENDAR continued on page 84)



FOR OIL CHANGES, TIRE SERVICE, **MAINTENANCE & REPAIRS!**

Quality lubricants & parts for every type vehicle - even diesels!

Stop in for an oil change (first-come basis) or call for an appt.

207-892-5695 www.mobil1maine.com 682 Roosevelt Trail, Windham • Open Mon-Fri 8am-5pm, Sat 8am-3pm

CLASSY CHASSIE

Stop by next door for a drive-thru car wash & self serve vaccuum or book a complete detail appt.

Honesty, Integrity, and Understanding

From routine maintenance to unexpected repairs while you are away from home, providing exceptional customer service is always our focus.

COMPLETE CAR CARE FOR BOTH FOREIGN & DOMESTIC VEHICLES



- ★ Free with your qualifying repair
- ★ Covers parts & labor for 24 mo./24,000 mi.
- Honored at more than 14,000 NAPA autocare centers nationwide



385 Roosevelt Trail (at the Rotary) Windham, ME • 207-892-1212



WINDHAMAUTOMOTIVEME.COM

Family Owned & Operated

- TRUSTED SERVICE SINCE 1991 -



YOUR TRUSTED VACATION GROOMER... BECAUSE DOGS DESERVE SPA DAYS TOO!



ALWAYS ONE-ON-ONE GROOMING

Straight thru with no kennel drying!

Includes: a premium lavender shampoo & conditioner, facial scrub treatment, nail grinding, ear cleaning, & tooth brushing.

Ask about the shedless treatment!

We groom all breeds. Go to booking tab online for prices/details



FOR A SIMPLER FASTER CLEAN, BOOK AN APPT. AT THE

SUDS BAR!

Perfect for a quick & affordable bath after a day of swimming!

Includes: a shampoo, conditioner, ear cleaning to remove moisture & a towel dry.*

*For dogs with less than 2"of 'fluff' and without severe matting or packing. Appointment required

1263 Roosevelt Trail, Raymond • 207-655-6226 111 Ossipee Trail East, Standish (Hannaford Plaza) • 207-572-4084

we're voted the area's #1 Groomer by Windham Eagle readers!

Come see why

A

(CALENDAR continued from page 82)

Sing Movie Magic 11 a.m. In a fabulous show for children, Susie Pepper and her amazing twin sister Ali Butler bring their voices and unmatchable energy to this concert perfect for families and kids from 2 to 80 years old. Susie and Ali will have everyone singing and dancing to some catchy tunes from the movies you love. Deertrees Theatre, Harrison deertrees-theatre.org

JULY 18

* Yarmouth Clam Festival

Opens at 10 a.m. with great food, music and tons of fun events for the whole family. clamfestival.com

- ** Sebago Days 3 p.m. to 10 p.m. Food and vendor booths, amusement rides, raffles, and more. Car show 5 to 8 p.m. Located at the junction of Routes 114 and 11 in Sebago, behind the elementary school in Sebago. For full schedule see ad on page 38 or visit www. sebagodays.com and find them on Facebook under sebagodays.
- * Susie Pepper and Ali Butler Dynamic DUETS 7 p.m. Susie

Pepper with twin sister Ali Butler and The Mixology band will perform a one-of-a-kind concert featuring soaring DUETS that showcase their harmonies. Deertrees Theatre, Harrison deertrees-theatre.org

JULY 19

* Yarmouth Clam Festival

Festival begins with breakfast at 7 a.m. Enjoy great food, rides, amusements arts and crafts, live music and lots more. Fireworks at 9 p.m. clamfestival.com

- ** Sebago Days 8 a.m. to 10 p.m. Food, vendor booths, rides, raffles, and more. Yard sale, book/bake sale at 8 a.m. Grand parade at 10 a.m. Located at the junction of Routes 114 and 11 in Sebago, behind the elementary school. For full schedule see ad on page 38, visit www.sebagodays.com and find them on Facebook under sebagodays.
- ** Christmas in July Boat Parade 8:45 p.m. Boats decorated with Christmas lights. Participate on Long Lake or view from the causeway www.townofnaples.org

THANK YOU FOR SUPPORTING OUR LOCAL ADVERTISERS

JULY 20

* Yarmouth Clam Festival

Annual festival begins with a 7 to 10 a.m. pancake breakfast. Food, rides, free entertainment and much more. Closes at 4 p.m. clamfestival.com

- ** Sebago Days 8 a.m. to 4 p.m. Food and vendor booths, amusement rides, bonus raffle drawings, 50/50 raffle and more. 5K run/walk beings at 8 a.m. Kiddie parade at 1 p.m. Located at the junction of Routes 114 and 11 in Sebago, behind the elementary school in Sebago. For full schedule see ad on page 38, visit www. sebagodays.com and find them on Facebook under sebagodays.
- ** Mark Erelli concert 7:30 p.m. to 9:30 p.m. American singersongwriter and guitarist Mark Erelli is known for his distinctive blend of rock, folk, and Americana music. The Hayloft at Dragon Barn, Bridgton www.hayloftatdragonfly.com

JULY 22

* Sebago-Long Lake Music Festival 7 p.m. Chamber music festival featuring instrumental

(SEE CALENDAR continued on page 86)







PELSUPPLIES-PLUS - CROCKING

770 Roosevelt Trail, Suite 2, North Windham Open Mon-Fri 9am-7pm, Sat 9am-6pm, Sun 10am-6pm

10 207-292-4017 • PetSuppliesPlus.com

A Huge Selection of Food, Toys, Treats, & Accessories for All Types of Pets

Friendly Staff, Easy Parking!

Sign up for our Free Rewards Program to Save on Products & Services!



GROOMING & NAIL TRIMS BY APPOINTMENT

PET DENTAL EMERGENCY?

Whether it's a broken tooth, a mouth abscess or other oral injury, we can help!

We provide quality dentistry services for cats & dogs.

- Comprehensive Oral Health Assessment & Treatment (RECOMMENDED YEARLY) Every patient receives full mouth dental x-rays, a full oral exam including probing & charting, ultrasonic scaling above and below the gumline and polishing of every tooth.
- Oral surgery Tooth Extractions & Tumor Resection
- Tooth Restorations: Composite & Bonding
- Gingival Hyperplasia Resection (When gum tissue overgrows & covers tooth)
- **♥ Stomatitis Treatment** (Inflammation of the mouth) **♥ Jaw Fractures**
- ♥ Dental Malocclusions ♥ Root Canals & more



This is fast, safe & effective advanced 3D images of an animal's entire skull to identify issues beyond the teeth & mouth such as sinus infections, ear problems, & even early signs of cancer!



Sign up for our newsletter for tips on how to Improve your pet's oral health



Get hygiene tips & advice @mainelyvetdentistry



Our care will make you and your pet smile!



Instant approvals & payment plans as low as 0% APR.

Call to schedule your consultation 207-481-8232 Mainely Vet Dentistry.com

158 Roosevelt Trail, Route 302, Windham Open Mon-Thurs 7:30am-5:30pm





A large selection of quality foods, gourmet treats, apparel, collars, leads, bowls, toys, boutique items, shampoos, pet first aid, and MUCH MORE!



(CALENDAR continued from page 84) combinations from different periods ranging from the 17th century to the present. Deertrees Theatre, Harrison www.sebagomusicfestival.org

JULY 23

** Windham Summer Concert Series 6:30 to 8:30 p.m. Jack Fossett concert. Guitarist, singer and songwriter Jack Fossett performs original Americana, rock and blues tunes. Dundee Park, 79 Presumpscot Road. Free admission after 5 p.m. www.windhamrecreation.com

JULY 24

*** Casco Days** Rides, a parade, fun, food, vendors, carnival games on the Midway and live entertainment, Casco. For schedule visit www. cascodays. com and on Facebook

JULY 25

** Edie Carey concert 7:30 to 9:30 p.m. Singer-songwriter Edie Carey is known for her unmistakable, soulful voice, her intelligent, heartgrabbing songs. The Hayloft at Dragon Barn, Bridgton www. hayloftatdragonfly.com

You're a Good Man Charlie

Portland

- **Brown 7 p.m.** This production of brings Charles Schulz's beloved Peanuts gang to vibrant life in this charming, laugh-filled musical comedy by Clark Gesner. Everyone's favorite Peanuts characters are here. Deertrees Theatre, Harrison deertrees-theatre.org/
- *** Casco Days** Rides, a parade, fun, food, vendors, carnival games on the Midway and live entertainment, Casco. For schedule visit www. cascodays. com and on Facebook

JULY 26

- ** You're a Good Man Charlie Brown 7 p.m. Alaugh-filled musical comedy by Clark Gesner. Everyone's favorite Peanuts characters are here. Deertrees Theatre, Harrison www. deertrees-theatre.org
- *** Casco Days** Rides, a parade, fun, food, vendors, carnival games on the Midway and live entertainment, Casco. For schedule visit www. cascodays. com and on Facebook

JULY 27

* You're a Good Man Charlie Brown 4 p.m. This production brings Charles Schulz's Peanuts (SEE CALENDAR continued on page 87)

Portland Veterinary Emergency and Specialty Care



EMERGENCY COVERAGE AT WARREN AVENUE LOCATION

Portland

(CALENDAR continued from page 86)

gang to vibrant life in this charming, laugh-filled musical comedy by Clark Gesner. Deertrees Theatre, Harrison www.deertrees-theatre.org

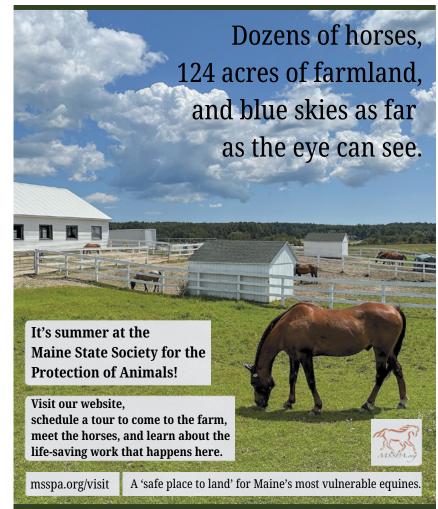
JULY 29

Sebago-Long Lake Music Festival 7 p.m. Chamber music featuring instrumental combinations from different periods ranging from the 17th century to the present. Deertrees Theatre, Harrison www.sebagomusicfestival.org

#EAGLESUMMERGUIDE

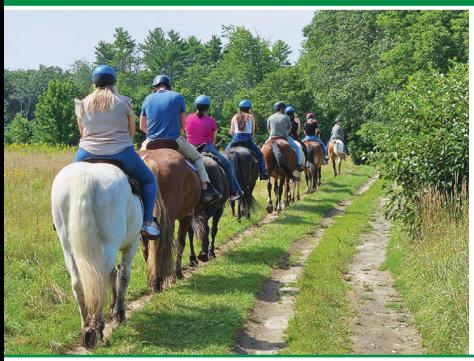
JULY 30

- * Windham Summer Concert Series 6:30 to 8:30 p.m. Jimmy Macisso Band concert. A trio featuring three-part harmonies covering 60 years of popular music. Dundee Park, 79 Presumpscot Road. Free admission after 5 p.m. www. windhamrecreation.com
- * Maine Lobster Festival Noon to 10 p.m. What started as an idea for a local marine festival to revive Midcoast Maine communities has (SEE CALENDAR continued on page 88)





Horseback Riding in Maine



~ Beautiful Views ~ ~ Wildlife Abounds ~ ~ Unforgettable Memories ~

ALL LEVEL RIDERS WELCOME

Age & weight restrictions apply & guidelines vary depending on rides chosen. See details on our website.

> **BEGINNER RIDES** First time riders encouraged! SUNSET RIDES PRIVATE RIDES

RIDES BY RESERVATION ONLY

Use online reservation form on our website Questions? Call 207-627-4471

CAROUSEL HORSE FARM www.chfmaine.com

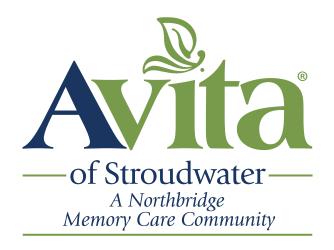


Casco, Maine

Assisted Living Specializing in Memory Care



All Avita residents enjoy quality care, engaging programs, delicious Eat Fresh, Eat Local meals and more! All families enjoy peace of mind knowing their loved one is safe in a secure, home-like setting with the support of a care team.



Ask about our Living Well Adult Day Program

Benefits include:

- A gradual transition into life as a full time Avita resident.
- Enjoy a full calendar of engaging programs.
- Time for you, the caregiver, to take a much needed break, rest & relax.

To learn more about Avita, call Cally: 207.857.7438

Visit us at 113 Landing Road | Westbrook, ME AvitaofStroudwater.com





(CALENDAR continued from page 87) turned into five days of fun and feasting during an internationally recognized celebration of local seafood. Held at Rockland's Harbor Park on Maine Street in Rockland. www.mainelobsterfestival.com

JULY 31

** Maine Lobster Festival 8:30 a.m. to 11:30 p.m. A celebration of local seafood, artisans, live entertainment and more. Held at Rockland's Harbor Park on Maine Street in Rockland. See schedule at www.mainelobsterfestival.com

AUGUST 1

- ** Maine Lobster Festival 8:30 a.m. to 11:30 p.m. A celebration of local seafood, artisans, live entertainment and more. Held at Rockland's Harbor Park on Maine Street in Rockland. See schedule at www.mainelobsterfestival.com
- * You're a Good Man Charlie Brown 7 p.m. This production of You're a Good Man, Charlie Brown brings Charles Schulz's beloved Peanuts gang to vibrant life in this charming, laugh-filled musical

comedy by Clark Gesner. Deertrees Theatre, Harrison www.deertreestheatre.org

AUGUST 2

- ** Maine Lobster Festival 8:30 a.m. to 11:30 p.m. A celebration of local seafood, artisans, live entertainment and more. Held at Rockland's Harbor Park on Maine Street in Rockland. See schedule at www.mainelobsterfestival.com
- ** Standish Summer Spectacular 1:30 p.m. Family event at 670 Ossipee Trail West in Standish features a parade, food trucks and snacks, bounce houses, a rock wall, a petting zoo, face painting and more. The parade starts at 11 a.m. at the Standish Congregational Church and ends at Randall Orchard. www. standish.org/parks-recreation
- ** You're a Good Man Charlie Brown 7 p.m. Everyone's favorite Peanuts characters are here. Deertrees Theatre, Harrison deertrees-theatre.org

AUGUST 3

* Maine Lobster Festival 8:30 (SEE CALENDAR continued on page 90)

The **HAYLOFT** at **AVAILABLE FOR** 2025 Music Series PRIVATE EVENTS JOE CROOKSTON - SAT, MAY 31 LISTENING ROOM Jove always **ELLIS PAUL - SAT, JUN 7** WELL VENTILATED BRIDGTON ANTJE DUVEKOT - SAT, JUN 14 HEAT AND A/C AMPLE PARKING **HEATHER MALONEY W / HIGH TEA - SAT, JUN 21** THE CLEMENTS BROTHERS - SAT, JUL 5 SAM ROBBINS - SAT, JUL 12 MUSIC WITHOUT BORDERS - SUN, JUL 13 MARK ERELLI - JUL 20 **EDIE CAREY - FRI, JUL 25 HEATHER PIERSON TRIO - SAT, AUG 9 ELEANOR AND DARIO - SAT, AUG 16** DOORS OPEN AT 7:00 PM SHOW STARTS AT 7:30 PM LOCAL ARTISTS SPOTLIGHT - SAT. AUG 23 TICKETS AVAILABLE ONLINE: www.hayloftatdragonfly.com MORE INFO: events@hayloftatdragonfly.com 207-749-6160

Experience GOLF Like No Other



New England Golf Course of the Year 2021!

Selected by the NE Golf Course Owners Association

- Complete Pro Shop
- Rental Clubs
- Private & Group Lessons
- Junior Clinics
- Practice Tee & Green
- Players' Lounge
 - 16 BEERS ON TAP (Many Maine Craft Beers)

Private Banquet Facilities perfect for Weddings, Receptions and more

59 Lewiston Road, Gray • 207-657-2586

Reserve your Tee Time Online at: SpringMeadowsGolf.com



EXPLORE THE RICH CULTURE AND WORK HISTORY OF THE LAKES REGION WITH THE



Raymond-Casco Historical Society Museum



Now home to the 19th Century

WATKINS BLACKSMITH SHOP

The blacksmith shop is among the oldest in Maine!

CAMPUS OPEN FOR TOURS & DEMOS SATURDAYS & SUNDAYS **NOON-3PM** June 7 thru early Sept.

Follow us online for

Summer Events and News



Shadow Lane, Casco (off Route 302 near the Casco/Naples line) raymondcascohistoricalsociety.org ~ Follow us on Facebook Contact us for group tours 207-655-6389

(CALENDAR continued from page 89)

a.m. to 6:30 p.m. A celebration of local seafood, artisans, live entertainment and more. Held at Rockland's Harbor Park on Maine Street in Rockland. See schedule at www.mainelobsterfestival.com

* You're a Good Man Charlie Brown 4 p.m. This production brings Charles Schulz's beloved Peanuts gang to vibrant life in this charming, laugh-filled musical comedy by Clark Gesner. Deertrees Theatre, Harrison www.deertreestheatre.org

AUGUST 5

Sebago-Long Lake Music Festival 7 p.m. Chamber music festival featuring instrumental combinations from different periods ranging from the 17th century to the present. Deertrees Theatre, Harrison www.sebagomusicfestival.org

AUGUST 8

* Four Old Broads 7 p.m. A comedy production reminiscent of television's The Golden Girls with geriatric women front and center trying to solve a mystery and ensuing

hilarity. Deertrees Theatre, Harrison www.deertrees-theatre.org

Classic Watercraft Parade

7 p.m. View classic watercraft and boats for free as they parade from Brandy Pond under the Causeway Bridge to the Naples town docks. www.townofnaples.org

AUGUST 9

- ***** Gray Wild Blueberry Festival 9:30 a.m. to 3:30 p.m. The 9th Annual Gray Wild Blueberry Festival events include a Blueberry Bake-Off; Blueberry Pie Eating Contest; food trucks and vendors; Community Expo and fundraisers; exhibits and a master beekeeper; corn hole and lawn games; Fun Run Dash and Diaper Derby; horsedrawn wagon rides; sand volleyball courts and a spelling bee. Held at the Henry Pennell Municipal Complex, 24 Main St. in Gray. For full schedule visit www.wildblueberries. me/grayfestival and find them on Facebook
- * Four Old Broads 4 p.m. A comedy production reminiscent of (SEE CALENDAR continued on page 91)



AUGUST 9TH 9:30AM - 3:30PM

Henry Pennell Complex 24 Main Street, Gray

Celebrating Community & Culture!

A FUN FAMILY EVENT FILLED WITH:

- Live Music
- Wild Blueberry Bake-off
- Food Trucks

Pie-eating Contests

- Arts & Crafts
- Wood Carving Demos
- Community Expo
- Plein Air Painting
- Kids Fun Run
- Spelling Bee
- Inflatables
- and much more!

Special Thanks to our 2025 Presenting Sponsors -







Scan for Directions, Map & Complete **Event Schedule**

(CALENDAR continued from page 90) television's The Golden Girls with geriatric women front and center trying to solve a mystery and ensuing hilarity. Deertrees Theatre, Harrison www.deertrees-theatre.org

- ** 32nd Annual Naples Causeway Classic Boat and Auto Show 10 a.m. to 3 p.m. See some of the most iconic cars and boats of the past 70 years displayed for free. Located at the town dock and in front of the famous 1901 Naples Casino building, www.townofnaples.org
- * Heather Pierson Acoustic Trio concert 7:30 p.m. to 9:30 p.m. Heather Pierson's inspiring live performances and growing catalog of releases delve into Americana, blues, New Orleans jazz, vocal chants, instrumental piano, and folk music. The Hayloft at Dragon Barn, Bridgton www.hayloftatdragonfly.com

AUGUST 12

* Sebago-Long Lake Music Festival 7 p.m. Chamber music festival featuring instrumental combinations from different periods

ranging from the 17th century to the present. Deertrees Theatre, Harrison www.sebagomusicfestival.org

AUGUST 15

- ** Eleanor and Dario concert 7:30 p.m. to 9:30 p.m. Charismatic duo Eleanor Dubinsky and Dario Acosta Teich perform a feel-good concert of jazz, Latin, French and original songs. The Hayloft at Dragon Barn, Bridgton www.hayloftatdragonfly.com
- ** Four Old Broads 7 p.m. A comedy production reminiscent of television's The Golden Girls with geriatrics front and center. Deertrees Theatre, Harrison www.deertreestheatre.org

AUGUST 16

** Four Old Broads 7 p.m. A comedy production reminiscent of television's The Golden Girls with geriatrics front and center trying to solve a mystery and ensuing hilarity. Deertrees Theatre, Harrison www. deertrees-theatre.org

(SEE CALENDAR continued on page 92)

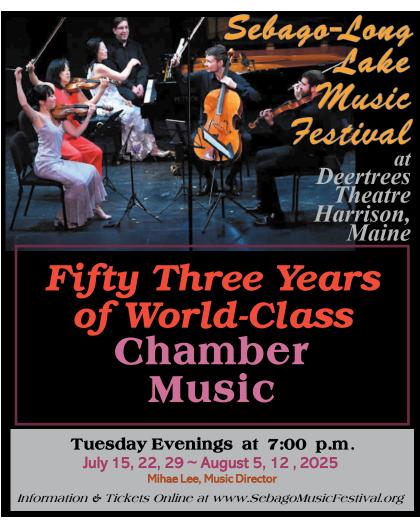
#EAGLESUMMERGUIDE



Harrison, ME • deertrees-theatre.org



Page 92 #EAGLESUMMERGUIDE



(CALENDAR continued from page 91)

AUGUST 17

** Four Old Broads 4 p.m. A comedy production reminiscent of television's The Golden Girls with geriatrics front and center trying to solve a mystery and ensuing hilarity. Deertrees Theatre, Harrison www. deertrees-theatre.org

AUGUST 22

** Big Yellow Taxi concert 7 p.m. Created to explore Joni Mitchell's amazing music from its early folk roots to her pop masterpieces to her jazz influenced compositions, Big Yellow Taxi brings Joni's music alive and is New England's premier Joni Mitchell tribute band. Deertrees Theatre, Harrison deertrees-theatre.org

AUGUST 23

** Local Artists Spotlight 7:30 to 9:30 p.m. A gathering of accomplished musicians sharing their gifts to support one of our critical non-profit resource agencies. The Hayloft at Dragon Barn, Bridgton www. hayloftatdragonfly.com

AUGUST 24

The Carpenters... It's Yesterday Once More concert. 4 p.m. Performing artists Katie Connor, Gail Phaneuf, and Patti Hathaway sing your favorites in a performance of The Carpenters' most famous hits at the Deertrees Theatre. Deertrees Theatre, Harrison www.deertreestheatre.org

AUGUST 30

** Karen Morgan Comedy Show 7 p.m. Comedy as seen through the perceptive eyes of a wife and mother while prepared with the tenacity of an attorney and tempered with a dash of southern charm. Deertrees Theatre, Harrison www.deertreestheatre.org

SEPT. 27

Save the date after the summer is over for the Maine Lakes Brewfest Noon to 4 p.m. Get a taste of local beer from dozens of local brewers. Enjoy food vendors, live music, and games. This is a 21+ event. 40 Brag Way in Bridgton at the HAM Athletic Complex. www. gblrcc.org/brewfest **

Perfect Event Venue for Any Special Occasion!



100% OF ALL PROCEEDS

GO BACK TO CENTER

Veterans Appreciation BBQ

Saturday, October 4th

- ★ Tables & chairs for up to 133
- ★ Private Memorial garden provides a picturesque area outdoors
- ★ Save money by preparing food on-site in our stocked kitchen!
- ★ BBQ park & groomed picnic area with two fire pits and horseshoes
- ★ Plenty of on-site parking
- ★ Fully handicapped accessible
- ★ 12'x18' projection screen and a portable sound system available
- ★ Climate control
- ★ Security system for your safety







To reserve your date call 207-892-1159 or email: davidlangway07@yahoo.com



Enjoy Great Company, a Great Meal and Support our Local Veterans Center!



VET COFFEE

every Wednesday 9:00-11:00am

ALL VETERANS WELCOME

LEGION MEMBERS ARE ALSO INVITED TO JOIN US FOR OUR POST MEETINGS the first Wednesday of each month, 5:30PM Social, 6:00PM Meeting

BEAN SUPPERS

Sat. July 26th - 5pm OUR ANNUAL SCHOLARSHIP FUNDRAISER

& Sat. Sept. 20th - 5pm



All Events at Windham Veterans Center Veterans Serving Veterans • www.post148me.org

FMI about these events or membership inquries contact Dave Tanguay 207-892-1306

STONE BARN

STONE BARN AT SEBAGO LAKE

COMMUNITY SUPPERS

289 WHITES BRIDGE ROAD - STANDISH, MAINE - STONEBARNMAINE.COM/EVENTS

SEBAGO LAKE
2025 Season

JUL 23

Harvest Chicken

AUG 6

Maine Raised Beef

AUG 13

Coastline Offerings

AUG 20

Maine Lobstah Boil*

*special offering+ live music!

Cocktails 5:30pm First Course: 6pm



Upcoming Community Events!



OPEN BARN EVENT FOR ENGAGED COUPLES! VENDORS, FOOD TRUCKS + BUBBLES 10AM-2PM

STONE BARN

SEBAGO LAKE

289 WHITES BRIDGE ROAD, STANDISH MAINE

ME June 13

OUTDOOR MOVIE NIGHT: FRIDAY THE 13TH (1980)

FREE June 20

OUTDOOR MOVIE NIGHT: SHREK (2001)

July 18

LIVE MUSIC: ACROSS THE DECADES DANCE PARTY W/DJ B. AULL

July 19

LIVE MUSIC:
PRIMO CUBANO
SALSA DANCING LESSONS!

July 23

COMMUNITY SUPPER: HARVEST CHICKEN

FREE July 25

OUTDOOR MOVIE NIGHT: JAWS (1975)

REJuly 25

LIVE MUSIC: Open Mic Night

FREE July 26

OUTDOOR MOVIE NIGHT: WET HOT AMERICAN SUMMER (2001)

August 6

COMMUNITY SUPPER: MAINE RAISED BEEF

August 8

LIVE MUSIC:

HAGGARD & CASHED
LINE DANCING LESSONS!

August 13

COMMUNITY SUPPER: COASTLINE OFFERINGS

August 15

LIVE MUSIC: TOBY MCALLISTER & THE SIERRA SOUNDS

August 20

COMMUNITY SUPPER: MAINE LOBSTAH BOIL FEAT. DANNY AND JAKE OF THE DAPPER GENTS

TIX + INFO



SUMMER EVENTS AT THE WINDHAM LIBRARY!



217 WINDHAM CENTER ROAD WINDHAM • 207-892-1908

Summer Hours: M & W 10-7; T & Th 10-6; F 9-4 www.windham.lib.me.us

See our website & follow our Facebook page for info, future events, & news on the Summer Reading Program!

LIBRARY AT THE FARMERS' MARKET!

BI-WEEKLY SATURDAYS 9-11:30AM

May 31st, June 14th & 28th, July 12th & 26th, Aug 9th & 23rd **NEW! Storytime with guest readers from 10-11am**

CHILDREN'S PROGRAMS

Story Time (up to age 5) Wed & Thurs, 10:30-11:00 am **Nurturing Playtime** (0-36 months) Tues.10:15-11:15 am

Wonder Wednesdays (ages 5-12) 3-4 pm, June 25th-Aug. 20th

Build-a-Book (ages 5-12) Monday, July 7th, 3-5 pm

Story Time with Horses! (ages 2-7) Wed., July 9th, 10:30-11:30 am

OFF SITE @ Maine State Society for the Protection of Animals

Super Mario Brothers Interactive Movie

Thurs, July 17th, 1-3 pm

Mr. Drew and His Animals Too Fri, July 25th, 2 pm OFF SITE @ Windham Middle School

Smoothie Making (grades 2-6) Mon, Aug, 18th, 1-2:30 pm

TEEN PROGRAMS GRADES 7-12

Teen Crafternoon: Tues, June 10th, July 8th, Aug. 12th @ 3 pm **Anime Club**: Tues, June 17th, July 15th, Aug. 19th, 3-5 pm

Pizza, Pages, Productions Book Club June 24th, July 22nd, August 26th @ 3 pm Video Game Free Play: Tues, July 29th, 3 pm

ALL AGES

Exploring Pollinator Gardens Mon, June 23rd, 3-4:30pm Comic Workshop (age 10+) Wed, July 9th, 6-7 pm Tree Identification Wed, July 30th, 6-7 pm Pollinators Party! Fri, Aug. 1st, 2-3 pm

ADULT

Essay Writing Workshop Wed, June 18th, 6-7 pm
Mystery Writing Workshop Wed, June 25th, 6-7 pm
Enhancing Your Soils Potential Wed, July 2nd, 6-7 pm
Yogurt Making Wed, July 16th, 5-7 pm
Healthy Hearts, Happy Lives Fri, August 1st, 10-11 am
Protecting Nature, Enriching Communities
Wed, August 6th, 6-7 pm

CHECK OUR WEBSITE FOR COMPLETE SCHEDULE!

Transportation may be available for some events through Age Friendly Windham. Call 207-892-4649

AREA MARKETS

BRIDGTON: Bridgton Farmers' Market is located in front of the Bridgton Community Center just behind Reny's on Depot Street, and is open every Saturday through October, rain, or shine, from 8 a.m. to noon.

GRAY: The Gray Village Farmers' Market is open from 10 a.m. to 1 p.m. on Sundays from June 29 through October at 5 Yarmouth Road.

WINDHAM: The Windham Farmers' Market at 4 Turning Leaf Drive is open every Saturday from 8:30 a.m. to 12:30 p.m. through Sept. 27. WindhamFarmersMarket.com. Find them on Facebook.

NAPLES: Causeway Commons in center town will host a farmers' market this year. Dates and times were not available at press time. See updates at www.causewaycommons.com or check their Facebook page in early June.

SEBAGO: Community market is held every Wednesday from 3 to 6 p.m. at the Spaulding Memorial Library at 282 Sebago Road from June 18 through Sept. 17. Visit the Sebago Community Market Facebook page.

STEEP FALLS: The Steep Falls Farmer's Market is open at the Steep Falls Gazebo at the intersection of Route 11 and Route 113 from 9 a.m. to 1 p.m. every Saturday through October. Find them on Facebook.

GORHAM: The Gorham Farmers Market is at 75 South St. next to Baxter Memorial Library and is open Saturdays from 8:30 a.m. to 12:30 p.m. through October. Find them on Facebook.







WINDHAM OUTDOORS

DON'T FORGET TO ALSO

Enjoy Windham's many Dining and Shopping options including Food Truck Nights and Saturday Farmer's Market

Plus Special Events like Summerfest & Concerts, Movies and Art in the Park







windhamrecreation.com windhammarketplace.com









Bigger Variety Every Year!

Voted Most Unique Shop

5,400 Square Feet Jam-Packed with Shopping Fun!



NEW ENGLAND PRODUCTS

Maple & Blueberry Products, Jams, Taffy,, Honey, Teas, Pickles, Soaps, Lotions, Candles



Cards, Baskets, Hats & Tees, Plush Animals, Toys, Crystals & Gems, Candy, Stickers, Willow Tree Collectibles, Christmas Corner



LOCAL & NATIVE AMERICAN

Incense, Pottery & Balsam, Woodcrafts, Art Gallery, Handcrafted Articles, Décor

ANTIQUES

Country Collectibles, Victorian, Tin, Glassware, Cast Iron & more





COME TRY OUR FAMOUS HOMEMADE FUDGE!