

WHS students discover power of serving others in earning Dempsey Challenge award

By Lorraine Glowczak
STAFF WRITER

Giving back to the community and fundraising for a good cause is a way to make a meaningful difference in the lives of others and become part of something bigger than ourselves.

For 15 Windham High School (WHS) students, the opportunity to make a positive impact became much more than a day of volunteering – it became a powerful experience that gave them a deeper understanding of themselves and what it truly means to be part of a community.

On Saturday, Sept. 19, the 15 students participated in the 18th Annual Dempsey Challenge in Lewiston. The challenge is a run, walk and bike fundraiser where the students saw firsthand the impact cancer can have on individuals and their families, and discovered how even a small act of service can make a significant difference in someone’s life.

Their commitment to giving back also earned them the award for the high school team with the most participants, an honor they captured for the second consecutive year.

WHS Junior Nate Plati, the orga-



Windham High School students participated in the Annual Dempsey Challenge in Lewiston and discovered what it means to give back to your community. Some of the WHS students who were in this year’s Dempsey Challenge are, from left, Morgan Clark, Brooklyn Roy, Anna Bowie, Nate Plati, Miles Morrison, Sean LeBel, and Patrick Dempsey, actor and founder of The Dempsey Center. SUBMITTED PHOTO

nizer of the WHS team, said he is dedicated to helping others.

“I am a big advocate for giving back and being of service. Not only that, I

learn a lot in the process,” Plati said. “With this experience, I learned what it really means to empathize with others. Hearing the stories of cancer

survivors and families who have been affected by a loved one’s cancer made me realize how much people can go

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Historian to relate spooky ghost stories at Raymond-Casco Historical Museum

By Ed Pierce
STAFF WRITER

Did a prominent 19th century Raymond resident predict how he would die years before a tragic accident claimed his life? This tale and other eerie ghost stories will be part of a free community presentation to be held at the Raymond-Casco Historical Museum later this month.

Historian Mike Davis of Bridgton will relate spooky tales from the Lakes Region of Maine from 4 to 5 p.m. Sunday, Oct. 25 at the museum while surrounded by historical artifacts during a presentation called “Ghost Stories and Unusual Happenings.”

Raymond-Casco Historical Society’s Sue Pride says with Halloween nearing, this will be an event sure to interest many in the area.

“Mike’s storytelling brings together history, mystery, and local lore – perfect for the Halloween season,” Pride said. “These historical tales of curious happenings, scary ghosts and unusual circumstances will be sure to entertain everyone in attendance.”

Among the tales to be told by Davis is one about Edgar Welch, whose story was originally contained in the book “Historical Gems of Raymond and Casco” written by the late Ernest H. Knight, one of the founders of the Raymond-Casco Historical Society.



Historian Mike Davis will relate eerie and spooky tales from the Lakes Region of Maine from 4 to 5 p.m. Sunday, Oct. 25 at the Raymond-Casco Historical Museum during a presentation called ‘Ghost Stories and Unusual Happenings.’ COURTESY PHOTO

Welch was born close to the Raymond/Casco line on the County Road to Otisfield (Route 85) in Raymond in 1849. His grandfather, James Welch was born in 1765 and came to Raymond from Cape Elizabeth as an early pioneer settler. Edgar’s father was born in 1819 and taught his son how to farm.

For years Edgar farmed and even-

tually worked for a neighbor, David McLellan, whose barn and part of his house are still in use, the main house having burned in 1954.

According to Knight, Edgar was a bright, pleasant person though inclined toward strange ideas on work and physical activity, which were extreme to say the least.

“Besides hard work, running was

his pastime for which the urge seized him after a week or so of labor,” Knight wrote about Welch in his book. “Dropping whatever he was doing at the time, winter or summer, he would be off running to Portland, Norway or wherever fancy directed, and on his return, he’d pick up where he left off.”

He wrote that on frequent occasions Welch’s route was through the White Mountains and once a year he would run to the top of Mount Washington, an event to which proprietors and guests looked forward to with anticipation.

“For this event he wore a suit, boots and a tall beaver hat where on his ordinary runs his garb was his overalls with woolen socks in the winter and barefoot in the summer,” Knight wrote. “On one occasion he ran to Boston, circled through Tremont Street and Boston Common and then headed for home. Once an owner of a nice span of driving horses challenged Edgar to a race to Portland. Starting from Raymond Village, the team soon left him far behind, but when the team reached its destination on

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INSIGHT

We rise by lifting others

Even though we all share space on this planet, I’ve found that truly knowing what others carry around inside them is never easy.

That fact was evident for me this past weekend when I accompanied my wife Nancy to a funeral service in St. Albans, Vermont for our sister-in-law Millie Boyd. She had been married for 34 years to Nancy’s oldest brother Will, and they lived in St. Albans.

Over the years we saw Millie when we visited them on trips to Vermont, and she came across to me as a talented artist who was warm and welcoming to us. She wanted to know about us and our lives, and we were never there long enough to carry on long conversations with her about her own life.

On the drive over to Vermont, I asked Nancy how Will and Millie met and I had forgotten that they had met while struggling through issues with alcohol. Nancy told me that both Will and Millie had devoted their lives after overcoming alcohol problems to helping others, serving as sponsors, listening to people struggling as they had, and serving as their mentors.

Until we had arrived at the funeral home though, I was not aware of the full extent of Millie’s life. She was a mother of three daughters, a loving grandmother who taught her grandchildren gardening, and had completed nursing school.



- OCTOBER 9
- 1701 – The Collegiate School of Connecticut is chartered in New Haven and later changes its name to Yale University.
- 1776 – A group of Spanish missionaries settle in what is now San Francisco, California.
- 11855 – Isaac Singer patents the sewing machine motor.
- 1858 – Mail service by stagecoach opens between San Francisco, California and St. Louis, Missouri.
- 1888 – The completed Washington Monument is open to the public for the first time in Washington, D.C.
- 1936 – The first generator at Boulder Dam, now known as Hoover Dam, begins transmitting electricity.
- 1941 – U.S. President Franklin Roosevelt approves an atomic program that would become the Manhattan Project.
- 1946 – The first electric blanket ever manufactured is sold in Petersburg, Virginia.
- 1952 – Construction of the United Nations Headquarters building is completed in NYC.

During her eulogy, I heard that in 1988, she fulfilled a lifelong dream and earned a degree from Trinity College in Burlington, Vermont. The speaker said Millie was proud that she and her three daughters all attended college full-time at the same time and graduated by birth order.

I did not know that Millie enjoyed singing classical acapella music with Gigi Scriggins' Morning Glory Singers, and later, the Side Effects barbershop quartet. She had great fun performing for Cardiac Capers, a hospital benefit show, and at other venues in Vermont. I learned that Millie was also involved with The Aphasia Choir of Vermont, a community group founded by her daughter Karen McFeeters Leary, a former speech-language pathologist who is a gifted singer and songwriter. The choir is for stroke and traumatic brain injury survivors with speech difficulties so they can communicate fluently through music.

Millie also was an avid reader and in later years, she discovered a passion for watercolor painting. She belonged to numerous artists' groups, especially enjoying painting and learning with the "Tuesday morning gals." She exhibited her work in Franklin and Chittenden Counties in Vermont.

In fact, I had forgotten that on one of our trips to Vermont to see Nancy’s family, she had given us a painting completed by Nancy’s mother, who was a professional artist. The painting had been hanging on a wall in Will and Millie’s home. It shows Nancy at about the age of 14 and her mother at the lake and now is one of the centerpiece paintings in our living room in Maine.

That led me to remember that Will and Millie were frequent visitors to the nursing home in St. Albans where Nancy’s mother was cared for until her death in 2005. But the most humbling thing that happened to me during Millie’s funeral came during the “Community Remembrance” portion of her service.

One by one, people from all walks of life stepped forward to say how Millie had been someone who truly cared about them and had been instrumental in helping forego dependence upon alcohol and change their lives for the better.

Each one talked about how tough and strict Millie and Will were as their sponsors and yet they felt that the couple always treated them with respect and dignity and most of all with kindness.

I was moved when a man discussed how he had “burned his life to the ground” because of alcohol and walked away from his children when they needed him. He said he saw no point in going on, but it was Millie who had convinced him that he could overcome his problems and start again.

Another speaker discussed how many lives Millie had touched and through her faith in humanity and using her own example as inspiration, had transformed hundreds of lives through her willingness to volunteer on behalf of others struggling with sobriety.

A woman who worked as the only female on a construction crew talked about how kind Millie had been to her and that she continually told her to smile.

Many other speakers mentioned that smiling was the cornerstone that Millie used to calm people’s fears of talking with her and how she felt no matter how hard a day someone might have had that a simple smile showed kindness to them.

Driving home that evening, I told Nancy that it was very humbling to hear all of those speakers talk about what Millie had done for them, how her persistence had led them to turn their lives around, and why they felt they needed to be there to express their love for her.

I carried one big question away from that entire experience that day. When my time comes, as it does for everyone, what do I expect my friends and family to say about me? < ~ Ed Pierce

ON THE SPOT

In your opinion, what’s the best karaoke song that you’ve heard someone sing?

“In Lewiston a few years back, I listened to a young lady sing Memories from the Broadway musical Cats and it was spectacular.”
– Anne Glotchshuk

“My friend Danielle once sang a fantastic version of Push It by Salt-N-Pepa.”
– Deirdre Schulte

“These people at a bar I used to work at in Bangor would do a version of Tim McGraw’s Indian Outlaw complete with hard to forget choreography.”
– Mitchell B. Robinson

“My niece performing Britney Spears’ Oops I Did It Again.”
– Rick Seacroft

“I may be biased but I say my wife Sandra doing Beyoncé’s Single Ladies is really good.”
– David W. Tettley

“Rhinstone Cowboy is my all-time favorite to sing.”
– Dean A. Smalley

“Heart Like A Truck.”
– Sarah Singer-Miller

“Chasin’ You.” – Jerry Greene

“Several years ago in Portland I heard a woman perform a karaoke version of Total Eclipse of the Heart by Bonnie Tyler. It was simply amazing.”
– Isabella Mongon

“Livin’ On A Prayer.”
– Chris Macklin

“Tennessee Whiskey.”
– Oscar F. Kellner

“Crimson and Clover – the Joan Jett one.” – Mariah C. Williston

“When I was in the Marines I heard someone at a place in San Diego sing Call Me Maybe that was better than the original.”
– Mia Potenzio-Ransey

Inspirational Quote of the Week

“Sing like no one's listening, love like you've never been hurt, dance like nobody's watching, and live like its heaven on Earth.”
~ Mark Twain

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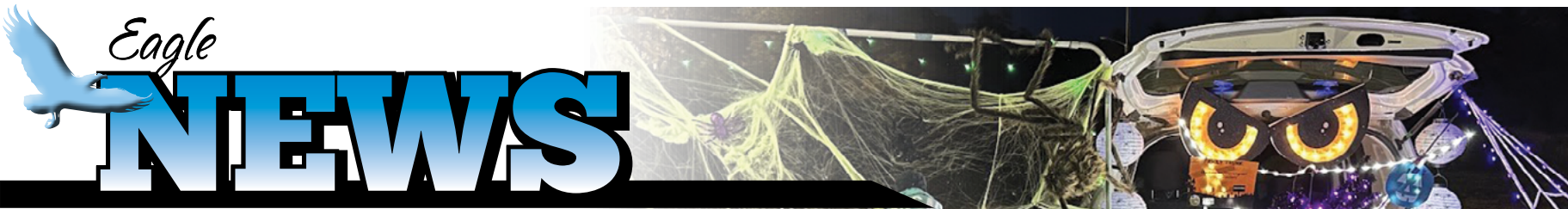
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EDITORIAL POLICY

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Windham Parks and Rec's annual Trunk or Treat brings families together for a night of Halloween fun

By Masha Yurkevich
STAFF WRITER

Community members looking for a fun and family-friendly way to celebrate Halloween will have the chance to gather for Windham Parks and Recreation’s annual Trunk or Treat on Saturday, Oct. 24.

The event will take place from 5:30 to 7:30 p.m. in the parking lot directly behind the Windham Mall near Hanaford and Renys. Local families can expect an evening filled with decorated vehicles, candy, music, dancing, snacks and Halloween costumes.

Kelsey Crowe, the deputy director for Windham Parks and Recreation, helps to lead the larger community events of the department, including the annual Trunk or Treat. Her responsibilities include coordinating volunteers, managing registration, promoting the event, and making sure the department has enough candy and supplies for the evening.

“It is a big community effort,” Crowe said.

Volunteer organizations, families and local businesses participate by decorating and hosting their own trunks. The Windham Mall pro-

vides a parking area, while Windham Fire Rescue and Windham Police help with the event by assisting with the area and keeping things organized. This year, Windham Parks and Recreation hopes to have more than 20 different trunks for children to visit. Each trunk will have its own decorations, and some will offer allergy-friendly treats, toys or other items.

In addition to trick-or-treating, a DJ will provide music throughout the evening, and families can visit the event trailer for snacks, hot chocolate and cider. There will be space for children and families who want to dance and enjoy the music together. For Crowe, one of the best parts of the event is seeing families enjoy the evening together.

“I always like to walk around these events and see families having fun and smiling and kids laughing,” Crowe said.



Windham Parks and Recreation’s popular annual Trunk or Treat event for children returns from 5:30 to 7:30 p.m. on Saturday, Oct. 24 in the parking lot behind the Windham Mall. Trunk hosts can register through Oct. 19, while families can register through Wednesday, Oct. 21. SUBMITTED PHOTO

The event also offers an alternative to traditional trick-or-treating. Rather than traveling from house to house, families can stay in one central loca-

tion, making it easier for parents and caregivers to keep track of children. Crowe said the setting also gives families a chance to enjoy Halloween without having to visit unfamiliar homes or neighborhoods.

The event has grown considerably since it began. In its earlier years, Trunk or Treat was held in the back parking lot at Windham Middle School. The event was later moved to its current location. During the COVID-19 pandemic, Parks and Recreation adapted the celebration into a drive-through Trunk or Treat, allowing hundreds of families to participate while remaining in their vehicles. Since then, the event has returned to a walking format.

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11:30 a.m. – 1:30 p.m.

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→ **DEMPSEY** *Cont. from page 1*

through and how important it is to be there for them.”

As Plati mentioned, part of the day included listening to stories from those who are experiencing or have experienced cancer and/or from family members whose loved one had cancer and were able to share their own stories.

For the students, this was one of the most impactful moments of participating in the Dempsey Challenge.

Morgan Clark, also a junior,

said that her participation was an eye-opening experience.

“Seeing how many people that cancer touches was very heart-wrenching,” she said. “I saw one of my seventh-grade teachers there and I didn’t know that she had cancer. It was moving to connect with people I didn’t know and wouldn’t normally talk to. It was honestly beautiful to see everyone rally around each other and support one another.”

Junior Sean LeBel agreed with both Plati and Clark about the day’s activities and said the experience helped

him to see things a little differently.

“Even though cancer is such a difficult thing, there was still so much happiness and hope throughout the day,” he said. “It made me appreciate my own life more and realize that I shouldn’t take things for granted. You don’t have to go through cancer yourself to understand how important it is to support others and be grateful for what you have.”

The mission of the Dempsey Center is “to make life better for people impacted by cancer through no-cost comprehensive supportive care” and Plati said that was obvious at the event.

“I was proud to see the support from all around the world,” he said. “It shows that no matter what you are going through, you are not alone.”

There were other unexpected discoveries by WHS students participating in the Annual Dempsey Challenge.

For Clark, the experience helped her to understand the importance of offering support for others during difficult times. She believes that being there can remind people that they are not alone.

“It doesn’t cost anything to let people know you care,” she said.

LeBel learned that the financial aspect of medical bills is very expensive. Helping one person to pay their bills can change their life for the better,” he said.

Perhaps Plati’s unexpected discovery might be a surprising fact for many.

“My generation, the Gen Z, often gets a bad rap,” he said. “We have the reputation for only caring about ourselves. But this proves that there are people in our generation that do care and come together to make a difference in others’ lives.”

According to Plati, the Dempsey Challenge event raised about \$2 million. The Dempsey Center website emphasizes that all the money raised is used and goes directly to the services provided by the organization, which includes free cancer programs, counseling, and support for individuals, caretakers, and families impacted by cancer.

For more details about the Dempsey Center or to make a donation, visit www.dempseycenter.org. <

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The last day to request/receive an absentee ballot will be
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Presumpscot River Revival Race returns for second year

By Ed Pierce
STAFF WRITER

A day of friendly paddle competition and a celebration of healthy waters are nearing as Dundee Park in Windham will be the site of the second Presumpscot River Revival Race. Sponsored by the Friends of Presumpscot River, the family friendly event will be held from 10 a.m. to 2 p.m. on Saturday, Oct. 17, and is intended for all ages.

After an absence of three decades, the canoe races returned in 2025 to promote the river’s resilience, ongoing work for its revival and the communities it continues to sustain. With paddling, food, foliage, and family-friendly fun, the Presumpscot River Revival Race combines a recognition of the past, exemplifies tributes to ongoing water quality and habitat improvements, and is a rallying point for the future of the river and a community celebration with the Presumpscot River at the heart of it all.

The Friends of the Presumpscot River (FOPR) was established in 1992 to advocate for the remediation and protection of the Presumpscot River waters and fisheries. The organization aims to reconnect and protect the river that sustained the region’s First Peoples and gave rise to settler colonies along its winding banks.

In reestablishing the canoe races last year, members of the Friends of the Presumpscot River say that the driving force behind the races and competition is a goal to bring the

community together to the river once again, to cheer on competing loved ones, to stoke the flame of excitement for the return of native fisheries, to celebrate the ongoing restoration of the ancient and beloved river and to focus more on community outreach.

FOPR Board Member Stephanie Noyes said last year that some of the proceeds from the races will be used for the organization’s school outreach program, which is designed to get students in Gorham, Westbrook, Windham, Raymond, Portland, and Falmouth out on the water, and introduces children to the river. Students are taught paddling techniques and learn about the Wabanaki and industrial history of the waterway, while also discussing the future of the river.

If you are not an avid paddler and prefer to watch the races, bring your lawn chair, sit on the beach, and join in on the fun.

For those looking to compete, pre-registration on Eventbrite is encouraged. However, you can also register at Dundee Park starting at 10 a.m. on Oct. 17.

It costs \$25 per boat, and you can choose to canoe, kayak, or compete in stand-up paddleboard. There will be a 2.5-mile Mass Start circuit for paddle craft and multiple divisions with winners in all three categories including canoe (solo and tandem), kayak (under 14 feet and over 14 feet) and Standup Paddle Boards (inflatable, hard board and race board).

Salmon Stew Outdoors, a pad-

dle-powered recreation company, is sponsoring the safety crew and providing the equipment needed to patrol the river. Certified Maine Guides make up the volunteer crew. Other
→ see RACE Page 10

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→ TRUNK *Cont. from page 3*

Pre-registration and time slots have remained part of the process, helping organizers estimate attendance and ensure that trunk hosts have enough candy for participants and this year, Parks and Recreation expects about 400 to 500 children and families to participate.

One new addition this year is a sensory friendly time slot. Crowe said the regular event can sometimes become

overwhelming for children who are sensitive to darkness, loud music or flashing lights. The new time slot will take place earlier, while it is still light outside, and will provide a quieter opportunity for children to participate.

The sensory friendly time slot has limited availability and is not listed on the website. Families interested in participating can call Windham Parks and Recreation at 207-892-1905 to ask about the option.

Families are encouraged to wear



To register to host a trunk or to reserve a time slot to attend, scan here.

costumes, and the department will also host a costume contest following the event. Goodie bags will include information about how families can submit photographs of their costumes for a chance to win prizes. Registration is required ahead of time so Parks and Recreation can plan for the expected number of participants.

Trunk hosts can register through Oct. 19, while families can register through Wednesday, Oct. 21. Visit windhamrecreation.com and click on special events to learn more and to sign up for a trunk and to reserve a

time slot for your family to attend.

For Crowe, the goal of the evening is simple: to give families a chance to have fun together and create positive Halloween memories.

“I just want families to have a fun night and get some free stuff and be excited for the following year and come back,” she said.

With decorated trunks, music, treats, activities and a growing community turnout, Windham Trunk or Treat is once again preparing to bring families together for an evening of Halloween fun. <

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Town of Windham



ABSENTEE VOTING

ABSENTEE BALLOTS ARE NOW AVAILABLE for the NOVEMBER 3, 2026

STATE PRIMARY & TOWN OF WINDHAM CANDIDATE/REFERENDUM ELECTION

You can vote absentee by:

- 1). Visiting the Town Clerk's office during business hours*
- 2). Calling 892-1900 to have a ballot mailed to you,
- 3). Have an immediate family member sign out your ballots
- 4.) Request online at:
<https://absenteeballotrequest.sos.maine.gov/>

IF YOU NEED TO REGISTER TO VOTE:
the Registrar of Voters is available at the Town Hall during regular business hours*, & at the polls on Election Day, Tuesday, November 3th from 7:00 a.m. to 8:00 p.m.
Please bring your I.D. and proof of residency. If your address or name has changed, you must update it before voting.

OUR LATE NIGHT WILL BE THURSDAY, OCTOBER 29TH UNTIL 7:00 P.M.

For your convenience you may deposit your absentee ballot envelopes in the Secure Ballot Drop Box at the Town Hall's front entrance, or bring them inside or mail them back to us using one postage stamp.

All ballots must be returned to the Clerk's Office no later than 8:00 p.m. on November 3rd to be counted.

Election Day voting will take place at the Windham High School, 406 Gray Road in the Windham Maine Gym. The polls will be open from 7:00 a.m. to 8:00 p.m.

*CLERK'S HOURS: Monday/Wednesday 7am - 5pm,
Tuesday 7am - 6pm & Thursday 7am - 4pm
Closed Friday

*For more info please call the Town Clerk's Office at 892-1900.
Thank you, Anthony P. Blasi - Town Clerk*

VOTE BARBARA BAGSHAW

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- **Reduce Taxes & Audit Augusta** - rooting out fraud and waste will enable us to reduce taxes, fees, and the cost of living here in Maine.
- **Support Small Business** - and policies that grow our economy to provide long-term good paying jobs.
- **Make Communities Safer** - by supporting law enforcement and prioritizing addiction & mental health treatment.

About Barbara

Teaching and the arts are Barbara's passions. She has served 10 years as the president of an arts nonprofit and 25 years teaching students of all ages (elementary - college). She has traveled to 24 countries as an international speaker and relief worker. Here at home she has worked at a local food pantry, assisted the homeless and participated in other various community services. Barbara is currently serving her second term in the State Legislature.

Barbara Bagshaw for State House District 106 Windham
barbarabagshaw.bb@gmail.com

Paid for by the Committee to Elect Barbara Bagsaw, Treasurer Sherri Clark.

Cumberland County candidates rely upon experience

By Ed Pierce
STAFF WRITER

Four Cumberland County candidates will be on the ballot in Windham and Raymond next month but only one is a contested race.

During the Maine Primary on June 9, incumbent Democrat Jacqueline “Jackie” Sartoris defeated challenger Valerie Adams and advanced to the general election on Nov. 3 seeking re-election as Maine’s 2nd Prosecutorial District Attorney.

Sartoris is a veteran candidate, having served four terms on the Brunswick Town council. She was elected as District Attorney in Cumberland County in 2022.

This year, Sartoris will face a familiar name in the election for District Attorney in Stephanie Anderson, an unenrolled independent candidate from Cape Elizabeth. Anderson previously served as Maine’s 2nd Prosecutorial District Attorney from 1991 to 2018.

While serving as Maine’s 2nd Prosecutorial District Attorney, Anderson created Maine’s first Juvenile Unit, focusing on rehabilitation and preventing future offenses. She also founded Maine’s first Domestic Violence Unit, providing dedicated resources to protect vulnerable victims, took a strong stance against human trafficking exploitation and established Maine’s first Drug Court, prioritizing treatment over incarceration for non-violent offenders.

During her time in office as Maine’s 2nd Prosecutorial District Attorney,



Cumberland County candidates on the ballot in Windham and Raymond are, from left, incumbent Probate Judge Paul Aranson, incumbent Sheriff Kevin Joyce, incumbent District Attorney Jackie Sartoris and District Attorney challenger Stephanie Anderson. COURTESY PHOTOS

Sartoris created a Sex Crimes Prosecution Team to prioritize frequently under-prosecuted cases, take them to trial, and give victims the justice they deserve. She also secured a \$2.5 million federal grant to collect, test, and investigate hundreds of stored rape kits, some almost four decades old to investigate and prosecute where possible. Under Sartoris, the Victim & Witness Advocate (VWA) program has been expanded to give victims information and confidence to navigate the judicial process, and she also created the “Lois Galgay Reckitt Room” where victims and witnesses can wait to appear in court without encountering perpetrators at the courthouse.

Two other Cumberland County candidates who appear on the ballot are unopposed and will be re-elected on Nov. 3.

Sheriff Kevin Joyce, a Democrat, does not have a challenger this year.

He was first elected as Cumberland County Sheriff in November 2010. He has worked for the Cumberland County Sheriff’s Office for more than 37 years and was the recipient of the Presidential Valor Award, presented by the Maine Sheriff’s Association in 1995, and has received many commendations and leadership awards during his career.

Paul Aranson of Scarborough is unopposed for the position of Cumberland County Probate Court Judge. Aranson, a Democrat, was first elect-

ed as Cumberland County Probate Court Judge in 2018. He previously served two terms as Maine’s 2nd Prosecutorial District Attorney in Cumberland County from 1982 to 1986. In his private law practice, Aranson was a successful attorney and specialized in criminal law, family law, civil litigation and Social Security disability claims.

No other Cumberland County offices representing Windham and Raymond are up for election in November. <

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- **MAKE COMMUNITIES SAFER** – Take on homelessness, crime, and addiction by supporting police, first responders, and supporting mental health care.
- **SUPPORT EXCELLENCE IN EDUCATION** – Prepare our children for success in whatever they choose - college, military, or careers in the trades.

**Mark Cooper for Legislature District 107**

Paid for and authorized by the candidate

Contact me! (207) 232-5842 ~ gmcooper81@aol.com



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→ **RACE** *Cont. from page 7*

partners for the event include the Town of Windham.

At the event, you can browse the FOPR information table where you can learn more about Dundee Park, the river, and the organization. Merchandise such as t-shirts, dry bags, books, and more will be available for purchase.

Races start at noon with a rain date of Sunday, Oct. 18 if needed. Awards will be presented after 2 p.m.

Canoes will be available to rent in person only on a first-come, first-served basis for \$25. Personal Flotation Devices and paddles will be

included with this rental. Rentals are only available in person and not reservable online. Equipment is being donated by Maine Path & Paddle Guides and Salmon Stew Outdoors.

All racers are required to wear Personal Flotation Devices with a whistle attached during the races.

River enthusiasts are encouraged to connect with FOPR at this event. You can chat with volunteers at the FOPR table about ways to get involved such as assisting with in water quality monitoring, advocating for dam removal, helping school groups on the river, or joining a committee.

Fish biologists are particularly wanted as well as those with expertise



The Second Presumpscot River Revival Race will be held Saturday, Oct. 17 at Dundee Park in Windham and features canoe, kayak, and Standup Paddle Board racing during a day of friendly paddle competition and a celebration of healthy waters sponsored by the Friends of the Presumpscot River. COURTESY PHOTO

on rivers, ecology, and history. However, “any skills can be put to use,” Noyes said.

The public can stay informed about opportunities to get involved with FOPR, sign up for an email newsletter, and learn more about FOPR by visiting www.presumpscotriver.org.

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HERE’S A SALUTE TO THE SNOWSUIT RE-BOOT

► **By Michelle Cote**
SPECIAL TO THE WINDHAM EAGLE



– Michelle Cote, Columnist

Fiery red leaves sound the red alarm for the clothing reality check in our home, and I want to take a moment to share my textile-themed PSA, which as you can imagine does not stand for “pants, shirts, accessories.”

Octobers are as multicolored outdoors in Maine as they are in my kiddos’ clothing drawers, because we’re wild-eyed with clothing overlapping seasons that truly must be addressed.

Our mudroom is still lined with the boys’ brand new-ish school shoes buddied up next to summer’s muddy Crocs – brightly marked signs of outdoor play all season long.

As we phase through a shoulder season that shoulders burden of many garments – Seriously, we will need more coat hooks – we must take that seasonal self-eval and determine what stays and what goes to the leaf-pile-looking mound of a donation pile stuffed tight in Chewy boxes ready for a Goodwill drop?

Full disclosure, my children really do own more than three pairs of clothing.

Their jam-packed hand-me-down dresser drawers are proof positive of being stuffed to the gills with hand-me-down attire of all sorts.

But as all four boys are creatures of

habit, they love to keep a couple of outfits on repeat, so much that if we go one day without running the washer, they’re running wildly and convinced that they have no more clothes to wear.

Oh wear, oh wear, are their clothes indeed?

It really strikes a friendly reminder that perhaps we should sift through it all and pull garments not worn for a long time. This is always rough going...pulling out forgotten clothes from the backs of closets are like pulling off a Band-aid, but unlike a Band-aid, the pain’s not forgotten quickly afterward.

I’ll gently fold away the clothes they no longer wear and quietly add to a size-marked bin in our basement so they’re ready to be once again loved, worn and torn as boy clothes go, for the next kiddo down the line.

And because ‘tis the season, it’s critical to have your little ones try one last year’s boots, winter coats and snow pants.

The littler the kid, the probably more likely it is that they’re ready to size up.

Like many other things I’ve learned in parenting, I know this because I’ve learned the hard way – the Rookie Mama way, so to speak.

In my early mama-ing years, I’d wait for snow to fly, run down to get a kid’s pair of boots, only for them not to fit and I’d be the one booting out to



or a long-forgotten pair of matching winter gloves in an old coat pocket, the jacket color notwithstanding (But oh, how I loved the Charlotte Hornets colors.)

Lastly take a peek at any snow pants while you’re in the neighborhood of winter storage bins.

Just like the rule of wrist for winter coats, nobody wants snow pants too short or those that ride up in other places, for that matter – Just think of the cold snow on their ankles from a snowdrift step wrongly taken.

It’s still too early for a pot of hot cocoa and peppermint sticks – or is it? – but truly the time to get a foothold on winter boots and downsizing clothes from last season is now.

So that when the cold blasts through, you’ll be the one who’s chill – But you won’t have to worry about getting cold feet.

So re-boot now while you’re in Halloween shopping mode so you aren’t spooked in the months to come.

Out with the Crocs, in with Crocktober!

Columnist Michelle Cote lives in southern Maine with her husband and four sons, and enjoys camping, distance running, biking, gardening, road trips to new regions, arts and crafts, soccer, and singing to musical showtunes – often several or more at the same time! <

the nearest store only to find winter wear no longer on shelves, nor available online in right sizes.

You know how it is; in a culture of oversaturated back-to-school shopping sales in June, it’s no surprise that by the time snow hits the fan, store shelves have already replaced winter gear with Valentine’s hearts and Easter eggs.

And Easter eggs are the only thing I ever want to hunt.

As for boots for kids, shop now for best options – this I kid you not.

Try on the winter coats, and have your kiddos do the sleeve test by reaching up high to see whether those sleeves ride up.

To each his own, but when I see too much wrist, I know it’s time to park what I’m doing and find a parka.

Kids today will never know the pure technicolor joy of our ‘90s generation’s Starter jackets, but if they are lucky enough, they may find loose change

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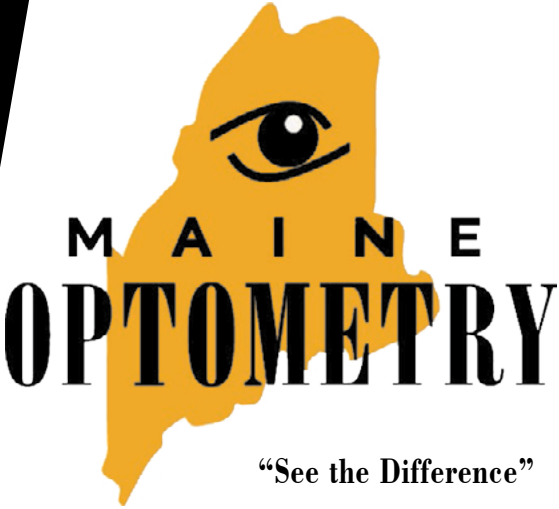
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STUDENT OF THE WEEK

Charlotte White



Grade: 1 **School:** Raymond Elementary School
Teacher: Ms. Bri, Mrs. Wiley
Favorite subject(s) in school: Reading, Morning Meeting, Music and Art class.
Parents' names: Kristin and Kristopher
Reason for selection: Charlie is a bright student who loves music and playing with peers. She is the student in the hallway who is always wearing a smile. Charlie has been a Rockstar in reading, writing, and math!! During morning meetings, she is a leader who often enthusiastically leads songs and activities for the group. Charlie loves dramatic play and swinging on the playground. She is an amazing student who brings so much happiness and joy to the classroom and the entire Raymond Elementary Community!

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SOMETHING PEOPLE DON'T KNOW ABOUT ME: I've made my own active game called "Scientist Run"
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WHAT DO YOU WANT TO BE WHEN YOU GROW UP? An artist, a singer, or an astronaut
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 **SPOOKY** *Cont. from page 1*

Congress Street, Edgar was there waiting for them."

Knight said that Edgar had unique ideas about labor and benefits to mankind.

“An astute observation that the McLellan farm, being on the easterly slope of Rattlesnake Mountain, had the sun set much earlier than farms to the north or south, set him on a mission,” Knight wrote. “To correct this fact of nature, he worked for many years off and on as time permitted, day or night, rolling boulders from the top of the mountain to reduce this bothersome interference. In the stillness of

the night, people would awaken to the sound of crashing on the mountain, and remark that Edgar was at it again, and go back to sleep.”

While piling logs on the ice at Crescent Lake (then Great Rattlesnake Pond) to be floated to Sebago when the ice melted, Knight said that Edgar would get hot feet, take off his boots and run on the ice or snow until he could go back to work in comfort.

"He was a great conversationalist and interested in the politics of the day. As a composer of rhymes and ballads, with a good voice always in true pitch, he would sing on picnic occasions accompanied by Carrie McLellan on her portable melodeon," Knight

wrote. "His physical make-up baffled doctors, though he never had need of their services as he never even had so much as a cold. With all his work and running, Edgar never perspired, which the doctors said should have killed him."

But Edgar Welch is said to have had one more attribute which will be part of the presentation by Davis and that is clairvoyance, or a sixth sense.

Reportedly when Welch was young, a man named Eastman Bean of Otisfield fell from a haymow while holding a pitchfork, and he impaled on the pitchfork's tines and died.

Knight said that bizarre accident was on Welch's mind for all of his life, and over the years, he was overheard muttering some sort of rhyme or reference to Eastman Bean.

On Dec. 23, 1903, Edgar was working in the McLellan barn, which is still standing on the easterly side of Route 85 not far from the Raymond-Casco line, when he slid from the mow while pitching hay down for cattle. He was impaled on his pitchfork and died in the same manner as Eastman Bean.

His funeral was conducted from the old Village School at Webb's Mills, now Crescent Lake Village, and it was attended by so many people that the



Maine Maple Fall Fest celebrates a sweet tradition in autumn

For generations, maple syrup production has been associated with the first signs of spring in Maine, when freezing nights and warmer days send sap flowing through the state’s sugar maples. But in recent years, maple producers have found another season worth celebrating.

Maine Maple Fall Fest returns Oct. 10 and 11, giving residents and visitors an opportunity to enjoy Maine-made maple products against a backdrop of colorful foliage. The statewide celebration, organized by the Maine Maple Producers Association, is now in its seventh year and features participating sugarhouses opening their doors for maple treats, shopping, tours and other activities.

Unlike the well-known Maine Maple Sunday tradition held each March, Fall Fest does not take place during maple production season. Trees are not being tapped and sap is not boiling in evaporators. Instead, the event provides an opportunity to celebrate the finished products while encouraging people to visit maple farms during another of Maine’s most popular seasons.

The idea for Fall Fest actually grew out of the challenges of 2020.

That year, COVID-19 disrupted events for Maine Maple Sunday, which traditionally one of the biggest weekends of the year for many sugarhouses, was affected just as the pandemic began changing everyday life.

The Maine Maple Producers Association developed the fall event as another way for producers to welcome customers while allowing for smaller crowds and more manageable visits. What began as a response to unusual circumstances proved popular enough to become an annual tradition.

Fall Fest also made sense for another reason: Few products are more closely connected to Maine’s landscape than maple syrup, and few times of year showcase maple trees more dramatically than autumn.

By October, those same trees that produce sap in late winter and early spring are putting on their annual display of yellow, orange, red and gold. Fall Fest allows visitors to experience both sides of the maple tree’s importance to Maine, its autumn beauty and the sweet crop it produces each spring.

The timing also fits naturally with Maine’s growing agritourism season. October weekends are already filled with leaf-peeping trips, apple picking, pumpkin patches, farm stands, fairs and scenic drives. A stop at a sugar-

house can easily become another destination along the way.

Visitors can expect experiences to vary from one participating producer to another. Sugarhouses may offer maple syrup tastings, baked goods, maple candy, maple cream, cotton candy, ice cream and other maple creations. Some farms also provide tours, demonstrations, walks or activities.

For producers, the weekend provides an important opportunity to remind consumers that maple is not simply a spring product. Pure maple syrup can be enjoyed throughout the year and used for far more than topping pancakes and waffles. It can be incorporated into baked goods, glazes, marinades, sauces, vegetables, meats, coffee and other recipes.

The event also gives visitors an opportunity to meet the people behind the product.

Maine’s maple industry includes operations ranging from small family sugarhouses to larger producers supplying retailers and other markets. The Maine Maple Producers Association represents a significant portion of the state’s licensed maple producers and works to promote the industry while providing education and resources.

According to the association, Maine produces more than 575,000 gallons of maple syrup during a normal season. The industry generates more than \$55 million for the state’s economy and supports hundreds of full- and part-time jobs.

Yet maple production is about more than numbers. For many families, sugaring is a tradition passed from one gen-

eration to the next. Producing syrup requires maintaining sugarbushes, caring for equipment, collecting sap and carefully boiling it until it reaches the proper density and flavor. Modern technology has made production more efficient, but the connection between Maine’s forests, farms and families remains.

That history stretches back long before European settlement. Indigenous

peoples of the Northeast developed methods of collecting maple sap and making maple sugar, knowledge that was later shared with European settlers. Maple eventually became an important source of locally produced sweetness throughout New England.

Maine Maple Fall Fest offers a modern celebration of that long relationship between people and the maple tree. <

Fall Maple Weekend

SATURDAY, OCTOBER 10
SUNDAY, OCTOBER 11
10:00am-3:00pm

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Open House connects public to Raymond Fire & Rescue

By Ed Pierce
STAFF WRITER

It's not often that members of the public get to see up close how Raymond Fire & Rescue personnel prepare to save lives, protect property and train for emergencies. But that's exactly what will be happening during the fire department's Annual Open House which

will be conducted from 5 to 7 p.m. Wednesday, Oct. 14 at the Raymond Public Safety Building, 1443 Roosevelt Trail in Raymond.

According to John Facella, who works in Fire Prevention for Raymond Fire & Rescue, the public is welcome to visit the free, family friendly event, meet Raymond firefighters and emer-

gency medical technicians, check out Raymond Fire & Rescue vehicles and emergency equipment and learn more about safety skills.

"This is a fun and educational experience for the entire family," Facella said. "Come join us and learn."

Free food including hot dogs, chips, and sodas will be available, and children will be able to squirt water from a fire hose.

"There will be a Touch a Truck for all of our fire engines, CPR and fire extinguisher demos and a fire truck response demonstration," Facella said.

Among an array of home safety demonstrations, there will also be a residential home sprinkler demonstration and safety tables with resources and helpful information about lithium-ion battery safety, home escape ladders, and smoke alarms

Facella said that participants can view a Fire Truck Push In, a firehouse tradition, and fire extinguisher demonstrations will offer hands-on experience in using a fire extinguisher.

Raymond firefighters will also showcase a Live Fire Engine Demo for the public to watch firefighters drive in, connect to a hydrant, and flow water just like they do during emergencies.

"This event is a great opportunity for residents of all ages to get to know their fire and rescue teams, see the equipment we use, and pick up critical safety tips," Facella said. "Fire Prevention is a team effort, and the more our community learns, the safer we all are."

He said the Open House bridges the gap between residents and local

firefighters, explains department operations and humanizes the fire department.

Facella said it's an opportunity for the department to demonstrate capabilities, showcases specialized Raymond Fire & Rescue apparatus, heavy rescue tools, and provide tactical demonstrations such as vehicle extrications and water and rope rescue techniques.

It also inspires public interest in volunteer, part-time, or career firefighter and emergency medical technician roles.

The Annual Open House is always held in conjunction with the Fire Prevention Week, which runs from Oct. 4 to October 10 across the nation.

Raymond Fire & Rescue Chief Bruce Tupper says the Annual Open House event is about building strong connections for firefighters with the community while sharing valuable safety knowledge.

"It's a chance for families to see our work up close, learn life-saving skills, and enjoy a fun evening together," Tupper said. "Join us for an evening of education, demonstrations, and community spirit."

Tupper leads the department, which includes full-time, part-time, and on-call staff. Fighting fires is only a small part of what the department does for the town of Raymond every day. They provide education, review plans for subdivisions and commercial buildings, and run programs like risk mitigation and the department also serves as Raymond's ambulance service.

For more details, call 207-655-1187. <

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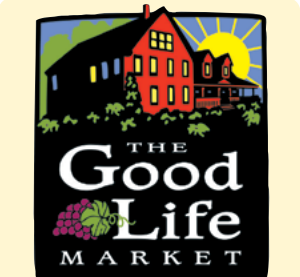
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LETTERS to the editor

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SUBMIT LETTERS BY TUESDAY AT NOON TO:
editor@thewindhameagle.com
or mail to: 585 Roosevelt Trail, Windham, 04062

Editor,

I want to share why I strongly support Barbara Bagshaw as our State Representative for Windham.

Barbara treats Windham like it's her home. When I go to Town Council meetings involving more spending, she's there fighting to keep costs down that otherwise would increase the property taxes we all pay. No other politicians (other than the councilors) show up.

Barbara carries her value of fairness to the State House of Representatives when she's there representing us. She's an outspoken advocate for women's rights in sports. Yes, she votes to keep men out of the girls' locker rooms, bathrooms, and sporting events. She's compassionate, but she also has common sense.

For you readers with children graduating from college, how many of your children believe they can find a job in Windham that pays them enough to live here?

Vote for someone who stands up for us; vote for Barbara Bagshaw in November.

~ Tim Greer, Windham

Editor,

I am a Raymond voter, a person of faith, and I do not sit quietly by when innocent children are being failed by our state. I have watched too many vulnerable young people ignored by a system that talks a good talk but produces poor results.

Kenny Cianchette has not just talked the talk, he puts his words into practice by helping nonprofits that feed, clothe, and protect those less fortunate. He is committed to taking up the work Senator Bill Diamond began protecting children and is willing to fight in Augusta to demand change and accountability.

I want a senator who understands how to work with people, manage budgets, and knows that every child in state care is precious in the sight of God and deserves to be treated with dignity and compassion.

I am asking my friends and neighbors to vote for Kenny Cianchette State Senate District 26.

~ Diana Froisland, Raymond

Editor,

As a 65-year-old resident born and raised here in Windham, I fully endorse Representative Barbara Bagshaw of District 106.

Barbara knows her district like the back and front of both her hands, yet she isn't working just for her district, she works for all the people of Maine.

She strongly supports small business.

→ see LETTERS Page 19

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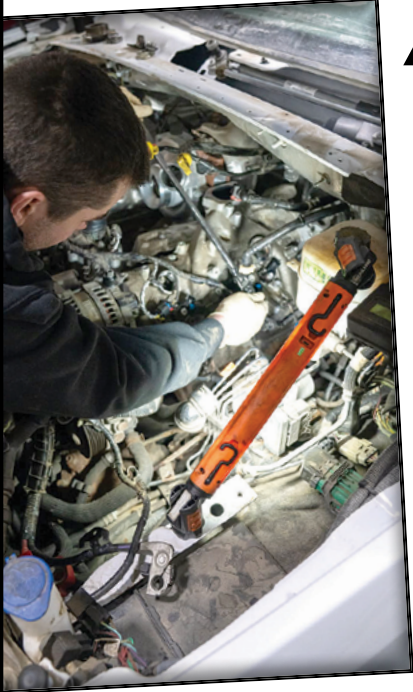
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LETTERS
to the editor

LETTERS Cont. from page 18

nesses, understanding the challenges they face and advocates for policies that help local entrepreneurs thrive. She is also advocating for all children to improve expected education scores ensuring that every student has the opportunity to succeed.

Barbara’s experience as our current legislator has given her the expertise to serve us effectively. Her deep knowledge and dedication make her the right choice to continue representing us.

I urge voters to re-elect Barbara Bagshaw.
~ Elizabeth Hall, Windham

Editor,
As we look toward Maine’s future, it is important for our state and the Lakes Region that we elect representatives who will advocate for environmental protection to represent us in Augusta. Fortunately, Windham and Raymond have an environmental champion in Senator Tim Nangle.
In response to Raymond’s shoreland zoning enforcement struggles, Tim provided new avenues for towns to finance shoreland zoning law enforcement by sponsoring LD 1904. LD 1904 establishes the Municipal Shoreline Protection Legal Fund, which offers towns loans to cover the legal and court costs of enforcing shoreland zoning violations against

large developers. Furthermore, the fund receives some of the penalties incurred by violators, helping ensure sustainability while minimizing taxpayer expense.
Tim’s practical approach and environmental focus make him a strong advocate for Windham and Raymond. I appreciate his passion for environmental protection and urge fellow voters to support Tim Nangle come November.
~ Austin Coco, Windham

Editor,
I support Abigail Geer to represent House District 86 in the Maine House of Representatives.
Abigail grew up right here in Raymond. After starting her career, she returned home to care for her aging parents and raise her daughter in the community that raised her. Her background working in schools, non-profits, and libraries reflects her deep commitment to public service and community well-being.
What sets Abigail apart is her practical, common-sense approach. She is focused on the issues that directly impact our daily lives: providing property tax reform, supporting our local schools, strengthening emergency services, and fixing our roads. She also recognizes key livability issues in our area, such as expanding access to non-urgent local healthcare options.
House District 86 deserves a representative who listens, works tirelessly, and puts community priorities first. Abigail Geer is that candidate, and I encourage my neighbors to join me in voting for her this November.
~ Susan Accardi, Raymond

Grateful for the support



During the weekly Veterans Coffee event at the Windham Veterans Center on Sept. 23, Windham Veterans Association President Tom Theriault, right, took the opportunity to recognize the Windham Lions Club for their support and donation for the recently installed solar panels at the Windham Veterans Center. Accepting the recognition plaque was Windham Lion's Club Vice President Camille Swander. SUBMITTED PHOTO

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American Legion welcomes new members in October

► **By David Tanguay**
SPECIAL TO THE WINDHAM EAGLE

Attention All Veterans! Claim your Golden Ticket as American Legion Field-Allen Post 148 offers a free new member opportunity to join the Legion that runs through Veterans Day.

If you served at least one day of active service and hold an Honorable Discharge, you are eligible for one of

the Golden Tickets for a no-cost first year membership to the largest, the most influential veteran’s organization in the country, the American Legion.

As the nation celebrates its 250th Anniversary in 2026, the American Legion also celebrated 107 years of service to veterans; our youth programs; the Legion’s unfailing support for the nation’s national security and under

the Americanism program, a dedicated support for our national symbol, the American Flag. These are the four pillars of the American Legion.

Why Join the American Legion?

Since its inception in France after WWI in 1919, the American Legion has been the largest service support and advocate organization for all veterans. The American Legion is the most inclusive of all Veteran Service Organizations and was formed to ensure that WW I veterans received their pensions.

It later drafted the first GI Bill of Rights in 1944 for all veterans, not just those who were forward deployed and has been at the vanguard of all significant veteran’s legislation since then including the more recent Blue Water Navy Bill and Burn Pits legislation (PACT ACT) encouraging all vets from recent conflicts to get screened for exposure to toxins and is providing needed service and support to member and veterans who have exposures to a wide range of toxins.

Today more than ever, the Legion is working for and with veterans to reduce the mental health issues associated with suicide. The BE THE ONE Program is now one of the most proactive suicide prevention services in the nation with its 988 +1 call program. It is the veteran’s voice in Congress.

Need help with your VA Benefits or just need questions answered? Field-Allen Post 148 provides for a regularly scheduled VA Service Officer to answer questions, discuss benefits, and assist with claims. Resources and other benefits are available at the Vet-

erans Coffee held each Wednesday at the Windham Veterans Center from 9 to 11 a.m. and is open to all veterans. Stop by for coffee, meet fellow vets and get responses to your concerns.

The Field-Allen Post provides dedicated programs in all Four Pillars of the American Legion. The Post provides recognition and scholarships for our youth, promotes a highly visible Oratorical program based on the U.S. Constitution and runs week-long immersion programs in government. It honors our veterans in ceremony as well as in practical support for those who had heating, medical, and food insecurities.

The Post sponsor monthly Red Cross blood drives as well as monthly dinners. It also hosts the town’s Memorial Day events including the parade, ceremony and open house; Veterans Resources Fairs; Veterans Fishing events; 9/11 tributes; a Four Chaplain’s ceremony each February, as well as providing an honor guard and services for our fallen veterans.

If this last item is an area of interest, the Post 148 Honor Guard has recently lost several members due to health issues and retirement. If you really want to make a difference, join the Field-Allen Post and then become an Honor Guard member. It is a truly rewarding experience and the satisfaction of a job well done is thanks enough. There is support for the purchase of the Honor Guard uniform and training is conducted bi-monthly.

FMI, contact the Post 148 Adjutant at 207-892-1306 or send an email to dtanguay46@aol.com <



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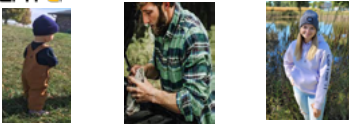
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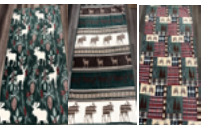
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Varsity field hockey earns second consecutive shutout with win over South Portland-Westbrook

By Matt Pascarella
STAFF WRITER

In a rare Monday game and coming off their Homecoming Week 8-0 victory against Massabesic, Windham’s varsity field hockey played South Portland-Westbrook at Windham on Monday, Oct. 5, rolling to a 5-0 win.

While Windham was a little slow to start, they scored in the first half and Eagle defense kept South Portland-Westbrook scoreless the entire game. The second half brought intense Windham offense as they knocked in four goals and not only secured their second win in-a-row, but their second consecutive shutout with a win over South Portland-Westbrook.

“I think they see their skill, and they see their teamwork and they see that it works,” said Windham varsity field hockey coach Maddy Perfetti. “It was really nice after a stretch of really tough games to have a game where we could open up, work on some stuff, get some shots on cage. Today they played a really good team game. They came in excited about the game and wanting to repeat. They haven’t had a Monday game (so they came out a little slow); I chalk it up to exhaustion and not being focused on the task at hand. We shook it off, the second half



(L to R) Windham sophomore Hayley Johnsen navigates her way to the goal before taking a shot and scoring in a field hockey game against South Portland-Westbrook at Windham High on Monday, Oct. 5. Junior Mirabelle Kri passes the ball. PHOTOS BY MATT PASCARELLA

and really just dialed in.”

As the game began, Windham was ready to earn another win and it showed. Windham junior Mirabelle Kri scored in the first five minutes to give the Eagles the 1-0 advantage.

Their intensity remained as Windham entered the second quarter. Eagle defense kept this quarter scoreless, and Windham led 1-0 at intermission.

“To start it off, it was a little bit sloppy on our end,” said Kri. “Once we started working as a team, every-

thing started to click toward the end, we used our units together and pushed the ball up more and that’s what gave us the score, and I think that just boosted moral. After the second goal it really motivated us to get more. Teamwork led to the win. Communicating and looking at passes were positives from today. It’s not a one-man-show; using a team to move the ball up is really good. Attitude (needs work); that’s why we encourage each other and that can brighten up everybody’s mood. We want to end the season with some hard-fought games and make it to playoffs.”

The second half began with Windham speed and strong defense. Kri scored in the first three minutes. Less than a minute later, she scored again.

On a penalty corner, Windham senior Sarah Smyth scored. The Eagles continued pressuring.

“We haven’t had very many Monday games, so we really were focusing on working hard and coming out strong,” said Smyth. “We really had great passing up the field, we had great finishing around the net in the second half, defense was great, getting it out of the circle, our corners worked great; we had a lot of those today. Communicating (needs work). We want to finish the season with wins and go deep into the playoffs.”

Windham controlled the game in the fourth quarter, and with less than two minutes remaining sophomore Haley Johnsen scored.

Sophomore Windham goalie Courtney Cotter had eight saves on eight shots at goal.

“Once we started communicating with each other and letting each other know where we were, we were able to start connecting on those passes; and that’s where we find success is when we pass the ball,” said Perfetti. “Defense played strong through the middle. That pressure through the middle, to then bring it out wide was really good, we’ve been working on that. Being able to be mentally tough is something I’m seeing more and more of throughout the season, this was a good challenge for them today. Dropping on the press needs work; playing that team defense through the whole mid-field is exhausting mentally ... we get more reps and they get better at it.” <

WHS HOMECOMING WEEK SCOREBOARD

- ★ **BOYS’ SOCCER:** Windham faced off against rival Gorham on Monday, Oct. 5. Gorham pulled out in front at the half with a 2-0 lead. The Eagles held them to that as their defense limited Ram scoring to just those goals. Windham went scoreless throughout the entire second half, and Gorham secured a 2-0 win.
- ★ **GOLF:** In the final match of the regular season, WHS varsity golf played Falmouth at Point Sebago in Casco, a par 36, on Tuesday, Sept. 29. Falmouth beat Windham with a team score of 13-0. In strokes, Falmouth undershot in strokes 206-243. Senior Wyatt Richards and sophomore Riley Gallagher both shot a 46. Both sophomore Emma Mathieu and freshman Stella Veilleux played in the girls’ Southern Maine Activities Association Qualifier at Willowdale Golf Club, a par 70 in Scarborough on Wednesday, Sept. 30. Mathieu shot a 93, and Veilleux shot a 96. They will play in the Class A Individual Schoolgirl Championship at Natanis Golf Course in Vassalboro on Friday, Oct. 9. Sophomore Hunter Pulkkinen shot an 81 at Natanis Golf Course, a par 72, in Vassalboro during the SMAA boys’ qualifier on Monday, Oct. 5. Pulkkinen will play in the Boys’ Individual Championship at Natanis Golf Course in Vassalboro on Friday, Oct. 9.
- ★ **VOLLEYBALL:** Varsity volleyball played Sanford on Wednesday, Sep. 30 with Sanford prevailing 3-1. Sanford took the first set 25-15; Windham responded and won the second set 25-15. The Spartans won the third set 25-16 and then took the game 25-18.
- ★ **GIRLS’ SOCCER:** Windham girls’ soccer took on South Portland on Thursday, Oct. 1. In a hard-fought game, Windham tied the Red Riots 1-1 after two overtimes. Senior Isabella Vassoler scored in the second half assisted by senior Denali Momot.
- ★ **FIELD HOCKEY:** The girls hit the field against Massabesic on Thursday, Oct. 1 and Windham knocked down the Mustangs with a powerful 8-0 shutout.

ATHLETE OF THE WEEK

Morgan Clark



Age: 16 **Team:** Windham High varsity girls’ soccer
Coach: Deb LeBel
Parents’ names: Ken and Eileen Clark
Reason for selection: Morgan is just a workhorse. She’s really hard on herself; she doesn’t like to make mistakes; she always tries to improve and get better. Morgan uses her speed to beat people on the wings and she will give you everything she has until coaches have to take her off the field and say, “take a little break.” A great teammate, super supportive, positive with her peers; she makes a lot of stuff happen. Coaches think there is a lot more growth for her – and leadership – for one more year. This year she’s starting to develop a move where she can beat people to the ball, cut back, and then go inside or outside, and get across. As she develops that a little bit more, it will make her a stronger threat.

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WHS football falls in homecoming game against BE

By Matt Pascarella
STAFF WRITER

It was the annual homecoming game for Windham varsity football as they played Bonny Eagle on Friday, Oct. 2 and although the Eagles were pumped up for the occasion, Bonny Eagle dominated the game and won, 42-6.

The Scots took a big lead in the first quarter, but Windham answered in the second quarter. While Windham prevented Bonny Eagle from scoring in the fourth quarter, the Scots won handily.

“The kids played hard ... we got some young guys playing against older guys,” said Windham varsity football coach Matt Perkins. “Our guys didn’t fold; they kept battling and I was proud of their effort. It’s not about if you win or what the score is; it’s about getting better and seeing guys progress. Tonight, going against a good team, I thought we played hard, but have things we need to build on. The thing about playing really good teams is they’re going to show you what your weaknesses are. We were there a few times and had them in the backfield and didn’t finish tackles. We had a couple chances for picks (needs work). The effort was great and the next steps are to continue to get better.”

Bonny Eagle began the game with a strong start and scored early. They converted the extra point and led 7-0.

A few moments later, Bonny Eagle’s solid offense regained possession of the ball and scored again. The extra point was good.



(L to R) Windham senior Landon Wyman runs the ball up the field during Windham’s prep football homecoming game against Bonny Eagle at Windham High School on Friday, Oct. 2. Junior quarterback Patrick Davenport throws a pass. Junior Jordan Pastore rushes forward against a Bonny Eagle defender. Sophomore Dre O’Neil won’t be caught. PHOTOS BY MATT PASCARELLA

Before the end of the first quarter, Bonny Eagle scored for a third time and took a 21-0 lead.

Windham responded in the second quarter with the ball on the 23-yard line. Junior and quarterback Patrick Davenport earned a first down after a 12-yard pickup that put the ball closer to the end zone. Davenport completed a pass to senior Tegan Perkins for another first down. Davenport had 68 rushing yards and 29 passing yards during the game. Tegan Perkins had 20 receiving yards.

Windham junior Jordan Pastore ran in from five yard out for a touchdown to put Windham on the scoreboard in the second quarter. A two-point conversion failed, and Bonny Eagle led at halftime, 28-6.

“This week coming in we knew it was going to be 10-times harder (than Bangor),” said Pastore, who had 11 rushing yards. “We tried to stay the same way and play with our hearts, leave everything on the field. They just got the better of us. Coming off that drive to end the half, we realized we could play with these guys, and we were driving down the field in one of our best offensive drives all season. Everyone did good, we had some passing plays, we had some crazy plays from our QB, Pat Davenport. Our O-Line kept their heads up and every time in the huddle ... everyone was trying to encourage people. We had our right reads, and we did what we could ... but (Bonny Eagle) didn’t graduate a single lineman. They could just run the ball

on us, so wrapping up tackle needs work.”

A short time into the second half Bonny Eagle scored and while Windham was struggling, they stayed in it.

With Windham on offense, sophomore Dre O’Neil on the return made it to the 48-yard line for a first and 10 Windham.

The Eagles’ defense held back the Scots in the fourth quarter, as neither team scored.

“Our blocking for our run-game went well,” said O’Neil, who had three rushing yards. “Definitely keeping our heads up after halftime (might have turned the game around) and energy from the sideline. Keeping the energy up and picking each other up needs work.” <

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Prizes awarded to best trunks + random drawing prizes for all trunk hosts

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BRIEFS

Quilt Raffle

The Friends of the Raymond Village Library are raffling off an incredible handmade quilt. Raffle tickets are \$10 for one or \$25 for three. The quilt is 46" by 56" and is machine pieced and assembled with hand quilting on top. The drawing will be held later this month. To purchase tickets, visit the Raymond Village Library at 3 Meadow Road. FMI, call 207-655-4283.

Church Yard Sale

Casco Village Church United Church of Christ, 941 Meadow Road in Casco, is holding a church yard sale from 9 a.m. to 2 p.m. on Saturday, Oct. 10. The sale will be conducted rain or shine. FMI, call 207-627-4282.

Turkey Dinner

Highland Lake Grange's drive-through only, roasted turkey dinner

will be offered from 4 to 6 p.m. on Saturday, Oct. 10. There will be roasted turkey, vegetables, stuffing, mashed potatoes, gravy, bread, cranberry sauce and cake. The cost is \$13 per meal or two for \$25. Please have exact cost for the meals you want. No substitutions, no pre-orders. You drive up, pay and receive your meal. The Highland Lake Grange is located on the corner of Route 302 and Hardy Road in Westbrook. FMI, call 207-233-7119.

Teen Crafternoon

Windham Public Library, 217 Windham Center Road in Windham, is hosting a "Teen Crafternoon" gathering from 3 to 4:30 p.m. on Tuesday, Oct. 13. Teens in grades 6 through 12 can stop in to complete a craft. Instructions and supplies provided, with supplies available on a first-come, first-serve basis. FMI, call 207-892-1906.

TRIAD Meeting

The next meeting of the TRIAD program, sponsored by the Gorham, Westbrook and Windham Police Departments will be from 11 a.m. to noon on Wednesday, Oct. 14 at the Gorham Police Department, 270 Main St.. TRIAD is an organization of town law enforcements, businesses, and senior citizens within respective communities who inform seniors of events, available opportunities, and to protect them against crime. FMI, email: carolyn-mckenzie31241@gmail.com

Bean Supper

A Bean Supper hosted by the Windham Veterans Association will be held starting at 4:30 p.m. on Saturday, Oct. 17 at the Windham Veterans Center, 35 Veterans Memorial Drive in Wind-

ham. There will be a variety of beans, hot dogs, sides and desserts. The cost is \$10 and kids under 12 eat for free. There will also be a 50/50 raffle. To learn more, call 207-892-1908.

Blood Drive

Windham American Legion Post 148 will conduct a Red Cross Blood Drive from noon to 5 p.m. Wednesday, Oct. 21 at the Windham Veterans Center, 35 Veterans Memorial Drive. To donate, call 1-800-REDCROSS or download the Red Cross app for an appt.

Chess Club

Chess enthusiasts meet from 10 a.m. to noon every Saturday at the Windham Public Library, 217 Windham Center Road. All ages and abilities are welcome. FMI, call 207-892-1908.

LEGAL NOTICE

TOWN OF RAYMOND, MAINE
PLANNING BOARD MEETING
& WORKSHOP

Wednesday, October 14, 2026 • 7:00 PM
Broadcast Studio - 423 Webbs Mills Road,
and Via ZOOM

You are hereby notified that the Raymond Planning Board will hold a meeting at the Raymond Broadcast Studio and via Zoom on Wednesday, October 14th, 2026 at 7:00 pm on the following matters:

PUBLIC HEARING - MAJOR SUBDIVISION

APPLICANT: DM Roma Consulting Engineers
on behalf of Sebago View LLC
LOCATION: Map: 005 Lot: 1 Zone VR
Webbs Mills Road
DESCRIPTION: Application for a 50-lot Single-Family
Major Subdivision.

PUBLIC HEARING - MINOR SUBDIVISION

APPLICANT: Sebago Technics on behalf of
Josiah B. & Cynthia Audet
LOCATION: Map: 011 Lot: 61 Zone RR
285 Webbs Mills Road
DESCRIPTION: Application for a 3-lot Single Family
Minor Subdivision.

Copy of the submitted applications are available for review on the town website (www.raymondmaine.gov/agendas) after September 2, 2026 or at the Town Office (401 Webbs Mills Road) by appointment or during regular business hours.

WORKSHOP

Ordinance Updates to be in compliance with State regulation regarding ADUs and possible other Ordinance changes that may be needed.

The hearings will be streamed in real time from the local Government channel. This live stream is also hosted on YouTube (www.raymondmaine.org/content/live-video-streaming), so make sure your computer or router/firewall does not block YouTube content.

SCAN HERE TO REGISTER IN ADVANCE
FOR THIS MEETING OR GO TO:

<https://us02web.zoom.us/join/6PEz2joDSzOVq4eN1axNkg>

After registering, you will receive a confirmation email containing information about joining the meeting.



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REAL ESTATE

& Home

Fall repairs help prepare Maine homes for winter

► **By Chris Lawlor**
SPECIAL TO THE WINDHAM EAGLE
OWNER, MAINE HOME MAINTENANCE

Fall in Maine offers homeowners a valuable window to take care of repairs before freezing temperatures, snow and ice make small problems more difficult and expensive to address. A few improvements now can help reduce heat loss, improve energy efficiency and make a home more comfortable throughout the long heating season.

Start with the roof, one of the home's most important defenses against winter weather. Look for missing, cracked or curling shingles, damaged flashing and other signs of wear. Even a small opening can allow water to enter, and repeated freezing and thawing may make existing damage worse.

Gutters and downspouts also deserve attention. Leaves, pine needles and other debris can prevent water from draining properly. When temperatures drop, trapped water may freeze and contribute to ice buildup. Clean gutters and make sure downspouts direct water away from the foundation. Loose gutters, damaged sections and poorly positioned downspouts should be repaired also.

Next, check windows and exterior doors for drafts. Worn weatherstripping, deteriorated caulking and gaps around frames can allow heated air to escape while cold air enters. Replac-

ing weatherstripping and sealing small openings are relatively inexpensive projects that can make rooms more comfortable. Windows or doors that are damaged, difficult to operate or badly deteriorated may be candidates for replacement.

Insulation is another area worth evaluating. Heat naturally moves toward colder areas, and inadequate insulation in attics, walls, basements and crawl spaces can increase the amount of energy needed to keep a home warm. The attic is particularly important because warm air rises. Homeowners should also look for areas where insulation has shifted, become wet or been damaged.

Fall is also a good time to inspect the basement and foundation. Seal visible cracks and openings that may allow cold air, moisture or pests inside. Check basement windows and bulkhead doors for gaps and pay attention to signs of water intrusion. Addressing drainage and moisture problems before the ground freezes can help prevent larger problems later.

Plumbing should not be overlooked. Disconnect garden hoses, drain exterior faucets when appropriate and repair dripping or leaking fixtures. Pipes located in unheated or poorly insulated areas may need additional insulation to reduce the risk of freezing. Knowing where the home's main water shutoff is

located can also save valuable time if a pipe does burst.

Heating equipment should be ready before it is needed every day. Furnaces and boilers benefit from regular professional service, while heat pumps should have clean filters and unobstructed indoor and outdoor units. A heating system that is maintained properly can operate more efficiently and may be less likely to fail.

Chimneys, fireplaces and woodstoves should also be inspected and cleaned as necessary. Creosote buildup, damaged chimney components or blockages can create safety concerns. Repairs to masonry, chimney caps or flashing are often easier to handle before snow and ice arrive.

Outside the home, inspect decks, porches, stairs and railings. Loose boards, unstable railings and damaged steps become even more hazardous when covered with snow or ice. Repairing them in fall can make winter access safer. Walkways should also be checked for cracks, uneven surfaces or other tripping hazards.

Finally, look for smaller openings around utility penetrations, vents, pipes and siding. Sealing gaps can reduce drafts and make it harder for mice and other pests to seek shelter indoors as temperatures fall.

Not every project requires a major renovation. In many cases, caulking a drafty window, repairing a loose shingle or replacing worn weatherstripping can make a big difference. Larger concerns involving roofing, electrical systems, heating equipment, chimneys or structural components should be evaluated by a qualified professional.

Winters put homes through months of cold temperatures, wind, snow, ice and repeated freeze-thaw cycles. Taking care of repairs in fall gives homeowners an opportunity to address vulnerabilities.

This article was brought to you by Maine Home Maintenance. When you need a professional to assist in all aspects of home repairs and weatherproofing, contact them at 207-894-0424. <

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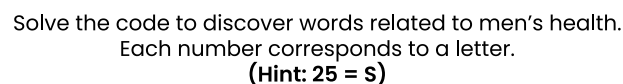
PUZZLES & GAMES

WORD SEARCH



Find the words hidden vertically, horizontally, diagonally, and backwards.

APPLES	CONCERT	FUNNEL CAKE	MIDWAY
BLUE RIBBON	CORNDOG	GAMES	POPCORN
CARNIVAL	COTTON CANDY	GRAND STAND	PRIZE
CAROUSEL	EXHIBIT	JUDGES	QUILT
CHURRO	FERRIS WHEEL	LEMONADE	RACING
COASTER	FRIES	LIVESTOCK	TRACTOR



Clue: Physician

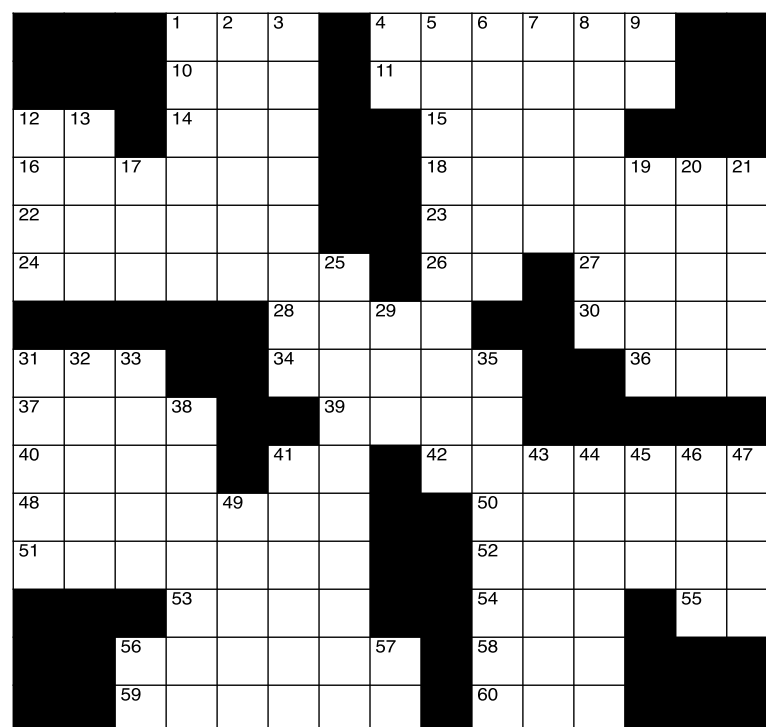
Clue: Testing

Clue: Physical activity

Clue: Boy or man

Answers: A. doctor B. screening C. exercise D. male

	H	A	R	D				S	A	M	P					
S	E	R	I	E	S			J	U	L	I	E	T			
P	R	O	B	L	E	M		P	E	R	I	N	E	A		
I	O	U		I	N	O	P	E	R	A	T	I	V	E		
V	I	S	E		E	N	A	T	E			B	E	L		
	C	A	R	L			O	R	E	M		D	U	D		
		L	O	O	T			A	R	I	S	E	S			
			D	R	Y	S		S	A	N	G					
		P	E	E	R	E	D		D	O	R	R				
	P	O	D			O	N	U	S		T	E	E	S		
E	R	R			S	A	M	A	S			T	E	L	E	A
D	E	C	A	P	I	T	A	T	E	D		I	N	N		
A	S	I	N	I	N	E			E	E	R	I	E	S	T	
M	E	N	A	C	E					S	A	L	V	E	S	
	T	E	S	T							B	L	E	D		

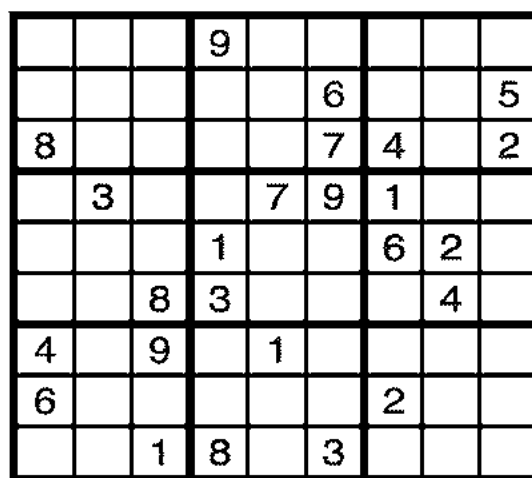


1. Small Eurasian deer
4. Province in Northern Ireland
10. A major division of geological time
11. Broadway actor Lane
12. Canadian province (abbr.)
14. Human gene
15. Two
16. A notable one was “blue”
18. Utter repeatedly
22. Ring-shaped objects
23. Sullies
24. Occurs
26. Commercial
27. Near
28. Tools you may need
30. A pledge
31. They start the alphabet
34. Silk garments
36. Soviet Socialist Republic
37. Longtime mayor of Rio
39. Hot meal
40. A type of gin
41. Atomic #84
42. \$10 bill
48. About ground
50. Medicine man
51. Seedless raisin
52. National capital of Albania
53. Appendage
54. OJ trial judge
55. European government entity (abbr.)
56. Bike parts
58. Friend to “Barbie”
59. Stretched to see or hear
60. Commercials

1. Make up for	29. Creative work
2. Baltimore ballplayer	31. Recesses
3. Wages	32. Largely forested municipality in Germany
4. International organization of countries	33. Rider of Rohan
5. Engravers of gems	35. Ancient symbol co-opted by Nazis
6. Declared as fact	38. Pioneer
7. One who steals	41. Scribe
8. Jewelry	43. Painted a bright color
9. Hospital worker	44. Member of British nobility
12. Nonsense (slang)	45. “Pulp Fiction” actress Thurman
13. Town in Galilee	46. Helps people walk
17. Value	47. Crest of a hill
19. Alternative identity	49. People of southeastern Alaska
20. Sheep in their second year	56. One’s own device
21. Town in Surrey, England	57. The Mount Rushmore State
25. Appropriate to a time of year	

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

SUDOKU



2	7	4	1	6	9	8	5	3
9	1	8	5	3	7	2	6	4
6	3	5	2	4	8	9	1	7
7	4	2	6	5	3	1	8	9
3	6	9	8	1	2	7	4	5
8	5	1	7	9	4	3	2	6
1	2	6	9	7	5	4	3	8
4	8	7	3	2	6	5	9	1
5	9	3	4	8	1	6	7	2

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BUSINESS SPOTLIGHT

Art and creativity have always inspired Mike Elie, and eventually those passions led him to tattooing and the opening of Pins and Needles Tattoo, a well-known body art studio that has served Southern Maine for more than two decades.

Located at 608A Roosevelt Trail in Windham, Pins and Needles is owned by Elie and specializes in tattoos of all styles. After operating a successful studio in Portland for more than 20 years, Elie brought his business and loyal following to Windham a few months ago and is looking forward to becoming part of the local community while welcoming new clients.

The new studio offers a clean and comfortable setting where clients can work with experienced artists to create custom body art at fair prices.

For Elie, tattooing is about much more than putting artwork on skin. Tattoos often carry stories with them. They can commemorate loved ones, celebrate milestones, represent relationships, mark accomplishments or serve as reminders of experiences that changed someone’s life. Others simply allow people to permanently display artwork that reflects who they are.

Being trusted to create something with that kind of permanence is one of the things Elie appreciates most about his profession. With more than 26 years of experience, he has created countless tattoos and understands that even a seemingly simple design can



Pins & Needles Tattoo

have a much deeper meaning to the person receiving it. He enjoys knowing that long after someone leaves the studio, the artwork and the memory connected to it remain with them.

“For me, the best thing about what I do is seeing the artwork on people walking around,” Elie said. “It is everything.”

His own journey into tattooing began with art and an unexpected visit to a tattoo studio.

“I was doing painting and working in construction,” he said. “I visited a tattoo shop in Madison, Connecticut and fell in love with it.”

Elie later met and was mentored by a veteran tattoo artist in Connecticut who encouraged him to dedicate his future to creating body art. What began as an interest developed into a career that has allowed him to combine artistic creativity with the opportunity to meet people from all walks of life.

The studio regularly features tattoo designs on social media with upfront pricing and flash sales, while artists can also work with customers to turn their own ideas into custom pieces.

According to Elie, his greatest challenge is helping a customer get a tattoo

in a timely manner. Sometimes a client arrives knowing exactly what they want. Other times, they may have only an idea, memory or feeling they hope the artist can translate into an image.

“Sometimes people come in with no reference,” Elie said. “We’ll need to ask them what they’re looking to achieve. We work with them to get the designs just how they imagined.”

That process is important because unlike other forms of artwork, a tattoo becomes part of the person wearing it. Elie and his staff take time to help clients feel comfortable, whether they are sitting for their first tattoo or adding another piece to an extensive collection.

Elie advises anyone considering a tattoo to spend time looking at an artist’s previous work, thinking carefully about the design and choosing the artistic style that fits what they envision.

Through the years, the heart of the profession remains the same for Elie. Every tattoo begins with an idea and ends with something a person can carry forever. There is satisfaction not only in creating the artwork, but in knowing he has been entrusted with a small piece of someone’s story.

Through decades of experience and

emphasizing the quality of his workmanship, Pins and Needles continues to earn top reviews.

“These guys made us feel right at home from the very minute we walked through the door. They were all super friendly and so patient with us and the many others that came in while we were there. We had our knife holding dinosaurs done by Jimmy. He did great work. I think this might be our new shop for our yearly couples’ tattoo.” ~ Renee Paine

“I’ve been to a lot of shops and different artists and I have to say Mike and the staff that I met today were extremely friendly, their prices are reasonable and won’t break your bank, quick but quality work, and a super clean environment. I will be going back next week for another!” ~ Arie Pom

“My husband and I just got some flash tattoos done by Big Mike. He was amazing. Very personable, efficient, and incredible line work. Free handed a tattoo on my husband’s finger and we couldn’t be happier with the outcome. We will be coming back for all our tattoos!” Shelby Stanhope

Pins and Needles Tattoo is open from noon to 7 p.m. Monday through Saturday and on Sundays from noon to 5 p.m. Walk-ins are welcome every day but on Wednesday, which is by appt only. To learn more, call or text 207-774-8282 or find them on Facebook. If you have a design in mind, you can send them a message with it and they can give you a price up front. <

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