### New Town Clerk takes oath next week

#### By Ed Pierce

STAFE WRITER

For the first time in nearly three decades, the Town of Windham will have a new Town Clerk when Anthony Blasi is sworn in for the position on Tuesday, Nov. 4.

Blasi was appointed to the position by the Windham Town Council on Oct. 28 after serving as Deputy Town Clerk for the past three and a half years. He succeeds longtime Windham Town Clerk Linda Morrell, who is retiring, in the role and is keenly aware that he has big shoes to fill.

"Linda is a tough act to follow. I can only hope to command the love, respect, and trust that the people of Windham have bestowed upon her," Blasi said. "Linda is so helpful. You see the way she interacts with people, and she is always willing to help. If she cannot do something or is not sure, she always finds out the answer. I learned more about resourcefulness from her and hope to be as resourceful as she is."

In his new duties, Blasi will oversee Dog Licensing; Hunting/Fishing Licensing; Business Licenses and Permits; and Notary and Dedimus Service. The Windham Town Clerk's office assists in Tax Collection/Auto Registration in collecting property taxes; registers autos, boats, and ATVs; issues marriage licenses and has Welcome Packets available for new residents. The Town Clerk also ensures that excellent customer service is provided to the public in a courteous and friendly manner. and supervises all elections conducted in the Town of Windham. The town clerk is also responsible for ensuring that all voter registration is handled in accordance with Maine Law and the Windham Town Charter.

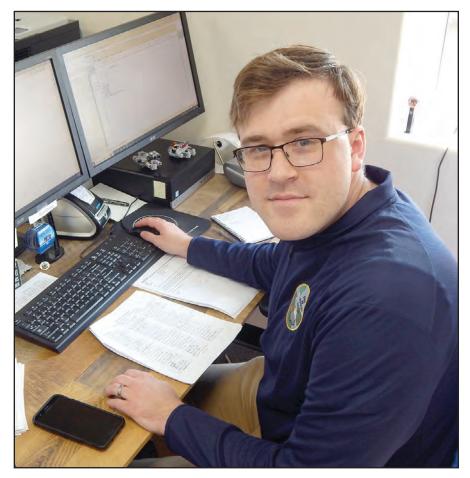
Blasi is originally from Auburn and graduated in 2015 from Edward Little High School. He then earned a Bachelor of Arts degree in history from the University of Maine Farmington in 2019.

Before coming to work in Windham, Blasi served as the Town Clerk of Woolwich for about a year and a half, and he applied for the Windham job because it posed more of a challenge.

"I was looking for work in a larger town with a more fast-paced environment," Blasi said. "My mom is from Windham, so I was very interested when I saw they were hiring. Once I met Linda and the others, I knew it was a perfect fit for me."

He is a Certified Municipal Clerk by the Maine Town and City Clerks Association and is a Notary Public.

Blasi is married and is a bit of a see CLERK Page 4



Anthony Blasi will be sworn in as Windham Town Clerk on Tuesday, Nov. 4 after his appointment to the position by the Windham Town Council this week. Blasi will succeed longtime Windham Town Clerk Linda Morrell, who is retiring next week after decades of service to the community. PHOTO BY ED PIERCE

## Southpaw Meat Market earns prestigious business award for community involvement

#### By Ed Pierce

For employees of Southpaw Meat Market, giving back and supporting the community is second nature and has led to them being honored with one of the most prestigious business awards in the state of Maine.

During the 2025 Maine Family Business Awards Gala sponsored by the Institute for Family-Owned Business (IFOB) on Oct. 8 at Thompson's Point in Portland, Southpaw employees were surprised when the company's name was called as recipient of the Maddy Corson Small Business Award. Corson founded the Maine Family Business Awards and was a philanthropist and former media executive from Maine who died in 2024.

The award is presented annually to companies in Maine with fewer than 25 full-time year-round employees that demonstrate excellence in the positions and responsibilities; family involvement; succession; use of external resources; family communication; family-owned values; business communication; business success; and community service.

"I cried like a baby when our name was called," said Niki Sargent, Southpaw Meat market co-owner. "I honestly didn't think we were going to



The Southpaw Meat Market team celebrates after learning that the company was this year's recipient of the 2025 Maddy Corson Small Business of the Year Award presented during the 2025 Maine Family Business Awards Oct. 8 in Portland. From left, Devon Sargent, Kali Mowatt, Niki Sargent, and Hayden Sargent. COURTESY PHOTO

win anything. More than 500 companies were nominated, and it was an amazing event. The people there were amazing, and the atmosphere was electric and like a mentorship."

Sargent said that the awards ceremony was truly professional and beautifully done.

"We were surrounded by so many talented individuals," she said. "Being there felt so encouraging and uplifting" When business representatives gathered for the awards presentation after a series of other demonstrations and guest speakers at the event, Sargent and members of her Southpaw team were jolted out of their seats when the business was called to the podium to receive the award,

"I think what I took away from all of this is that what we are trying to do is right," Sargent said. "We don't put it out there abut how much we do in the community and collaborate with other small businesses on meaningful activities for this community."

In 2023, Sargent, who co-owns Southpaw Meat Market, Southpaw Packing Company and Windham Butcher Shop with her husband, Leon, partnered with the National Alliance on Mental Illness (NMAI) Maine and created the "Slicing Through The Stigma" campaign to help individuals in the farming and agriculture business to receive help through a fundraising initiative.

She first took interest in creating "Slicing Through The Stigma" after she noticed a lack of access to mental health services in the local farming and agriculture communities. Seeking to find a solution to help her friends and neighbors, Sargent then partnered with NAMI Maine to establish a place of access to the services some might need.

"We put together a whole webpage on our business website through

the Windham Butcher Shop and put it together for access, just so people can go in and click a

→ see AWARD
Page 8



## Is this the party to whom I am speaking?

Four years ago on Nov. 9, 2021, I was sitting at my kitchen table eating alone and wondering how events were about to transform my life. Just 17 years earlier, I had no idea that someone I had met recently for the first time while on a vacation trip would have such a profound effect upon me and how that person became an example of courage and inspiration for me.

Robert Stanley Boyd grew up in Winooski, Vermont and was five years older than me. I had married Bob's youngest sister Nancy in June 2005, and I had not met him in person before flying to Vermont for a weeklong trip to my wife's hometown that fall.

Entering the mudroom to the home in Essex Junction, Vermont where Bob lived with his wife, Jacinthe, Nancy pointed out a mountain of shoes stacked up there as wearing shoes was not permitted in their spotlessly clean home.

Despite never having met Bob before, he gave me a gigantic bear hug and rattled off a dozen or more corny jokes, followed by the silliest of laughs. We became close, and I found it fascinating that the lost art of sarcasm dwelled within Bob Boyd. He played the guitar during church services and knew all the words to the same songs from the 1960s that I did.

In fact, from the first time that I met him and each subsequent trip to his home thereafter, a music channel playing classic hits from the 1960s was always playing on his television.

Today in HISTORY

#### **OCTOBER 31**

1864 – Nevada becomes the 36th state to join the United States of America

1868 – Postmaster General Alexander Williams Randall approves a standard uniform for U.S. postal carriers.

1926 – Magician Harry
Houdini dies of gangrene and
peritonitis resulting from a
ruptured appendix which had
been damaged 12 days earlier
when he had been punched
in the stomach by a student
unexpectedly.

1941 – Mount Rushmore in South Dakota is declared complete after 14 years of work finishing 60-foot busts of U.S. Presidents George Washington, Thomas Jefferson, Theodore Roosevelt and Abraham Lincoln.

1952 – The U.S. detonates its first hydrogen bomb.

1956 – American Rear Admiral G.J. Dufek becomes the first person to land an airplane at the South Pole.

1969 – Wal-Mart Discount City stores are incorporated as Wal-Mart Stores, Inc. He complained about everything from high taxes to the price of mandarin oranges and made sure people heard him. When large trucks started something called "engine braking" in front of his home while nearing his town, he argued before the town council to forbid such a terrible practice there. During our next visit, he proudly showed us a sign about a quarter of a mile away from his house that prohibited "engine braking" on that street.

Bob delighted in telling me stories about when my stepsons were young and how he gave their mom some time off and took the three boys out for lunch at McDonalds. With a twinkle in his eye, he talked about how the youngest, Danny, kept shoving straws into his cup until he had put more than 200 in there. While his brothers thought it was ridiculous, Bob played along with Danny and said if he wanted to do that, he should be able to.

Something I had in common with Bob was that we had both served in the U.S. Air Force. We had long discussions about military life and how Bob had joined the Air Guard instead of becoming a Marine like his two brothers.

I also thought is funny that each time Bob called to wish us a happy birthday or to say hello he would do so using a voice and snort sounding like Lily Tomlin as Ernestine the Telephone Operator from Rowan and Martin's Laugh In.

In turn, each time we called him, and I got to wish Bob a happy birthday, I would always ask him how old he was on this birthday and then tell him he didn't look a day older than he was yesterday. He would always chuckle and say to me "at least I'm retired," even though he would have part-time gigs working for a funeral home or giving directions to tourists while manning the information booth at the Burlington, Vermont airport.

On one of our visits to Vermont about 2015, Bob told us that he was sick of snow and cold and was buying a home in Ocean Isle Beach, North Carolina where he could go fishing all year long. He loved it there and even flew Nancy down to visit him and Jacinthe one winter when she was on winter break from teaching her first-grade class in Maine.

About 2019, Nancy said she could sense some sense of urgency in Bob's voice each time he called and asked us to come and visit. We were soon to find out why.

Bob had been diagnosed with a brain tumor, and he underwent surgeries and treatment. His health declined and it was only a matter of time. That November day in 2021, Nancy was visiting Bob for perhaps the final time. Over Christmas week in 2021, I broke down and cried when I couldn't find a Veterans Administration official to help Bob enter hospice care. I felt helpless as someone I truly loved was in such great pain.

Then on the morning of Jan. 2, 2022, we received notification that Bob had been admitted to a nearby hospice facility but had passed away.

This coming holiday season marks four years since Bob has left us and although he's gone in many ways, I can still hear his voice or remember some

of those stupid corny jokes he would tell. Or recall his silly impression of Kermit the Frog singing "Rainbow Connection."

Every day I look at a photo of Bob on my dresser and imagine he's out there somewhere laughing at something I've done. In that sense, he's never left. < ~ Ed Pierce

Inspirational

Quote of the Week

"Every leaf speaks bliss to me, fluttering from the

autumn tree." - Emily Brontë

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& Lorraine Glowczak



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**EDITORIAL POLICY** The Windham Eagle newspaper has a mission to be a positive and solutions based newspaper. As a positive and solutions-based newspaper, we are committed to providing our readers with accurate, informative, and constructive news and information that uplifts and inspires. We recognize that certain content may not align with our mission and values, and therefore reserve the right to not publish certain types of content. For complete details about submissions and our letters policy, visit thewindhameagle.com/Information.pdf

## ON THE

## Which foreign country would you like to live in for a year and why?

"France; total language immersion (à bientôt, Duolingo!), unbelievable baked goods, wines, dining experiences, temperate climate, 'close' to so many places!" – Hannah Bannon

"Puerto Rico because it's not a foreign country Mr. President."

– Bill Keller

"Japan. My daughter is learning the language, so I'd love to take her for immersion, but enjoy the amazing landscapes and delicious food too!" – Whitney Seitz Traylor

"I would like to live in France, specifically Provence. I think the beauty and the food would be amazing. Oh, the pictures I could take!" – Julie Mallett

"Italy, because I love the food." – Tommy Matthews

"Greenland. My father was stationed there in the U.S.
Army after World War II and I would like to see the same sights that he saw and talked to our family about when I was growing up." – Anne Glotchshuk

"Germany because I always wanted to travel by boat up the Rhine River while sampling the wine." – Deirdre Schulte

"If I could go anywhere, it would be to see the Himalayas in Tibet." – Dean A. Smalley

"Italy where my great grandparents immigrated from. The culture, architecture, beauty, climate, food, art, music – it's amazing!" – Jennifer White

"Thailand to see where the resort where HBO filmed 'The White Lotus.' Plus, the food there is utterly amazing." – Mitchell Robinson

"Italy. Come dovrebbe essere la vita!" – Francesco Paredon

"Canada. Land of my ancestors who came over from France, Scotland and Ireland. And I played an angry Canadian in a movie. Elbows up ehh?"

- Paul Bellefeuille

"Austria, because I was born in Salzburg." – Rob Juegens

"Scotland. Just would love to see it." – Cheryl L. Page The Windham Eagle Page 3



#### Local candidates head into final weekend of campaigning

#### By Ed Pierce

STAFF WRITER

This is the final weekend for Windham candidates to convince voters to cast ballots for them in Tuesday's election.

Five candidates are vying for two available RSU 14 Board of Directors positions to serve for three-year terms representing Windham on the school board. The top two candidates receiving votes will be elected.

RSU 14 candidates include incumbent Christina R. Small, Matthew S. Irving, Destiny J. Johnson, Megan N. Potter, and Adam G. Zajac. Small currently serves as RSU 14 Board Chair and Caitlyn Downs is not seeking re-election for another term.

The Board of Directors for RSU 14 is composed of nine members with three representing Raymond and six representing Windham. The board concerns itself primarily with broad questions of policy rather than with administrative details. Application of policies is an administrative task performed by the Superintendent of Schools and his/her staff, who shall be held responsible for the effective administration and supervision of the entire school system. Members of the RSU 14 board have authority only when acting as a board legally in session and all RSU 14 board positions are classified as non-partisan.

Board members are involved in policy making, choosing the schools superintendent, planning, setting goals and appraising results, approving and adopting financial resources, negotiating and approving collective bargaining agreements. The board also sets clear expectations/standards and adopts policies regarding instructional programs; determines school building needs; communicates with various constituencies; advocates for the needs of the students; establishes procedures for the operation of the board; reviews and evaluates board operations and performance; choose board officers; approves the annual school calendar; establishes and maintains effective board-superintendent relations; and works along with authorizing school administration to work with town, county, and other government and non-government officials and agencies.

For Windham Town Council, three candidates, including for the North District, South District and At-Large, will be elected for three-year terms.

In the Town Council North District, candidates are Deborah L. De-Vou and Margaret A. Terry. Incumbent Jarrod Maxfield is not seeking re-election.

Town Council South District candidates are Douglas R. Fortier

and Michael R. Russin. Incumbent Nicholas Kalogerakis is not seeking re-election.

For the Town Council At-Large position, the candidates are Joseph A. Campbell, Katie P. Cook and Clayton W. Haskell. Incumbent John Henry is not seeking re-election.

The Windham Town Council has seven members, three are elected atlarge and four are elected from the four defined geographic areas of the town (north, south, east, and west). Voters throughout the town elect all members of the Town Council, both At-Large and by district. As outlined in the Windham Town Charter, all Windham Town Council positions are non-partisan.

A town councilor's responsibilities are varied and include legislative and policy making in setting town policies; budget and finance in approving the annual budget and setting the town's tax rates; planning and development by approving, rejecting, or modifying plans proposed by the Windham Planning Board; directing the Town Manager by providing oversight for the Windham Town Manager and town staff; making appointments by choosing members and residents to serve on various

town committees and boards; conducting investigations into the affairs of the town and its departments; and exercising statutory powers concerning legislative, financial, borrowing, and other powers given by state statutes to town officers.

Two statewide referendum questions will also appear on the ballot for voters for either a yes or no vote.

Question 1 is "Do you want to change Maine election laws to eliminate two days of absentee voting, prohibit requests for absentee ballots by phone or family members, end ongoing absentee voter status for seniors and people with disabilities, ban prepaid postage on absentee ballot return envelopes, limit the number of drop boxes, require voters to show certain photo ID before voting, and make other changes to our elections?"

Question 2 is "Do you want to allow courts to temporarily prohibit a person from having dangerous weapons if law enforcement, family, or household members show that the person poses a significant danger of causing physical injury to themselves or others?"

Voting will take place between 7 a.m. and 8 p.m. Tuesday, Nov. 4 at Windham High School's Auxiliary Gym, 406 Gray Road in Windham. <







NUVEMBER 4TH

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#### Game tournament to bring warmth for Eagles chapter

By Erin Rose
STAFF WRITER

The Fraternal Order of Eagles' Lake Region Chapter 4352 will be hosting a multi-game tournament from 10 a.m. to 6 p.m. on Saturday, Nov. 1 to raise funds to replace the heating system at their building located at 756 Roosevelt Trail in Windham.

Players will be able to enter tournaments for pool, cribbage, and darts. There will also be a 50/50 raffle and a Chinese Auction with 15 to 20 items up for bid, along with homemade food and baked goods for sale.

The event is seeking to raise \$1,000 to help the group host a technician to provide the final installation support and plumbing to get the new system up and running after generous donations of time, material and funds from the club's membership.

"Thank God for our members," said Launnie Simpson, President of the Lake Region chapter. "Thanks to our community, one member donated the heating unit, and mem-

bers poured the slab out of their own pocket. Another member is bringing a forklift. Now, we're raising money for a plumber to do the final installation."

The specialist is expected to come from out of state to help chapter set up the new system, so they are looking for funds to help pay for the hotel and meals while he's here, along with whatever else he may need.

"We want to make sure he's taken care of," Simpson said,

The members of the chapter will also be handling the many tasks associated with the slate of games planned for the fundraiser, while event coordinator April Archer manages the day overall and has worked hard to coordinate all the details and planning.

"How she does it, I don't know," Simpson said. "We have great people, including tons of helpers and people that give." Archer has spent several months organizing the event and seeking out donations from the community but said that the many volunteers are what

make the day possible.

"I can handle the three games at a time, and whatever else come my way, because of the volunteers," she added. "I count on them."

Volunteers will be supplying not only manpower, but many of the food dishes being sold will also be prepared by members of the club.

Members of the public are encouraged to attend. Players can participate in more than one game tournament, and game play will be held until all participants are present.

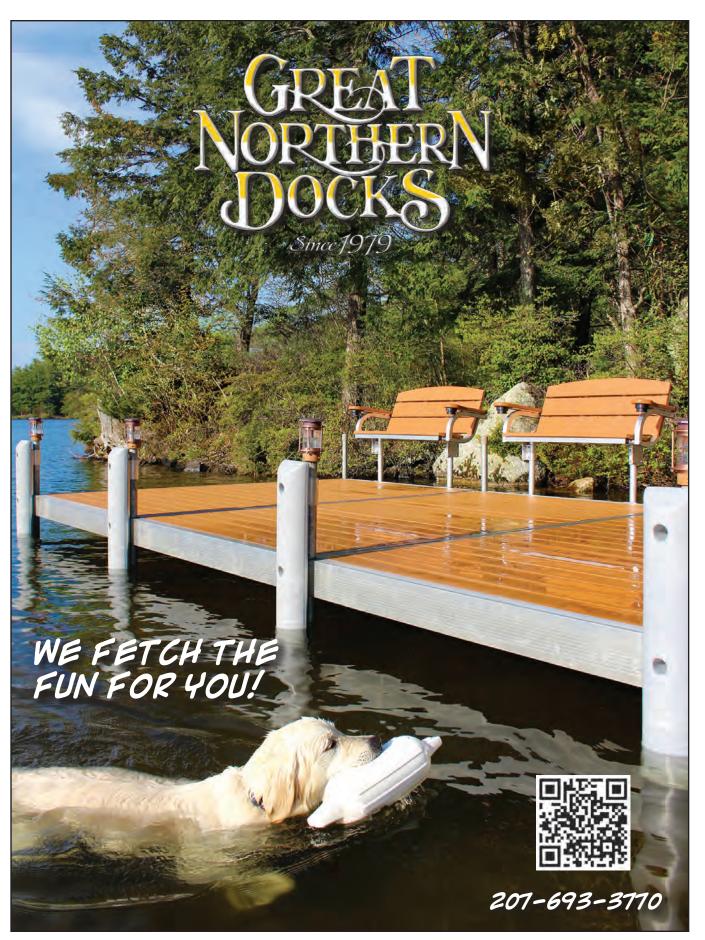
"We will accommodate if someone is in the middle of a pool game, and needs to play in Cribbage," Archer said.

The chapter, which has 218 members, has been in their current build-

ing since about 2020, since moving from the building that currently houses the Erik's Church restaurant and nightclub. It was founded 12 years ago to serve Windham, Raymond and other surrounding communities.

"Eagles stand together. It's another family," Simpson said, adding that anyone interested in joining the organization should talk to a member or stop at the chapter to get more information. "It's all about giving back to the community. People helping people."

The Eagles are a charitable organization, its members raising money for different local charities and working to support those in need in the communities they cover. The Lakes Region chapter is currently raising funds for breast cancer awareness by selling pink ribbons at several local businesses, after successfully raising funds for the Windham Food Pantry. They are also collecting unwrapped Christmas gifts for the food pantry, along with collecting items for residents of a local senior living facility.



CLERK Cont. from page 1

history buff. He enjoys visiting used bookstores, hiking and especially going to the beach. He's also the author of the book "Frontier Ranger of Colonial New England," for which he was presented the Roger Grindle Award for encouraging academic excellence in the field of history by the University of Maine Farmington.

During his first days on the job as Windham Town Clerk, Blasi said several immediate tasks will take priority.

"The first few weeks after my swearing in will involve several post-election tasks as well as many upcoming dog registrations," he said.

Of everything he's learned so far in his time working in the town clerk's office, Blasi says organization and preparation are paramount to his success.

"I feel that in this field there is no end to training," he said. "There are always new facts and processes to learn, which keeps you on your toes."

Up until last year, the Windham Town Clerk job was an elected position, but voters in November 2024 approved a Windham town charter amendment to convert the Town Clerk's position to one appointed by the Windham Town Council. The charter amendment eliminated residency in Windham as a requirement for qualified candidates seeking the job of the Town Clerk when the position becomes vacant. Morrell has served in the position for more than two decades as an elected official and her term expires Tuesday.

As far as replacing a trusted public servant and local legend as Windham Town Clerk, Blasi said Windham residents can expect continuity and consistency when visiting the Town Clerk's Office in the future under his leadership.

"When people come in and see me in Linda's place, I hope they find business as usual," he said. "Linda did a wonderful job; I do not see a renewal needed, only a continuing of an excellent legacy. I like to think I am a friendly professional. I want people to demand excellence with a smile and hope to meet their expectations." <

The Windham Eagle Page

#### A game of strategy brings together Windham residents

By Erin Rose

The Windham Public Library is now hosting regular meetings of residents who enjoy Cribbage, a game of strategy and numbers at noon on every first and third Tuesdays.

"There is no cost and no need for equipment," said the group's founder, Windham resident Marie Bishop. "If you want to play cribbage, come play cribbage."

Cribbage is a game played with both cards and a board. The board is used to track points, as players build to the winning score of 121 points. Those points are gained by finding different combinations of cards, including pairs, runs of numerically adjacent cards, and flushes.

To start the game, the players are each dealt a hand of six cards, two of which are added to the "crib," an extra hand for the dealer to score extra points at the end of the round. The players take turns playing cards and building points until their hands total 31. At that time, they count their points, move their pegs along the board, and reshuffle the cards before starting another round. Once a player reaches 121 points, the game is over.

Boards can range from simple, with just two pegs and sets of holes for each player, to those with ornate designs or even travel boards that hold the pegs and cards secure for onthe-go gaming. Bishop brings many different boards to each meeting, and other players bring their own, making for an eclectic mix of playing sur-



Members of the Windham Cribbage Club meet at noon every first and third Tuesdays of the month at the Windham Public Library. All are welcome to join the game every first and third Tuesday at noon. COURTESYPHOTO

faces.

"I like that it makes me keep adding up the numbers, it keeps my brain sharp, finding the combinations of 15," said Brad Schoonard, one of the players from the group. "It's a very relaxed atmosphere, and no pressure to figure it out the first time you're here. We'll teach you how to do it."

Bishop was searching to find like-minded Cribbage players to seek out more opportunities to play when she decided to establish the club.

"I've been playing cribbage since I was a kid with my father. And I figured I wasn't the only one who liked cribbage, but I couldn't find a group to play. So, I went to the library to start one," she said.

"We're not a club," Bishop said, explaining that "it's a community of people who simply like to gather to play and enjoy each other's company."

The group is "mostly retired people, but kids join when they're able, especially over the summer," Bishop said. "Anybody going by, sees us and wants to drop in, they're welcome."

Sylvia Smith is another longtime Cribbage player, who also plays at other gatherings in local communities, including a "cutthroat" game in Portland where your opponent is your competitor as opposed to a friend.

"When someone misses a point, we might not mention it" at a more competitive game, she said, noting that this community is as far from that as possible.

"It's these people," she noted when asked about what makes this group particularly welcoming. "I like being around them and really miss them when they don't come. We help each other. When someone doesn't have all their points, we point out the ones that they haven't seen. Because when you've been playing a lifetime, you know exactly what the points are," Smith said. "Everybody here is a great player, but it's all about the cards."

Typically, about 16 people attend each gathering in Windham, with nearly double that number on the group's mailing list. Bishop sends out regular reminders about the meetings, and she also posts on the local community Facebook page to encourage more people to join.

If interested, attend an upcoming Cribbage Club meeting or reach out to the Windham Public Library for additional information.





#### 'Fire Prevention Month' activities keep firefighters busy

By John Facella
SPECIAL TO THE WINDHAM EAGLE

Members of the Raymond Fire & Rescue Department have been kept busy with fire prevention activities throughout the month of October.

At Raymond Elementary School, 251 students were visited by a Raymond fire truck. RES students received training, depending on their grade about stop-drop-and roll, a fire safety technique to extinguish flames on their clothing. Students were also able to see what a firefighter looks like in full re-

sponse and turnout clothing and gear, learned about kitchen fire safety, and received some tips for how to escape your bedroom at night in the event of a fire.

As in recent years, a fire safety poster coloring event was held, and RES teachers judged the students' submissions.

The top winner this year in the fire safety poster contest was fourth grader Kirra Irish, who won a ride to school in a Raymond fire truck with her dad, Eric Irish.

Other student poster contest win-



Throughout the month of October, Raymond Fire & Rescue Department was busy promoting Fire Prevention Month. During one of those activities, firefighters visited Raymond Elementary School to congratulate poster contest winner Kirra Irish, who received a ride to school for her and her father in a Raymond fire truck. From left are Raymond firefighter Ryan Long, Eric Irish, Kirra Irish, Raymond Elementary Principal Beth Peavey, and Raymond Lt. Paramedic Carol Dennison. SUBMITTED PHOTO

ners were first grader Phyllis Horeth, who won a fire extinguisher and kindergarten student Henry DiSilvestro, who won a smoke/carbon monoxide alarm. Second grader Maple Hall, third grader Weston Quinn, and Pre-K student Tanner Chase, all won Raymond Fire & Rescue Department frisbees for their entries.

During the month, Raymond Fire & Rescue Department members also vis-

ited the Raymond Village Library, and four nursery schools, seeing a total of another 100 children. At each of these visits the children got a tour of a Raymond fire truck, were able to see a Raymond firefighter dressed up in turnout gear and were read a story by a Fire Department member about Sam the Firehouse cat, who apparently could slide down a fire pole.

→ see **PREVENTION** Page 10



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#### **TAXFIGHTER**

## DEBORAH DEVOU

#### **TOWN COUNCIL**

- Cut property taxes & prioritize spending on needs vs. wants.
- **■** Support policies that make Windham both business & family-friendly.
- Encourage balanced growth that helps make housing more affordable but respects our community's character & natural resources.

#### ABOUT ME:

- ★ Retired; Cumberland County Sheriff's Office, Corrections Officer
- ★ Earned "Officer of the Year Award" for distinguished job performance, devotion to duty, & dedicated service to the community.
- ★ Raised a son as a single mother.
- ★ Volunteer at my granddaughter's school (WCA) & local soup kitchen
- ★ Active in the Tree of Life Church

"Deborah feels growth is important, but rapid growth & change should be guided more and perhaps moderated first and foremost by the concerns of the citizens of Windham. She feels that 'government is the vehicle, but the people should be the driver!' She supports small businesses & hopes for responsible government." ~ Bernard Wall

"We need reasonable & accountable people on our town council. Deb believes in listening to the people, being available, & transparent. If you believe Windham's taxes are increasing too quickly & the nature of our town is being lost, I urge you to vote for Deb Devou for Town Council too." ~ Carolyn Brodsky

"Deb truly cares about the overbuilding, overspending & the crime happening in our community. She listens to the people & wants our input. Deb wants to work for you & to keep Windham safe & affordable!"

~ Stanley Malinowski & Andrea Moore

### Residential leaf disposal site now open in Windham

By Ed Pierce

STAFF WRITER

Summer has ended and as Windham residents are taking a long look at their yards to prepare for the winter months ahead, they are busy collecting leaves and unwanted brush that has built up on their property since spring and wondering how to get rid of them.

Windham's Department of Public Works has announced the window of availability and hours for dropping off leaves and brush for fall disposal and residential clean-ups in town.

The Windham Leaf and Brush Disposal Site is now officially open and will close for the fall season at 6 p.m. Sunday, Nov. 16. The Leaf and Brush Disposal Site is located at the very end of Enterprise Drive off Route 302 behind the self-storage building in North Windham.

Windham DPW officials ask that residents who are dropping off items for disposal at the Leaf and Brush Disposal Site to separate leaves from brush and place them in the appropriate areas where the marked and the posted signs there indicate.

For those who are transporting leaves to the Leaf and Brush Disposal Site in paper or plastic bags, DPW requests that the leaves be removed from the bags and the bags taken back home for proper disposal there. They also ask that residents not bring any unwanted brush or branches larger than 12 inches in diameter to the site for disposal. Grass clippings are allowed but large heavy tree stumps are



Windham Leaf and Brush Disposal Site, located at the very end of Enterprise Drive off Route 302 in North Windham, is now open and will close for the fall season at 6 p.m. Sunday, Nov. 16. Residents may bring leaves, small brush and tree limbs there for disposal. COURTESY PHOTO

not permitted for disposal at the site.

As a reminder, residents are not allowed to dump garbage, metal, rubble, old televisions or appliances at the town's Leaf and Brush Disposal Site.

The Town of Windham does not offer a collection for leaves at the curb, and bags of leaves should not be placed in weekly recycling bins for collection.

Typically, about 600 to 700 yards in cubic feet of leaves and unwanted brush are collected at the town's Leaf and Brush Disposal Site every year during the fall season.

To use the service, load up your vehicle and take bags for disposal to the Leaf and Brush Disposal Site which will be open around the clock to Windham residents.

While Windham's Public Works department once handled both spring

and fall brush disposal services, the town now is assisted in this bi-annual collection by R.J Grondin and Sons, a family-owned construction company.

Larry Grondin, vice president of Grondin and Sons, said that it was a "good fit" to offer the town assistance with brush disposal.

"After we helped with Public Works' new building, the initial plan was to just help out while construction was taking place," he said. "Though we settled on us taking

over with the brush disposal entirely since they no longer had the room for it. It's worked out so far for us both and we like working with them." All materials gathered during the spring and fall brush seasons are given new life through Grondin and Sons.

Instead of burning the leaves and brush like residents in the past once would, Grondin and Sons find new purposes for the materials. The leaves are composted, and wood-based materials go toward creating new heating materials.

Grondin said it's great knowing that the leaves and brush gathered are repurposed rather than sent to a waste facility. The disposed materials gain a new purpose, and it also provides residents with a local site place to self-dispose of leaves and brush free of charge.

For further details about Windham's Leaf and Brush Disposal Site, call the Windham Public Works Department at 207-892-1909 or visit www.windhammaine.us. <





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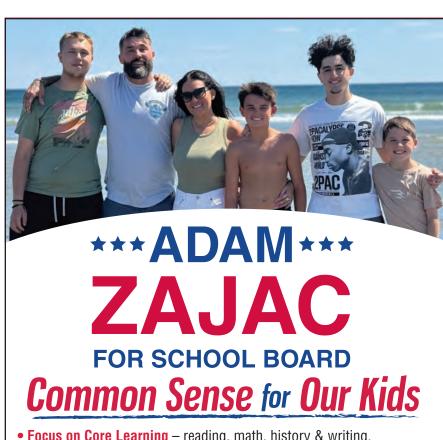




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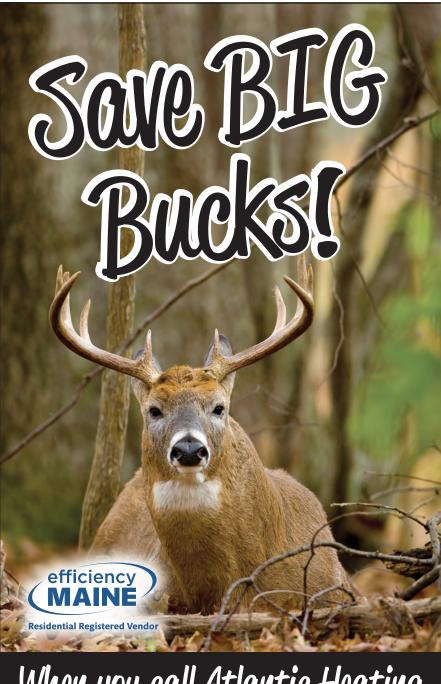


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button and can be anonymous and people could access information about the services that were out there," she said.

The program was so successful that it earned the company the C.A.L. ME Award for "Caring About Lives in Maine" by NAMI

and deserving recognition for those in Maine who advocate for mental

Southpaw employees and Sargent's daughter Devon received the 2025 Chief Reginald Brown Community Service Award from the Raymond Fire & Rescue Department for generosity and kindness, and deep dedication to community outreach.

If that wasn't enough, company employees also donate their time to volunteer with 4-H clubs and students in Cumberland and Oxford counties in raising livestock, and in donating to food pantries and soup kitchens throughout the Lakes Region. They also donate processing services for the raffle pig each year at the Cumberland County Fair and have made donations to medical research schools and local small businesses in need.

Employees that Sargent says were instrumental in helping the company win the Maddy Corson Small Business Award are:

Windham Butcher Shop

Leon Sargent (Niki Sargent's hus-

Kali Mowatt (Niki Sargent's sister) Jane Lamb (40-year employee)



Dale Desjardins Hunter Durgin

Paul Roy

Dana Mains Jr. Southpaw Meat Market

Devon Sargent (Niki Sargent's daughter)

Hayden Sargent (Niki Sargent's daughter)

Helen Linscott

Noelle Surette

Kiera Greene

This year's Maddy Corson Small Business Award was sponsored by Volk Packaging Company of Biddeford.

Now approaching its third decade, the Institute for Family-Owned Business (IFOB) is a non-profit 501(c)3 organization dedicated to supporting family-owned businesses, which represent about 80 percent of all businesses in Maine. Through consulting, seminars, workshops, and networking, the Institute assists family-owned firms in meeting the unique managerial challenges associated with operating and sustaining a successful family enterprise.

Additional information about the Institute Family-Owned Business is available at www.fambusiness.org. <



## \*\* PLEASE VOTE! \*\*

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The Windham Eagle

#### Volunteers needed for WindowDressers program to help lower heating costs for residents in the region

#### By Dina Mendros

Winter is coming and Mainers are concerned with keeping their homes warm. One low-cost way to do so is by participating in the WindowDressers program which provides insulated window inserts to help keep heat in for free or at a low cost.

"WindowDressers is a grassroots volunteer-driven nonprofit organization that trains, supplies, and supports teams of volunteers who host community builds to construct insulating window inserts for local residents," according to program spokeswoman Sofia Reali. "WindowDressers brings community volunteers of all economic and social situations together to improve the warmth and comfort of interior spaces, lower heating costs, and reduce emissions by producing lowcost insulating window inserts that function as custom, interior-mounted storm windows."

Those living in the Sebago Lake Region, which includes Windham, Raymond and Standish, can sign up now for inserts which will be built and distributed in January.

Insulated window inserts help prevent heat loss in homes, much of which occurs through windows.

"About 30 percent of an average home's heat loss occurs through windows and doors," Reali said. "In homes with older windows, the situation can be even worse, and Maine has the fifth oldest housing stock in the nation."

"Our custom-built window inserts significantly reduce this heat loss by creating two additional sealed air spaces: one between the insert and window and another between the two plastic layers," she said. "This effectively doubles window insulation, making homes more energy efficient and comfortable throughout the winter. Our research shows that, in a typical house, one medium sized insert (30 inches by 52 inches) can save an average of 8.5 gallons of heating oil every year."

This is the first year that Age Friendly Windham (AFW) is heading up the WindowDressers community build for the town.

AFW is "participating to help homeowners and renters, as well as any interested business, keep their space warm and reduce heating cost while reducing the impact of traditional fuels on the environment," said AFW Coordinator Erica Bell-Watkins. "It aligns with our action plan to help facilitate weatherization programs for the community. It also aligns with the town's energy plan 2023 to educate and assist residents with utilizing energy efficiency programs."

The community build is a five to seven day "pop-up' event" with a goal of building 200 to 300 inserts with 50 or more volunteers, Bell-Watkins said. Most households will receive about seven inserts.

"Together, our volunteers have built over 78,000 custom-made insulating window inserts since 2010, with between 25 to 35 percent given to low-income families for no or low cost," Reali said. "After signing up for inserts, the first step is to schedule a



Community residents are asked to sign up for free or low-cost insulating window inserts middle- and high-income intended to reduce home heating costs. The homes and businesses, the WindowDressers program is administered price is a fraction of the locally by Age Friendly Windham and the cost of similar commercial deadline to enroll is Dec. 10. They are also products. Pricing is based seeking volunteers to help with measuring on the exact size of the inand building the inserts. PHOTO BY SOFIA REALI

measuring appointment with the local Build Team. At these measuring appointments, trained volunteers visit homes to measure windows and determine the number of inserts needed."

The inserts are built of attractive pine frames and wrapped drum-tight with two layers of durable plastic film. These layers create an insulating air space while letting in all the light and views. Foam weather stripping around the outer edges stops drafts and ensures the insert's snug fit.

All inserts are built at the community build event, where volunteers and customers come together to assemble them. Each insert is made in a few simple steps with the help of custom jigs, which guide every step of assembly so that anyone, regardless of experience, can easily and consistently build inserts.

"Customers install the window

inserts themselves once they bring them home," Reali said. "The inserts are lightweight and designed to slide easily into the inside of the window. Each insert has a small pull tab at the bottom to remove them at the end of the heating season."

WindowDressers offers up to 10 inserts per year for no-cost or whatever you can afford. For sert. A medium-sized 30 inch by 52 inch insert in

pine costs \$50.98 plus tax.

The WindowDressers program is supported through a diverse range of funding sources, including individual donations and grants from foundations across New England.

The Sebago Lakes Region community build is partnering with Saint Joseph's College to host the local event from Jan. 22 to Jan. 26.

The team is looking for community volunteers to help measure windows and participate at the community build event itself. Anyone interested in volunteering at the build can sign up at windowdressers.org/community-builds-maine. For anyone interested in signing up to receive inserts they can do so at windowdressers.org/insulating-inserts or call 207-596-3073. Locally, send an email to Erica Bell-Watkins at eabellwatkins@windhammaine.us. The deadline for having windows measured is Dec. 10. <



Volunteer time is flexible based on your availability, and each role has different timing needs. Together we can warm homes!

Window Dressers

To learn more: www.windowdressers.org or call 207-596-3073 To volunteer email: eabellwatkins@windhammaine.us



PREVENTION Cont. from page 6

Despite some rain, Raymond Fire & Rescue Department's Open House on Wednesday, Oct. 22 was well attended by the community. Everyone enjoyed

a free meal of hot dogs while reviewing demonstrations about CPR, squirting water for the children, a touch a truck, and fire extinguisher demonstrations. Of special interest this year was the symbolic "push in" of Raymond Fire & Res-

cue Department's new rescue pumper, which is about to go into service.

The American Red Cross brought their disaster van to the Raymond Fire & Rescue Department's Open House and explained their home fire alarm safety program.

On display at the Open House was a table devoted to lithium-ion battery safety, which was a focused theme for this year from the National Fire Protection Association (NFPA). Also shown during the event was a mock 911 telephone experience from the Cumberland County 911 Center, and explanations about home fire escape ladders, fire extinguishers, and tips for wildfire prevention.

Fire officials say that it's important for local industries to have employees trained in the use of fire extinguishers and Raymond Fire & Rescue Department successfully completed extinguisher training for about 70 employees of Sabre Yachts.

October is recognized nationally as Fire Prevention Month and is a crucial time to raise awareness about fire safety and prevention. This observance serves as a reminder for individuals and communities to take proactive steps in reducing the risk of fire-related incidents.

Fire can often spread quickly and result in devastating damage to homes, businesses and lives. According to the National Fire Protection Association (NFPA), U.S. fire departments respond to over 350,000 home structure fires each year. These fires result in thousands of injuries and fatalities, making fire prevention a critical public safety issue and fire prevention education utterly essential.

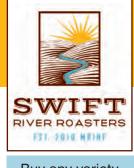
In Raymond, the goal of participating in Fire Prevention Month activities every year is to raise fire safety awareness and help protect homes and families in the town. <





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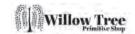
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#### Nangle: The quiet public health service that saves Mainers every day

By Senator Tim Nangle SPECIAL TO THE WINDHAM EAGLE



When you think about essential public health services, you might picture an ambulance, a local clinic or a hospital emergency

Sen. Tim Nangle room. But behind the scenes, one of Maine's most effective and cost-saving health services is the one you'll never see unless you need it — the Northern New England Poison Center (NNEPC).

Based in Portland, the NNEPC

vides immediate, lifesaving expertise.

According to the NNEPC Annual Report for 2024-2025, the Poison Center managed 13,814 Maine cases, including 11,546 human exposures and 606 animal exposures. Nearly one in four calls came directly from health care providers seeking advice on severe or complex cases. Maine's hospitals, pharmacists and first responders rely on the center for expert toxicology support every day.

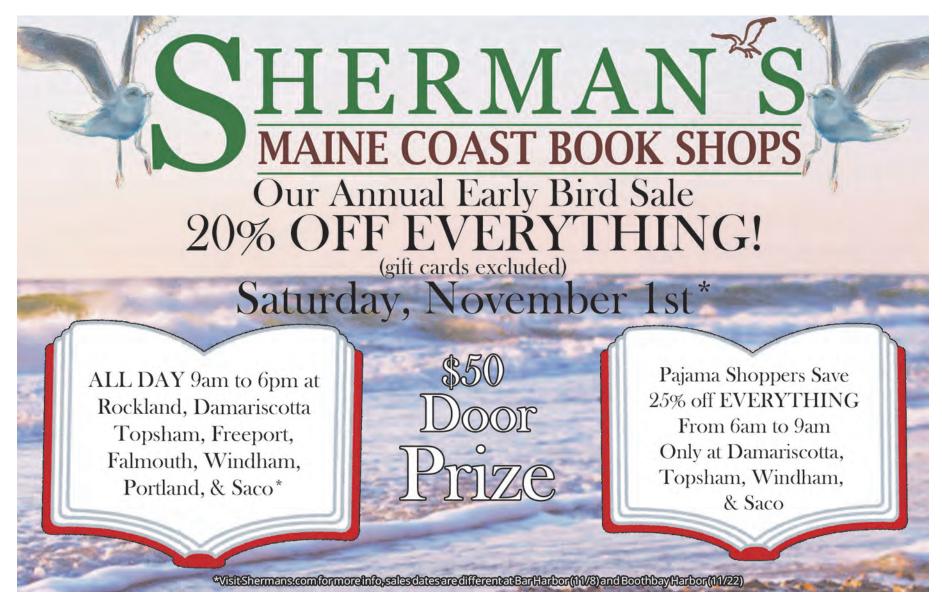
Children under six made up 36% of non-hospital cases, and an incredible 93% of those were treated safely at home with guidance from poison spe-

only treat emergencies but help prevent them, educating the public and medical community alike.

The results are clear: for every dollar invested in poison control services, the see NANGLE Page 15









Submit letters by Tuesday at Noon to: editor@thewindhameagle.com or mail to: 585 Roosevelt Trail, Windham, 04062

#### Editor,

What's really wrong with mandatory Voter ID? It's simple. It's inconvenient for Me and it's uncomfortable for Me.

My husband has already passed the 80 mark and I have one foot on the proverbial "banana peel." We haven't had to take advantage of absentee voting yet although it's not out of the realm of possibility. Now back to Me.

I have taken advantage of early voting twice; once for a valid reason and once because I was so adamant about my vote that I didn't want to take a chance on not being alive by voting day.

As it turns out sometimes deceased people can vote, but that wouldn't help Me because there's no one I could trust to help me pull it off. I have several people I could 100 percent trust to do it if they said they would, but not one of them would ever agree to do it

It is supremely uncomfortable (painful) for me to show my ID. Either they will look at me suspiciously because it doesn't particularly look like me, or worse, they'll take it with-

out question which means I really do look like that.

But here's the reality: "right" is not based on my comfort or convenience; in fact, right is usually uncomfortable and inconvenient.

Not to minimize the inconvenience of those who, so long ago, offered their lives for our vote, it was long ago. But what about those, today, that have and are giving up so much to defend that right; does convenience or comfort enter into their decision? So, while I can't do much else, I can tolerate a little inconvenience. So, "Thank you" to those of you who are concerned for us "old folks", but, for Me, convenient or not. I'm all in for mandatory Voter ID.

~ Lynda McDonald, Windham **Editor,** 

Election Day is Tuesday, Nov. 4, and AARP Maine urges all Mainers to make their voices heard by casting a ballot. While there are no presidential or statewide office races this year, your vote still matters – especially with two important referendum questions on the ballot.

Question 1 addresses future election procedures, including absentee voting and voter ID requirements. This issue deserves your attention, and we encourage every voter to read the question carefully, research the implications (both intended and unintended), and vote in the way that

makes the most sense to them.

AARP is a nonpartisan, nonprofit organization. We do not tell anyone how to vote – but we do believe strongly in the power of the vote. Older voters consistently turn out in high numbers, and we believe that access to voting for older adults is extremely important. We believe that every registered voter should be able to vote, even if they are in a nursing home or in a remote part of our great state.

AARP Maine offers resources to help you navigate the voting process, including how to register, vote absentee, or cast your ballot in person. Visit aarp.org/me for details. For specific local elections, your town or city clerk is a great resource.

Your vote is your voice. Let's make it heard on Nov. 4.

~ André Chassé, AARP Maine State President **Editor,** 

As election season comes to an end, I want to take this opportunity to express my gratitude and share a few final thoughts.

This election is about a vision for the future. All of us want to know that Windham and Raymond kids are safe, healthy, and prepared for a rapidly changing world. It is our job as parents, teachers, directors and members of a greater society to ensure that they are. The question at stake is what

→ see **LETTERS** Page 14

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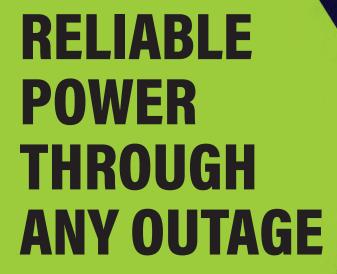
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LETTERS Cont. from page 12

choices will get us to the future we

We need policy makers who are collaborative, respectful, and supportive of all our students and staff. Public service is about bringing everyone along together not just those we agree with. When we shape school policy, we are shaping real impacts on all our kids and families and sending a message about how they fit into our community.

Over the last couple of months, I've tried to experience this campaign as a way to better know my own community. I've had the privilege of speaking with hundreds of voters not just about our school system but about their own lives, opinions, difficulties and successes. I've spoken with people whom I align with on nearly everything, and I've spoken with people who I align with on very little. All of these conversations have been a special kind of education, and one which I value very much. I hope that I have the opportunity to carry that education forward as a RSU 14 board member.

Regardless of the outcome of this election, I am truly grateful to everyone who took the time to support me or just engage with me, and I look forward to serving the community in whatever way I can. Thank you.

~ Matthew Irving, Windham

#### Learning about the Legislature



State Representative. Barbara Bagshaw (R-Windham) had the opportunity to speak to Mrs. Pride's fourth grade class at Windham Christian Academy recently. Bagshaw, who is now in her second term representing part of Windham in the Maine House of Representatives, said that she enjoys visiting with students. "They asked very mature questions regarding voting and how their government operates", Bagshaw said. She added, "As a former teacher, it's one of my favorite parts of serving in the legislature, meeting and speaking with students and their teachers". SUBMITTED PHOTO







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NANGLE Cont. from page 11

system saves at least \$13 in other health care costs by preventing unnecessary ER visits and reducing hospital stays.

Earlier this year, I introduced LD 689, "An Act to Support the Northern New England Poison Center," to ensure Maine continues to fund this critical public health service. The bill passed with unanimous, bipartisan support, providing \$50,000 in each of the next two fiscal years to help strengthen the center's operations and ensure Mainers can always reach a toxicology expert when they need one.

At the public hearing on LD 689, medical professionals and emergency responders offered powerful testimony about the value of this work.

Joe Kellner, CEO of LifeFlight of Maine and a Windham resident, shared how closely their air ambulance service works with the center. In his testimony, he reminded us of what's at stake:

"When contemplating the merits of funding a critical program, it is important to evaluate what would happen should funding NOT occur. In this case, it is very direct — without the Center, at best, treatment outcomes are suboptimal and at worst, people die."

LifeFlight transports over 3,000 patients annually across Maine, many of whom receive improved care thanks to the expert support of the NNEPC. This partnership between our air medical service and the Poison Center underscores how tightly integrated and essential this system is to Maine's health care network.

Dr. Mark Neavyn, Medical Director of the NNEPC, told the committee that Maine's state funding for poison control is "less than half that provided by New Hampshire, a state with a similar population, and less than Vermont's, which has half our population."

Smart investments in public health strengthen the entire system. When the Poison Center has the resources to support front-line medical staff, it helps every hospital, ambulance crew and emergency room do their jobs more effectively and keeps Mainers safer

If you ever face a poisoning emergency or have a question, help is only a phone call away. Mainers can reach the Northern New England Poison Center any time by dialing 1-800-222-1222,

texting POISON to 85511 or visiting nnepc.org for live chat support.

For the latest, follow me on Facebook at facebook.com/SenatorTim-Nangle, sign up for my e-newsletter at mainesenate.org, or contact me directly at Tim.Nangle@legislature. maine.gov. You can also call the Senate Majority Office at 207-287-1515.

The opinions in this column are those of the author. They do not necessarily reflect the opinions or views of The Windham Eagle newspaper ownership or its staff. <









## A Local Guide to FALL CARCARE

#### A CONSUMER'S GUIDE TO AUTO INSURANCE: HOW TO SHOP SMART

Maine drivers know that reliable auto insurance isn't just a smart choice—it's the law. But beyond meeting state requirements, car insurance acts as a financial shield when the unexpected happens. From fender benders to major crashes, the right coverage can prevent costly bills. With prices rising everywhere, many Mainers are asking: how can I be sure I'm not overpaying?

Know the coverage requirement:

Maine has some of the highest minimum liability limits in the country. Drivers must carry insurance for bodily injury and property damage, plus uninsured and underinsured motorist coverage to protect against others' lack of insurance. Medical payments coverage is also required for injury costs after a covered incident.

While the minimum satisfies the law, many drivers choose higher limits or extra options like collision and comprehensive coverage. These cover damage to your own vehicle—whether from a crash, falling tree branch, or wandering wildlife.

Shop and compare regularly: Insurance rates shift often due to driving history, local claim trends, and company pricing. A policy that was affordable a few years ago might not be today. Experts suggest reviewing rates every year or two, or after major life changes like moving or buying a new vehicle.

Shopping around doesn't always mean switching carriers. Current providers sometimes offer discounts or better rates when customers check other options. Staying informed keeps pricing competitive.

Drivers should also pay close attention to optional extras. Roadside assistance, rental car reimbursement, and gap coverage may be well worth the cost for some, but unnecessary for others.

**Look for discounts:** Many drivers miss out on simple savings:

- Bundling policies: Combine auto with home or renters insurance.
- Safe driving programs: Clean records and telematics tracking can lower costs.

- Good student discounts: Teen drivers with strong grades or safety courses may qualify.
- Higher deductibles: Choosing a larger deductible reduces monthly premiums.
- Vehicle safety features: Cars with anti-lock brakes, anti-theft systems, or driver-assist tech often earn lower rates.
- Low-mileage savings: Fewer miles mean less risk and smaller premiums.

Even small discounts can add up to meaningful savings over time.

Understand what you're paying for: Take time to review your policy. Knowing what each coverage type and deductible means helps avoid costly surprises. Optional add-ons—like roadside assistance or rental reimbursement—can be valuable for some, unnecessary for others.

**Keep a clean record:** Traffic violations and accidents raise rates for years. Safe driving protects both your safety and your wallet.

**Stay proactive:** Review coverage yearly, compare quotes, and check for new discounts. With a little attention, Maine drivers can stay protected on the road and keep insurance costs under control. <





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# PEACE OF MIND ON THE Open Road

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5 SIGNS IT'S TIME TO REPLACE YOUR TIRES

Tires may not be the flashiest part of your vehicle, but they're the quiet champions that keep you connected to the road. Over time, though, their performance naturally wears down, and recognizing when it's time for a replacement is essential for safety and smooth driving. As seasons change and

road conditions shift, here are five clear signs that your tires may be nearing retirement.

One of the easiest indicators to spot is worn tread. The tread is what allows your tires to bite into slippery pavement, channel away water, and maintain proper traction. Once tread depth becomes shallow, stopping distances increase and hydroplaning risk rises significantly. A simple way to test this at home is the penny test: insert a penny into the tread with Lincoln's head facing down. If you can see the top of his head, the tread is too low and it's time to replace the tire.

Another warning sign appears in the sidewalls. Cracks, cuts, bulges, or unusual bubbling along the tire's edges often point to damage beneath the surface. These flaws are more than cosmetic. A damaged sidewall may fail suddenly, leading to blowouts that could turn a normal drive into a dangerous situation. Any severe or expanding marks deserve quick attention from a professional.

Uneven wear across the tire surface is also a signal that something isn't right. If one side is worn much more than the other, or if the tread looks patchy rather than uniform, the cause may be improper alignment, unbalanced wheels, or suspension issues. Replacing the tires without addressing the underlying problem means the new ones will wear out just as quickly. A trained technician can diagnose why the wear occurred and help the next set of tires last longer.

The age of your tires matters too, even if the tread still appears acceptable. Rubber changes over time, becoming harder and less flexible. Most manufacturers recommend replacing tires every six years, regardless of mileage. On the sidewall of each tire, a four-digit number shows the week and year the tire was made. For example, "2119" means the 21st week of 2019. If your tires have been around for several birthdays, their grip and structure may no longer provide the safety you expect.

Finally, if driving simply feels different, your tires may be the reason. Increased road noise, vibration through the steering wheel, or a ride that suddenly becomes bumpier can suggest internal tire damage or separation. While these symptoms can point to other issues as well, tires are often the first place to look.

Tires serve as the first line of defense between your vehicle and the unpredictable road. Keeping them in good condition not only protects everyone in the car but also boosts fuel efficiency and enhances overall performance. Regular inspections, proper inflation, and prompt attention to the warning signs above will keep your ride safe. <







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#### STUDDED SNOW TIRES: A SMART DEFENSE AGAINST ICY ROADS

When winter arrives in Maine, it rarely tiptoes in quietly. It blows in with icy gusts, snowdrifts, and the kind of slick roads that can turn even a short commute into a white-knuckle adventure. For many drivers, studded snow tires are one of the best tools available to stay in control.

Studded snow tires are designed specifically for the most challenging winter conditions. Unlike traditional all-season tires, these winter specialists are equipped with small metal studs embedded within the tread. When a tire rolls over frozen road surfaces, the rubber alone may struggle to grip. The studs counter that problem by digging into ice and packed snow, providing essential traction when it matters most. This extra grip helps reduce braking distance, improves acceleration on slippery roads, and enhances overall vehicle stability in harsh conditions.

During winter, residents encounter a variety of unpredictable road surfaces: black ice hidden beneath fresh powder, hills glazed with freezing rain, and rural lanes packed down into icy ribbons by passing plows. Studded tires offer a particular advantage in these situations because they are built to bite. Drivers who routinely navigate steep driveways, winding backroads, or areas prone to ice buildup appreciate the added sense

of security that studded tires provide.

Many types of vehicles can benefit from this added traction. All-wheel drive and four-wheel drive vehicles already offer solid control, but pairing them with studded tires can turn them into true winter warriors. Trucks and SUVs that travel heavier loads or tow equipment see improved handling when conditions become slick. Frontwheel drive cars also experience a noticeable gain in grip, especially when climbing or descending hills that freeze over. Even compact vehicles, when fitted with studded snow tires, can dramatically boost their winter driving performance.

It's important for drivers to be aware that the use of studded tires in Maine is regulated by seasonal law. Studded snow tires are legally allowed on Maine roads beginning in the fall, as winter approaches. The permitted installation period runs from October 1 through April 30, ensuring drivers have the traction they need during the months when icy hazards are most widespread. Once May arrives and the temperatures begin climbing, studded tires must be removed to protect road surfaces from avoidable wear.

Installing studded tires should always be done as a full set of four to maintain proper balance and control.

Winter driving will always come with challenges, but preparation is a powerful ally. Studded snow tires pro-

vide confidence in the face of ice and help keep families safe as they tackle the season's snow-covered roads. <







## A Local Guide to FALL CARSCARS

#### THE IMPORTANCE OF STICKING TO VEHICLE MAINTENANCE SCHEDULES

For many drivers, vehicles often feel like dependable everyday companions. They escort us to work, guide family outings, support weekend adventures, and loyally wait in the driveway for the next mission. Yet even the hardiest travel partner needs care. Regular vehicle maintenance is the automotive equivalent of a wellness visit, catching the small issues before they grow into wallet-draining headaches.

Every vehicle is a finely tuned team of systems: engine, brakes, transmission, cooling, electronics, suspension, and more. Each one contributes to a smooth and safe journey. When something is neglected, the whole team can falter. Following a recommended maintenance schedule helps:

- Prevent breakdowns and major component failures
  - Extend the life of the vehicle
- Maintain safety, especially with brakes, tires, and lights
- Improve fuel economy by ensuring efficient performance
- Protect resale value with documented care

A vehicle maintained on schedule is more likely to perform well in all weather, including the rain, ice, and winter conditions New England drivers know all too well.

Maintenance needs vary from model to model, but most manufacturers follow a familiar structure. Drivers can expect checks and replacements at these key intervals:

#### Every 3,000-5,000 miles or 3-6 months:

Change engine oil and filter, check tire wear and inflation, inspect lights and wiper blades, top off fluids, and review the condition of hoses and belts

#### Every 10,000-20,000 miles or annually:

Inspect brake pads and rotors, check the battery and charging system, replace the cabin-air filter, and examine suspension components for wear and tear.

#### Every 30,000-40,000 miles:

Replace engine air filter, inspect spark plugs and ignition components, flush coolant if recommended, and inspect the exhaust and fuel systems. Transmission fluid checks or changes may also be due around this time.

#### Every 60,000-100,000 miles

This is often the milestone of major service. Work may include replacing

spark plugs on newer engines, changing transmission fluid, inspecting or replacing timing belts or chains, reviewing major seals and gaskets, and ensuring the safety of the engine and drivetrain for the miles ahead.

Driving habits also play a role. Frequent towing, start-and-stop traffic, extreme temperatures, short trips, or rough roads all accelerate wear and require shorter service intervals. In other words, life happens, and your vehicle feels it too.

It's easy to skip routine maintenance. Life gets busy, the car seems fine, and the "check engine" light isn't glowing. But issues that go unseen can gradually compound:

- Worn brakes can damage rotors, meaning a more expensive repair
- Dirty oil can harm engine components, leading to major failure
- Underinflated tires reduce fuel efficiency and can cause blowouts
- Neglected batteries may leave drivers stranded
- Incomplete records can lower resale or trade-in value
- What begins as a small oversight can grow into an unwelcome surprise.
   Staying ahead of maintenance isn't

complicated. Drivers can start with a few easy habits:

- Peek at engine oil monthly
- Test tire pressure and tread before season changes
- Listen for new sounds and take dashboard warning lights seriously
- Schedule a full multi-point inspection every 10,000–15,000 miles
- Keep a clear log of all service performed

Local service centers often assist drivers in tracking what's due and when. Many provide reminders, digital service histories, and thorough inspections to catch issues early.

Vehicles may seem tough and unbothered by daily demands, but every mile adds to their story. A thoughtful maintenance routine ensures that story stays one of reliability, safety, and smooth-running adventure.

When the odometer ticks toward that next interval, think of it as a friendly nudge: time for a check-in. Because maintaining your vehicle isn't just about taking care of a machine. It's about protecting the freedom of the open road and the peace of mind that comes with knowing your wheels are ready whenever you are. <



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#### THE BENEFITS OF UNDERCOATING YOUR VEHICLE FOR PROTECTION

For drivers in Maine, harsh winters bring more than just icy roads—they also bring road salt, slush, and moisture that can quietly cause long-term damage beneath a vehicle. One of the best ways to protect against that damage is through undercoating, a process that adds a durable protective layer to the underbody and helps a vehicle stand up to the challenges of winter driving.

Undercoating acts as a shield against rust and corrosion. Salt and sand used on winter roads can cling to the metal surfaces underneath a vehicle, holding moisture in place. Over time, that trapped moisture can lead to rust that spreads to brake lines, exhaust systems, and other vital parts. Once corrosion takes hold, repairs can become costly. By sealing the underside, undercoating helps prevent salt and water from coming into contact with exposed metal in the first place.

The benefits go beyond just rust protection. The material used for undercoating can also help reduce noise and vibration from the road. Drivers often notice a quieter, smoother ride after application, especially when traveling on rough or gravel-covered surfaces.

Undercoating is particularly valuable for vehicles that face year-round

use in snowy or wet conditions. Daily commuters, work trucks, and SUVs driven through slush, mud, and salt-treated roads benefit the most. Even newer vehicles can gain lasting protection when treated early, which can help maintain appearance and resale value.

The process typically involves thoroughly cleaning the undercarriage, removing any surface rust, and applying a specialized coating that resists salt, moisture, and abrasion. Professionals recommend inspecting and refreshing the coating every year or few years to keep protection at its best.

While undercoating does involve an upfront expense, it often pays for itself by extending a vehicle's lifespan and preventing rust-related repairs that can add up quickly.

If the vehicle already has significant rust, applying undercoating directly over it can trap moisture and make the corrosion worse. For older vehicles, the undercarriage should be thoroughly cleaned and inspected first. Any loose rust or flaking metal should be removed, and areas of deep corrosion may need to be treated or repaired before the coating is applied.

Once the surface is properly prepped, a professional can apply a rust converter or primer to neutralize any remaining rust before sealing the area with undercoating. This process helps stop existing corrosion from spreading while still offering new protection against future salt and moisture damage. <



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## A Local Guide to FALL CARSCARS

#### A REFRESHER ON DEFENSIVE DRIVING TO STAY SAFE ON THE ROAD

Every driver on the road has one goal in common—arriving safely. But getting from point A to point B requires more than just following traffic laws. It takes awareness, patience, and anticipation. Defensive driving is the art of thinking ahead, staying alert, and being prepared for the unexpected actions of others. It's about driving not just for yourself, but for everyone sharing the road with you.

The foundation of defensive driving begins with awareness. Drivers should always keep their eyes moving—checking mirrors, watching traffic ahead, and scanning side streets for potential hazards. By looking 10 to 15 seconds down the road instead of just focusing on the car directly in front, drivers can react to sudden changes, such as braking vehicles or debris in the lane, be-

fore they become emergencies.

Equally important is maintaining a safe following distance. The old "three-second rule" remains one of the simplest and most effective habits to practice. Choose a fixed point along the road—like a sign or tree—and when the vehicle ahead passes it, count to three. If you reach that same point before you finish counting, you're too close. In bad weather or at higher speeds, that distance should be increased even more. Extra space means extra reaction time, which can make all the difference when conditions turn slippery or visibility drops.

Anticipation is another key component of defensive driving. Expect the unexpected. Watch for pedestrians who may step into the road, cars preparing to merge, or drivers who may

ignore a stop sign. Assume that not everyone around you will make perfect choices. By mentally rehearsing possible scenarios, you can respond calmly instead of reacting with panic.

Speed control plays a major role as well. While it's tempting to match the flow of fast-moving traffic, staying within posted limits—and adjusting for weather, construction, or traffic density—keeps everyone safer. On wet or icy roads, slowing down and avoiding sudden acceleration or hard braking helps maintain traction and prevents skids. Smooth, gradual movements keep your tires in contact with the road and your vehicle under control

Minimizing distractions is equally critical. Defensive drivers commit to staying focused. Phones, navigation screens, eating, and even adjusting music can steal valuable attention in the few seconds when it matters most. Keeping both hands on the wheel and both eyes on the road isn't just a slogan—it's the simplest way to prevent a crash.

Predictability also protects you and others. Using turn signals, maintaining consistent speeds, and avoiding sudden lane changes give surrounding drivers time to react. Courteous driving helps prevent confusion and reduces the risk of chain reactions in traffic.

Finally, stay calm and patient. Frustration leads to mistakes, and aggressive driving—tailgating, speeding, or weaving through lanes—only increases the risk of accidents. Allow extra travel time, especially during storms or heavy traffic, and remember that arriving a few minutes late is far better than not arriving at all.

Defensive driving isn't about fear—it's about confidence built on preparedness. It transforms everyday travel into a deliberate, thoughtful practice of awareness and control. Roads will always hold surprises, but when drivers stay alert, maintain space, and anticipate the unexpected, they turn uncertainty into safety.

Whether you're commuting through town, navigating backroads, or cruising the highway, every trip is a chance to practice safer habits. The more drivers commit to defensive driving, the fewer accidents, close calls, and roadside emergencies will interrupt the journeys that matter most. <









#### TIPS FOR BUYING A USED VEHICLE

Shopping for a used vehicle can be a smart way to save money without sacrificing quality. But with so many options on the market, it's important to approach the process with care. Whether you're buying from a dealership or a private seller, these five tips can help you.

#### 1. Set a budget and stick to it

Before shopping, determine what you can comfortably afford, factoring in not just the purchase price but registration, insurance, and future maintenance costs. Having a set budget helps narrow your search and keeps you from overspending when faced with tempting upgrades.

If you're not paying in full, explore financing options before committing to a purchase. Check with your bank or credit union for pre-approval, as they often offer lower interest rates than dealership loans. Compare loan terms, interest rates, and total costs—sometimes a slightly higher price on the car is worth it if the financing terms are better overall.

#### 2. Research makes and models

Some vehicles are known for longterm reliability and lower repair costs. Check trusted automotive sources for ratings, reviews, and common issues for the models you're considering. Doing a little homework up front can prevent costly surprises down the road.

#### 3. Review vehicle history report

Always ask for a full history report through services like Carfax or Auto-Check. These reports can reveal important details such as past accidents, title issues, or maintenance records. Avoid vehicles with unclear or missing histories.

#### 4. Inspect and test drive

Take time to inspect the vehicle's condition, both inside and out. Look for signs of rust, uneven tire wear, or paint overspray that could suggest prior damage. During a test drive, listen for unusual noises and check how the vehicle handles and brakes. If possible, have a trusted mechanic perform a pre-purchase inspection for added peace of mind.

#### 5. Buy from a reputable source

Choose a seller or dealership with a solid reputation. Many quality used car dealers offer certified pre-owned options that include inspections and limited warranties, providing extra confidence in your purchase.

By following these tips, you can find a dependable used vehicle that fits your needs and your budget. <







#### **AARP** advocates for stronger fraud protections for older adults

In August, AARP testified before the U.S. Senate Special Committee on Aging to spotlight a growing threat to Americans: fraud carried out by transnational organized crime groups. Operating openly abroad, these networks are draining billions of dollars from victims, local communities and economies every year. Older adults are navigating a minefield of increasingly

sophisticated scams that threaten not only their lifetime savings but even their homes, independence, and health. Money that was saved for retirement is instead supporting illicit activity around the world.

AARP is urging lawmakers to step up and strengthen fraud prevention through legislation. With AARP's support, several states have taken action,

drafting or passing laws that target real estate and romance scams, cryptocurrency kiosk fraud, suspicious financial transactions and gift card theft.

But it's not just about changing laws - it's about changing the culture around fraud. AARP continues its work to change how we talk about and think about fraud victims; see aarp.org/ saythis. Across the country, our state

offices and volunteers are leading or joining local efforts to create task forces bringing together law enforcement, attorneys general, regulatory agencies, bank tellers and nonprofits to work together on addressing fraud. If you're interested in joining over 1,000 AARP fraud fighter volunteers engaged in these and other activities to fight fraud, email us at fwn@aarp.org. <

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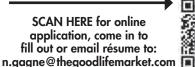
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#### SLLMF concerts to air on Maine Public Classical's Maine Stage

The Sebago-Long Lake Music Festival is delighted to announce that its 2025 concert season will be rebroadcast over the next months on Maine Public Classical's Maine Stage.

Listeners across Maine and beyond can enjoy five captivating chamber music performances originally recorded live at Deertrees Theatre in Harrison.

The broadcasts will air at 8 p.m. on Wednesdays, offering audiences a second chance to experience the magic or discover it for the first time - from the comfort of home. So, mark your calendars and be delighted.

"This partnership with Maine Pub-

lic Classical allows us to share the artistry and energy of our summer concerts with a wider audience," said Carol Madsen, VP, Board of Trustees, Sebago-Long Lake Music Festival. "It's a gift of music we're proud to offer."

#### **BROADCAST SCHEDULE**

• Nov. 5, 2025 -

From July 22 Concert Villa-Lobos: The Jet Whistle Dohnányi: Serenade for String Trio,

Beethoven: Piano Trio "Archduke,"

• Jan. 27, 2026 -From July 29 Concert Devienne: Trio No. 6 Saint-Saëns: Tarantelle, Op. 6 Stravinsky: Suite from L'Histoire du

Mendelssohn: String Quintet No. 2,

• March 4, 2026 -

From August 5 Concert Debussy: Petite Suite

Moszkowski: Suite in G Minor, Op. 71

Elgar: Piano Quintet, Op. 84

• April 8, 2026 –

From August 12 Concert Reger: Serenade, Op. 141a Ravel: Sonata for Violin and Cello Brahms: Piano Quartet, Op. 26

Program notes and artist bios are available at sebagomusicfestival.org. Listeners can tune in via their local Maine Public Classical station or stream online. <

## Grateful for the Support



On Wednesday, Oct. 26 during the Windham Veterans Association Breakfast contributors and sponsors for the weekly veteran's breakfast and coffee event were recognized by VFW Post 10643, American Legion Post 148 Auxiliary and the DAV (Daughters of the American Revolution). Those sponsors included Southpaw Meat Market and The Village Donut in Raymond, and Wendy's of North Windham. From left, American Legion Field-Allen Post 148 Commander Tom Theriault, left, presented Nicole Sargent and Hayden Sargent of Southpaw Meat Market with a plaque thanking them for their sponsorship of the American Legion Baseball Team for 2025. SUBMITTED PHOTO



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#### BRIEFS

#### **Author presentation**

Author Jess Pulver will appear at the Windham Public Library, 217 Windham Center Road from 6 to 7 p.m. Wednesday, Nov. 5 to read from her debut book "May You Step Forward." It's a collection of poems about the experience of being the mother of a child named Leo who has Cerebral Palsy. Spanning a timeline from his traumatic birth to turning 13, the poems are full of the crises and triumphs of daily life. Leo will be present and part of the conversation. There will be time for a conversation between Jess and any listener who has grappled with the complica-

tions of parenting, disability, or trauma. FMI, 207-892-1908.

#### Youth Cheerleading Showcase

The Windham Youth Cheerleading Showcase will be from 6:30 to 7:30 p.m. Wednesday, Nov. 5 at Windham High School Gymnasium, 406 Gray Road in Windham. Come support grades K to 8 athletes who will share their growth, see their potential, and celebrate their successful 2025 fall sideline season with us! Friends, family and community members are welcome! Donations toward our 2026 season welcome in lieu

of a purchased ticket. Doors open at 6 p.m. with the event starting at 6:30 p.m. FMI, visit www.windhamyouthcheerleading.com

#### **Holiday Fair**

Windham Hill United Church of Christ, 140 Windham Center Road, Windham will hold its annual Holiday Fair from 9 a.m. to 3 p.m. Saturday, Nov. 8 with lunch available starting at 11 a.m. There will be a silent auction featuring hundreds of dollars in gift cards, a 50/50 raffle, a silent auction with many gift cards from area businesses, baked goods, handcrafted wood items, crafts, jams, stained glass, jewelry, feline gifts, used books and more. FMI, call 207-892-4217.

#### **Craft Fair**

The 33rd annual Windham Raymond Athletic Boosters Holiday Craft Fair will be from 9 a.m. to 3 p.m. Saturday and Sunday, Nov. 8 and 9 at Windham High School. There will be nearly 200 vendors, pictures with Santa, crock pot lunches, and much more. FMI, visit www.windhamathleticboosters.com

#### **Haddock Dinner**

The Knights of Columbus are hosting a Fresh Baked Haddock Dinner to support Wreaths for Veterans from 5 to 6 p.m. Saturday, Nov. 8 at Our Lady of Perpetual Help's Parish Hall, 919 Roosevelt Trail, Windham. Dinner includes fresh baked haddock, homemade mashed potatoes, carrots, rolls and butter, homemade coleslaw, coffee, tea and punch, and a homemade dessert bar.

The cost is \$15 for adults, and a pizza or kids dinner is \$6. Meals are available to go. There will be a 50/50 Raffle with prizes. FMI, call 207-892-8288.

#### **TRIAD** meeting

The next meeting for TRIAD will be at 11 a.m. Wednesday, Nov. 12 at the Gorham Police Department, 270 Main St. in Gorham. The mission of TRIAD is to work together through education, awareness and activities dedicated to the safety and security of seniors in Windham, Gorham and Westbrook. TRIAD meetings are on the second Wednesday of each month and is open to the public. The speaker for the Nov. 12 meeting will be Kathy Damon of Home Instead. FMI or to get involved, call 207-877-9222.

#### **Book Club**

The Raymond Village Library's Historical Fiction Book Club will meet at 1 p.m. Thursday, Nov. 13 to discuss this month's selection "Katherine" by Anya Seton. Everyone is welcome. FMI, call 207-655-4283.

#### **Veterans Service Office**

Following renovations at the Windham Veterans Center Office, Maine Bureau of Veteran Service Officer James Burbridge has resumed office hours and appointments in Windham at the Veterans Center from 9 a.m. to 1 p.m. on the second Wednesday of the month. To make an appointment, call 207 255-3306 or send an email to mobliesouth. mbvs@maine.gov.

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## Fall enrollment rises 3 percent at Maine's community colleges

Fall enrollment is up 3 percent at Maine's community colleges, marking another historic high enrollment for the seven colleges.

Significant initiatives at Maine's community colleges in recent years have played a large role in continuing the system's role as the state's premiere workforce training partner.

Recent changes include new transfer agreements with the University of Maine System and six independent Maine colleges aimed at making the four-year college pathway more affordable and seamless; Free Community College scholarships that cover 100 percent of tuition for the high school graduating classes of 2020-2025; expanded instruction hours and new remote learning options; new certificate and degree programs to meet market demands; and academic initiatives that increase student success and improve the student experience. At the same time, the colleges serve as vibrant community centers with new housing options, new sports teams, and additional student events and activities.

As of October 15, fall enrollment was 15,833 students, up 3 percent from 15,366 students on the same date last year. Tuition and fees for a full-time in-state student are \$4,156 a year, the lowest in New England.

Starting this year, MCCS has changed the way it reports fall enrollment to exclude Early College students, who are high school students taking community college courses at their high school or at a college campus. The new reporting method aligns MCCS with the University of Maine System, which began excluding Early College students from its enrollment reports several years ago. The change also ensures transparency in the makeup of Maine's community college student body.

Using the new model, fall enrollment at Maine's community colleges has increased 20 percent since fall 2019







(the last pre-COVID fall class) and increased 13 percent since 2017.

Although official fall enrollment figures only capture degree-seeking students, MCCS has also significantly expanded short-term workforce training programs that take less than a year to complete and are generally free for students. These short-term programs are coordinated by the system's Harold Alfond Center for the Advancement of Maine's Workforce.

Since 2022, 45,000 people have enrolled in those programs, which focus on quickly and efficiently acquiring a particular skill – such as basic construction skills in 10 weeks, a three-week welding course with a weekly \$500 stipend, or a compact nine-month option for a medical assisting program.

MCCS is on track to train more than 100,000 students in short-term workforce training programs by 2030, the result of a historic five-year grant from the Harold Alfond Foundation. Graduates of the short-term program are eligible for scholarships toward a degree or certificate program. <





**Grade:** 2 **School:** Windham Christian Academy **Favorite subject in school:** Chapel **Parents' names:** Elena and Samuel Glidden

Reason for selection: James came to our school this year without knowing many students. He quickly became a friend of everyone in his class by being friendly, kind, and helpful. James is a good learner who adapted quickly to a change in school environment. He is attentive and interacts with thoughtful answers. When a friend needs help, James is willing and able to lend a

hand. On the playground James plays fair. He is often seen in very active play including whomever wants to join. His quiet leadership is welcomed by his peers. We are blessed to have James as a part of second grade at WCA.



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#### **AT-A-GLANCE**

Discussion topics are subject to change. Please check meeting agendas for the most up-to-date information.

#### **RSU 14 BOARD OF DIRECTORS**

#### **Upcoming School Board Work:**

- Title IX Discussion Cell Phone Policy Check-in
- Raymond Elementary State of School
- Windham Primary State of School Strategic Plan Update

#### FINANCE COMMITTEE

#### **Upcoming Committee Work:**

- Review October revenue and expenses
- Budget infographic finalization Solar credits
- Capital reserve funding review District insurance plans

#### **POLICY COMMITTEE**

#### **Upcoming Committee Work:**

- IGDJ: Athletic / Co-curricular Eligibility School Board Governance Policies
- BE: Board of Directors Meeting
- BEDB: Agenda
- BEA: Board of Directors Use of Electronic Mail
- BEAA: Standard Operating Procedures Guide of Communication with Public
- BF: Policy Development by the Board of Directors
- GBEC: Drug-Free Workplace
- GCC: Professional Staff Hiring
- GBO: Family Care Leave
- DN: Disposal of Surplus Property
- DJ: Bidding/Purchasing Requirements
- EBAA: Chemical Hygiene & Hazardous Materials
- ECB: Pest Management in School Facilities and on School Grounds
   JLCB: Immunizations of Students
- JLCC: Communicable Diseases
- JL: District Wellness Policy

#### **CURRICULUM COMMITTEE**

#### **Upcoming Committee Work:**

 Building Assets Reducing Risks (BARR) implementation and impacts



### SCHOOL BOARD UPDATE

## **UPCOMING MEETINGS**

All meetings are open to the public and subject to change.

#### November 3, 2025:

9:30 a.m. at District Office: Policy Committee

3:00 p.m. at District Office: Curriculum Committee

#### November 5, 2025:

6:30 p.m. at Windham High School Auditorium: Board Meeting

#### November 10, 2025:

9:30 a.m. at District Office: Finance Committee

#### November 17, 2025:

9:30 a.m. at District Office: Policy Committee

#### November 19, 2025:

6:30 p.m. at Jordan Small Middle School Gymnasium: School Board

SCAN HERE TO SEE BOARD MEETING AGENDAS, MEETING VIDEOS, BOARD MEMBERS, FINANCES, SCHOOL POLICIES & MORE





#### WHS varsity field hockey falls in preliminary playoff game

#### By Matt Pascarella

STAFF WRITER

Eighth-placed Windham varsity field hockey played ninth-placed South Portland/Westbrook in a preliminary playoff game at Windham on Friday, Oct. 24. Windham scored in the second half, but South Portland/Westbrook scored in each quarter except the second quarter and won, 3-1.

"We came into the game really wanting to win; one of our best players wasn't here, so wanted to show up and get her another game as a senior," said Windham sophomore Sarah Smyth. "Scoring gave us some momentum ... but we couldn't pull through. We went into every game, even the tougher teams, like we can do this; anything can happen, even the lower teams we went in thinking this was an even playing field."

Smyth said in the beginning of the season, with new coach, Maddy Perfetti, the team wasn't sure what to expect, but the season went better than expected. Each game, they played hard and did the best they could. Smyth said their fast breaks went well during this playoff game. Junior Morgan McLain got the ball down the field quickly; Smyth thought passes were connecting well between the forwards.

Windham began the game with intensity and passed the ball well. Each team had strong defense, and scoring was restricted for most of the first quarter. Windham sophomore Peyton Archibald had a solid shot at goal, but it was blocked.

Minutes before the end of the first quarter, South Portland/Westbrook scored.

During the second quarter, Wind-







(L to R) Windham sophomore Peyton Archibald moves the ball quickly toward the goal during a prep field hockey preliminary playoff game against South Portland/Westbrook at Windham on Friday, Oct. 24. Junior Gracie McPherson keeps possession of the ball. Sophomore Sarah Smyth is about to take a shot at goal. PHOTO BY MATT PASCARELLA

ham worked hard to be first to the ball but wasn't able to score. South Portland/Westbrook led 1-0 at halftime.

90 seconds into the second half, Smyth scored and tied the game 1-1. Windham had cranked up the intensity and hustle in the third quarter. Their defense kept their opponent away until late in the third quarter when South Portland/Westbrook took a 2-1 lead.

South Portland/Westbrook would score a final time early in the fourth quarter. Windham stuck with it until the very end.

"I think when they got their first goal (things started to unravel)," said McLain. "We're not as strong at finishing the ball as most teams and I think ... when South Portland/Westbrook got the first goal our mindsets changed. We had more of a negative attitude; at

halftime, we weren't saying positive things to one another, I think that had its biggest impact."

According to McLain and Smyth, senior goalie Olivia McPherson was amazing minding the net, she's been doing amazing work all season. McPherson had six saves during this game.

"South Portland did better than us, said Perfetti. "They beat us to the ball, they were hungry, they really wanted it, and it looked like that. They were all over the ball. We haven't had many games where we've come back from losing. I think that comes down to ex-

perience and age; a lot of them haven't played or started for varsity - dealing with emotions, how you talk to your teammates and how you give feedback, how you keep a positive attitude. I think they really did improve their tactical play in a lot of games, they've played some really good field hockey against some good teams, so I'm proud of them for that - they've learned the game in a way that I wasn't necessarily expecting from high school kids. As a first season ... it's building, we're going to be patient, we'll be back next year, and we'll be ready to assess and see what we need to do better." <

#### ·Antinahia Obantia Maak

#### **Rosie Dumont**

**Age:** 13

**Team:** Windham Youth Cheerleading 6-7-8 team **Coaches:** Sarah Daigle, Stacy Davis, Cassidy Mullins, Elle Archibald

Parent name: Jen Dumont

**Reason for selection:** Rosie has been part of the Windham Youth Cheerleading Program for many years, but for the last three years she has been the only cheerleader from her grade. Her dedication to

cheerleading is illustrated during practices and games where she is a positive leader for her teammates. She is eager to learn and master new skills, taking the time to practice and instruct her teammates. She ensures that all stunts are done safely and will speak up when she observes areas for improvements. Rosie has been an asset to the team, and coaches are eager to see her continue her cheerleading career as she goes to high school next year.

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### WHS SCOREBOARD Compiled by Matt Pascarella

★ Boys' soccer: 10th-placed Windham played seventh-placed Westbrook in the preliminary playoff round at Westbrook on Saturday, Oct. 25 and pushed the scoreless game into two overtimes and a penalty kick round. The Eagles took home the win when Windham seniors Dylan Crockett, Jack Henry, Daniel Hancock, Camden Patin and junior Caleb Hayman buried their shots in the penalty kick round. Windham senior goalie Tate Robinson made a save on the last of five Westbrook attempts to seal the victory.

Windham played second-place Falmouth, at Falmouth on Wednesday, Oct. 29 in the quarterfinal; details to follow.

★ Girls' soccer: Third-placed Windham went up against sixth-placed Sanford in the Class A South quarterfinals at Windham on Tuesday, Oct. 28. Windham won 2-1 in overtime. Sanford led 1-0 at halftime. In the second half, Windham offense fired multiple shots at goal, and 29 minutes into the half sophomore Emily Wardwell scored and tied the score 1-1. The game went into overtime. Senior Marley Jarvais scored early in OT to end the game. Windham will play second-placed Falmouth on Saturday, Nov. 1 at Falmouth in the semifinal game.

★ Cross Country: The Cross Country regional competition was held at Twin Brook Recreation Area in Cumberland on Saturday, Oct. 25. Girls: Windham senior Lila Stanley finished first for the Eagles and 29th overall with a time of 22:16.56 minutes; right behind her was senior Sydney Broadbent who finished 30th overall and second for Windham with a 22:26.36 time. Senior Emma fox was third for Windham and 50th overall with a time of 23:28.22.

<u>Boys:</u> Senior Gavin Lawler finished first for Windham and 38th overall with an 18:49.22 time. Senior Caleb Saucier was second for the Eagles and 72nd overall with a 19:44.59 time. Junior Mason Bragdon finished third for Windham, 81st overall with a time of 20:05.11. Both Stanley and Broadbent of Windham qualified for the State Championships at 11 a.m. at Cony High School in Augusta on Saturday, Nov. 1. <

#### Raymond fifth, sixth grade girls' soccer end season strong

#### By Matt Pascarella STAFF WRITER

Raymond Parks and Recreation fifth and sixth grade girls' soccer team have had a great season and played its final game of the regular season against Naples at Camp Agawam in Raymond on Saturday, Oct. 25. Their improvement really showed as this was a defensive battle that, while it ended in a 0-0 tie, Raymond defense was like a brick wall that Naples could not get through.

"At this age, the focus is more on learning the rules of the game and learning how to work as a team. All of the goalies we had, Aliza played amazing in the first half, a combination of Madison and Gracelynn in the second half, and they all just made huge saves," said Raymond Parks and Recreation fifth and sixth grade girls' soccer coach Gabriel Redmond. "We're aggressive, getting to the ball, we played mistake-free which is incredible for a group of fifth and sixth graders. Passing also went well; there were more passes in this game, and they got their heads up to see what's going on. They should continue to work on aggressiveness and just being confident - because a lot of these girls are better than I think they know they are."

The team's season consisted of eight games and will end in a round-robin tournament on Nov. 1. What's important to note about this particular game is that Raymond had played Naples previously in the season and lost 8-1, so a 0-0 tie shows big improvement on the part of all Raymond players.



The Raymond Parks and Recreation fifth and sixth grade girls' soccer team gather after their final game of the regular season against Naples at Camp Agawam in Raymond on Saturday, Oct. 25. PHOTO BY MATT PASCARELLA

"I think the season went really well, we tried really hard," said Raymond sixth grader Raven Wiley. "I could see that in all of my teammates," she said. "I did soccer last year and soccer is really fun, and I would like to play more. I've learned different moves; I've learned to not be as scared of the ball. My goal is to become really good at all positions except goalie. We had really good defense and being aggressive; we could work on hustle."

The season is less about the team record and more about the players learning to play the game well. This season Redmond has taught the team to stay in the correct position on the field. The team had really started to put all that together when it came to this final game against Naples.

"That was part of the reason the defense was so good, and they had so many opportunities on offense; their positioning was really great," said Redmond. "They are aggressive running to the ball, and they really try to get what I call 'stuck in' on the ball and get your foot on the ball. Biggest things we're working on are positioning, being more aggressive and then passing to the open people – all three of those things were happening today."

In the first half, Raymond fifth grade goalie Aliza Cullens had save-after-save and allowed nothing by her. In the second half, Raymond fifth grade goalies Madison Griffeth and Gracelynn Bowley were just as strong defensively.

Raymond gained possession several times and offense moved the ball well, going after scoring opportunities.

In the second half, Raymond sixth grader Ariel Sampson was headed right toward the goal and took a solid shot that just missed.

Sampson said she's enjoyed playing in past years. She thinks they've improved so much, and this was one of their best games. Sampson said she thinks she's improved a lot since last year and this season will help her improve in the future. The team has improved on offense and did well passing and defending but need to work on staying in their positions.

Redmond said it's the biggest progression he's ever seen in a season. <

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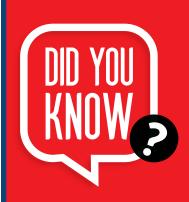
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#### Ironically, it's Halloween -

#### By Andy Young

STAFF WRITER



I've never understood why some people profess to actually like being terrified. Being scared by something frightening isn't

-Andy Young, Columnist any more enjoyable than being frightened by something scary.

Another thing I don't get: people who claim to like terrifying cinema. Not only do these odd folks attend horror movies fully intending to be scared stiff, they're actually eager to pay for the privilege!

I don't see the logic in tossing my hard-earned money at something that's likely to induce hair-raising nightmares for weeks (or perhaps years) after the fact. I just don't understand why some people like having their figurative pants scared off. And even if they truly do enjoy such activity, there's no need to pay for it. If I want to be frightened, I'll look into a mirror 45 seconds after waking up in the morning, since that gruesome sight comes free of charge.

I think people who claim to enjoy being scared are attention-seekers who are faking their love of the macabre. They say they love being terrified? Fine. Let them imagine walking down some dark, deserted city street late some evening. Hearing footsteps and glancing behind them, they perceive they're being followed by two 6-foot-10-inch, 350-pound satchel-toting behemoths with swastikas tattooed on their faces and blood dripping from their hands.

The alleged horror-flick-lover starts walking more briskly, but the two goons step up their pace as well. Their previously indecipherable murmurings get louder, too. They begin laughing maniacally and chanting "You're gonna die," and /or, "Satan, we obey thee."

Turning down an alley and beginning to run, the pursued individual comes to a dead end. Cornered, their back to the wall, they watch as the uglier of the thugs pulls a chainsaw out of his bag and, flashing an evil leer, starts it up.

I don't understand people who say they enjoy that sort of thing.

Halloween is without question the most ironic date on the calendar. Most rational people don't like being scared, yet here's this widely anticipated day that's devoted entirely to the worship of ghouls, goblins, and ghoublins (the byproducts of decades worth of ghoul-goblin intermarriage).

It's been decades since I've gone trick-or-treating. That's partly because not one of my remaining teeth is a sweet one and also because I no longer look even remotely adorable in any traditional Halloween costume. But Oct. 31 is, as previously established, the year's most ironic day. Therefore, those who insist on dressing up should do so in an appropriately ironic guise, like that of a cheerful grouch, a generous miser, or a

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slender glutton.

Imaginative trick-or-treaters could really run with the ironic theme. The possibilities are endless. They could dress up as blind optometrists, junkfood-eating dieticians, or as a fireman whose house has burned to the ground. Or why not disguise themselves as sociopathic social workers, vegetarian butchers, or politicians who can't lie? Other costume possibilities: an airsick pilot, an animal-hating veterinarian, or a chain-smoking health care provider. It would take some impressive padding to create a 300-pound jockey costume, although that particular get-up could be made convincing if the dresser-upper in question could gain access to a swaybacked horse.

Halloween festivities can be exhausting, but thankfully for revelers who don't live in Arizona, Hawaii, or any of the other U.S. territories that don't do Daylight Saving Time, this Sunday morning is when clocks get turned back. The resulting 49-hour weekend should provide sufficient time for even the hardiest partiers to catch up on their sleep and wake up relaxed.

Unless their shuteye has been interrupted by nightmares involving 350-pound chain-saw-lugging ghoublins pursuing them down dead-end alleys. <

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The Windham Eagle Page 33

#### Commercial real estate due diligence

By Larry Eliason
SPECIAL TO THE WINDHAM EAGLE



Buyers today, whether owner occupant or investor, should consider engaging a Commercial Real Estate Professional to assist them

 $\begin{array}{ccc} & - \text{Larry Eliason} & with \ Buying, \ Sell-\\ \text{Butts Commercial Brokers} & ing \ or \ Leasing \ a \end{array}$ Commercial Property. Incorporating Due Diligence as part of the process for a purchase, sale or lease is an in-

strumental part of the process. A Real Estate/Title Attorney should also be engaged to review the Title, Zoning, Land Use Regulations and in some cases, the Purchase and

Sale Agreement before it is fully exe-

cuted by the Buyer(s) and Seller(s). Site Inspectors/Environment Engineers are also recommended depending on the size and scope of the property. If the subject property has always been an office building, the scope and level of investigation may be limited. However, if the property was ever a Gas Station or a Dry Cleaner, then expect to go further into the history of the property. Department of Environmental Protection (DEP) records can be researched to determine if any spills or contamination may have occurred at the site or adjacent to it. There may be some ongoing monitoring on the subject property or over on an abutting property.

Building Inspectors/Structural Engineers can offer insight on the condition of the structure, the systems, estimate the remaining useful life of those components and point out potential problems such as mold or other possible contamination.

And, in the case of New Commercial Development, a Civil Engineer will certainly offer insight as to a property's development potential along with expectations for costs, timelines for approvals and construction and expectations from governing agencies such as Town, State and in some cases Federal Approval.

A typical Commercial Purchase and Sale Agreement spells out Inspections, Permits and Due Diligence. In many cases, the Seller is asked to provide any title history, surveys, engineering studies, architectural, geotechnical, storm water, utility, sewage, environmental, etc., as a request with the Seller's documents being provided for informational purposes.

The Subject Premises are being conveyed "as is" or possibly "as complete" depending on the specifics of

the building or project. The Seller generally grants the Buyer and/or his/ her Agents to enter upon the property for reasonable investigations as part of the Due Diligence work.

The Contract should "Spell Out" to Buyer's Satisfaction and in his/ her sole discretion with its investigations, reviews, reports and findings and those specific items such as Environmental Testing, are specifically spelled out in the contract. If the Buyer is unsatisfied with his/her investigation, the Contract may become null and void, can be renegotiated or the Buyer and Seller may agree to extend the contract to allow more time for Due Diligence.

Property Disclosures are a guide to a Commercial Property; however, buyers should verify the facts as to what someone thinks is the case may have changed due to occupancy by Tenants or Zoning changes by a Town or the State such as setbacks from roads, wetlands, and abutting properties. In Windham for example, zoning ordinances are being modified on a regular basis so investigate what the Town may have in the pipeline for changes that could impact your investment objectives.

It is a good idea to get a title history done early on so that any title issues may be addressed during the normal course of the contract. A lot of times, title is done just before closing, problems with obtaining title insurance pop up and the deal must be extended to clean-up clouds on the title so an acceptable title policy may be issued.

Due Diligence on the Title can include a survey, easements of record, restrictions, exceptions, errors with legal description, undischarged liens to name a few.

Some Commercial Property Sales include the assignment of leases as the property may be a multi-tenanted shopping center. As part of the Lease Due Diligence, a Buyer may want to see any extensions in the leases and a payment history as well as any pre-existing Landlord consent given to a

An Environmental Site Evaluation may become a requirement for a Buyer to obtain commercial bank financing. And this Due Diligence can help avoid inheriting potential liability such as Environmental Contamination.

A Phase I Environmental Report can help determine the presence or likely presence of any hazardous substances or petroleum products in or at the property. This can be due to

→ see **REAL ESTATE** Page 36

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#### WORD SEARCH **HALLOWEEN** C Ε L В Ε Р 0 Ε В D G D K W 0 L В K S R В Ι C R L Е C U Ι D N L Ε Α Т S C G н R Ι U Т М Ι S Н 0 C 0 Ε Т Α Н C D C G В G S C М Ε D Α 0 М Ι Ρ U C C Α G В 0 C 0 R В G Т D 0 Ε C 0 н C D В М Т R Ε N 0 В L D S W Ε Α Н 0 U Ε Ε C Ε G W Υ R D G K М W

Find the words hidden vertically, horizontally, diagonally, and backwards.

**BONE GOBLIN NIGHT SPIDER** BOO **GRAVE OCTOBER SPOOKY CANDY** HALLOWEEN **PUMPKINS TREAT HAUNTED** CAT **SCARE TRICK** COSTUME **MONSTER SCREAM VAMPIRE DRACULA** MOON **SKELETON WITCH** 



Solve the code to discover words related to Halloween. Each number corresponds to a letter. (Hint: 15 = O)

25 11 8 10 23 Α.

Clue: A scare

17 23 В. 21 **15** 22

Clue: Disquise

20 **26** 9

Clue: Sweets

Clue: House alert

#### **LAST WEEK'S ANSWERS**

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#### 16 17 18 19 25 28 39 43 49 53 56 60 63 64 65 **CLUES ACROSS** 1. Influential American 34. High or hilly area political family 38. Wilco frontman 39. Pour it on pasta \_ Chantilly, \_\_ de Menthe

12

- 11. Within
- 12. Pleasure seekers
- 16. Computer manufacturer
- 17. Home to college sports' Flyers
- 18. Fungal disease
- 19. Sleepwalk
- 24. Spielberg sci-fi film
- 25. Seasonable
- 26. Taxis
- 27. Radio direction finder (abbr.)
- 28. Thin, narrow piece of wood
- 29. "Mystic River" actor Sean
- 30. Ingenuous
- 31. Musical composition
- 33. Turkish surname

#### **CLUES DOWN**

- 1. Large, dangerous animals
- 2. Straighten out
- 3. Family tree
- 4. Large stinging paper wasp
- 5. European river fish 6. Cut down in size
- 7. Denotes past
- 8. Larry and Curly's partner 9. Samoyedic ethnic group
- 10. Male parent
- 13. Specific gravity 14. Demeaned oneself to
- 15. Rigidly

Answers: A. fright

B. costume

C. candy

Ō

doorbe

- 20. Yankovic is a "weird" one
- 21. Belonging to me
- 22. Path
- 23. Airborne (abbr.)
- 27. Level
- 29. Atomic #94

SUDOKU

30. Born of

5

- 31. Midway between northeast and east
- 32. Northeastern bank

- 40. Electric car company
- 43. Sea eagle
- 44. Walk with difficulty
- 45. Sign of healing
- 49. Boy
- 50. Protein-rich liquid
- 51. Washington city
- 53. Individual portion of TV series (abbr.)
- 54. Thought over
- 56. Scads
- 58. News agency
- 59. Standard 60. Deadlock
- 63. Pre-Columbian empire
- 64. Removed
- 65. French commune
- 33. Defunct airline
- 34. Having no purpose
- 35. A low wall
- 36. Swedish city
- 37. Earn a perfect score
- 38. Atomic #81 40. Beginner
- 41. Give off
- 42. Incorrect letters 44. Telecommunication service
- provider (abbr.)
- 45. Idyllic
- 46. Popular beer
- 47. A way to fine
- 48. Evildoer
- 50. More withered
- 51. Seventh note of a major scale 52. Commercial
- 54. Abnormal breathing
- 55. Moved more quickly
- 57. City of Angels
- 61. Partner to Pa
- 62. Equally

4

#### **HOW TO SOLVE:**

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

#### **LAST WEEK'S ANSWERS**

3	9	8	7	5	Anna	2	4	6
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The Windham Eagle Page 35

## Cagle PLEASE NOTE: THE BUSINESS SPOTLIGHT IS A PAID ADVERTISEMENT. TO HAVE YOUR BUSINESS HIGHLIGHTED CALL MELISSA: 207-894-3500

With a skilled team of experienced and reliable arborists, Rocky Roots Tree Care & Excavation delivers quality, safety, professionalism, and environmental stewardship to every project it undertakes, large or small.

Based in Otisfield, Rocky Roots Tree Care & Excavation is owned and operated by Tom and Mackenzie Nile and serves homes, businesses and properties throughout the Lakes Region of Maine. Tom is a licensed Maine arborist and master pesticide applicator and Department of Environmental Protection certified with more than 20 years of experience in tree work and excavation. Mackenzie's role includes office management and she is also a licensed Maine arborist and DEP certified.

They founded Rocky Roots two years ago to offer quality workmanship and complete satisfaction to customers while handling each project safely with precision and expertise.

"We love being able to capture people's vision and turn their land enhancement dreams into reality," Tom Nile said. "That's the best part of this job. We appreciate all our customers and their support and without them, what we do would not be possible."

Fully insured and carrying workers compensation insurance to protect both customers and employees, the Rocky Roots team is devoted to transforming landscapes through professional tree care and excavation solutions.

"Tree work happens all year long,"



Tom Nile said. "It takes a lot of skill and experience to do this job safely. We explain each project thoroughly with each of our customers and build trust with them. We believe that is why we have so many repeat customers."

Rocky Roots offers comprehensive tree care services by certified arborists to meet all your needs including removal, trimming, pruning, stump grinding, house lot clearing, and tree licensed pesticide injections to enhance the beauty and health of your landscape. It provides safe and efficient service for damaged, infested, diseased or hazardous trees. The company also is skilled in excavation work and can handle shorefront restoration projects including retaining walls, replanting trees, or redirecting drainage. It is skilled in the grading of home sites, creating or the repairing of driveways, stump removal, lawn and yard expansion, and revegetation plans.

The Rocky Roots team handles all permit requirements, does the grid work and ensures that the job site is thoroughly cleaned up afterward.



Mackenzie and Tom Nile, owners of Rocky Roots Tree Care & Excavation. SUBMITTED PHOTO

"We pride ourselves in being efficient, courteous and competitively priced," Tom Nile said. "We offer free estimates, come up with a plan and follow through. Our skills set is on point."

Reviews posted online about the Rocky Roots team are exceptional.

"Tom came to our property and helped us figure out the best plan for protecting our buildings from old or damaged trees. He also worked with us to stay within our budget. When his crew arrived, they had the equipment to get a lot done in a short amount of time, and when they left the yard was so neat

that you never would've known what they'd done." ~ L. Magiera

"We reached out to Tom and Rocky Roots to come out to our place and put together a grid of our shoreland and wooded area. After he did the grid, he walked our property with me and explained everything that he could do. We scheduled him and his crew to come and do the work, which was pretty extensive. They did an amazing job and did an amazing job cleaning up after. There is no doubt that we will use them for any future work at our place. Tom and his crew were very professional! I highly recommend Rocky Roots." S. O'Teri

"We recently hired Tom and his team for a two-phase project. The first phase was a 5-day long tree work removal project near the shoreline, which is now complete. Tom and team did an incredible job from the upfront scoping and permitting/gridwork with Tom and Mackenzie, through the actual five days of tree removal which included crane work. Tom's team is incredibly hardworking, polite and respectful, and true experts/professionals at what they do. He brought thoughtful ideas and did a tremendous job working within our budget. We're extremely pleased and look forward to the upcoming excavating phase to round out the project." ~ J. Soucy

To learn more about how Rocky Roots Tree Care & Excavation can help with your next project or to schedule a free estimate, visit www.rockyrootsllc. com or call 207-595-6751. <



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**REAL ESTATE** Cont. from page 33

a release in the environment or under conditions that could pose a threat of future release to the environment. The Phase I Environmental Report generally includes a site visit, local, state, and federal environmental records, historical research, interviews, and visual observations.

In the event further investigation is warranted, a Phase II Environmental Report may be required. In this case, testing is performed on site such as borings to look at soils samples and to determine an area of possible contamination.

If clean-up is required, this is what I would refer to as Phase III. may need to be removed from the site

to mitigate a problem. The remaining contaminated soil might need to remain as they are under a building or a road. The DEP has a program -Voluntary Response Action Program (VRAP) that helps reduce the liability for a Buyer and his/her Lender. The VRAP allows applicants to voluntarily investigate and clean up properties to the Department's satisfaction, in exchange for protection from Department enforcement actions. The VRAP is intended to encourage the cleanup and redevelopment of contaminated properties within the state.

A property Condition Evaluation by a Building Inspector/Structural Engineer can give Buyers valuable insight as to the physical assets associated with a particular property.

Site improvements, building components and operating systems such as HVAC can be observed, tested, and evaluated. Building deferred maintenance, anticipated capital repairs and replacements can be prepared. Some lenders require Property Condition Evaluations as part of their mortgage lending commitments.

When buying commercial real estate and/or commercial land, I would encourage all Buyers to do their "Due Diligence" and engage professionals for the Commercial Real Estate Buying process like a Real Estate/Title Attorney, Environmental Site Inspector/ Engineer, Building Inspector/Structural Engineer and a Civil Engineer.

As a seasoned Commercial Real Estate Professional, I have over 35 years of experience helping Client's access current as well as future Real Estate needs and to advance the quality of their real estate project and goals by capitalizing on my: Ability to search out the ideal solution and problem solve impediments; Experience knowing and recognizing all of the requirements pertaining to completing the transactions; and Talent for bringing all parties together to fulfill their expectations.

This article was brought to you by Larry Eliason, Commercial Broker with Butts Commercial Brokers located at 11265 Roosevelt Trail in Raymond. Contact him by phone at 207-415-2112 or email me: LarryEliasonBCB@gmail.com. www.ButtsCommercialBrokers.com <

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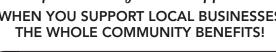
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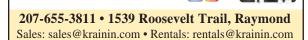
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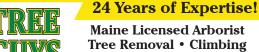
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