

Volume 13, Issue 27 TheWindhamEagle.com July 4, 2025 **Family rescues distressed moose in lake**

By Ed Pierce

Monday evening June 30 was supposed to be nothing more than a relaxing sunset cruise around Sebago Lake, but it turned out to be a life-saving trip for a family visiting the Lakes Region from Massachusetts.

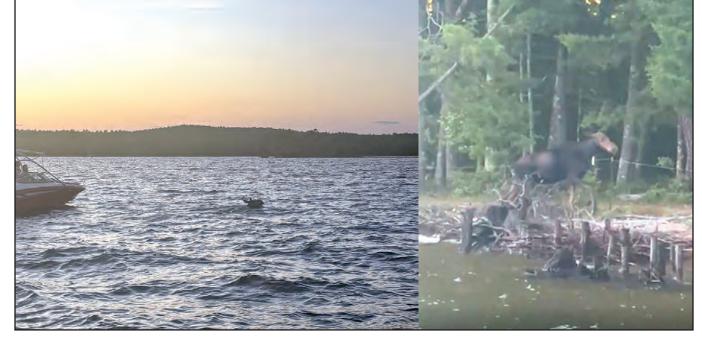
For years, the Chasse Family of Salem, Mass. has been spending the 4th of July holiday at Point Sebago Resort in Casco and enjoyed a leisurely day and dinner before opting to watch the sunset out on the lake.

With six family members aboard their pontoon boat, they set out from shore but got about halfway out on Sebago Lake before spotting something unusual.

"My younger sister saw what she thought at first was a buoy in middle of the lake, but when we got closer, we noticed that it was a huge moose fighting to keep its head above the water," said Samantha Chasse, 19. "The moose's ears were back, and it was having a difficult time swimming in the lake. Our family just didn't know what to do, so we started calling the police and the warden service to see if they could help us."

She said none of the agencies that the family called were able to respond and the moose continued to struggle in the water.

Thinking that the moose could drown being so far offshore, they



The Chasse Family, visiting from Massachusetts for the holiday, were boating on Sebago Lake on Monday night when they encountered a large moose in distress struggling to swim and trying to keep its head above the water. Along with a passing couple in a motorboat, they teamed up and were able to gently guide the moose back to the shoreline and to safety. SUBMITTED PHOTOS

chose to maneuver their boat directly behind the moose at a distance to see if they could gently guide the large creature back toward land.

"We took it upon ourselves to try and help an animal that was trying to survive. We had been doing that for a while when we noticed a couple in a passing motorboat and we flagged them down," Chasse said. "They agreed to help us, and they got on one side of the moose, and we got on the other side and started slowly steering it back to the shoreline."

According to Chasse, the coordinated efforts of both boats and through sheer determination, they were able to slowly guide the exhausted animal back to land and safety after about 30 minutes.

Moose are the largest members of the deer family, with adult males

standing 6 feet tall at the shoulder and weighing between 1,200 and 1,600 pounds. Female moose typically weigh between 800 and 1,300 pounds.

As they got closer to what is known locally as "Cub Cove" between Casco and Raymond, the moose appeared to realize it was near the shoreline and appeared to become stronger, climbing out onto the beach, before it exhibited an unusual gesture.

"Once it reached the shore, it stopped and turned its head toward us as if to say thanks," Chasse said. "Then it turned around and ran into the woods. We could see it was a huge animal as it ran off and we were all cheering that it was safe."

For Chasse, it was the first moose she has ever seen in Maine.

"We've been coming to Maine for years and we have all grown up around Sebago Lake. We have seen plenty of deer and bears, but have never seen a moose," she said. "It truly was an awesome experience."

She said saving the moose is something all members of her family can be grateful for.

"I'm an animal lover and have been for my entire life," she said. "To be involved in something like this in helping an animal in trouble is just incredible and I'm grateful to have been a part of it." Chasse says that their swift actions not only saved the moose's life but also remind them of the power of unity being a good citizen.

Town of Raymond appoints new lead Code Enforcement Officer

By Dina Mendros

The Raymond Code Enforcement Office has a new head of the department, but he isn't exactly a new face. Jason Williamson was hired last July as the assistant head of the town's Code Enforcement Office, and after some on-the-job training by Chris Hanson, he was promoted to his new position by the Raymond Select Board on June 9.

Williamson, 46, who is married rith two young children built a home in Raymond and he and his family moved there about four years ago. He graduated from the University of New Hampshire and has a background in carpentry and building. He says he got to a point where he didn't think carpentry and building was a kind of work that he could do for many more years, so he decided to go into code enforcement. "I thought maybe this would be a good transition for me," he said. Williamson says he enjoys his code enforcement job, which he finds both challenging and rewarding. "The biggest challenges, I would say are when you're dealing with some issues that crop up with neighbors," he



Some of the most rewarding parts of his job, Williamson says, include "I've gotten to meet a lot of really great people." He said, "it's nice when you can help someone figure out and navigate the ordinances and the codes to build a house."

Also rewarding, Williamson said, is helping people figure out how to work with some of their land so they can sell it to a relative for them to build a house.

"It's definitely rewarding if you can get somewhere for someone to live,"



Jay Williamson has been promoted from Assistant Code Enforcement officer to be the head Code Enforcement Officer for the Town of Raymond by the Raymond Select Board. He has worked for the town since July 2024. COURTESY PHOTO

said. "It seems like you're taking sides ... but you're really trying to be fair and not infringe on anybody's rights." Getting people to see the other side's point of view "can be extremely difficult," he said.

he said. "Housing is difficult to find these days and when someone can put on an addition to bring in an aging parent or for their child who can't afford a place. I would say that's probably the most rewarding."

An important part of the job, Williamson says, has to do with enforcing shoreline zoning and protecting the waterways, as much of the building that takes place in Raymond is along or near lakes.

For example, in 2021 the town of Raymond was alerted to significant changes along Sebago Lake that violated shoreline zoning. The property owner reached a settlement in the see **CODE** Page 20 "This remarkable moment is a testament to what can happen when people

set aside differ-PRSRT STD ences and act out U.S. POSTAGE of kindness," she PAID said. "We hope TIME4PUBLISHING this story inspires others to www.TheWindhamEagle.co look out for both Local wildlife and one **Postal Customer** another." <

Buck and the Cro

Several famous people I have met under different circumstances exhibited an uncommon trait called kindness.

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As a representative of the Student Entertainment Committee at New Mexico Highlands University in October 1973, my mission was to ensure the bands we booked to appear in concert had suitable hotel accommodations and their equipment was on site and available for their performance. It also meant making sure the electricity and microphones worked and that band members were fed before each of the concerts.

One of the first performers I got to meet in person was a musician by the name of B.W. Stevenson. He and his band were touring the county promoting his new album. "My Maria" and his hit single of the same name from the album. Our committee had booked him earlier that summer, when his fee to perform was reasonable enough before his hit song rose to reach the Top 10 nationally.

I hadn't listened very much to his music, but I had noticed his first album with his photo wearing a stovepipe hat the year before. I met his bus when it arrived on campus and told the band that once they looked over the gym where they were playing, we could get them checked into the hotel and then return for early afternoon sound checks and rehearsal.

Stevenson was slightly older than I was, in fact, he shared with me that this day of the concert was in fact his 23rd birthday. He wasn't very tall but was rather stocky and quiet. He told me that he was from



JULY 4 1776 – The amended Declaration of Independence, prepared by Thomas Jefferson, is approved and signed by John Hancock, the President of the Continental Congress in America.

1802 – The U.S. Military Academy officially opens at West Point, New York.

1803 – The Louisiana Purchase is announced as the property is purchased by the U.S. from France for \$15 million.

1817 – Construction begins on the Erie Canal to connect Lake Erie and the Hudson River.

1826 – Fifty years to the day after the Declaration of Independence was adopted, former U.S. presidents John Adams and Thomas Jefferson both die.

1848 – The cornerstone for the Washington Monument is laid om Washington, D.C.

> 1886 – The first rodeo in America is held at Prescott, Arizona.

1966 – U.S. President Lyndon Johnson signs the Freedom of Information Act, which goes into effect the following year.

Dallas, Texas and learned to play the guitar as a teenager.

When I asked him what the B.W. initials stood for, he laughed and said, "It's Buckwheat, but you can call me Buck if you'd like."

After dinner, Stevenson pulled me aside and asked what was going on in town after the concert. I mentioned to him that our fraternity was having a party with a keg of beer afterward and that he was welcome to come by our fraternity house with his band. The concert was successful, and my job was done as other committee members made sure everything got packed up and stored on the band's bus.

To my surprise, Stevenson showed up at the party with some band members and thanked me for inviting him. He shared a beer with us and some stories from the road and his life as a musician. I found him to be genuine and a regular guy despite his celebrity status.

While attending a professional hockey game in Rochester, New York in 1965, I asked my father if I could walk down to the player's bench and see if one of them would give me a hockey stick. Most of the players were out on the ice warming up before the game started and so there was just one man standing by the bench and he was dressed in a business suit, so I decided that he wasn't a hockey player.

I introduced myself to the man in the suit and he told me his name was Joe "The Cro" Crozier and that he was the coach of the Rochester Americans. He asked how old I was, and I told him I was 11. He pointed out onto the ice to a player warming up for the Hershey Bears wearing a jersey with the numeral 8 on it. He said the player's nickname was "The Big Bear" and that his real name was Mike Nykoluk, pronounced Nik-O-Luck.

Crozier said that if I shouted "You Stink" at Nykoluk when he skated by and if he reacted to it, that he would make sure I received a hockey stick. Sure enough, Nykoluk skated past where I was standing and I screamed at him, "Hey Nykoluk, you stink like a skunk." Nykoluk stopped, turned around and smiled at me, shaking his stick at me first, and then at Crozier, who was laughing hysterically.

I returned to my seat but before the game ended, Crozier motioned to the usher to bring me and my brother to the bench where he presented us both with broken hockey sticks. Crozier told me, "Someday when you are grown up, you'll remember this moment."

Crozier went on as a coach to lead the Rochester Americans to three Calder Cup American Hockey League championships. He later served as the coach of the Buffalo Sabres and the Toronto Maple Leafs in the National Hockey League. Ironically, when Crozier was fired as the Leafs' coach in 1981, he was replaced by none other than Mike Nykoluk. In 2012, Crozier was inducted into the AHL Hall of Fame and died at the age of 93 in 2022.

B.W. Stevenson continued to sing and perform nationally until 1988. In April of that year, he went into the hospital to have a heart valve repaired. Following

> the surgery, he soon developed a staph infection and died at age 38.

Years later, when I think about meeting Joe Crozier and B.W. Stevenson, and that they each chose to be friendly to me when I was a total stranger to them, I am humbled. Their kindness is not something I will soon forget. < ~ Ed Pierce



If you were stranded on a desert island, what three things would you want to have with you?

"Tent, flashlight, water." – Miki Mayberry "Sunscreen, a water purifier and a ham radio." – Morgan Peters "Fresh water, shelter and a book." – Julie Mallett "Fresh water, machete, and a fishing rod." – Sharon Taylor "My besties! Duh." – Ernesta Stevens Kennedy "A volleyball named Wilson, a machete and a fire starter." – Darrell Janoushek "Satellite phone, knife, fire." – Jennifer Harmon "Good knife, water filter, my Black Lab for company." – William D. Reiner "Fishing pole, tackle, bug net." – Brian Butler "Wood smoker, water filter, Library of Congress." - Rob Juergens "Sturdy shoes, snake repellent, and a canteen of fresh water." – Chris Macklin "Beef jerky, Coca Cola, sunscreen." – Jerry Greene "First thing would be a flare gun, then a tent, and finally a supply of magazines." Jude Orestes-Sanchez

"A spear. Bug spray. Pop Tarts." – Isabella Mongon

"Portable radio, a good novel, and a fold-up cot." – Dean A. Smalley

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"Food and water. Also a flashlight." – Anne Glotchshuk

"A jacket or a blanket in case it gets cold at night, some decaffeinated green tea bags, and an axe to cut firewood." Deirdre Schulte

"Water purifying pills, matches, and a rubber raft." – Mitchell B. Robinson

"Binoculars, coffee and a rifle." – Rick Laborteaux



Windham considers creating Forbes Lane pocket park

By Dina Mendros **STAFF WRITER**

During the Windham Town council meeting on June 12, councilors voted unanimously to explore the possibility of creating a pocket park for the Forbes Lane and Misty Drive neighborhood off Varney Mill Road.

In April, Cumberland County Commissioners awarded \$40,000 in Community Development Block Grant Funds to Windham for the purpose of eventually constructing a park in the Forbes Lane neighborhood based upon an application received from the town.

The funding is subject to an environmental review by Cumberland County to ensure compliance with the State Historic Preservation Office, local Historic Preservation Ordinances and other environmental regulations.

Community Development Block Grants supports community development activities to build stronger and more resilient communities. Activities may address needs such as infrastructure, economic development projects, public facilities installation, community centers, housing rehabilitation, public services, clearance/acquisition, microenterprise assistance, code enforcement, and homeowner assistance.

Windham used CDBG Block Grant funding in 2020 for assistance in expanding a parking lot at 35 Main St. in South Windham to encourage economic development and recreational purposes. Through CDBG funding, Cumberland County contributed \$205,295 to the project for surfaces and materials.

The site for the proposed pocket park in the Forbes Lane neighborhood is a vacant lot between adjoining neighborhoods. A pocket park is defined as a small park accessible to residents and the public which can be used for recreational purposes including picnic tables, benches, flower beds and greenery.

Councilors voted to establish a committee to research and explore the development of a pocket park in the Forbes Lane community area.

Jarrod Maxfield, Windham Town Council chair, said that committee members will recommend to the council a concept plan

serve area residents and Drive residents. PHOTO BY ED PIERCE the public as well as an optional pic-

nic pavilion, benches and recreational amenities suitably sized for the 1.33acre land parcel.

Committee membership will be made up of up to four individuals who reside on Forbes Lane or Misty Drive, two town staff members and a Windham Town Councilor.

In voting to establish the committee, councilors mandated that town staff members would serve in an advisory capacity and not be voting members of the committee. The council also appointed Councilor Mark Morrison as the council's representative to the Forbes Lane Misty Drive ad hoc park committee.

Members of the committee at the



establishing connectivi- A vacant lot on Forbes Lane off Varney Mill ty with trails suitable for Road in Windham could eventually become walking and biking to a new pocket park for Forbes Lane and Misty

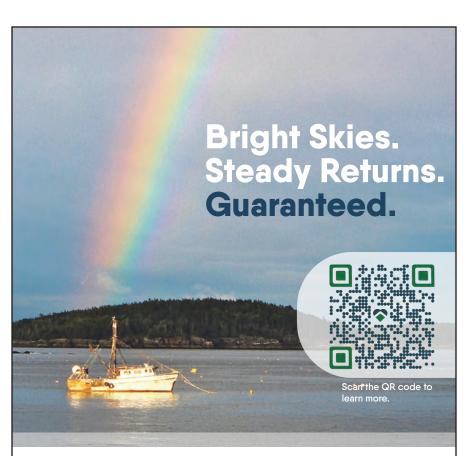
direction of the Council will research and explore property information to facilitate desired park amenities interconnectivity, access, and parking accommodations.

Anticipating this committee work

taking up to two years, the group will make recommendations for a design concept and plan for the Forbes Lane Community Park and eventually present a concept plan for the park to the Windham Town Council.

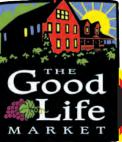
If the council approves a design concept and before the park could be built, a series of public hearings to solicit public input would be held and it will also require approval from the Windham Planning Board. When and if the park is constructed, it will be overseen by the Windham Parks & Recreation Department, a town agency whose mission is to develop, operate, and maintain a park and recreation system that enriches the quality of life for residents and visitors, fosters a sense of community, and preserves and protects community open spaces. Windham's Parks and Recreation Department currently maintains nearly 500 acres of parks and preserves for Windham residents.

The council is asking that any residents of the Forbes Lane or Misty Drive neighborhoods who are interested in serving on the ad hoc park committee to call the Windham Town Manager's Office at 207-894-5900 and leave their name and contact information. <



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The Windham Eagle

Hot Fiddle concert assists Fuller Center for Housing

By Dina Mendros **STAFF WRITER**

If you love good music and want to support a worthwhile cause at the same time, look no further than when Hot Fiddle performs in a concert on Saturday July 12 at the North Windham Union Church. The free concert will benefit the Sebago Lakes Region Fuller Center for Housing which provides housing repairs to seniors, veterans and people with disabilities who live in Raymond, Windham and Standish.

Hot Fiddle is made up of Daniel Strange and Ashley Liberty, and sometimes with the accompaniment of their children, son Harrison, 12, and daughter Summer, 9. Both children play the violin, like their mother, and will play at the July 12 concert; Daniel plays jazz keyboard.

While the family lives in Miami they are no strangers to the area. Strange, who teaches music at the University of Miami Frost School of Music, grew up in Windham; Liberty, a performer, grew up in Gray; and the whole family returns for most of the summer every year to visit and reconnect with family and friends.

Hot Fiddle has performed in concerts at North Windham Union Church in the past and proved to be very popular, performing to full or nearly full houses. However, the last time they performed there was in 2019.

It was a "no brainer" to ask them back to for a benefit concert for the Fuller Center, said Jim McBride, the treasurer, board member and co-founder of the Sebago Lakes Region Fuller Center for Housing.

"They're phenomenal musicians," he said, "and have been local favorites for many years."

The Sebago Lakes Region Fuller Center for Housing was founded in 2019 and it's mission is "to help aging adults, veterans and people with disabilities to age in place safely," said Diane Dunton Bruni, a founding member, board chair and president.

The organization, founded by representatives from Raymond Village Community Church, Faith Lutheran Church, North Windham Union Church, Windham Hill UCC, Unity Center for Spiritual Growth, St. Ann's Episcopal Church and Saint Joseph's College "has helped 73 families in Windham, Raymond and Standish," Dunton Bruni said.

Volunteers have logged more than 4,000 hours replacing decks, flooring, and steps, building ramps, cleaning yards and more in the community.

"The proceeds from the concert will help purchase material for projects,"

really fun because they do have Vivaldi on the concert and we also have 'I've Got Rhythm' on the concert and we have Dan's original music on the concert."

When McBride asked them to perform the concert, "we were totally game for it," Strange said, especially because of "the great work that



obviously the Full- Daniel Strange and Ashley to see everybody, er Center does for Liberty, of the Hot Fiddle band and we're pumped the community and will appear in a benefit concert for the show as althe North Windham to assist the Sebago Lake Region ways." Union Church is spe- Fuller Center for Housing on July cial for us. We were 12 at the North Windham Union married there. I was Church. SUBMITTED PHOTO

the minister of music there from 2006 to 2007, so there's a lot of ties."

Strange said he and his wife are more than happy to perform in Windham. Over the years, he said, "Maine has continued to support us, and it's our way of saying thank you. We're excited

Liberty agrees.

"We love playing our music for people because it's lively and it connects (people)," Liberty said. "It's just a special thing to be able to share music between audience and performers. It's what music was made for, making that connection."

Hot Fiddle will perform at the church starting at 7 p.m. July 12 with the lobby opening at 6 p.m. and doors opening at 6:30 p.m. North Windham Union Church is at 723 Roosevelt Trail in Windham. The cost to attend the concert is free, but the Sebago Lakes Region Fuller Center for Housing asks for a suggested donation of \$15; pay by cash, check or PayPal. Seating is general admission.

For more details about the concert, call 207-387-0855 or to volunteer or make a donation to benefit the Sebago Lakes Region Fuller Center for Housing go to: sebagofullerhousing.org. <



Naples, Maine

she said.

Dunton Bruni said she's looking forward to the Hot Fiddle concert.

There will be "something for everyone really," said Strange, as they don't perform one specific genre.

"It was important for us to make sure that there was no genre identifier," he said. "That everybody who just enjoys a great show is going to be able to hear something that they'll appreciate and something to be very excited about and recognize."

Liberty said they started playing together when they were married.

"We began with a lot of classical music and slowly but surely branched off into many styles," she said. "It's

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Taking the Oath



Windham Town Clerk Linda Morrell swears in Windham's new Town Manager Robert 'Bob' Burns at Windham Town Hall on Tuesday, July 1. Burns joined Windham as the town's first Assistant Town Manager in December 2021. He graduated from

Yarmouth High School before obtaining a Bachelor of Science degree in Forest Engineering from the University of Maine at Orono. Following college, Burns worked both in Maryland in Public Works and in Florida as a consulting environmental engineer. After that, he returned to Maine and served as the Public Works Director and Town Engineer in Gorham for 18 years. He succeeds Barry Tibbetts as Windham Town Manager, who will remain as a consultant for the town overseeing several projects through the end of the year before retiring. COURTESY PHOTO



Senate passes, governor signs investments in Maine transportation led by Nangle

Late last month, the Maine Senate enacted several investments in Maine's transportation infrastructure, sending five bills to the Governor's desk where they now await her signature. State Sen. Tim Nangle, D-Windham, Chair of the Legislature's Committee on Transportation, spearheaded the effort to pass the five bills.

"We on the Committee have the unique and special opportunity to make Maine a more accessible and connected state for all those who live here — from the northernmost corner of Aroostook County to the gateway down in Kittery," Nangle said. "By improving our pedestrian and bike trails, updating the state's transit systems and laying the groundwork for a potential ferry service to Monhegan Island, these bills don't just strengthen accessibility today, they open the door to future tourism and economic growth tomorrow."

The five enacted bills reflect the Legislature's ongoing commitment to improving the roads, trails and public transit systems that connect Maine's communities. LDs 29 and 30 will remove state-owned inactive railroad



tracks along the Kennebec River Rail Trail and the Berlin Subdivision between Portland and Yarmouth, respectively. LD 1359 will improve funding transparency for public transit services and improve coordination between the Department of Health and Human Services and those transit services that serve Mainers travelling to health care providers.

As a part of Maine's continued efforts to honor the service of its veterans, LD 1315 provides one-time funding to the Secretary of State's office to issue commemorative license plate decals to Maine veterans of Operation Inherent Resolve and a variety of other service officers. Finally, with an eye towards increasing tourism, LD 1186 directs the Department of Transportation to work with island and ferry service stakeholders to study the feasibility of adding ferry service to Monhegan Island.

The five bills enacted off the Highway Table reflect Senator Nangle's efforts this legislative session to lead the Transportation Committee in support of forward-looking initiatives that strengthen Maine's connectivity, economic future and role as a tourist destination.

All five of the bills were signed into law by Maine Gov. Janet Mills and will take effect 90 days after the First Special Session of the 132nd Legislature adjourns sine die. <



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SAMSUNG

Raymond Village Library expands pass program

By Kendra Raymond

Residents of Raymond can now take advantage of some expanded offerings at their local library.

For several years, Raymond Village Library has offered passes to various parks and museums providing patrons with discounted or free admission. This program is often under-recognized and serves to provide some valuable benefits for library card holders. Now the library has recently upped its game, offering two new passes to residents.

In a Facebook post the library announced, "We have two of the coolest new library passes around. For music lovers we are offering one ticket, allowing entrance for two, to each One Longfellow Square performance. For sports fans we have two free general admission tickets to each Sea Dogs home game. Start reserving your tickets now!"

These new passes provide some hefty perks for residents. In a press release, the library explained further that the passes will accommodate both music lovers and sports fans.

"Raymond Village Library is thrilled to announce the expansion of its popular Library Pass Program with two exciting new additions: free admission for two to performances at One Longfellow Square and two free tickets to every Portland Sea Dogs home game."

According to the press release, these new offerings join the library's current lineup of beloved destinations, including the Portland Museum of Art, the Children's Museum & Theatre of Maine, Tassel Top Park, Coastal Maine Botanical Gardens, Historic New England, Railway Village Museum, Maine Wildlife Park, Maine State Park pass, and Southworth Planetarium.

Library Director Richard Dowe

says he is pleased with the recent addition and is committed to improving library programs.

"This expansion makes it easier than ever for Raymond library card holders to explore the best that Maine has to offer, whether you're taking in a live concert, or enjoying a day at the ballpark," he said. "We're always looking for ways to bring the community together and make arts, culture, and recreation more accessible. Adding live music and baseball to the mix brings a whole new energy to the pro-

→ see **PASSES** Page 13







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I have discovered thru the process that I would be adding money to my monthly budget. We are retired and on a fixed income. We didn't have the funds available to proceed with this without their help. That helped us to be able install the heat pump system with no upfront money, which was a huge help to us. Not only that, but it also removed the need to pay for our propane to heat for our house. The cost difference was substantial. We actually save so much, that between the monthly finance payment, and the cost of the electric bill, we actually had more money for the month. WE WILL BE SAVING ABOUT \$110 A MONTH (OVER \$1300/YEAR). On a fixed income, that is substantial. It was almost like we were being paid \$1300/year to put in the heat pumps.

And the best part, from the time we signed the contract to installation, less than a week. They had a good sized crew here.

We were so impressed, we decided to put in a Heat Pump hot water heater. Again, no money upfront. The savings after the finance payment and the power bill amounted to about \$97/mo (\$1164/yr). That was A TOTAL SAVINGS OF ABOUT \$2500 A YEAR FOR THE HEAT PUMPS TO HEAT AND COOL AS WELL AS THE HOT WATER HEATER. It was like getting paid \$2500 a year to install these. (P.S. - I verified the figures from the Efficiency Maine website)

I am recommending to everyone I know to contact DIRFY Generators and Heat Pumps so that they can increase their spending money. This company is awesome. No wonder they are number one in New England!" $\sim R \notin L W$.



New proposed food label system provides opportunity to help improve health

Walking into a grocery store can feel overwhelming, especially for those trying to buy healthier food. There are so many choices, eye-catching marketing and health claims, and confusing ingredients, making it hard to know what's healthy and what isn't.

Grocery store aisles can actually be a place to fight preventable diet-related disease and illness, as long as nutrition information is readily available and easy to understand.

Other countries successfully use simple and clear nutrition labels on the front of food packaging to draw attention to foods that are high in sugar, saturated fat or salt: three nutrients most people eat too much of. These new labels are helping consumers make healthier choices.

After years of consumer engagement and research, the Food and Drug Administration (FDA) has proposed easy-to-read labels on the front of most packaged foods here in the United States. The proposed label would appear on foods intended for people aged 4 years and older and focus on three nutrients to limit: saturated fat, sodium (salt) and added sugars.

Each would be rated as high, medium or low, and include the percentage of the recommended daily amount. The label would be placed on the front of the package in bold, easy-to-see text so shoppers could quickly understand what is in their food and compare products.

Even though similar labels have worked well in other countries, some food companies oppose implementing them here in the United States. While these labels certainly could impact the sales of less healthy foods, advocates say that these companies should recognize that their customers want to

Nutritio Per serving 1 container	n I %	nfo Daily Value
Saturated Fat	18%	Med
Sodium	37%	High
Added Sugars	5%	Low
	FD	A.gov

The Food and Drug Administration has proposed placing a new type of label on the front of food and beverage packages that contains simple, easy-to-understand nutrition information, making it easier and quicker to compare products and make healthier choices. COURTESY IMAGE

> make healthier choices and purchase healthier products. Clearer labels will help them do just that.

> "Eating healthy should be less complicated and consumers should be able to walk down grocery store aisles and be able to easily compare how nutritious different foods are," says Nancy Brown, CEO of the American Heart Association. "This will give everyone more control over their food choices and health."

> Right now, the FDA is asking people to share their thoughts on this new proposed label system.

> Visit https://ytc.quorum.us/campaign/label/ for further details from the American Heart Association and to provide feedback to the FDA. <



Scan here to provide feedback to the FDA on the new proposed labels.



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The Windham Eagle

Volunteers still needed for Sebago Lake loon count

Maine Audubon is still seeking volunteers to assist with the 42nd Annual Loon Count to be conducted on Sebago Lake later this month.

The Sebago Lake count is part of a statewide initiative to count Maine loons and chicks and track the population changes and trends in the population. Information collected during the count helps Maine Audubon to assess the impacts of conservation efforts and to address any significant changes in the population and offer better management solutions in future years.

On Saturday, July 19, a contingent of volunteers will gather at Sebago Lake early in the morning for the count.

"The data volunteers collect is used to track population trends over time," says Maine Audubon Director of Conservation Sally Stockwell. "We expect some fluctuations year to year, but the numbers indicate a healthy loon population, with a slowly increasing adult population and relatively stable chick numbers." Maine has the largest population of loons in the eastern United States, which makes the breeding success of loons here critical to the regional population at large.

For years, counting Sebago Lake's 100-plus miles of shorefront on nearly one trillion gallons of fresh water and at 49 different survey areas presented a significant challenge to Maine Audubon. And despite the efforts of many volunteers, the entire lake was never fully counted.

In 2022, volunteer counters were recruited from each of the seven municipalities that border Sebago Lake and other volunteers signed up as well



Maine Audubon is seeking volunteers to assist with the 42nd Annual Loon Count to be conducted on Sebago Lake early in the morning of Saturday, July 19. COURTESY PHOTO

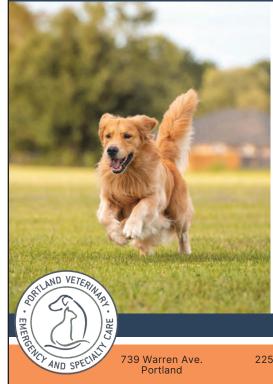
who wanted to be part of the count. What resulted was the first-ever full Sebago Lake count thanks to more than 50 volunteers who participated and covered more than 30,000 acres of water.

Statewide in 2024, Maine Audubon drew its greatest amount of volunteer participants for the annual event and counted 1,624 loons on 407 lakes. Because of this, Maine Audubon estimated a Common Loon population in Maine of 3,146 adults, south of the 45th parallel. However, the organization says not enough lakes were surveyed north of the 45th parallel to estimate the loon population for the entire state.

Therefore, to expand its reach and involve more volunteers in the count, Maine Audubon will conduct Extended Duration Surveys this summer. This pilot program will count loon populations on remote lakes not surveyed in previous years from July 19 to July 26 while scouting, accessing, and conducting a one-hour survey of their



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Most loons nest within one foot of the water's edge, so they are especially vulnerable to washout from large waves. All motorboats on Maine lakes are required to travel at no-wake speeds when they are within 200 feet of shore or islands. Boats that facilitate wake surfing create even larger waves and can impact loon nests even when operating as

far as 500-600 feet offshore. In 2024, a new state law was implemented to address wakesurfing activity and requires individuals "from operating a motorboat in less than 15 feet of water or within 300 feet of the shoreline when the motorboat is engaged in a wakesurfing activity."

The Common Loon faces all kinds of threats including from boat strikes, nest flooding, lead tackle, eagle predators and despite that with the help of an ever-growing volunteer base, the population remains robust.

"There are so many people looking out for loons," says Loon Count Data Coordinator Ethan Daly. "Loons are something Mainers can appreciate and unite behind. More people are educating their neighbors, more people are involved in our loon restoration program, more people are getting rid of lead tackle, and more people are considering how shoreline management can impact freshwater ecosystems."

FMI about the annual count or the Maine Loon Project, or to volunteer as a counter on Sebago Lake, contact SebagoLakeLoonCount@gmail.com or visit maineaudubon.org/loons. <

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*Must fill out at least 10 categories & provide email to be valid. Only one ballot per email address will be counted.



2025



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Appliance Store	Event Venue	Paving/Sealcoating
ATV/Snowmobile Sales & Service	Excavation/Earthworks	Pest Services
	Facial	
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Auto Detailing		Pharmacy
Auto Sales		Photography
Auto Service	•	Physical Therapist / Sports Medicine
Bakery/Custom Cakes	•	
Bank/Credit Union	Generator Sales/Service	Pizza
Bar		Plumbing Contractor
Barber Shop	•	Printing/Signage
Boat Sales	•	Real Estate Company
Boat Service	Heating/Cooling Contractor	Recreation Rentals
Breakfast Place		Remediation
Building/Hardware	•	Salon
Burger	Interior Design/Home Staging	Senior Services - In-Home
Cannabis		Senior Services - Assisted Living
Car Wash	•	
Childcare Provider	•	Septic Services
Chiropractor		
Cleaning Co	Maple Farm	Specialty Food/Wine
Clothing Store	Marina	Supermarket
Coffee/Specialty Drinks	•	Take-out
Construction Co		Tattoo Co
Convenience Store	Mortgage	Trash Services/Dumpsters
Dance Studio	•	Tree Service
Dentist		
Dock Sales/Service	Non-Profit	Water/Well Services
Doctor's Office		Mollages Conter / Alternative Medicine
Dog Training		
Electrician		Yard Equipment Sales/Service

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The Windham Eagle

2025 Eagle Choice Award voting underway

For the 11th consecutive year, The Windham Eagle newspaper is sponsoring the Eagle Choice Awards, and the popularity of the annual competition remains stronger than ever.

Voting opened on June 29 and continues through Sunday, July 20 at midnight, with winners announced in the August 15, 2025 edition.

Launched in 2015, the Eagle Choice Awards recognizes local businesses in the area through popular vote. This distinction is evidence that residents do take notice when they receive outstanding service and find superior products offered by local merchants.

Melissa Carter, advertising director for The Windham Eagle, said that the awards established a new record last year by receiving nearly 10,000 ballots cast across 85 different categories, and she expects that number to rise again in 2025.

Two awards are presented in each category, gold for first place and silver for second. At times, if votes are within 10, a tie is called and two businesses are awarded for one category.

The awards are presented at a gathering at Erik's Church, which is scheduled for Aug. 14, 2025. Each winner is given a decal and plaque to display at their business or on vehicles, etc. to recognize their accomplishment.

"Now in it's 11th year, the Eagle Choice Award has become a wellknown symbol of business trust and top-notch customer service," Carter said. "It is an honor to be able to recognize the many companies that pour their heart and souls into their busi-



Last year's Eagle Choice Award celebration drew hundreds of people from winning businesses throughout the Lakes Region. Deadline to vote online for 2025 is Sunday, July 20 at midnight. This year's winners will be announced publicly in the Aug. 15 edition and the awards will be presented to recipients on Aug. 14. FILE PHOTO

nesses each year. The competition is tough and even for those businesses that are not awarded with gold or silver, we hope that they appreciate every vote they get. The exposure of even being listed on the ballot is a win for branding and name recognition."

According to Kelly Mank, owner and publisher of The Windham Eagle newspaper, the Eagle Choice Awards are a great way for the public to learn about a business they may not be familiar with and to discover the very best services, food and products that are available in the community.

"The Eagle Choice Awards give the community trusted options and a unique way to connect residents and

visitors here with area businesses in meaningful ways," Mank said. "Best of all, every vote comes from the readers and is based upon how they feel about local businesses."

Carter said a few new categories have been added and some from previous years have been updated. For 2025, there are a total of 93 categories.

Businesses in the updated categories have been split to better represent business services. Those include Auto Detailing and Car Wash into two separate categories, Aesthetics/Med Spa has been split into Facial and Med Spa, and Trash Services has been split into Junk Removal and Trash Services/ Dumpster Rentals.

New categories this year are Burger, Dog Training, Interior Design/ Home Staging, and Remediation.

While the newspaper does its best to keep current on adding new businesses and deleting those that are closed and including everyone, they welcome feedback to help improve ballot choices for the upcoming years by sending an email to: awards@thewindhameagle.com. Voters may also use the write-in option to nominate a business that is not already listed.

Eagle Choice Award voters must cast ballots in at least 10 categories or more and must also include their email address when uploading or turning in a ballot for it to be valid to ensure that only one vote is cast by an individual. Email addresses collected during the Eagle Choice Awards competition are not sold or distributed to a third party.

A paper ballot is available in The Windham Eagle newspaper's print edition this week (see facing page 10). You can either mail in the physical ballot or take a picture and upload via email to: awards@thewindhameagle. com. The paper ballot must be received by us no later than Friday, july 18 to be counted.

The easiest and most popular way to vote is online at www.thewindhameagle.com/awards. <





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July 4, 2025

THE ROOKIE MAMA THE ADVENTURES OF MOTHERHOOD

DON'T SWEEP CHORES UNDER THE RUG: A TALE OF SUMMER STRUCTURE AND LUCKY CHARMS

By Michelle Cote SPECIAL TO THE WINDHAM EAGLE



Parenting in the summer is like a firehose to the face that sends you backward down a giant slipand-slide and lands you somewhere in a splashpad wild wilderness world if you

so much as blink, when your kiddos are on three-month hiatus, but alas, your full-time work schedule hasn't changed.

Splish-splash, don't jump back in the bath - When it's peak summer-lovin' time in Maine, a bit of structure can go a long way to ensure smooth sailing for your whole crew.

Whether your little ones are summer camp bound or home with caregivers, be sure to begin every morning and end each day with a little routine and chores for all.

My husband and I have four young boys, ranging in age from 4 to 13. Each is able to contribute meaningfully to our home's everyday upkeep, and as we all know, many hands make light work.

And in our home of six, we've sure got many a hand.

Kiddos kicking in with chores not only contributes greatly to our daily function, but teaching responsibility gives our little guys a sense of pride and accomplishment.

It's a family affair.

Our youngest ones help pick up,

whether sorting and properly stashing toy trains, Hot Wheels cars and Duplos from whence they came, or clearing the table – be it storing away art supplies or scooping up accidentally spilled bowls of Lucky Charms.

They're also learning to help our older boys fold laundry.

After all, we all wear clothes - A whole lot of it – Folding should also be the team effort.

The folds may not be perfect, and socks may not always be exquisitely matched, not to mention the shirts that may be inadvertently placed in wrong piles.

We don't expect perfection.

After all, I've never even met an adult who can fold a fitted sheet.

Among our older circuit, our boys help clean the house, do dishes, take out trash and recycling and mow our hilly lawn among other tasks.

When our kids are really deep in chore zone, they get music or background movie choice to make it fun and truly nurture that autonomy.

Rise-and-shines and bedtimes are still enforced, albeit with more flexibility than school nights and golden rule days. This keeps us on routine and ready to take on the day.

Peppered between daily tasks is lots of fun in the sun and the reward feels all the more magnificent after each doing our part.

But that's precisely what it is – Each does our fraction; together we're made

whole.

When we teach responsibility - with patience, grace, and some great tunes in the mix - we all benefit, and our littles ones learn these life skills.

According to Parent.com, children who do chores grow up to be successful. A Harvard study that followed people

for 75 years were able to connect their physical and emotional health as well as professional success to whether they did chores as kiddos.

And so it goes – To participate in life, one must contribute to it. Chores also allow

little ones to learn how things work.

So cleaning up those Hot Wheels cars and washing dishes regularly go a long way, so it seems.

Even Harvard says so. Even if no one will

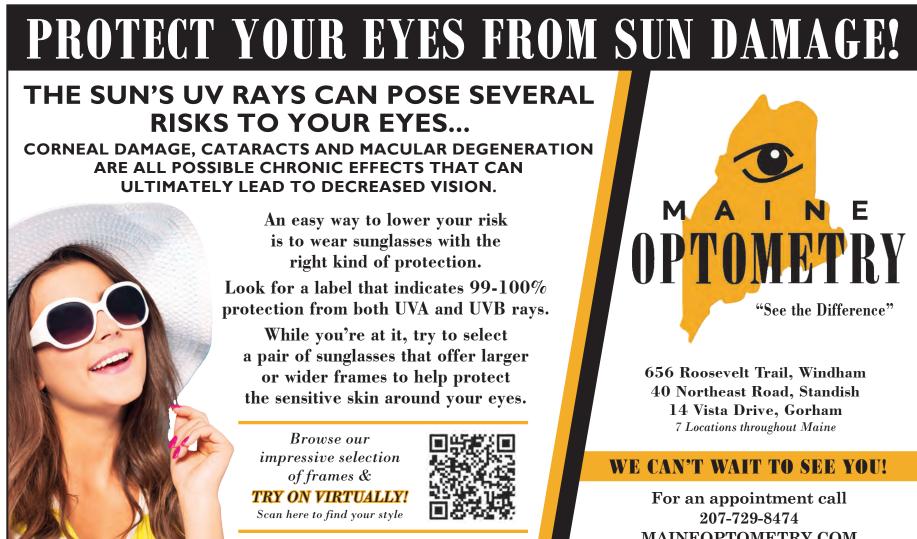
ever know how to fold a fitted sheet. So keep calm and

carry on all summer long - Just don't forget to keep kid chores top of mind along with sunscreen, and you'll all have a well-deserved summer to remember.

Columnist Michelle Cote lives in southern Maine with her husband and four sons, and enjoys camping, distance running, biking, gardening, road trips to new regions, arts and crafts, soccer, and singing to musical showtunes - often several or more at the same time!



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The Windham Eagle

PASSES Cont. from page 7

gram, and we're excited to see families and individuals take advantage of these opportunities."

Dowe said that he initiated the program's expansion.

"I've been looking for new ways to expand the library's reach and strengthen our role in the community. Part of our mission is to provide access to enriching, entertaining experiences, and I saw an opportunity to do that by offering passes to a wider variety of local venues and organizations," he said. "By connecting more people to all that Maine has to offer, we hope to encourage greater library use and foster a stronger sense of community."

So how does the program work, you might ask?

First, you will need to be a resident of Raymond with an active library card, and the passes are free to borrow. Each pass offers its own unique benefits. To reserve a pass, just access the Museum Parks & Passes link on the RVL website or simply call the library. Patrons are encouraged to be proactive to reserve passes, as quantities are limited, especially on popular dates.

Each pass benefit is different, so library officials say it's important to plan ahead for some of the passes you might be interested in reserving.

For instance, Dow said that the Sea Dogs passes include two general admission tickets while the OLS is one ticket that provides entry for two people. Other tickets may provide free admission or a discount.

What's more, the library has some



Two free tickets to each Sea Dogs home games! Two free tickets to OLS performances!

Raymond Village Library is now offering free passes for One Longfellow Square performances and general admission tickets to each Portland Sea Dogs baseball home game. The passes are on a first-come first-serve basis while supplies last. SUBMITTED PHOTO

even more exciting news to share.

"We just confirmed that we will have tickets to the Maine Mariners! Their season doesn't start until October. We will have a limited num-



ber of tickets to provide for patrons who can also request a photo op with players after the game! More details will be available as we get closer to the season," said Dowe.

According to Dowe, the community feedback has been extremely positive.

"So far people have been surprised and excited to learn we offer these two new passes. We are, from my understand

ing, the first library in the state to offer tickets to each Sea Dogs home game and one of the first few libraries to offer tickets to One Longfellow Square. We hope to expand to other sports teams in the coming months or years," he said.

For details or to reserve a pass, visit Museum & Park Passes – Raymond Village Library or call 207-655-4283.

The Portland Sea Dogs schedule can be found here: www.milb.com/ portland/schedule/2025-06

The One Longfellow Square show schedule is available at https:// onelongfellowsquare.com/upcoming-shows-events/

Maine Mariners schedule can be found at www.marinersofmaine. com/#schedule <



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Raymond-Casco Historical Society launches summer season with 'Honey Bee Family Celebration'

By Kendra Raymond

STAFF WRITER

There is always something exciting going on at the Raymond Casco Historical Society Museum and with the recent addition of bee hives to the site, people are swarming to check out the latest developments. From regular weekend events to new collections, there is always something there to fit everyone's interests.

The museum campus has expand-

ed exponentially over the past several years with the addition of a blacksmith's shop and an old schoolhouse. Visitors can take in exhibits showcasing actual items from the area as well as the museum's transportation barn.

Sue Pride is the collection manager for RCHS and recently shared some exciting news.

"A lot is happening here at Raymond-Casco Historical Society," she said. "Construction has been com-



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pleted on our brand-new kitchen and bath, making our location ideal for small group meetings. We have new exhibits, a model farm, and new bee hives," she said.

The bee hives are an intriguing new feature at the museum campus and historical society members are busy preparing for the upcoming Honey Bee Family Celebration.

"Beekeeper Ingo Hartig set up two hives here at the museum in late spring because of the cold weather," Pride said. "The idea is to let people know how important honeybees are. He especially likes working with children. We are having a Honey Bee Family Celebration from noon to 3 p.m. on Sunday, July 20. It will be a family fun afternoon where folks can visit the hives, meet the

beekeeper, learn about honeybees, kids can do bee-related crafts, learn the bee

dance, and have some ice cream." Best of all, Pride said that the event is free.

A variety of upcoming events are planned for the summer season at the museum.



Beekeeper Ingo Hartig of Raymond will give a free presentation to the public about bees during the Honey Bee Family Celebration from noon to 3 p.m. on Sunday, July 20 at the Raymond-Casco Historical Museum, 1 Shadow Road in Casco. SUBMITTED PHOTO

> Mike Davis will present a talk about the Portland-Harrison canal and the canal boats at 6:30 p.m. Monday, July 14. Then at 6:30 p.m. on Monday, Aug. 11, Cheryl Callahan will present Processing Wool and the Sheep Boom of New England. She will be talking about → see **BEES** Page 20



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BRIEFS

Hackers Hill concert

Loon Echo Land Trust is hosting a concert featuring the band Bold Riley from 6 to 8 p.m. Wednesday, July 9 at Hacker's Hill Preserve in Casco. Concert is free but donations for the land trust will be accepted. FMI, call 207-647-4352.

Windham Summer Concert Series

The Lynn Deeves Trio will perform a concert on July 9 at 6:30 p.m. at Dundee Park in Windham. The event is sponsored by Windham Park and Recreation as part of its 9th annual Summer Concert Series. Park Admission will be free after 5 p.m. and the concession stand will be open during the concerts. FMI, visit www.windhamrecreation.com or call 207-892-1905.

Raymond Book Club

Raymond Village Library's Historical Fiction Book Club will meet at 1 p.m. Thursday, July 10 at the library, 3 Meadow Road in Raymond. Participants will discuss this month's selection "The Book Woman of Troublesome Creek" by Kim Michele Richardson. FMI, call 207-655-4283. Visit raymondvillagelibary.org and follow them on Facebook to keep up with events throughout the summer.

Flea Market

The Casco Village Church, United Church of Christ will host its annual "Open Air Fair/Flea Market from 8 a.m. to 1 p.m. Saturday, July 12 at 941 Meadow Road. This year's event will feature vendors, a flea market, food booths, coffee and donuts, an auction board, a raffle calendar, and a flower sale. FMI, call 207-627-4282.

Seacoast Adventure Car Show

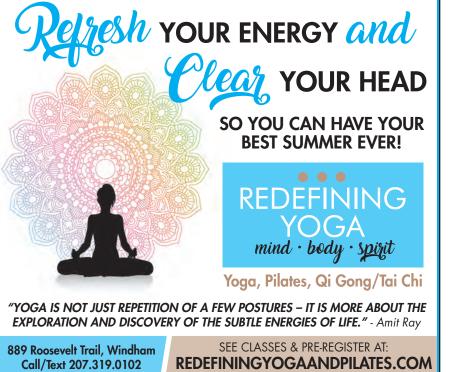
The annual Seacoast Adventure Car Show for Make-A-Wish Maine will be held on July 12 from 10 a.m. to 2 p.m. at 930 Roosevelt Trail in Windham. Seacoast Adventure, on behalf of the Dwaine Richards family, is hosting the annual car show with 100 percent of the proceeds benefiting Make-A-Wish Maine[®]. Registration is open from 8 to 10 a.m. for car owners at a cost of \$10 per show car. Spectator admission is \$5, with children 12 and under admitted free. Additional donations for Make-A-Wish® Maine will be accepted. The rain date is Sunday, July 13. FMI, call 207-892-5952.

Dr. Drew and His Animals Too

Are you interested in animals? Love reptiles? Then we have a show for you! Join Mr. Drew in seeing some awesome creatures and learn all about their life on Friday, July 25 at 2 p.m. This event is hosted by the Windham Public Library but will be held off-site at Windham Middle School, 408 Gray Road and is aimed at ages 3 and up. Follow the Windham Public Library's website for more events: www.windhamlib.me.us/calendar

Suicide Support

The Alternatives to Suicide Support Group meets at 2 p.m. everysecond and fourth Tuesday at the Lake Region Recovery Center, 2 Elm St., Bridgton. FMI, call 207-803-8707







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I have been a licensed massage therapist for 3 years, but my passion for wellness started before I was even in high school. From a very young age I was certain that I wanted a career that involved helping others along their healing journey. Today, that is what I do through massage therapy, and I love every second of it. My dad and two brothers are lobstermen, a job that takes a huge toll on your body. They have worked with a talented massage therapist in our hometown regularly

for years, so I have been able to see the benefits and pain relief it provides for them. I began working with the same massage therapist in high school to see how it might benefit my fitness and recovery as a busy athlete. It brought me so much more than what I expected and allowed me to slow down in a way that I never really allowed myself to. It gave me the space and time needed to reconnect with my mind, body and soul. This is when



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Page 16

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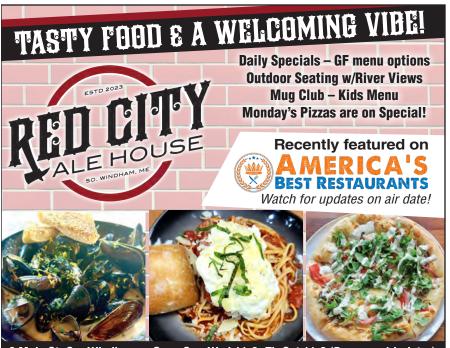
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2021 Bennington 20SLV pontoon – \$29,900 Yamaha 70HP 4-Stroke O/B engine, Covers

2018 Bennington 25RBR Tri-Toon - \$54,900 Yamaha 250VMAX 4-Stroke engine, Seat Covers

2017 Element 210EF Center Console – \$21,900 Mercury 115HP 4-Stroke O/B engine, Trailer

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2010 FourWinns 220 Bowrider - \$29,900 Volvo Penta 5.7L I/O engine, Thru-hull exhaust, Trailer

2007 Glastron GXL205 Bowrider – \$19,990 Volvo Penta 5.0L I/O engine, Trailer, Covers

2007 Stingray 195LX Bowrider – \$15,990 Merc 4.3L V6 I/O engine, Trailer, Covers

2006 Lund 1800 Alaskan Aluminum - \$15,900 2020 Evinrude 75 HP Etec O/B, Trailer

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enforcement because "each situation

three, four people come in just to

make a complaint," he said. "Other

days you'll have a lakefront property

come up for sale and you'll be field-

ing calls from real estate agents pretty

much one right after the other because

to define, Williamson said, can be

because the types of duties the de-

partment takes on not only includes

code enforcement but also building

inspections and land use. There are a

lot of different responsibilities to the

job and with only four people in the

department, with only two of whom

are code enforcers, staff are filling a lot

During his tenure with the town of

of different shoes.

Other reasons a typical day is hard

the competition is so fierce."

"Some days you might have two,

can be so different."

BEES Cont. from page 14

all things textile, sheep, wool, mills in Raymond and the tariffs on textile industry leading up to the war of 1812.

The society's facility is finishing up a full kitchen and bathroom renovation and remodel and RCHS members are excited about the

improvements.

"It is all done said RCHS member Greg Plummer who did all the work, and it is just beautiful," Pride said. "It now makes it possible for us to rent out $_{and}$ is located at 1 Shadow Road in meetings

year- Casco. SUBMITTED PHOTO functions round. RCHS members hope to make their space more accessible with these improvements."

The historical society is working on a 2026 sesquicentennial project about Revolutionary War soldiers of Raymond, which will serve as a traveling exhibit for local schools and town groups.

Plummer is the host of the all-new Early Bird Show. Episodes can be viewed on YouTube, and includes the likes of Wayne Whitney, local legend Trudy Files, and Babbs Bridge history with Walter Lunt. He keeps these episodes brief but jam-packed with hu-

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mor and history.

The RCHS is committed to preserving the history of Raymond, Casco and surrounding areas. It was created in 1971 as an educational, charitable, non-profit organization devoted to collection, preservation, and experiential learning which highlights the culture

> and working history of the Lakes Region Area.

July 4, 2025

Meetings are open to the public and held on the second Monday of every month at 6:30 p.m. May through October on site at the museum, 1 Shadow Lane in Casco. Donations are al-

ways accepted and greatly appreciated. RCHS is always looking for volunteers to assist in any capacity and is a great opportunity for students to gain community service hours, or for scouting groups to get involved with the history of the area.

The RCHS farm campus is open from noon to 3 p.m. Saturdays and Sundays. For further details, visit raymondcascohistoricalsociety.org or call 207-655-6389. Find them on Facebook and Instagram.

View Greg Plummer's Early Bird Show on at www.youtube.com/@raymondcascohistoricalsoci7498 <

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Raymond's Code Enforcement Office, Williamson says, "I've learned how difficult and multifaceted the job is. I hope I can perform in the job as well as I can." <



LEGAL NOTICE

TOWN OF RAYMOND, MAINE PLANNING BOARD PUBLIC MEETING Broadcast Studio - 423 Webbs Mills Road and Via ZOOM

Wednesday, July 9, 2025 • 7:00 PM

You are hereby notified that the Raymond Planning Board will hold a meeting at the Raymond Broadcast Studio and via Zoom on Wednesday, July 9, 2025, at 7:00 pm on the following matters:

1. REVIEW OF LATEST DRAFT OF STR ORDINANCE 2. SKETCH PLAN REVIEW:

APPLICANT: 1250 302 LLC by Craig Sweet P.E., Terradyn Consultants LLC

LOCATION: Map: 055 Lot: 5 Zone C & LRR2 1250 Roosevelt Trail

DESCRIPTION: Sketch Plan Review for Proposed 12,000 s.f. total Commercial/Industrial Building consisting of 40'x75' mixed use building w/apartments above and three (3) storage unit structures in rear of property.

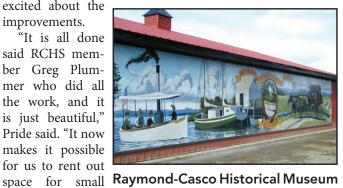
WORKSHOP - INITIAL REVIEW OF FIRST DRAFT OF



TOWN OF WINDHAM, MAINE **PLANNING BOARD** NOTICE OF PUBLIC SITE WALKS

Monday, July 7, 2025 Town Hall, Council Chambers, 8 School Road





Page 20

CODE Cont. from page 1

past year which included payment to

the town of \$640,000 for legal fees and

damages as well as replanting trees

and shrubs and more, according to a

Williamson was hired, he says that he's

responsible for making sure the reme-

ing sure and informing homeowners

when they are doing projects in and

around the lakes and showing them

how to do it in a manner that's going

to be respectful to the lake," is one

of his biggest responsibilities. Wil-

liamson said, "Everybody wants to

do what they want with their proper-

ty, but most people understand that

there's a responsibility of being down

by the water. When you get people

who understand is the most reward-

no such thing as a typical day in code

According to Williamson, there's

ing, I would say."

diation takes place and is on track.

Although this took place before

"Protecting the water quality, mak-

report aired on WGME television.

MARIJUANA REGULATION ORDINANCE

The meeting will be streamed in real time from the local Government channel. This live stream is also hosted on YouTube (https://www. raymondmaine.org/content/live-video-streaming), so make sure your computer or router/firewall does not block YouTube content.

JOIN ZOOM MEETING

https://us02web.zoom.us/j/82405510003?pwd= rhUJ43byIuEqeiItAz6fSv5nAYa04t.1 Meeting ID: 824 0551 0003 Passcode: 4GnpdY

ONE TAP MOBILE

Meeting ID: 824 0551 0003 Passcode: 857065 Find your local number: https://us02web.zoom.us/u/kdpKlDjqv1 • 5:00PM - 25-13 Franklin Drive Multifamily & Solar Development Tax Map: 18; Lots: 26-2-A02 & 26-2-A03 Major subdivision and site plan review for 306 apartments in two buildings, and a large-scale ground-mounted solar energy system for the development.

- Meet at the end of Franklin Drive.

• 6:30PM – 25-12 Webb Road Retirement Community Tax Map: 6; Lot: 33 – Webb Road Major subdivision and site plan review for a 53-unit residential retirement community condominium development. - Meet at the intersection of Webb & Read Roads.

Public comment during the site walk is not accepted, unless requested by the Planning Board. FMI go to windhamweb.legistar.com/Calendar.aspx or contact (207) 894-5960 ex. 2.

Please notify us if you need accessibility accommodations.

Agent of the year



Border Patrol Agent Derek Wilcox was honored as the 'Agent of the Year' by American Legion Department of Maine Commander Tricia Thurston on Saturday, June 7 in **Brewer. Wilcox** is a veteran and a member of Windham

American Legion Field-Allen Post 148. He was nominated by Post 148 for the award because of his commitment to excellence, leadership, and tireless dedication to his community and country. In his duties as a Border Patrol Agent, Wilcox has led the Houlton Sector in apprehensions and arrests and his efforts have directly contributed to the safety and security of our borders. Notably, Agent Wilcox was instrumental in apprehending two dangerous gang members with ties to Tren De Agua Transnational Criminal Organizations and two suspected subjects from the Dominican Republic involved in drug trafficking. Furthermore, as a commander for the Border Patrol, he has proven his versatility and leadership in managing a critical aspect of border security in Maine. PHOTO BY DAVID TANGUAY



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College Roundup

Ella Novak of Windham is a member of the Chancellor's Honor Roll for academic excellence at the University of Mississippi for the Spring 2025 Semester.

Chloe Cyr of Windham has graduated magna cum laude from Baldwin Wallace University in Ohio with a Bachelor of Fine Arts in Acting.

Emma Bennett of Windham has been named to the Dean's List at Bates College for academic excellence during the Spring 2025 Semester

Kyle Cathey, Miranda Hopkins Ashley Mackie, Antonio Candelmo, Nicholas Holmes, Adam Jalbert, Sharon Kennedy, Audria Nickerson, and Jade Pierce, all from Windham, have been named to the President's List at the University of Maine Augusta for outstanding academic performance during the Spring 2025 Semester.

Leann Johnson, Orion Ludwick, Laura Clark, and Thomas Dyer, all of Windham, have been named to the Dean's List at the University of Maine Augusta for academic excellence during the Spring 2025 Semester.

Kaitlyn Anderson of Windham and Danika Elie of Raymond has been named to the President's List for exceptional academic excellence at Central Maine Community College during the Spring 2025 Semester.

Elizabeth Savard of Windham has been named to Rhodes College's Spring 2025 Semester Honor Roll for academic distinction.

Dominic Jordan of Windham has received the High Honors distinction for academic excellence at Central Maine Community College during the Spring 2025 Semester.

Ashley Bodlovick-Ring, Ashley Littlefield, Ampara Martinez, and Jayden Garcia Rivas, all of Windham, and Ethan Taggart of Raymond have received the Honors distinction for top academic performance at Central Maine Community College during during the Spring 2025 Semester. <







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- and April 1, 2025), or rent in Windham on your home for at least a year;
- have an annual household income LESS THAN \$64,900
- or are 100% disabled, w/Social Security Administration document verification, & meet all eligibility requirements excluding age.

For more info and an application, scan here or visit: www.windhammaine.us/616/ Senior-Property-Tax-Assistance Printed applications may also be found at Windham Town Hall & the Windham Public Library



Applications are due NO LATER than August 1, 2025



Seven WHS seniors sign college athletic letters of intent

By Matt Pascarella **STAFF WRITER**

Seven Windham seniors including Katelyn Cotter, Zoe Dries, Ava Gerrity, Carter Engelman, Tayla Pelletier, Marina Schwarz and Lukas Hammond signed college letters of intent at Windham High School on Thursday, May 28.

The first group of student-athletes signing letters of intent will be profiled this week, with the remaining student-athletes appearing in next week's edition.

Katelyn Cotter - Husson University, Bangor

"Katelyn has been the cornerstone of our varsity team from her first match as a freshman to her final season as our captain," said Windham varsity tennis coach Katy Dresnok. "She consistently demonstrated unwavering dedication, grit and poise on and off the court. She's led by example, not just through her strong work ethic and play, but also through positivity and sportsmanship."

Cotter will major in elementary education and would like to teach fourth or fifth grade. She will also play tennis.

"It was a big deal for me (to sign my commitment letter)," said Cotter. "When I started tennis freshman year, I never thought I'd be in the place I was today and play college tennis, so being able to recognize that ... was a huge moment for me."

Zoe Dries - Colby-Sawyer College, New Hampshire

"Zoe's impact goes far beyond the field or the classroom," said Windham varsity field hockey coach Cory Di-Donato. "She's the definition of drive and dedication. Every early morning workout, every extra rep and every sacrifice is a testament to her relent-



Windham seniors from left Katelyn Cotter, Zoe Dries, Ava Gerrity, Carter Engelman, Tayla Pelletier, Marina Schwarz and Lukas Hammond at Windham High School on Thursday, May 28 sign their letters of intent to attend college and play various sports. PHOTOS BY MATT PASCARELLA

less pursuit of excellence. I was able to depend on her all throughout her high school career to be a positive influence on those around her."

Dries will major in nursing and would maybe like to become a travel nurse. She will also play field hockey for Colby-Sawyer.

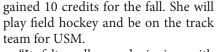
"It felt really good and everything just kind of comes together and now I'm ready (for college)," said Dries. "It was also great to thank all my coaches and friends. My love for the sport and how we all felt like a family (is something she learned from Windham athletics); I'm going to miss this so much, but I'm also excited for my next couple chapters and seeing where I go from

there."

Ava Gerrity - University of Southern Maine, Gorham

"She picked up the game with remarkable ease, showing instinct and skill far beyond her experience," said DiDonato. She's a strong, independent young woman who carries herself with confidence and pride. The program benefited from having her around every day. Her opponents knew they were in for a challenge and her teammates knew they had a rock-solid defender they could count on."

Gerrity will Major in biology and might pursue a pre-veterinarian track or pharmacy track. She took AP courses throughout high school and



"It felt really good signing with my fellow classmates and just seeing where we're going to go," said Gerrity. "I wanted to do it because ... it's a big deal for us to be able to sign together and have one last thing (we do) before we continue our academic and athletic careers in college."

Carter Engelman - Northeastern University, Massachusetts

"His dedication and personal motivation have been unmatched, and his quest to be the best version of himself." said Windham boys' track and field coach Paula Pock. "He's highly committed, very competitive ... he's motivated, he's innovative ... he takes the time to work with his teammates and demonstrates great sportsmanship."

Engelman will major in chemical engineering but is undecided as to what he'll do after college. He will also be on the track team for Northeastern.

"It's always good to have a physical stimuli for an achievement," said Engelman about signing his letter of intent. "It helps you feel the culmination of everything you've done and all the hard work you've put in."

Third in his class, Engelman said Windham taught him that community is everything in any sport; having a support group and friends among your teammates is one of the largest things that contribute to your success. <



Maya <u>Salazar</u>

Age: 14 Team: Windham Middle School outdoor track Coach: Jason Lanoie

Parents' names: Jessica and Jose

Reason for selection: Maya Salazar has been a member of both WMS indoor and outdoor track teams for three years. Maya has been a team captain because of her leadership qualities and the ability to want to help

Back from left are Zoe Dries, Katelyn Cotter, Ava Gerrity, Marina Schwarz, and Tayla Pelletier; Front from left are Carter Engelman, and Lukas Hammond before they each sign their letters of intent.



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others. In the team's final home meet of the year, she beat her personal record in the 100-meter dash and Turbo Javelin. If she is not working on her own events, you can find her helping out the younger athletes with hand-offs for the relay or just giving them some helpful advice. She is one of those athletes that coaches love to have on their team, and she will be missed next year.



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Freese first recipient of Pat Moody Foundation scholarship

By Matt Pascarella

During Windham's senior awards night at Windham High School last month, the first Pat Moody Foundation scholarship was presented to senior Braycen Freese in the amount of \$2,500. The Pat Moody Foundation was created after the passing of beloved Windham resident Pat Moody who loved this town and was a champion for the local sports community and its youth.

"He was like a second father to me," said Freese. "When I saw the scholarship go up, it was an opportunity to be felt in his name again and he's still around in my life. He was a mentor to me, through basketball, through life, through school – every part of my life, he was a role model. It's a great thing to be the first one, just when I see his name and my name next to each other, it brings joy to my heart. If I was ever having trouble with sports, with school, he was always there to talk, he was always teaching me new things whenever I was struggling ... he would teach me new things to get through the humps. He always celebrated me more than I celebrated myself, so he made me feel special."

Freese said he applied to honor Moody's name. Freese consulted his basketball coach, Chad Pulkkinen, on what he should say in his essay; Pulkkinen's advice to Freese was to just write what was in his heart.

"Braycen is a great kid, he's top 10 in his class," said Pat Moody Foundation



Members of the Pat Moody Foundation gather after awarding the first Pat Moody Foundation Scholarship at Windham High School during Senior Awards Night on Thursday, June 5 to WHS senior Bracyen Freese. Back, from left, are Todd Hamilton, Geoff Grigsby, Chad Pulkkinen, George McCrillis, Jedidiah Merrill, Tyler Graves, and David Harrigan. Front, from left, are Tracey Lydon, Freese, and Sherma Moody. PHOTO BY MATT PASCARELLA

Executive Committee board member Geoff Grigsby. "He graduated a year early; he had a real strong connection with Pat. As a board, our primary focus is to be an extension of Pat; live by the model 'What would Pat do?' Braycen meant a ton to him and vice-versa – someone who was instrumental to Braycen's athletic achievements. There were such strong candidates, and we wanted to help as many people as we can within reason; we thought broadening (the scholarship) to three people was the right move."

The Pat Moody Foundation was impressed with all applicants; they added two additional \$1,000 scholarships; those winners were seniors Stella Jarvais and Lukas Hammond. It was very difficult for the Pat Moody Foundation board to decide on who the winner should be – everyone's resume was so strong, and each applicant had done so much to meet the criteria. Each applicant got a "Moody's Army" T-shirt, which is representative of people who've gone above and beyond in the community.

"We wanted civic-minded, well-rounded individuals, said Moody's best friend and Pat Moody Foundation board member Tyler Graves. "We wanted student-athletes, just because that was kind of Pat's medium in terms of connecting with kids. They all had amazing GPAs and cumulative scores, their citizenship and volunteerism were beautiful; they had to write an essay of how they were deserving and what Pat meant to them, plus a letter of recommendation from a coach or a teacher."

Graves said Freese's essay really stuck out because it delved into how much Moody affected him and shaped him over the past few years and that was really touching to Graves; this person knew Moody and the way they described Moody's impact really tugged at Graves' heart strings.

"I'm just honored to win" said Freese, who will attend the University of Maine Orono and major in mechanical engineering and then plans to attend law school. He is still deciding if he'd like to become a private attorney or mechanical engineer. <







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Celebrating the 3rd 83rd

By Andy Young COLUMNIST/THE WINDHAM EAGLE

Historians have an inexplicable love for round numbers. That's why next year (MMXXVI for Roman numeral users), Americans can expect a bombardment of pomp and ceremony when the United States marks its semiquincentennial, sestercentennial, bisesquicentennial, or, for people who struggle with pronouncing words containing more than five syllables, its 250th anniversary.

Far be it from me to rain on next year's extravagant parade(s), but what's wrong with celebrating every July 4th equally? Just because this year's Independence Day is the country's 249th doesn't make the occasion any less meaningful. In fact, I think this year's July 4 is even more significant than next year's will be, since it marks America's third 83rd birthday.

And what was so special about the first two 83rd anniversaries of the founding of the United States? In a word, plenty.

Four score and three years after the Declaration of Independence marked the penultimate (an easily pronounced four-syllable word) year of James Buchanan's one-term presidency. And while his indecisiveness likely led to the Civil War, the lifelong bachelor should also be remembered as the only president to ever have his niece (Harriet Lane, for those keeping score at home) serve as America's First Lady.

Plenty of American history was being made outside Washington DC in

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1859 as well. Indian Head pennies were minted for the first time. Oregon was admitted as the nation's 33rd state, and the city of Olympia was incorporated in the territory of Washington. A lot of Americans seemed to be in a hurry that year, since MDCCCLIX was the year of the Colorado Gold Rush, the Comstock Lode Silver Rush, and the Pennsylvania Oil Rush.

On June 30, Charles Blondin became the first person to cross Niagara Falls on a tightrope. The first-ever intercollegiate baseball game was played the next day, with Amherst besting Williams (and their notoriously weak bullpen) 73-32. Cass Gilbert, the architect who designed the Supreme Court building, the Woolworth building, and three different state capitals, was born in 1859. So were educator John Dewey and outlaw William H. "Billy the Kid" Bonney.

America's second 83rd birthday occurred in 1942 (MCMXLII), when the country was embroiled in World War II. Food, sugar, and gasoline were



just three items that Americans had to ration, and the conflict was coming uncomfortably close to United States shores. On May 12, a Nazi U-boat sunk an American cargo ship near the Mississippi River delta, and a month later a Japanese submarine fired on Fort Stevens, Oregon, at the mouth of the Columbia River. On June 27, the FBI nabbed eight Nazi saboteurs off the coast of Long Island, New York, so it wasn't surprising that the nation's minimum draft age was lowered from 21 to 18 in November.

However, in June the war's tide began turning the allies' way when the Battle of Midway marked the first decisive defeat of the Japanese in the Pacific theater.

Not all of American History in 1942 involved war, though. Bing Crosby recorded "White Christmas" and "Silent Night" that year. Glenn Miller and his orchestra were awarded the first-ever Gold Record after a million copies of their rendition of "Chattanooga Choo-Choo" were sold, and Walt Disney's animated version of Bambi was released in late August. The St. Louis Cardinals won a five-game World Series over the New York Yankees, and the Heisman Trophy went to Georgia halfback Frank Sinkwich.

There's still half of 2025 remaining, so there's no telling what significant history will be made this year.

That established, it goes without saying there's no way to accurately forecast where America will be on its next 83rd birthday, in MMCVIII. <



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Summer in Maine: Making memories and meaningful hospitality

By Theresa Bouchard SPECIAL TO THE WINDHAM EAGLE



The Magic of the Lakes Region: From boating under bluebird skies to early-morning kayaking or late-night s'mores by the fire, the Lakes

- Theresa Bouchard TS Staging & Design Region captures the essence of a classic Maine summer. Local farmers markets burst with

blueberries, handmade goods, and the rhythm of a slower pace. Whether you're a seasonal visitor or a long-time host, the Lakes Region is a place where lifelong memories are made.

Hosting Loved Ones: Making Your Space Comfortable

If you own a cottage, cabin, or camper, creating a guest-friendly summer retreat is both rewarding and easier than you might think. Here's how to make your home away from home welcoming and functional for visiting friends and family:

1. Comfortable Sleeping Arrangements

Maximize space with quality air mattresses, pull-out sofas, or bunk beds. Light quilts, fresh linens, and plenty of pillows add a cozy touch. For privacy, consider room dividers or pop-up tents in shared spaces.

2. Make the Most of Outdoor Space

Designate outdoor zones for lounging, dining, and play. Adirondack chairs, hammocks, picnic tables, and shaded areas enhance both function and comfort. Solar lanterns or string lights keep the mood magical after

dark.

3. Practical Bathroom Options

For campers, stock biodegradable products and consider a solar shower or portable toilet. On larger properties, outdoor showers and extra restrooms are a huge plus during group stays.

4. Simplify Cooking and Dining

Use a propane grill or camp stove for easy outdoor meals. Equip a kitchen tote with utensils, napkins, and pantry basics. Coolers and mini-fridges keep drinks and perishables organized and accessible.

5. Add Fun and Personal Touches

Keep games like cornhole, cards, and puzzles ready. Encourage unplugged fun with paddleboards, fishing gear, or hiking maps. A shared guest book lets everyone leave their mark.

Decorating with Intention: The Heart of Hospitality

A thoughtfully decorated space does more than look good - it makes people feel at home. Whether you're hosting guests or welcoming vacation renters, the atmosphere you create with décor plays a powerful role in setting the tone for their experience.

• Warmth Through Design: Use natural textures, light woods, and soft textiles like cotton and linen to reflect the relaxed lake vibe. Throw pillows, cozy blankets, and area rugs invite people to settle in and stay awhile.

• Keep It Seasonal: Embrace the essence of summer with fresh florals, nautical accents, or vintage lake signs. Décor that reflects the season feels intentional and grounding.

• Create Connection: Display local artwork, historical maps, or family heirlooms to spark stories and a sense of place. Even a small shelf of books and games signals thoughtfulness and comfort.

• Less is More: Keep it clutter-free. Choose pieces that are functional yet personal - things that make people smile, not stress.

In short, decorating is your opportunity to create not just a place to stay, but a place to belong and remember.

Renting Your Property: Creating a Five-Star Guest Experience

For those who rent out their property in the Lakes Region, summer means high expectations. A few thoughtful touches go a long way in turning firsttime guests into loyal visitors.

1. Make a Strong First Impression

Welcome books with house rules, check-out steps, and local tips build trust. A handwritten note or local treat helps guests feel cared for.

2. Stock Essentials

Offer clean towels, fans, bug spray, and kitchen staples. Labeled bins and clear appliance instructions make guests feel confident and independent. 3. Prioritize Cleanliness

Hire a reliable cleaner between stays and regularly check utilities and safety equipment.

4. Plan for All Weather

Include cozy throws, space heaters, and rainy-day games to cover unexpected weather shifts.

5. Streamline Check-In

Use digital guidebooks and quick, friendly communication to ease the check-in process and boost reviews. 6. Add Thoughtful Extras

Provide reusable grocery bags, recycling bins, and promote local experiences like boat rentals, hiking trails, and summer concerts.

Final Tips for All Hosts

Whether you're hosting friends or guests, a few key tips apply:

• Prep a Welcome Kit: Include maps, flashlights, insect repellent, and a local event guide.

• Clarify What's Provided: Let guests know what to bring and what's available.

• Share Responsibilities: With family visits, rotate cooking and cleanup duties to keep things relaxed and communal.

Let TS Staging and Design Bring Your Vision to Life: We craft warm, functional, and visually captivating spaces that capture the charm of Maine's Lakes Region. Whether you're updating a seasonal home, preparing a short-term rental, or refreshing a camper retreat, we'll help you enhance comfort, maximize appeal, and elevate the guest experience.

This article was brought to you by Theresa Bouchard, owner and designer of TS Staging and Design. If you would like more info. regarding and staging services, contact them at 207-400-9393 or by email at info@tsstaging.me or check us out on Facebook, Instagram or our website at www.tsstaginganddesign.com. From layout optimization to curated décor and staging, our team takes the guesswork out of creating a space that feels like a true getaway. <

NEW LISTING. 38 Freds Way, Gray

2021 Colonial on 1.95 acres with 3 bedrooms, 2 baths, 2 car garage & finished bonus room over it. Kitchen has granite, stainless, gas range, open concept, & large back yard. Half basketball court, fitness workout room in the basement. Central air, paved drive, additional



shed & carport. Less than 2 miles to the Turnpike. Listed at \$625,000



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By Angela Paris SPECIAL TO THE WINDHAM EAGLE • JUGGLINGACTMAMA.COM

Mediterranean Grilled Vegetables

This Mediterranean grilled vegetable recipe teaches you how to transform summer produce - like zucchini, yellow squash, bell peppers, and asparagus – by coating them in olive or avocado oil and a fragrant spice blend (see recipe below), then grilling each piece until tender and lightly charred. Prep Time: 10 minutes • Cook Time: 10 minutes • Serves 4

INGREDIENTS

1 pepper 12 handfuls of asparagus 1 summer squash (yellow squash) 1 zucchini

2 tablespoons olive oil or avocado oil kosher salt & pepper to preference 2 tablespoons of Mediterranean seasoning mix

MEDITERRANEAN SEASONING (yields about 2/3 cup)

2 tablespoons granulated garlic 2 tablespoons dried basil 2 tablespoons dried oregano ³/₄-1 Tablespoon fine sea salt depending on taste preference

1 Tablespoon dried parsley 1 Tablespoon onion powder 2 teaspoons dried rosemary minced 2 teaspoons ground black pepper 2 teaspoons dried thyme 1/2 teaspoon ground cinnamon

INSTRUCTIONS

Preheat the grill to medium-high heat. Place the veggies onto a baking sheet. Brush the oil and seasonings onto the veggies on all sides. You can use a grill basket or place the veggies directly on the hot grill. Place the veggies going across the grates, so they are less likely to fall down through the openings.

Cook the squash and peppers for about 4 minutes per side and roll the asparagus a few times to ensure the tips won't burn. Remove the veggies from the grill when they reach the tender level you prefer.

Cooking Corner proudly sponsored by Mills & Co.



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CLUES ACROSS

1. Disrespectful talk

- 5. Capital of Yemen
- 9. Identifying tag
- 14. Stare impertinently
- 15. Cain and
- 16. Old saying of a general truth
- 17. A beloved person
- 18. Job or chore

- 19. Fuse
- 20. Allergy medications 23. Grant life-time employment
- 24. Local area network
- 25. Conducted
- 26. In an angry way
- 31. Vast plains of N. Argentina
- 35. Teeter-totter 36. Independent ruler

CLUES DOWN

- 1. Pop 2. Keeps records or accounts 3. List of candidates 4. Small European finch 5. Scorns through ridicule 6. Degraded 7. Bird shelter 8. Opposite of acid
- 9. Layered pieces 10. Arabian Gulf
- 11. Naked
- 12. Scrambled or poached
- 13. The sheltered side
- 21. Hawaiian dance
- 22. 4th planet from the sun
- 27. C6H12N3OP insect sterilant
- 28. Pickerel genus
- 29. Georgian monetary unit
- 30. Urban gym

- 37. Pig meat (alt. sp.) 38. Birchbark and dugout
- 41. Loss of coordination
- 43. 74801 OK
- 45. Highest playing card
- 46. Scottish cap
- 47. Molten rocks
- 51. Meissner effect machine
- 56. Wraps hay or cotton
- 57. One of the Greats
- 58. Carbonated soft drink
- 59. Forearm bones
- 60. Esau's descendants (Bible) 61. Small integers
- 62. A man's facial hair
- 63. Finished
- 64. Affirmative! (slang)
- 31. Large muscles of the chest
- 32. Indian wet nurse 33. 1/60 of an ancient talent
- 34. Ship's bow
- 39. Went into
- 40. Scorch the surface
- 41. The academic world
- 42. Tupinambis nigropunctatus
- 44. A master of ceremonies
- 45. Bird's embryonic sac
- 48. Hatfield's enemy
- 49. Turn away from sin
- 50. European sole genus
- 51. Selling at reduced prices 52. Longest forearm bone
- 53. Anjou or bartlett
- 54. Annual mass calendar
- 55. Skin inflammation
- 56. Guy (slang)



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LAST WEEK'S ANSWERS

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Sweet Thai Restaurant in Gorham truly delivers in the quality and authenticity of its food, service, and cleanliness, and continues to build a loyal following of people who appreciate flavorful meals inspired by a diversity of culinary traditions and influenced by various cultures of the Asian continent.

Located at 18 Elm St. in Gorham, the Sweet Thai Restaurant opened in May and offers comfortable in-house dining as well as take-out orders which can be made online.

"My wife is from Southeast Asia, and it had been her dream to someday own her own restaurant," said Kendall Libby, co-owner of Sweet Thai Restaurant. "We provide the most authentic Thai flavoring in Maine, which is all direct from Bangkok, Thailand."

The restaurant offers tasty popular Thai favorites such as Fresh Spring Rolls with Shrimp, Pineapple Fried Rice, Mango Salad, Crispy Chicken Cashew, Crab Pad Thai, Beef Teriyaki, Crispy Duck, and Triple Delight, a combination of sauteed chicken, beef and roasted pork with fresh ginger, a cup of rice, and mixed vegetables in a ginger brown sauce.

But Sweet Thai also has plenty of innovative new dishes too, such as Khao Soi, a Northern Thai style curry noodle with flat egg noodles and braised chicken, red onion, pickled mustard greens topped with crispy egg noodle, lime and cilantro, and Kra Prao Moo



on is providing the Sweet Thai Restaurant in Gorfinest quality food ham is family-owned and operated. They take pride in vorings and a clean serving authentic made-to-or- kitchen with the saf-Libby der Thai cuisine. SUBMITTED PHOTO est, cleanest equip-

that a clean restaurant reflects a clean kitchen."

"What we focus

and authentic fla-

said. "We believe

restaurant,"

Prices are kept affordable so everyone can enjoy a meal from Sweet Thai, he said.

"We have kept our prices comparable to other great Thai restaurants in Southern Maine," Libby said. "Every meal is prepared and cooked individually from the highest quality food and in plentiful portions and cooked over our brand-new Chinese 3 Bay Wok which was ordered and shipped special for Sweet Thai's grand opening."

said that He Sweet Thai has a pleasant family atmosphere, with a beautiful décor expressing Southeast Asia at its finest. There's also a kids' menu for younger diners.

"Our guests will always find a clean dining area, spotless bathrooms, and a ment anywhere,"

Libby said. "Wine, beer, and a great selection of mixed drinks will be available very soon. Our staff is friendly and fun. And they're family, in fact, everyone helping at Sweet Thai is family."

Reviews of Sweet Thai posted online are nothing less than exceptional.

"This was such a gem to find, and I will definitely be back! The service was amazing and very friendly, the waitress helping us decide between dishes. The food was very tasty and fair for the price of the portions. I would highly recom*mend!*" ~ Caitlyn T.

"Ordered take out for the first time. Online ordering was easy. The food was hot and packaged wonderfully. The food was so good! We loved the bang bang shrimp. My massaman curry was the perfect medium spice. The crispy chicken was lovely. The crab Rangoon are a classic crispy treat. We will definitely order *again.*" ~ Sebastian C.

"Five stars and I wish there were more stars to give. I had Red Lime soda, Crab Rangoon, and vegetable mango rice. It was amazing. The veggies were not over-cooked. It was well balanced, and I would eat it again in a heartbeat. *No crumb was spared.*" ~ Sandra J.

"Sweet Thai is by far the best Thai food I've had since moving to Maine. The food was fresh and absolutely delicious, and the staff were kind and attentive. The restaurant was impeccably clean, and the atmosphere was bright and welcoming. If you are looking for incredible Thai food, this is the place for *vou!*" ~ Ariel L.

Restaurant hours are from 11 a.m. to 8:30 p.m. Tuesdays to Saturdays, 3 to 8:30 p.m. Sundays, and it is closed on Mondays. Parking is plentiful as the Sweet Thai Restaurant is located next door to Hannaford Supermarket in Gorham Village.

For more details visit sweetthaimaine.com. There you can find the full menu and order online. Or to place an order call 207-222-0147 or 207-222-0164. Find them on Facebook and Instagram under Sweet Thai - Gorham. <



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