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May 9, 2025

Pat Moody Foundation creates scholarship in memory of beloved Windham resident

By Matt Pascarella

STAFF WRITER

The late Pat Moody was affectionately called the mayor of Windham and if he could support the town, its residents, and of course, the basketball program, he would give it everything he had. In his passing, the mission of The Pat Moody Foundation is to continue his legacy by empowering youth programs and activities in Windham and the surrounding communities.

To that end, The Pat Moody Foundation will be offering a \$2,500 scholarship to a graduating Windham student-athlete; someone who knows and displays the meaning of community, volunteerism, school pride, work ethic, sportsmanship and is a positive influence on those around them – just like Pat was.

This scholarship is currently targeted towards student-athletes, although athletic achievement is only one of the criteria, and not the primary factor in decision making. They are looking for the most community-minded athlete who is a great role model, not necessarily the most successful athlete. While they do focus on Moody's love of basketball, the foundation wants to support as many

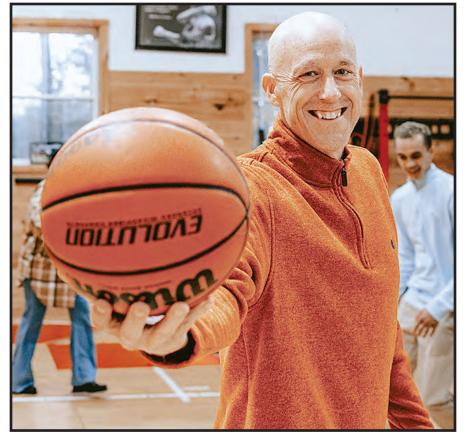
students in as many ways as possible.

IDEAS INSIDEI

"He would be thrilled to see this opportunity provided to someone that he probably watched grow up (at least these first few years)," said Moody's older sister Tracey Lydon, president of The Pat Moody Foundation. "He would love the fact that the community has supported this foundation in such a huge way that is allowing for these opportunities, but he was always one to do things quietly without fanfare. He would be very much supporting this from the fact that it is helping to bring about positive impacts and change in the community he loved. Imagine the community we can continue to build upon if our first thoughts were about others and how we could support them; this scholarship aims to be a catalyst for change not just to its recipients, but those that choose to apply knowing the expectations asked of them to be eligible."

The scholarship will be awarded based on personal performance while in high school, but it can be used for starting a business, or getting a real estate license, or any other thing that makes sense for their future. The foundation wants to choose someone

→ see MOODY Page 5



The Pat Moody Foundation will be offering a scholarship to a Windham High School senior student-athlete who embodies all the qualities that Pat himself thought important: community, volunteerism, school pride, work ethic and being a positive influence for those around them. The \$2,500 scholarship will be presented at WHS during graduation week on Thursday, June 5. PHOTO BY KRISTY LAPRINO OF KRISTY MARIE PHOTOGRAPHY

2025 PowerServe powers through the rain

By Ed Pierce

STAFF WRITER

As steady rain fell and damp conditions persisted, the enthusiasm and willingness to help others of more than 200 PowerServe volunteers was evident on Saturday, April 26 in Windham.

PowerServe was created in the memory of Windham High School sophomore Shane Donnelly, who was 16 when he passed away unexpectedly in May 2015. Shane's family says he was passionate about helping others and he cared deeply about his community.

To show their love for Shane, his family helped to create and organize the very first PowerServe in 2016, It was intended to be just a one-day event where volunteers served Windham area organizations and individuals who needed assistance by performing various tasks ranging from painting to yard work to household repairs and few other projects benefiting the town.

But because of an outpouring of volunteers willing to donate their time to help their neighbors, PowerServe has become an annual event held in Windham every April that completes dozens of meaningful projects and tasks throughout the community.

"Despite the rain, we had over



Members of the Windham varsity and JV boys' baseball teams were some of the more than 200 volunteers that turned out to work on 30 different PowerServe service projects in Windham on Saturday, April 26, despite the rain. The one-day event brings volunteers from the community to help those in need of assistance by performing various tasks such as painting, yard work, and home repairs. COURTESY PHOTO

200 people turn out to do almost 30 service projects this year," said Kim Donnelly, Shane's mother. "A couple of them had to be moved to another date when it wasn't pouring out, but we were so excited at how positive the volunteers were and how happy the recipients of the projects were. There were great connections made between the volunteers, getting to know not only the homeowner, but those people on their teams that they worked alongside that day."

She said the number of projects that PowerServe volunteers worked on this year were the most since the event started in 2016. Some of their projects included building bridges and performing a trail clean-up at Black Brook Preserve. Past projects performed by PowerServe volunteers include work on the community basketball courts/skate park, building conduits for the 302 Rotary holiday lights, at the Historical Society Community Gardens, on RSU 14's Cross Country trails, at Manchester School and various plantings at Windham High School.

Volunteers were organized into teams that went out from 9 a.m. to 1 p.m. to work together on the proj-

ects and then they all met back on the Windham Historical Grounds to share stories and enjoy a free barbecue for their work.

"The majority of our projects are for Windham residents who are in need of spring clean-ups, outside

light stain or painting, spring plantings and mulch, power washing, and more," Kim Donnelly said.

see POWER-SERVE Page 4



A mentor and a friend

On the night before Thanksgiving in 1977, I was more than 5,000 miles from home, it was raining all the time, and I didn't know anyone there. I had just been sent to my first duty assignment in the U.S. Air Force at the age of 23, at a remote location near Frankfurt, Germany.

It was not what I had hoped for. My unit's barracks were at Drake Kaserne in a U.S. Army housing building surrounded by a tall stone wall. My third-story room contained a cot, a closet and a window looking out over the stone wall onto a city street below. It was a 7-minute walk to the mess hall for a meal and by the end of my second week there, I was wondering if I had made the right decision in wanting to see if things looked any different on the other side of the world.

For the Thanksgiving holiday, my unit had been given four days off. I wasn't envisioning having a fun time eating my Thanksgiving dinner alone in the mess hall and without receiving my first paycheck yet, I was unable to afford to use a payphone to call my family back in America.

Then something unexpected happened. Another member of my unit who lived across the hall from me in the barracks invited me to listen to music in his room and that simple gesture renewed my spirit. His name was Sgt. Daryl Green and

meeting him turned out to be one of the best things to ever happen to me. He was originally from Brooklyn and had been in the Air Force for almost four years. He was single and had some of the most expensive stereo equipment I had ever seen. Although I did not share his love for jazz music, I discovered that sitting and listening to his jazz albums in his room was as close to attend-

ing a jazz concert as in person.

All his record albums were jazz greats such as Miles Davis and John Coltrane and he introduced me to more contemporary jazz musicians such as the Brecker Brothers, Idris Muhammad and Herbie Hancock.

Even more impressive was Daryl's turntable. It was a \$2,000 Jean Francois Le Tallec linear turntable that electronically sensed the album tracks, and the turntable's tone arm was self-contained. Each record played on it sounded in-

As I got to know Daryl, I found that we both loved college basketball and were both writers. He was working in Aerospace Ground Equipment in Europe, but his next duty assignment was to be the editor of the base newspaper at Bolling Air Force Base in Washington, D.C. When he was eventually transferred out of our unit, I shook his hand goodbye, thanked him for being my friend, and sensed that it wouldn't be the last time I would see him.

About 13 months later, I was reassigned to a squadron at The Pentagon in Washington and soon thereafter reconnected with Daryl. He asked if I would write some articles about events at The Pentagon for the newspaper that he was editing called the "Bolling Beam." Over the next two years, I produced more than 200 articles for Daryl's newspaper, and we went to a few college basketball games at American University and at the University of Maryland. I was with him when we ate lunch at the first Wendy's Restaurant to open in Oxon Hill,

By August 1981, I was reassigned from The Pentagon to Luke Air Force Base in Arizona to work for the base newspaper there and Daryl learned that he was being transferred in January 1982 to Beale Air Force Base in California. Before leaving Washington, I had dinner with Daryl and his wife Taryn at their home in Maryland and we talked about what it was like to serve as an editor of an Air Force newspaper.

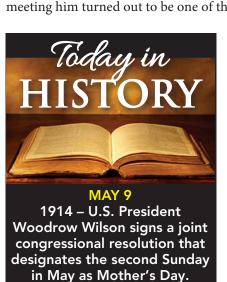
We spoke on the phone almost weekly for four years and he congratulated me when I was promoted to serve as editor of the Luke Air Force Base newspaper in 1982. He called me several times in New Mexico in 1986 after I had gotten out of the military and was in the process of earning my degree in journalism at the University of New Mexico.

In 2009, Daryl and I became Facebook friends, and he said he was retired from the military and was seeking a job in Las Vegas, Nevada as a card dealer in a casino. Despite sending him several messages, I didn't hear from him again. I noticed his brother Vinnie was on Facebook and sent him a message asking

He told me Daryl had passed away at the age of 56 in Maryland and I couldn't believe it. He had retired as a Master Sergeant from the Air Force and had served in Vietnam and in the Gulf War and was one of the smartest people I have ever known.

It was more than mere coincidence that led Daryl Green to invite me to listen to music with him in 1977, and I will always remember his kindness and guidance in serving as one of my mentors and a great friend. <

~ Ed Pierce



1926 – Americans Richard Byrd and Floyd Bennett become the first men to fly an airplane over the North Pole.

1947 – The World Bank makes its first loan, lending France \$250 million for post-World War II reconstruction.

1951 – The U.S. conducts its first thermonuclear experiment as a 225-kiloton device is detonated in the Marshall Islands.

CORRECTION

An article in the May 2 edition of The Windham Eagle incorrectly listed Audrey Day's college major at Hofstra University as forensic science and music. Her major is mechanical engineering. She was recognized by the school for her two jobs at Hofstra, one as a tutor for the Engineering department, and the other as a Peer Teacher for the Engineering Design class.

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If you could live forever, but you only be one age for the rest of your life, which age would you choose and why?

"I like my 40's ... Had lots of fun." – Pamela Cusack

"25 or so, when I could wake up without my back and hips hurting. Or 30, as long as my daughter stayed a newborn forever too." - Kristin Murray

"49. Mature but still young." Julie Mallett

"22." - Debra Michaud

"35; young enough to have the vitality to do anything, old enough to choose wisely."

- Francesco Paredon

"I love dancing through life at 77." – Bill Keller

"60 is good. Established and still physically able to do the things I enjoy to do." - William D. Reiner

"Age 35 because I would be old enough to be wise yet young enough to always and forever live life to its fullest."

- Griphen Stone

"52 for me. Old enough to know how everything works but young enough to still enjoy good health."

David D. McCoombs

"I'd be 21. At the peak of my physical shape and had all my hair then." – Dean A. Smalley

"In my early 30s because it was when I was having my **children."** – Anne Glotchshuk

"Without a doubt it would be 29. I was in the U.S. Navy and loved traveling all over the world." - Chris Macklin

"This is really a hard question for me. I love being 37 but I also wonder what it will be like at 75. I'll go for somewhere in between and say 58."

Mia Potenzio-Ransey

"15 and back in high school." Sarah Singer-Miller

"Nothing wrong with 40. Young and strong."

Mitchell B. Robinson

"Anytime when I was in my 20s before I was diagnosed with ALS." - Ron Dewitt

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Volunteer for Raymond's Comprehensive Plan Committee to receive 2025 'Maine Citizen Planner of Year' award

By Ed Pierce

STAFF WRITER

Hours of volunteer work and attention to detail have paid off for Kaela Gonzalez of Raymond as she is about to honored as "Maine Citizen Planner of the Year."

Gonzalez served as Co-Chair of the town's Comprehensive Plan Committee and as someone who lives in Raymond and used to work for the town, she played a key role in bridging the gap in building the committee's outreach with residents and boosting local engagement in developing a new plan for Raymond's future. She will receive the award during a ceremony at the Lewiston Public Library on May 16.

The "Maine Citizen Planner of the Year" Award is presented annually by the Maine Association of Planners and is given to a citizen who has made a distinguished contribution to planning such as members of planning boards/commissions, zoning boards of adjustment/ appeals, economic development boards/commissions, or other elected or appointed officials.

Gonzalez said her nomination and selection for this honor came as a to-

tal surprise

"Raymond is very fortunate to have a slate of dedicated and hard-working volunteers and committee members across all of the various committees and organizations," she said. "I am really just one of many that deserve recognition. Our Comp Plan committee was engaging, and everyone had valuable input, and I believe the end result would not have been possible without the whole team. We are all MVPs in my book."

According to Gonzalez, Raymond Comprehensive Plan Committee members received fantastic support with North Star Planning, who kept them on task. She also praised the work of her committee Co-Chair Peter Leavitt.

"Peter Leavitt is wonderful to work with and comes to every meeting well prepared and with receipts," she said. "I am very grateful for his leadership on the committee."

Originally from Owls Head in the mid-coast region of Maine, Gonzalez spent time in the service and hospitality industry as a waitress and then earned a degree in health sciences at the University of Southern Maine.



Kaela Gonzalez of Raymond will be honored by the Maine Association of Planners as 'Maine Citizen Planner of the Year' in Lewiston on May 16 for her efforts in helping to formulate Raymond's new Comprehensive Plan. SUBMITTED PHOTO

Moving to Raymond and starting a family, she had an epiphany that led to a career change and a desire to go to work for the town.

"Each time they had an opening,

I applied for it," Gonzalez said. "We had started a family and wanted to root here. I kept on applying and I told them at the time that I would continue to apply for openings until they hired me, and it must have worked because they did."

She served as Raymond's Communications Director until 2021 when she went to work for the City of Portland in the Housing and Economic Development Department, as ARPA (American Rescue Plan Act) Program Coordinator.

"I was approached by a neighbor asking if I had an interest in being part of the Comprehensive Plan Committee in 2022, and it was an easy choice," Gonzalez said. "Even though I was no longer a town employee, I still wanted to keep a connection to the town and be involved. It may be worth noting that I am running for Raymond Select Board this year."

North Star Planners were just one of a group of individuals who nominated Gonzalez for the award.

"When we encountered early concerns that it was difficult to reach the Raymond community, Kaela took

see AWARD Page 12

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POWERSERVE Cont. from page 1

"These are people with disabilities, sickness, who are elderly, an educator or public servant that we want to show our thanks for or just don't have the help and support needed to take care of these projects around their homes. Each year we go out to the town, community, and local businesses requesting nominations for projects for Windham residents to help with."





CELEBRATION OF LIFE SERVICE

Amerise "Risa" Luce, 75, a resident of Windham, passed

away Dec. 20, 2024. Her family would like to officially announce a celebration of life service to be held on

Sunday, June 1, 2025 11 a.m. to 2:30 p.m.

at the Windham Veterans Center located at 35 Memorial Drive, Windham (behind Hannaford Supermarket). Please bring your fondest memories/stories to share.

Arrangements by Dolby, Blais & Segee, 434 River Road, Windham.

Messages of condolences may be sent to: DolbyBlaisSegee.com

She said PowerServe was fortunate to have Chuck Daigle serve on its planning committee this year.

"He quickly secured the Windham Town Hall gymnasium for our registration and the free barbecue afterward for PowerServe volunteers.

Because of the weather, Kim Donnelly said that there were two projects that PowerServe needed to push off until last weekend.

"Both have been completed with the help of Fuller House volunteers and then a larger project at Dundee Park with the help of Andrew Daigle, Sean McGuire and his team from Mc-Guire Home Services was finished," she said. "This included a new stage for entertainers at the Dundee Park Concert Series in the summer."

Many of the homeowners and recipients of PowersServe projects were so surprised that the volunteers showed up despite the rain.

"I think that added to a feeling of pride from the volunteers that come rain or shine, they committed to helping these individuals and they showed up to do it, like a real Mainer would do," Kim Donnelly said.

With the success and even bigger outpouring of volunteers and projects to be completed, the organization has already scheduled next year's PowerServe event, which will be its 10th year anniversary. The 2026 PowerServe will be conducted Saturday, April 25, rain or shine.

"My family and I feel so blessed to live in such a kind and compas-







PowerServe 2025 volunteers consisted of community members along with many students and athletic team members. Weather prevented two major projects from being completed on April 26 but those tasks were finished by volunteers and members of the Fuller Center for Housing last weekend. SUBMITTED PHOTO

sionate community that gives back and supports its neighbors in need," Kim Donnelly said. "Shane would be so touched by the outpouring of love and support for those around us. This is a life lesson for all of the youth in our community who volunteer. I bet they received so much more than the few hours they gave that day."

To see more photos from the 2025 PowerServe, visit their Facebook page or go to www.powerserve.me. <





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Community unites to provide free fishing for veterans

By Kendra Raymond

Veterans in the Lakes Region are fortunate to be part of a community dedicated to providing resources and support for those who served. The Sebago Lake Anglers Association (SLAA) will be teaming up with local businesses and organizations to host the 8th Annual May Veteran's Fishing Event from 6:30 a.m. to 3 p.m. Thursday, May 15 on Sebago Lake.

Kevin Ronan is president of the Sebago Lake Anglers Association of Raymond and is an active member of American Legion Field-Allen Post 148 in Windham. The association he leads is committed to community outreach and conducts the event each year as a way of saying thank you to veterans for their military service.

"Members of the Sebago Lake Anglers Association have close ties to American Legion post 148, as many of our members belong to both groups," Ronan said. "A number of years ago a dialogue began between the two groups to see how we could help each other."

He says the concept of the Veterans Fishing Event was the brainchild of retired Air Force Colonel Bob Chapin, who is the President Emeritus of the SLAA. Chapin worked alongside Adjutant David Tanguay of Post 148 in creating the event.

"We use our resources for a day on the lake just for veterans," Ronan said. "It involves members of SLAA taking veterans out fishing for a day from Sebago Lake State Park. We have a lot of gear in our trailer and sharing it with veterans is something we like to do."

The day kicks off with free breakfast for the veterans, courtesy of Village Donut Shop & Bakery in Raymond. The bakery will provide coffee and donuts for the fishermen before they embark on their fishing adventures

"Village Donut is involved in everything good in our community," Ronan said. "It is a favorite of everyone. The owner gives us two dozen donuts free of charge for our American Legion Post 148 meetings in Windham, which are held behind Hannaford. They've gotten to know the veterans and are very supportive."

What's more, following a great day of fishing, veterans will be treated to a picnic lunch.

"Once they finish fishing, they eat!" said Ronan. "This year we have been very blessed. Ryan Cormier, the owner of Cormier's Dog House in Windham, will be preparing and donating lunch for our veterans."

Participants can choose any combo of two hotdogs and/or hamburgers, chips or French fries, and a drink for their lunch.

Ronan said he expects to host around 40 veterans out on the lake

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MOODY Cont. from page 1

whom we believe will make a positive impact because they have a track record of making a positive impact, and that doesn't necessarily mean they'll be going to college next year.

There was nothing Pat loved more than his family, friends, community, the Celtics and Whoopie Pies," said his best friend and Pat Moody Foundation board member Tyler Graves. "His sense of kindness was genuine and was truly organic as it was just a natural piece of who he was. It was because of his admirable generosity to others that we felt the need to start The Pat Moody Foundation and continue Pat's selfless acts of kindness. He had an amazing way of making people feel special and included. Pat was able to connect with countless people on a multitude of levels and especially through the medium of sports. Through the foundation we look to give back to civic minded student-athletes, who in-turn give back to their communities and teams much the same way Pat did."

Graves said The Pat Moody Foundation is funded solely by the kind hearts of not only our local community and businesses, but by many people and establishments throughout the state of Maine. They encourage anyone who knows of a similar youth who may be deserving of help and/or recognition for their acts of kindness to visit The Pat Moody Foundation

and reach out to any board member.

"This scholarship is not a celebration of the best athlete or best student, but of someone who consistently makes great choices and makes our little corner of the world a better place," said Geoff Grigsby, secretary of The Pat Moody Foundation. "No one loved the Windham community, or had more school pride, than Pat Moody. Pat was always just wanting to give of himself, help create resources, give others responsibility so they could become better people; he was a believer in others. This scholarship is just a small token of appreciation for someone who can become that next giver and believer and give them a little jump start on shaping our community in positive new ways. I'm sure that looking down on us he feels pride that people cared enough about him to want to be better themselves and continue the legacy of the little acts of kindness, warmth, sincerity, humor, and generosity that he acted out each and every day."

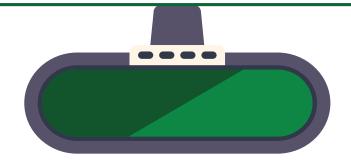
Scholarship applications have been provided to Windham High School and will be accepted by mail or email. Information will be posted on The Pat Moody Foundation's Facebook page; all applications are due by May 26.

The scholarship winner will be announced on Senior Awards Night at Windham High School on Thursday, June 5 during Graduation Week. <



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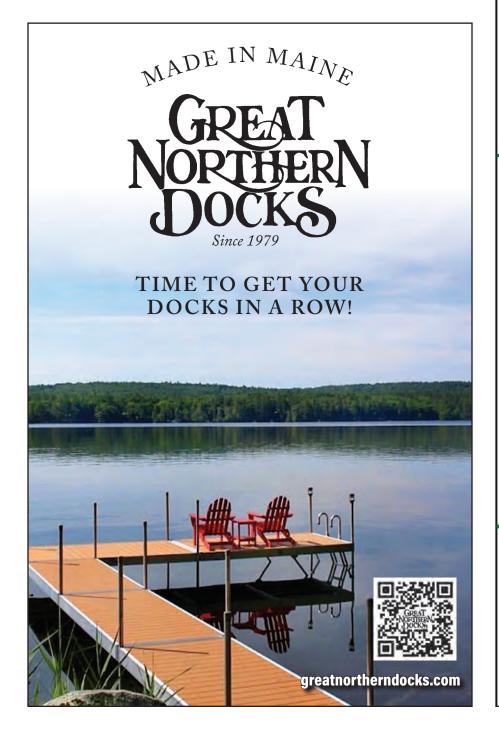
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THE TRUTH ABOUT MOMS: ACCORDING TO KIDS

This Mother's Day, let's hear from the real experts on motherhood: kids under 10—tiny humans with big opinions and no filter.

When asked, "What does your mom do all day?" five-year-old Lucy replied, "She drinks coffee and tells Alexa to play 'calm music' because I'm being too loud."

Seven-year-old Ben said, "My mom works on her computer, but I think she's just typing 'Leave me alone' over and over."

According to Mia, age six, "My mom's job is to keep me from eating glitter. She's not very good at it."

When kids were asked what their moms are really good at, answers ranged from "finding things I just looked for and couldn't find" to "hearing snacks being opened from three rooms away."

Eight-year-old Jamal explained, "My mom has eyes in the back of

her head. I've never seen them, but I believe in them like I believe in dinosaurs."

On the topic of cooking, young Theo shared, "Mom makes vegetables taste bad on purpose, I think it's a test of love."

Six-year-old Emma said, "My mom can fix anything with tape, snacks, or that mad voice she saves for Walmart."

And when asked what makes their moms special, the answers were unanimous: "She gives the best hugs," "She smells like cookies," and "She only yells a little, and only when I'm trying to rollerblade in the house."

Clearly, moms are superheroes with coffee instead of capes, and magical purses full of snacks, tissues, and exactly one melted crayon.

So this Mother's Day,

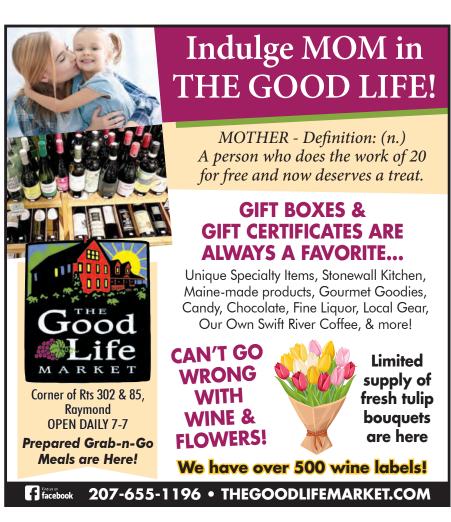
whether your child thinks you're a wizard, snack dispenser, or glitter cop, just remember: in their eyes, you're the greatest person in the universe... even if you don't let them eat cereal for dinner every night.

Happy Mother's Day—from the people who can't find their shoes without you. <









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WHAT MOMS REALLY WANT: NOT JUST ON MOTHER'S DAY

Mother's Day is the one day each year when moms are officially celebrated with flowers, gifts, breakfast in bed, and heartfelt posts on social media. And while all of that is deeply appreciated (keep the waffles coming!), the truth is, most moms don't want to feel special just once a year.

In fact, many moms say the things they wish for aren't wrapped in ribbons or scheduled on calendars. They're the everyday gestures that say, "I see you. I appreciate you. I'm in this with you."

So, in honor of Mother's Day, and all the other days moms quietly hold it together, here are eight things most moms wish their families would do regularly. Spoiler: They're simpler than you think.

1. Help Without Being Asked

Moms are often the default "manager" of the household, keeping mental tabs on everything from dinner plans to permission slips. One of the most appreciated

things family members can do is notice what needs doing and jump in. See crumbs on the floor? Sweep them. Sink full of dishes? Handle it. The best help is the kind she doesn't have to ask



2. Say "Thank You" for the Little Things

It may seem small, but saying "thank you" for everyday tasks, like making lunch, driving carpool, or restocking toilet paper, makes a huge difference. Moms aren't doing

these things for applause, but feeling appreciated helps lighten the mental and emotional load they carry every day.

3. Clean Up After Yourself

Want to really make her feel loved? Put your dishes in the dishwasher. Hang up your towel. Throw away your snack wrappers instead of leaving them on the coffee table. Moms aren't asking for perfection, just shared responsibility.

4. Spend Quality Time Without Screens

One of the best gifts a mom can get is your presence. Not your half-distracted, scrolling-through-TikTok presence, but your genuine, let's-play-a-game-or-chat-about-your-day presence. Taking time to connect, even for 20 minutes, can turn an ordinary day into a memorable one.

→ see MOMS Page 8











MOMS Cont. from page 7

5. Communicate Openly and Thoughtfully

Moms want to know what's going on in your world, big or small. Share your highs, your lows, your weird dreams or your weekend plans. A simple check-in or thoughtful conversation builds connection and lets her know she matters beyond logistics and lunch prep.

6. Respect Her "Me Time"

Believe it or not, moms don't actually love hiding in the bathroom for peace and quiet. Respecting her need for space, whether it's 15 minutes with a book or an hour to take a walk, isn't selfish, it's self-care. And when Mom gets a breather, everyone wins.

7. Take Initiative with Family Fun

Moms are often the ones planning every holiday, vacation, and Friday night dinner. Surprise her by taking the lead. Suggest a movie night, organize a family game, or plan a picnic. It shows that you value time together and that she doesn't always have to play cruise director.

8. Show Affection

Whether you're five or fifty-five, affection never goes out of style. Give her a hug. Send her a "thinking of you" text. Leave a sticky note on her mirror. Moms treasure those small, genuine reminders that their love is returned.

The Takeaway

Mother's Day is a beautiful re-

minder to celebrate the women who give so much of themselves, but the truth is, the best gifts aren't annual. They're ongoing. Helping out, saying thank you, listening, and showing love in everyday moments... that's what makes a mom feel truly seen and appreciated.

So this Mother's Day, give her the flowers, the dining out, the cards, the gifts...and then keep the spirit going all year long. She deserves it. And she definitely notices. <





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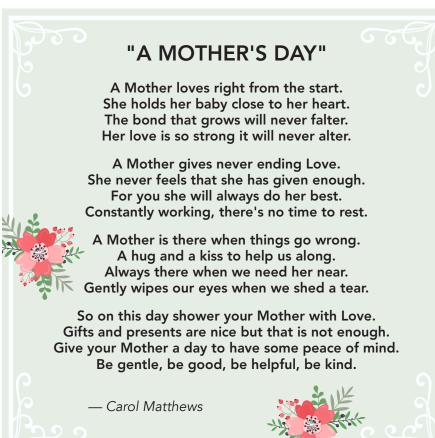




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The Windham Eagle Page 9















SALUTE TO SERVICE PROFILES OF THOSE WHO SERVE OUR COMMUNITIES

Retiring music teacher inspires generations of Raymond Elementary School students

By Ed Pierce STAFF WRITER

Imagine working one job in one place for the past 41 years and you'll realize that Patti Gordan is an exceptional and dedicated individual and an outstanding teacher who students will miss terribly when she retires next month

Gordan had completed her first year of teaching in another school district but did not reapply for her position when school started back up in the fall of 1983. She didn't apply for any others and was leaning toward quitting the profession permanently when something miraculous happened.

"I was a cantor at my church, where Frank McDermott, the Superintending Principal of Jordan-Small School, was a member. One day after a service he came up to me and asked me if I would be interested in applying for a seven hour a week, long term substitute position teaching band," Gordan said. "The current teacher was going on maternity leave. I started on Jan. 4, 1984. Then, right before February vacation, he came to me again. The band teacher had decided not to come back, and the current General Music/Chorus teacher had resigned. He asked if I would be interested in the entire music position. So, I guess I put in my toe and then jumped into the deep end. Forty-plus years later, here I am."

Growing up in Scarborough, she

played saxophone for the school band and sang with the school chorus. She was also a member of a select show choir and a participant in District and All State honors music festivals. During her senior year of high school, she was awarded the John Philip Sousa Award for band. At Hampshire, Patti majored in voice and singing and appeared with the UNH Concert Choir and Women's Choir. She also participated in the UNH Wildcat March-

ing Band as a member of the color guard and for a brief time she was the lead singer in a rock band called "Round Trip." She earned a degree in music education from UNH and was hired as a music teacher out of college for another school, but she wasn't happy in that job.

"I didn't think I wanted to be a music teacher," she said. "My mother advised me to try it one more year in a different place. I was hired by the Raymond School Department in January 1984 and have been here since."



the University of New Hampshire, Patti majored in voice and singing and appeared with the UNH Concert Choir and Women's Choir. She also participated in the 1984. SUBMITTED PHOTO

RES Principal Beth Peavey says the school will not be the same without Gordan.

"After 42 incredible years of inspiring students through the power of music, Patti Gordan, our beloved elementary school music teacher, is retiring," she said. "For more than four decades, she has filled our halls with song, sparked creativity in young minds, and generations helped of children find their voice - literally and figuratively. As we celebrate her wellearned retirement, we

thank Mrs. Gordan for the passion, dedication, and heart she brought to every single note."

Gordan credits three people for being instrumental in her teaching career

"Nancy Cash-Cobb was an important mentor. I learned to teach General Music classes by attending workshops that she organized and workshops that she presented herself," Gordan said. "She has been, and still is, a dear friend. Norma Richard was the principal of Raymond Elementary School for the

first decade of its existence. She truly believed that music education was just as important as any other subject. She supported me and encouraged me to reach for the stars and create a music program that was more than typical for most Maine elementary music programs. And Jani Cummings was a dear friend and mentor. She taught in Raymond for over 40 years, mostly first grade. She supported me in every kind of way. When I came to Raymond, I was still a beginning teacher. My skills were, shall we say, survival level. She taught me the art of teaching."

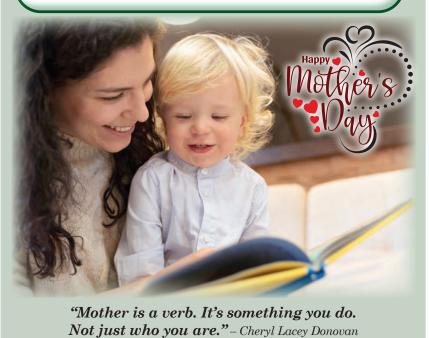
She currently teaches all students at Raymond Elementary from PreK through Grade 4 in a weekly General Music class.

"Kindergarten has music class twice a week. We have a music curriculum which aligns with the Maine Learning Results. I plan and teach lessons, assess the students' knowledge and skills, give them feedback and help them plan their next learning steps," she said. "They learn singing skills, beat/rhythm skills, music artistry/listening skills, musicianship, and general musical knowledge such as musical terms, styles, instrument identification, music history and the science of music. Second through Fourth grade students also learn basic music literacy. I also teach Third and Fourth grade chorus. We rehearse → see **GORDAN** Page 22

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(n.) A female parent; the center of creation, inspiration and love; one who rears, nurtures and protects children; a mender of hearts; a maker and holder of memories; someone who loves unconditionally; one who does the work of twenty, for free.











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Tim Nangle: Helping towns enforce shoreline laws and protect our clean lakes

By Senator Tim Nangle SPECIAL TO THE WINDHAM EAGLE

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Sen. Tim Nangle tion that requires no filtration before it's delivered to the tap. But Sebago is more than just a water supply. It's a defining feature of our region, supporting local businesses, drawing in visitors and offering year-round recreation for thousands

Sebago isn't the only important body of water in Maine. Across our state, lakes, rivers and streams serve as environmental, economic and cultural lifelines for their communities. From fishing and boating to wildlife conservation, these waters touch every part of Maine life. They're invaluable. But at the same time, they're vul-

That's why we have shoreland zoning laws that protect our waters from overdevelopment, erosion and pollution. These laws are critical to maintaining water quality and preserving public access, but they only work if they're enforced. And too often, towns are left without the resources to enforce them effectively.

Last year, I sponsored a bill to strengthen Maine's shoreland zoning enforcement laws, and I was proud to see it signed into law with bipartisan support. That legislation, LD 2101, gave towns the authority to deny or revoke building permits for properties that violate shoreland zoning rules - something they couldn't do before, even when violations were blatant.

These were meaningful changes, and they've already helped shift the balance back in favor of towns trying to uphold the law and protect our shared natural resources.

However, one major challenge remains: legal costs.

Although shoreland zoning laws are established at the state level, the Maine Department of Environmental Protection has delegated enforcement responsibility to local cities and towns. Municipalities are left to carry out this work on their own and at their own expense.

Pursuing a shoreland zoning violation through the court system can cost a town hundreds of thousands of dollars. Some towns, particularly smaller ones, simply can't afford that risk. Meanwhile, wealthy violators can drag out the process, betting the town will back down to avoid the ex-

That's why I'm introducing a new bill this session to create a revolv-

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ing legal assistance fund specifically for shoreland zoning enforcement. Here's how it would work: If a town needs help covering legal costs to pursue a violator, it could apply to the fund for assistance. If the town wins

the case, it repays the fund using the court-awarded legal fees and costs from the violator. This keeps the fund self-sustaining and ensures that help is available for the next municipality that needs it. The fund would also be non-laps-

ing, meaning any unspent money stays available from year to year.

This proposal builds on the momentum we created with LD 2101. It's a practical, targeted way to support local enforcement of zoning laws and ensure no community is left powerless when someone breaks the rules.

We passed LD 2101 to empower municipalities to uphold the rules. Now it's time to make sure they can afford to do it.

The bill is LD 1904, "An Act to Establish the Municipal Shoreline Protection Fund." The public hearing has not been scheduled yet, but I'll share updates as it moves through the legislative process.

For the latest, follow me on Facebook at facebook.com/SenatorTim-Nangle, sign up for my e-newsletter at mainesenate.org, or contact me directly at Tim.Nangle@legislature. maine.gov. You can also call the Senate Majority Office at 207-287-1515.

The opinions in this column are those of the author. They do not necessarily reflect the opinions or views of The Windham Eagle newspaper ownership or its staff. <

AWARD Cont. from page 3

on leadership of the public outreach process," they wrote in their nomination. "She created a Facebook page and made social media content throughout the process to keep residents informed. She worked with her neighbors, town staff, and key stakeholders. She also led the committee to organize pop-up events on election days at the town office, with fun activities, like voting on different topics with pom-poms, that increased community knowledge of the comp plan

They said that Gonzalez consistently brought positive reinforcement to meetings and asked insightful questions throughout the planning process to ensure the effort stayed on track.

Raymond Code Enforcement Officer Christopher Hanson, Interim Raymond Town Manager Joseph Crocker and Comprehensive Plan Committee members John Clark, Greg Foster, Peter Leavitt, Frank McDermott, Shawn McKillop, Danelle Milone, John Rand, and Jacqueline Sawyer also nominated her for the honor.

"The work was not challenging, especially since we were receiving excellent guidance from North Star Planning. However, community engagement is the part that everyone tends to struggle with," Gonzalez said. "The goal is to engage as many citizens as possible."

Raymond's new Comprehensive Plan is nearing the final stages and Gonzalez says the Select Board should accept the final version in the near fu-

"The plan will then be brought to the voters for acceptance, likely at a Special Town Meeting," she said. "There will still be a great need for involvement for implementation of the plan though." <







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The Windham Eagle Page 13

Mock CSI exercise tests student deduction skills

By Elle Curtis

This past week, Windham High School students participated in the annual Mock CSI exercise and this time it was on the Saint Joseph's College campus. Students focused on detective and evidence tech work with a combination of curriculum skills and life skills taught through engaging mystery solving.

On May 2, WHS students, alongside Saint Joseph's Criminology Department, worked together to determine the suspect of a hit and run scenario. Saint Joseph's Criminology Department helped set up and run the scenario, with many students serving as actors in the CSI exercise.

Students from Windham High School's APEX English classes taught by Adrianne Shetenhelm, and Tess Hall's English classes, primarily focused on interviewing suspects and writing reports, while students from Lauren Ruffner's Honors Chemistry class, and John Ziegler's Honors Pre-Calculus classes, viewed the case from a different perspective, primarily focusing on analyzing blood samples and calculating a suspect's speed from skid marks.

"The CSI project is great because it teaches students a combination of curriculum skills and life skills," said WHS teacher John Ziegler, a coordinator of the event.

"Speaking from a Pre-Calculus perspective, my students apply their knowledge of the law of sines and



Windham High School students gathered to participate in an annual Mock CSI exercise on the Saint Joseph's College campus on May 2. In the exercise, students focused on detective and evidence tech work with a combination of curriculum skills and life skills taught through engaging mystery solving. PHOTO BY GARY HARRIMAN

the law of cosines in order to do cell tower triangulation, and they apply their knowledge of equation solving to calculate speed from skid marks," he said. "However, it's the life skills that make the unit great. Students learn how to communicate effectively, organize information, and draw conclusions from evidence, which are all skills that will benefit them not only if they decide to go into a law enforcement career, but also in most other careers they might opt to pursue."

In addition to showing students how the skills they learn in class can be applied in a real-life scenarios, the mock CSI exercise aimed to weave subject areas together in an interdisciplinary fashion. Whereas coordinators used to separate the content areas, now content areas are mixed together, which goes toward creating a more worthwhile experience for ev-

Their critical thinking skills were challenged as groups crafted their theories through debating and discussing amongst themselves to try to find out who the killer was with evidence including suspect alibis and locations gleaned from cellphone tower data.

"Being able to take disparate pieces of evidence and weave them into a compelling narrative to advance your argument is a skill that students will be asked to use many times in life, and this exercise is a chance for them to begin practicing that skill," Ziegler said. "That's not to say it's easy. At the beginning of the CSI day, I saw many students making mistakes in how they were questioning witnesses. However, the more they did it, the better they got at it. Critical thinking skills are almost like a muscle."

This year was the first time a narrative was re-used from a Mock CSI scenario from previous years. The previous one was first used in 2019, however, this year it was updated to better create a sense of community among students so that no one felt left out of any part of the scenario.

Ziegler said the Mock CSI Exercise strives to inspire students, as well as turn them into creative and practical problem solvers that will continue to flourish, even outside of the classroom. <







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Windham educator reflects on Costa Rica experience

By Lorraine Glowczak **STAFF WRITER**

"We are excited to share that you have been selected to participate in the Educator Invitational in Costa Rica in April 2025. Educate Maine and the Hurricane Island Outward Bound School are thrilled to host you for this

This message popped into my inbox the morning of Jan. 16 like a golden ticket to a grand adventure. The email was from Jason Judd, the Executive Director of Educate Maine. I think that if it wasn't for the computer screen to protect him, my squeal of excitement might've shattered his eardrums and my elated hug would've

left him with a bruise or two.

As a former participant in Educate Maine's year-long program known as the Education Leadership Experience, I was invited for a chance at this Central American experience. I'm told about 100 Maine educators applied for the coveted 10 free spots. By some stroke of luck, I was selected to be one of those 10. (I will bow to the person who declined the offer, opening a space for me.)

But let me be clear: this wasn't a relaxing Spring break with flip-flops, fruity pool-side drinks, or stays at seaside hotels. Instead, it was a weeklong plunge into bold adventures with complete strangers, an experience that ignited both personal growth and a sense of wonder.

There were far too many unforgettable moments to capture in just a few lines - and honestly, I hardly know where to begin. Each day brought long, often steep treks through the lush rainforest, starting under sweltering, humid skies and ending with sheets of pouring rain. Along the way, we crossed roaring rivers - not by bridges, but in narrow cable cars that held just two or three of us at a time. I squealed with a mix of excitement and fear, thrilled by the adventure yet nervously hoping the fast-moving cable wouldn't leave me with rope burns.

We spent our nights in "homestays" - the homes of welcoming farmers and shamans who offered us shelter, nourishment, and a glimpse into their way of life. Their houses, open to the rainforest with half walls, allowed the breeze to drift in as we ate or journaled. At night, the sounds of the jungle lulled us to sleep, only to be gently stirred awake by the sound of quiet rain.

Looking back, I remember the afternoon we wandered through the forest, being shown the medicinal plants directly beneath our feet, or spotting a toucan for the first time, or embarking on a nighttime frog hunt carefully watching our step in hopes of avoiding snakes.

I fondly recall one evening as we were quietly preparing for our nighttime routine, the spontaneous eruption of Leonard Cohen's "Hallelujah," was led by the more musically gifted among us, until the rest of us couldn't help but join in. We were no longer strangers but friends for a lifetime.

There was also the breathtaking moment as I bathed under a pounding cool waterfall, and the joy of learning to make cheese, empanadas, and sugar cane treats.

Yes, I experienced all these things – and more. While this journey was an adventure, it was equally an educational experience on both a professional and personal level.

Here are a few lessons I took away. LESSON 1

"The more a man has, the more he wants. Instead of filling a vacuum, it makes one." - Benjamin Franklin

If I had mentioned the phrase "retail therapy" or an addiction to cell phones and social media to any mem-

→ see COSTA RICA Page 15





School: Windham Primary School

Grade: Second Grade

Teacher: Julie Files and Haley Dufour

Favorite Subject: Reading

Parents: Daphne and Andre Demers

Reason for selection: Henry has displayed significant growth in all areas this year. He has shown a love for books, and you can often find him curled up with a book on a beanbag. He has developed more independence and just

displays pure joy of learning and excitement. Henry comes to school every morning with a smile on his face and greets his teachers and friends. Henry works hard in everything he does. His love for technology is endless and he even teaches his teachers. Henry is a joy to work with and we look forward to what Third Grade will bring next year. We are so proud of Henry!!!

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Tricia Zwirner, Agent



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- ★ Mon. May 26th @ approx.10am (10 min after end of Parade) **MEMORIAL DAY CEREMONY** at Windham High Flagpole Guest Speaker: Lee Humisten, Founder & Curator of the Maine Military Museum
- ★ Mon. May 26th @ Noon OPEN HOUSE/MEMORIAL **GARDEN CEREMONY & BENCH DEDICATION TO WALTER BRALEY** at Windham Veterans Center*

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COSTA RICA Cont. from page 14

ber of our host families, I'm certain they would question our culture's approach to mental and spiritual well-being.

I witnessed the truth that very little is needed to make a happy life. In a language I could not understand, I heard them sharing laughter, stories, and warmth in their open-air kitchen while baking bread and our meal atop a wood-burning stove.

They had everything they needed: food from the land, fresh water from a nearby spring, wood for the fire, and a home with half walls, where the forest itself became their living artwork. They lived hours from the nearest city, yet what I witnessed was pure content.

Simplicity can be incredibly rich. This idea isn't new or groundbreaking—but at that moment, I didn't just understand it. I felt it.

LESSON 2

"The roots of education are bitter, but the fruit is sweet." - Aristotle

As educators, learning and growing is an innate part of who we are. We understand that the journey to knowledge looks different for everyone – and that each path, no matter how winding or unconventional, holds its own truth and value.

One powerful reminder of this



RSU 14's Lorraine Glowczak of Windham was one of 10 Maine educators selected for the 2025 Educator Invitational in Costa Rica, hosted by Educate Maine and the Hurricane Island Outward Bound School. Above, she is soaking in ithe views at the first homestead. Immersed in rainforest treks, local homestays, and cultural exchanges, she returned with powerful lessons on gratitude, simplicity, and the true meaning of Pura Vida. COURTESY PHOTOS

came during a tour of a farmer's land, where the farmer who taught us how to make cheese and sugar cane treats explained how he had diverted fresh spring water to supply his home.

One of our group members remarked, "You're not only a farmer – you're also a plumber, an architect, a builder, and an electrician." They then asked, "How did you learn to do all of this?"

"A traves del fracaso," the farmer

answered

Henry, our Outward Bound Costa Rican guide, translated it as: "Through failure."

The farmer continued through Henry. "We don't have enough money to go to college, so we must learn by doing. The Universe is our university."

LESSON 3

"I don't have to chase extraordinary moments to find happiness - it's right in front of me if I'm paying attention and practicing gratitude."

- Brene Brown

After experiencing the Pura Vida of Costa Rica, I've begun questioning my own approach to living. Although the direct interpretation of Pura Vida is "Pure Life," Costa Ricans live the phrase as a mindset – gratitude, sim-

plicity, and presence.

As a result, I've become hyper-aware of my personal pura vida. I've noticed that when I chop vegetables for dinner, I do it more slowly, without rushing it or feeling like it is a burden because my to-do list never ends. When I go on my morning walks, I have noticed my pace has changed. Yes, it is also slower, but it feels like I'm more aware of the walk itself and my thoughts are less demanding and scattered.

Still, I'm beginning to feel the Costa Rican Pura Vida slowly drifting away into the folds of memories to be cherished. But I hold on to one enduring hope: that I will continue to notice the seemingly ordinary moments right in front of me – moments that, when fully appreciated, offer a truly pure life. And as I move forward, I hope to help my students discover their own *Pura Vida* – a life shaped by presence, simplicity, and authentic gratitude. <



Glowczak birdwatching at the homestay.



Glowczak and her fellow travelers take a break from the hot humid air on the trail.







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Raymond Waterways Protective Association study touts water quality in local lakes, stresses ongoing vigilance

By Ed Pierce

The first of what is planned as annual studies of the water quality in Raymond lakes and ponds has been completed by the Raymond Waterways Protective Association and the results are hopeful.

The report compiles and explains data collected over the years by volunteers on all the lakes in or surrounding the town.

Steve Craine of the Raymond Waterways Protective Association said that the results are very encouraging.

"While our lakes are considered healthy, ongoing vigilance is necessary," Craine said. "Our waterways will only remain clean and healthy for future generations if we identify and mitigate problem areas quickly and efficiently."

Craine said this water quality report is a new initiative in a campaign by the Raymond Waterways Protective Association of education and public outreach to encourage residents and visitors to protect local lakes for the long term.

According to Craine, the study shows that Raymond's lakes are healthy and are among the best in the state, but few lakes show significant quality declines.

"Water clarity is generally good, but a few areas of decreasing clarity



Raymond Waterways has just published its first annual study of water quality in Raymond's lakes and ponds. The report compiles and explains data collected over the years by volunteers on all the lakes in or surrounding the town and says lake water quality is good but urges continued vigilance to keep it that way. COURTESY PHOTO

need attention," Craine writes in the report. "Water clarity decreases are usually an early sign of underlying issues."

The significance of water clarity is that it is a key indicator of lake health, Craine said.

"It is measured as Secchi disk transparency which denotes the maximum depth at which a black and white Secchi disk can be seen from the surface," Craine writes in the report. "The greater the depth, the clearer the water. Clarity is also easily observable to anyone who uses the lake for swimming, fishing, or boating – a clear lake is a beautiful sight."

He says that the main cause of reduced water clarity is suspended algae.

"Algae, in turn, are an indication of excess nutrients – especially phosphorus – in the water," Craine said. "When algae die in huge numbers at the end of the season, they decompose – a process that consumes available oxygen, leaving less oxygen for fish.

Thus, changes in Secchi disk transparency can expose underlying threats such as excess phosphorus and algae, as well as oxygen depletion.

He said that no lake in Raymond has experienced an algal bloom for at least 30 years and most of the lakes are below the state average in phosphorus concentration.

Phosphorus is a naturally occurring element that is essential to all plant and animal life, Craine said.

"In fact, it is a necessary component of every molecule of DNA and other vital components of every living cell," he said. "Phosphorus is the 'limiting nutrient' in lakes in our region. That means algae generally has sufficient other necessities for growth but are limited by the availability of this key nutrient. When phosphorus increases, algal blooms may occur, turning water green, depleting dissolved oxygen, and killing fish and other animal life."

Other issues that affect lake water quality are chlorophyll and invasive plants.

"Regarding chlorophyll, readings in our lakes are higher than they should be, but well below the levels indicating algal blooms," Craine said. "Variable milfoil has infested Sebago Lake for at least 50 years but is being held in check in Raymond waters while our other lakes are inva-

> see **WATERWAYS** Page 19









The Windham Eagle — Page 17



Historical Society offers students a look at town's past

By Walter Lunt SPECIAL TO THE WINDHAM EAGLE

Windham Historical Society's Village Green opens its season of history tours to students who experience an old-fashioned school day, shop in a country store and dance around the long-forgotten Maypole.

Maypoles and May baskets have gone the way of the typewriter, the encyclopedia and phone books. But not for the group of home-schooled students who visited Windham Historical Society's Village Green site on May 1, May Day.

The eclectic assembly of about 20 elementary aged scholars hailed from several Cumberland County communities including Gorham, Poland, New Gloucester and South Portland. Their two-hour visit included tours of four museum buildings that place an emphasis on the history of Windham and the way people lived in the 19th century.

Dividing into small groups, the children and their chaperones toured each building and listened to volunteer docents who showcased the archives and told stories of the town's past.

The Old Grocery Museum is presented as the Walmart of the 19th cen-

tury. Patrons bought cooking ingredients like molasses and flour by the pound, and picked over fresh, locally sourced vegetables and fruits. Some produce, it was pointed out, was bartered. A farmer, for example, might bring in eggs to be traded for sugar or apples.

Tucked away in a back room or a corner of the building was the village cobbler who made and repaired boots and shoes, or the telephone switchboard where an operator flipped switches and plugged in patch cords while nasally inquiring "number please?"

Also featured in this building is a re-creation of an old farm kitchen. The centerpiece is a stately, antiquated woodstove with overhead warming ovens; beside the tea kettle are several irons that will be heated for pressing clothes. Hanging within easy reach are colorful quilted potholders. Mounted on a nearby counter is a hand pump that draws water into a metal sink. Also handy are flour sifters and hand grinders for processing meat; and various sizes of crocks to store liquids such as cooking oils and molasses. Some country stores even accommodated a post office - patrons would access their mail through a corner

window

A particular favorite building for the young visitors on the Village Green is the one-room schoolhouse. Schoolmarm Hawkes puts her scholars through their paces, lining them up in girl-boy lines, exchanging bows and curtsies. Upon entering she demands, in a respectful manner, tight discipline. One girl is wearing trousers, which is unacceptable. "Are you wearing your brother's britches today, Mary? barks Miss Hawkes.

The 45-star American flag hangs

next to a chalkboard at the front of the room; it is saluted with a pledge slightly different from the one we recite today. The scholars are reminded that wood for the school's pot-bellied stove and the water in a large wooden bucket was supplied earlier by an older student. Each student has a personalized metal cup hanging near the water bucket.

Miss Hawkes is upset today. She eyes the scholars warily while announcing that someone has pilfered

→ see **HISTORY** Page 19



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Exploring current (and future) centennials —

By Andy Young



I'll be umpiring a Little League baseball game this coming Monday evening, which is oddly appropriate, given it's the exact date that a ball-

-Andy Young, Columnist playing American icon, Yogi Berra, would have turned 100 years old.

In addition to putting together a remarkable Hall of Fame career that saw him play for more World Series-winning teams (ten) than any other player in history, Berra was the embodiment of the American dream. Born Lorenzo Pietro Berra, he grew up in the hill district of St. Louis, the son of Italian immigrants. Quitting school as a teenager, he joined the United States Navy, ultimately becoming a gunner's mate who survived the Normandy landings

After the war concluded he dog-

gedly pursued a baseball career despite possessing a 5-foot-7-inch, 185-pound frame that looked anything but athletic. Neither of the then-existing major league teams in his hometown, the Cardinals or the Browns, saw fit to offer him an acceptable contract, so he ended up signing with the New York Yankees, and subsequently spent all but the final four contests of his 2,120game career wearing the black-andwhite pinstripes of the perennially powerful Bronx Bombers.

By nearly anyone's definition Berra's life was an extraordinary one. He had a beautiful family, achieved unquestioned success in his chosen field, and attained material wealth through a combination of endorsement deals and wise investments. His adopted New Jersey hometown is the site of the Yogi Berra Museum and Learning Center, which is adjacent to Montclair State University's home baseball field, Yogi Berra Stadium. He also appeared on a US postage stamp.

Unfortunately like every other individual granted that particular tribute, he had to die first in order to qualify for it.

Casual noticers of Yogi Berra's would-

have-been 100th birthday may think that starting an 11th decade of life isn't that unusual; after all, accomplished people like Jimmy Carter, George Burns, Bob Hope, Henry Kissinger, Grandma Moses, Kirk Douglas, and Olivia de Havilland all reached that particular milestone.

And while a significant number of well-known folks who were, like Yogi, born in 1925 (or MCMXXV, in the land of his ancestors), didn't make the century mark (Paul Newman, B.B. King, Barbara Bush, Johnny Carson, Angela Lansbury, Malcolm X, Margaret Thatcher, Rock Hudson, Medgar Evers, Robert F. Kennedy, Sammy Davis, Jr., William F. Buckley, Jr., and Laura Ashley, to name just a baker's dozen), at this writing there are still a few noted 1925 natives hanging around, like Dick Van Dyke, June Lockhart, and, uh ... Jiro Ono, the retired sushi chef who owns a restaurant in Tokyo, Japan. (Thank you, Wikipedia.)



According to the Pew Research Center, a nonpartisan think tank and trusted public opinion polling organization based in Washington D.C., people aged 100 years or older current-

ly make up .03 percent of America's population. More detailed statistics reveal that while there are currently around 101,000 people of triple-digit age in the United States, that number will increase to upwards of 422,000 by the year 2054.

The folks at Pew also report that America currently houses more centenarians than any other nation, but the number of individuals who've lived beyond the century mark is actually higher per capita in Japan and Italy than it is here. Projections suggest that by 2050 China will lead the world in centenarians, followed, in order, by Japan, the United States, Italy, and India.

Statistics such as these are fascinating, but are they accurate? After all, the Pew Research Center wasn't founded until 1990. Why would anyone trust findings regarding longevity from a callow organization that's only 35 percent of the way to reaching the century mark itself? <

TOWN OF WINDHAM

NOTICE IS HEREBY GIVEN THAT THE WINDHAM TOWN COUNCIL WILL HOLD A

PUBLIC HEARING ON TUESDAY, MAY 13, 2025 AT 6:00 P.M.

in the Council Chambers at Town Hall, at 8 School Road, for the purpose of receiving public comment on the proposed fiscal year 2025-2026 municipal budget, a copy of which can be viewed at: www.windhammaine.us > under Government > Town Manager ~ Linda S. Morrell, Town Clerk, CCM

LEGAL NOTICE



RAYMOND PLANNING BOARD

AGENDA HYBRID WORKSHOP

BROADCAST STUDIO - 423 WEBBS MILLS ROAD At Broadcast Studio & Via Zoom

Wednesday, May 14th, 2025 • 7:00 p.m.

NOTICE - THERE WILL BE NO PUBLIC COMMENT

- 1. Roll Call
- 2. Initial Discussions for drafting Ordinances for:
 - a. Short Term Rentals
 - b. Marijuana Issues
- 3. Staff Communications and Updates
- 4. Adjournment

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TOWN OF WINDHAM, MAINE PLANNING BOARD NOTICE OF PUBLIC MEETING

Monday, May 12, 2025 • 6:00PM Town Hall, Council Chambers, 8 School Road

- Public hearing for #25-01 Dolley Farm Subdivision Tax Map: 5; Lot: 25 - River Road Major site and subdivision plan review for 42 condominium units.
- #25-04 Highland Cliff Conservation Subdivision Tax Map: 7; Lot: 44 – Highland Cliff Road Major subdivision plan review for a ten lot subdivision.

FMI go to windhamweb.legistar.com/Calendar.aspx or contact (207) 894-5960 ex. 2. Written comment may be submitted to the Board at PlanningBoard@windhammaine.us. Please notify us if you need accessibility accommodations.

HISTORY Cont. from page 17

the ink used for handwriting lessons. She checks everyone's fingers for telltale smudges.

Next is arithmetic. The students are not allowed to use their slates – this is a mental exercise. "If Arthur picks 3 bushels of apples and Molly picks 5 bushels, then they give away 2 bushels, how many bushels are left? The scholar who responds with the answer is instructed to repeat the problem while supplying the correct answer. A bell sounds, the school day is over, and Miss Hawkes dismisses the girls first.

The children are next escorted to the replica South Windham railroad depot where they wait on a platform for an imaginary passenger train to arrive. Inside the building is a scale model of Cumberland & Oxford Canal boat that once traversed lake, river, and canal waters between Long Lake and the Portland waterfront. That the canal was hand-dug astonishes the young visitors.

Windham's first public lending library was located across from Corsetti's store on Windham Center Road. The building was eventually moved to the Village Green and is now open as a museum and displays early book collections and the histories of past clubs, civic and fraternal organizations. The young visitors learned that the first library was in a closet in the home of a farm family. This was, of course, inconvenient for both the family and the borrower. A group of lady librarians raised the funds needed to buy the building at Windham Center where it served the community and the schools for many years.

Library docent Rebecca Delaware showed the group a set of encyclopedias. Most of the group knew how to find information online but had never heard of or seen an encyclopedia. One youngster wanted to know, "Does it tell about Minecraft?" The library also introduced the kids to a typewriter, a rotary phone ("How does this work?) and a telephone book.

Now their tour of Village Green was over, but since it was May Day (unfamiliar to most of the group), volunteer docent Paula Sparks decided to resurrect the tradition of the Maypole. With the help of her husband, David, the pole was put up next to the schoolhouse with brightly colored ribbons extending from the top. Students and chaperones each held a ribbon fully extended and on cue from a recording of bouncy Celtic music began to "go-round" the pole, keeping time with the tune. The movement soon turned into a dance, of sorts, with Sparks directing the participants to weave over and under until the pole was transformed into a colorful braid; an exercise that will be conducted only one day a year.

It was a day for history tours that concluded with an even more historical tradition. <

WATERWAYS Cont. from page 16 sive-free."

Continued vigilance is needed to keep Raymond's lakes healthy for all to enjoy, he said.

Ongoing initiatives from the Raymond Waterways Protective Association include

- Self and courtesy boat inspections (provided by individual boaters and Raymond Waterways) to prevent invasive plants from entering our waterways
- LakeSmart Program, free onsite property inspections for shorefront property owners to minimize runoff and erosion
- Water quality monitoring, by volunteers throughout Raymond waterways, lakes and ponds.
- Watershed Stewardship, assistance provided to lake associations in conducting watershed surveys and implementing lake protection projects (e.g. erosion and polluted runoff protection)
- Education and outreach to promote public awareness and education of water quality and watershed issues

For the past 50-plus years, the Raymond Waterways Protective Association has worked tirelessly to preserve

and protect lakes, streams and ponds in the town of Raymond. It is a volunteer organization that works closely with lake associations, residents, shoreline property owners, visitors, and state and local agencies to address watershed issues of concern.

Over the years, Raymond Waterways has addressed lake contamination attributed to septic system leakage. Acid rain, non-point source pollution from erosion and runoff, and invasive plants are other factors affecting lake water quality in Raymond.

"We remain vigilant in detecting and addressing threats to our waterways and educating the public and local officials about these issues," Craine said.

For more info. about best management practices and an abundance of water, fishing and boating-related resources, visit the website at: www.raymondwaterways.org.

Donations to the Raymond Waterways Protective Association are always accepted and appreciated. Contributions may be made on their website or by mail at Raymond Waterways, P.O. Box 1243, Raymond, ME 04071.







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Eagle SPORTES AND TO THE SPORTES AND THE SPORT

WHS outdoor track and field teams showcase skills

By Matt Pascarella

STAFF WRITER

Windham High School's boys and girls outdoor track and field teams headed to Noble in North Berwick to compete against Noble and South Portland in the second meet of the season. Windham girls finished second with a score of 70 and Windham boys finished second with a score of 47.

Girls

Windham senior Marina Schwarz threw the discus for 100 feet for the first time ever, with a distance of 100-0, and a third-place finish. Her sister, freshman Jennifer Schwarz, did the same, with a throw of 100-7, and finished second.

Marina Schwarz also placed third in the javelin with a throw of 74-11, shattering a previous personal-best record of hers. She placed third in the shot put with a throw of 30-04.50 and qualified for the Southern Maine Activities Association's competition, as well as the state championships.

"After doing this for three years it felt good to break that boundary and then I watched my sister do it," said Marina Schwarz. "I broke one personal record last year in javelin and this is my second this season, and this is only our second meet, so it felt good. The more people push each other the more they get better; I think our team is doing great this season."

Windham senior Ava Gerrity finished second in the long jump with a 15-03.75 distance.

In the 1600-racewalk, Windham senior Monica Farley finished first with a 10:58.25-minute time. Wind-





(L to R) Windham senior Marina Schwarz sets up to throw the javelin during a track meet against Noble and South Portland in North Berwick on Thursday, May 1. Senior Ava Gerrity is about to land during the long jump. PHOTOS BY MATT PASCARELLA

ham sophomore Leana Robbins finished second with a time of 11:08.21.

Many WHS athletes tried new events including Sydney Broadbent in her first 300-low hurdle race; Stephanie Roghelia in first pole vault; Addison Shanholtz, Olivia Smith, Eva Vancelette in their first-triple jumps; Brooke Tuttle in the high jump; Myla Vercoe running the 4x400 relay; Sarah Inman in her first ever 1600-racewalk and Lexie Beach in the open 400.

"A very, very impressive and important outcome for us as we work weekly to build our championship meet rosters," said Windham outdoor track and field girls' coach Jeff Riddle. "Truly the team is uniting, smiling, and trying new things, all while giving everything they have, their very best, on that day."

Boy

Windham senior Carter Engleman finished first in the pole vault with a 12-00.00 height, first in the javelin with a 151-05 throw, and first in the long jump with a mark of 21-00.50. He was first in the 110 hurdles with a time of 15.07 – a new WHS school record.

Windham senior Rory Good finished first in the 300 hurdles with a time of 41.71 and second in the 110 hurdles with a 15.50 time.

"I think the meet went well," said Good. "A lot of us set personal records pretty good. We kept our heads up, a few of our teammates got personal records, but they're still looking to drive more – they're passionate, they're ready, I think it's going to be a good season for us. For me, my blocks need improvement. For the team, in the relay we can work on being loud, because we had a mess up; as a team I think we could pick each other up a little bit more, other than that I think we're doing great."

Windham senior Karl Longstreth placed second in the 100-dash with an 11.11 time. He had set a new record in the 200-dash in a previous meet and placed second in this meet with a 22.68 time.

"Overall, the team had a great performance with a lot of personal re-



Senior Rory Good, right, leaps over the hurdles.

cords," said Windham outdoor track and field boys' coach Paula Pock. "Including Aaron Sanborn in the 400, Noah Saucier in the triple jump, Ethan Fletcher in the 100, Brayden Bean in the javelin, Mason Bragdon in the 1600. Overall, we had a great meet, and a lot of athletes did an amazing job and tried new events. Our goal is to carry on the momentum and continue to build on our early performances." <

THE THE PERSON AND A STREET OF THE STREET



Courtney Cotter

Age: 14 **Team:** Windham Middle School Softball **Coach:** Katherine Parsons

Parents' names: Patrick and Mandy Cotter

Reason for selection: Courtney is a softball force to be reckoned with. She is an amazing batter, fielder, catcher, and can even pitch. She shows up to every practice ready to play, doesn't complain and encour-

ages her teammates to do the same. Coaches are very impressed with Courtney's ability to navigate everything that is being thrown at her; and the way she never says no to a challenge. Courtney's skill set is evident at first, but beyond her skills, she is a great person. She has an infectious personality, always offers to help out, and when coaches conduct one-on-ones or are in small groups with players, she is consistently challenging her teammates. In one of our last practices, the coach was throwing to players in the batting cage, while others were at T-stations; and once the group had finished, she started a bunting group and encouraged players to get in line.

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The Windham Eagle

Girls' tennis win streak continues after sweeping Biddeford

By Matt Pascarella

Windham girls' tennis went into a home match against Biddeford after winning two matches in a row and they made it three straight by defeating the Tigers 5-0 at Windham High School on Monday, May 5.

"The team is off to a great start," said Windham girls' tennis coach Katy Dresnok. "Our team is growing and rising up to more challenging matches. My goals for the doubles is to really work with strategy and to encourage proper placement and communication among the partners and really, really focus on placement over power. With my singles we've been working really hard on serving and recovering, and foot work; if they can get the fundamentals down, they seem to improve at a much faster speed. Tennis is a very mental game, so if the player can stay calm and just take it one point at a time, with a good strong mindset that's going to overpower anything. Today wasn't our normal ladder ... today was a really great win considering people played in different positions, showing team versatility."

In the singles matches, Windham junior Jasmine Lucas won her sets 6-4 and 6-2; sophomore Denali Momot won her sets 6-2 and 6-0 and senior Afomiya Timerga won her matches, 6-4 and 6-2.

"At first the wind wasn't great, but as I got into it, it was a good match," said Lucas. "I think my ground strokes







(L to R) Windham junior Jasmine Lucas makes in time to get the ball over the net during a girls' prep tennis match against Biddeford at WHS on Monday, May 5. Senior Zoe Dries focuses on the ball. Senior Afomiya Timerga hits the ball to her opponent with force. PHOTOS BY MATT PASCARELLA

were pretty strong, my serve wasn't as consistent as I'd like it to be, but towards the end it got good. I've definitely gotten more consistent, this is my first year being first singles, so that was kind of intimidating at first, but now I'm in a good rhythm."

Lucas enjoys being in the first singles position for WHS and says it makes her play harder.

In the doubles matches, Windham senior Zoe Dries, and junior Syd-

> ney Harmon won 6-2 and 6-1. Junior Ellise Gallop and Grace Hansen won 6-1 and 6-1.

"We did pretty good," said Dries. "We tried to play our game most of the time, we pulled through, we won; we were really good on net both of us; we had some really good long balls."

Dries said that she feels communication needs improvement making good solid contact on the ball, not wonky hits.

Harmon and Dries said they understand each other's play a lot better, they know where each other's going to be.

"Our serves were pretty good and consistent throughout the whole game and kind of reading where they were," said Harmon. "If they were on one side making sure we go to the other side and finishing the point. Definitely the newer players have gotten more experience, and rallies have been longer from three or four weeks ago. Consistency with placement is a whole lot better and stronger now." <



Junior Sydney Harmon is about to return a serve.

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GORDAN Cont. from page 10

once a week during the school day and present two concerts a year."

According to Gordan, whatever songs, activities, or games she teaches to the students, she tries to be sure that they can perform them without me.

"I went to a workshop once where the presenter said that when you give someone a gift, you don't hold on to the other end," she said. "You let it go. I will have done no good if my students cannot make music without me."

Married for 44 years and the mother of two grown sons who live in the area, Gordan has young grandchildren and wants to spend more time with them.

"Also, I want to go on vacation in the fall, when all the kids are back at school," she said. "Fewer crowds, fewer lines, less expensive, and it will distract me, so I won't think about how weird it is to not be coming back to school. If I were home, I'd probably wander around in little circles."

She says that the best thing about being a music teacher is when her students work hard at learning a song or music game and then have a deep sense of pride that they have created something amazing and can perform it independently.

"I love listening to them sing, especially my chorus. Their angelic sound sometimes makes me tear up," Gordan said. "I love the children's enthusiastic expressions of affection. When they see me in the grocery store, you'd

think I was some kind of star. I love the hugs and little notes, covered with hearts and music notes, that they leave in my mailbox. I always hope that I am 'that teacher,' the one that made a difference."

For Gordan, her own most influential teachers include her fourth-grade teacher, Mrs. Murray, who enriched lessons with hands-on experiences and her seventh-grade English teacher, Mr. McIntyre, who used a book called "30 Days To A Better Vocabulary" and showed students that big words could be fun.

"The most influential music teacher to help me did not come into my life during childhood but in the mid-1990s," Gordan said. "Dr. John Feierabend of Hart School of Music developed a music education method for early childhood and a music literacy education method for elementary students. I attended several of his workshops and took a week-long summer course with him. To say that it changed my professional life would be an understatement. In retirement I plan to get certified as a trainer."

She says that her most enduring memory that she'll take away from working at Raymond Elementary School is that it's a warm, caring, place to work.

"I have taught generations of Raymond students," Gordan said. "In fact, many of my current students are children of former students. It feels like a large family." <

FISHING Cont. from page 5

this year. He says that the event is growing exponentially and is a function of outreach.

"We reached out to all the American Legion posts in the northeast, so we will be fishing with local veterans and some from afar," he said.

Tanguay is a proponent of getting veterans into key positions in Windham's American Legion post. Ronan says that the involvement and support of the post then translates into getting veterans out and involved in their communities.

Ronan says he also gives a tip of the hat to several SLAA club members who are Registered Maine Guides who are helping out with the event.

"We are lucky that several of our members are Registered Maine Guides who live and work in our area," Ronan said. "They are an invaluable resource in providing education on public waterways and fish species. Last year we caught 165 fish. The boats actually came in early because they caught their limit."

Maine's Department of Inland Fisheries and Wildlife also partners with the event, providing one-day fishing passes with the fee waived for participating veterans but the partnership doesn't stop there.

"If the veterans don't want their fish, we will donate any discarded fish to the Maine Wildlife Park to feed the eagles and small mammals," said Ronan. "There is no waste."

According to Ronan, the Veterans Fishing Event is a great day for many veterans and their families.

"We just want to thank the veterans for their service," he said. "We'd



A veteran in last year's Veteran Fishing Event shows off his catch from Sebago Lake. COURTESY PHOTO

like to take you fishing and spend the morning on Sebago Lake with you."

The event will be held at Sebago Lake State Park and leaves from the boat ramp there. It is free and open to all veterans regardless of age, branch of service, or physical abilities. Pre-registration is required, and slots are filling up quickly due to limited boats and gear.

Veterans will be provided with everything needed for a great day of fishing including bait, boats, and gear. Free breakfast and a picnic lunch will be provided.

For more information about SLAA or the Veteran's Fishing Event, call 207-838-4855 send an email to kronan388@gmail.com

Check out the Sebago Lake Anglers Association page on Facebook for upcoming events and news. <

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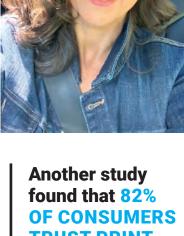
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The Windham Eagle Page 23

School Play

Windham Christian Academy, 1051 Roosevelt Trail in Windham, will host performances of "The Hobbit" at 6 p.m. on Thursday, May 8 and Friday, May 9 and at 2 p.m. Saturday, May 10 at the school. Tickets are available at the door and are \$10 each. FMI, call 207-892-2244.

Shredding Event

Windham Raymond School Age Child Care is sponsoring a "Space to Thrive Shredding Event" from 8:30 a.m. to noon on Saturday, May 10 in the Windham Lowe's parking lot, 64 Manchester Drive in Windham. Bring any and all shredding and there are no limits on the amount to be shredded. FMI, call 207-831-7047.

Cancer Support for Caregivers

The Windham Cancer Support Group will be holding a caregivers-only meeting at 6:30 p.m. Monday, May 12 at the Windham Public Library, 217 Windham Center Road, Windham. All caregivers are welcome to attend. FMI, send an email to coppjanet@yahoo.com

TRIAD meeting

The Windham, Gorham, Westbrook TRIAD is a partnership between the police, firefighters and seniors working together for the safety and security of seniors. The next TRI-

AD meeting will be held at 11 a.m. Wednesday, May 14 at the Gorham Fire/Police Station. The guest speaker will be Marieta Atienza who will discuss her experiences with the Partners for World Health Organization. All are welcome. Bring a friend. FMI, email: ritasmithme@gmail.com

Hiking Presentation

Windham Public Library, 217 Windham Center Road, Windham, is hosting slideshow presentations by Rand Clark about hiking on the Appalachian Trail and the Pacific Crest Trail. His Appalachian Trail presentation will be from 6 to 7 p.m. Wednesday, May 14 and his Pacific Crest Trail presentation will be from 6 to 7 p.m. Wednesday, May 21 at the library. FMI, call 207-892-1908.

Memorial Day Activities

Windham's American Legion Field-Allen Post 148 will stage a Memorial Day Parade and ceremonies at Windham High. The parade will start at 9 a.m. on School Road in front of the Windham Town Hall with parade participants asked to assemble by 8:30 a.m. The parade route will end at the WHS flagpole. Memorial Day Ceremonies will start 10 minutes after the parade ends. Anyone who plans on marching in the parade, having a float or groups are asked to call 207-892-1306 or email: dtanguay46@aol.com.



Submit letters by Tuesday at Noon to: editor@thewindhameagle.com or mail to: 588 Roosevelt Trail, Windham, 04062

Editor,

Recent cuts by the Federal Government to the Institute of Museum and Library Services (IMLS), threaten public libraries and museums across the country, and more specifically the Windham Public Library.

Funds totaling \$1.5 million to the Maine State Library (MSL) were gutted, ironically during National Library Week (April 6 to 12, 2025). These funds are allocated to every public library in Maine. Jennifer Dupree, former staff member at WPL and the current Director of the Hobbs Memorial Library noted that "cutting it [the MSL] will do little or nothing except create a deficit in services to the most needy people."

It is yet to be determined how these cuts will impact patrons of the Windham Public Library, but here are some examples of services that could change: high speed internet - don't assume that this service will continue. Accessing books through Interlibrary Loan – this amazing system by which the librarians at the Windham Public Library can get you any resource that you request - could be severely impaired. Then there are the services for people living with visual impairments which could be completely decimated.

I am dismayed to DOGE's "chainsaw approach" to cutting so called "unnecessary spending." As Jen Alvino Wood, Director of the Windham Public Library states: " Maine residents are getting a 'great return on their investment' as the resources and services provided by MSL benefit all residents and libraries within the

Maybe it's time to start a protest at the Windham Public Library!

~ Rosie Hartzler, Windham





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Page 24

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The Windham Eagle Page 25

A Mother's Touch

By Nicole Foster SPECIAL TO THE WINDHAM EAGLE



When we reflect on the many ways our mothers have shaped the lives we lead today, we often think of the values they instilled, the tradi-- Nicole Foster, Broker/REALTOR* tions they passed

down, and the unwavering love and support they've provided through every chapter of our journey. Their influence is deeply woven into the fabric of who we are - guiding our choices, shaping our character, and grounding us in a sense of home. But beyond these emotional and moral legacies, there's another powerful, and often overlooked, area where their impact is felt: the homes we choose to live in as adults. From the type of neighborhood that we gravitate toward to the style of kitchen we dream of, our mothers' tastes, habits, and even their approach to homemaking can significantly influence our housing decisions and how we define what "home" truly means.

In recent years, there has been a significant rise in the number of real estate transactions where parents play a pivotal role in helping their adult children enter the housing market. This trend highlights how parents, often seeking to support the next generation, are bridging the gap in ways that make homeownership more accessible. Parents are stepping in with a variety of creative solutions, from gifting equity in their own homes to co-signing loans when allowed or providing financial assistance for down payments. In some cases, parents even take on the primary mortgage re-

sponsibility themselves, purchasing a home as a non-owner-occupied primary residence and offering a lease-to-own option to their children. This kind of support not only facilitates homeownership at an earlier age than would typically

be possible, but it also plays a crucial role in making housing more affordable – often turning what would be an unattainable goal into a tangible reality for many first-time homebuyers.

The type of financial guidance that your mother has provided you along the way also helps to position you as a borrower. Understanding how to save money for a down payment and other closing costs as well as the critical importance of establishing and managing responsible credit are all lessons best learned at a young age. Parents who add their children as authorized users to one of their own credit cards can help kids to get a jump start on building their own credit prior to turning eighteen but once they are old enough letting kids have their cell phone in their own name can help kids to establish the necessary credit they need to have without the risk of getting into credit card debt.

A study that was recently published by REALTOR.com shows that the vast majority of respondents would prefer to live within proximity to their mothers, given the option. Many buyers set their geographic search for properties within a certain range of their mothers when searching for their new home to rent or purchase when possible. More and more young families are welcoming mom to join them in their new community, so they can be close to

new grandchildren and play an active role in their day to day lives, or to help provide support.

Mothers often leave a lasting imprint on the way we shape and style our homes, influencing not only our decorative choices but also our

overall sense of comfort and aesthetic. Whether consciously or not, many of the decisions we make when designing our living spaces are rooted in the memories of the homes we grew up in-homes shaped largely by our mothers' tastes, values, and personal touches. From heirloom furniture passed down through generations to beloved paintings, cherished family photographs, or a favorite book collection neatly arranged on a shelf, remnants of our childhood homes quietly weave their way into our present-day surroundings. These familiar items serve as both emotional anchors and stylistic inspiration, reminding us not only of where we came from but also of the enduring influence our

mothers continue to have in our lives.

Whether your mother was someone who eagerly embraced every design trend—constantly refreshing furniture, swapping out wallpaper, or updating color palettes—or you grew up in a timeless, traditional home where the décor remained largely unchanged, her influence likely runs deeper than you realize. The way your childhood home looked, felt, and functioned can leave a lasting impression, subtly shaping your own tastes in interior design and home aesthetics. From the cozy familiarity of a vintage floral sofa to a deep-seated aversion to bold wall colors, the environment your mother curated often becomes the invisible blueprint for what you're naturally drawn to - or steer clear of - when it comes time to make your own house a home.

This article was brought to you by Nicole Foster, a Windham mother of four and real estate Broker with 20 years of experience working with buyers, sellers and investors. Reach out to her for all your real estate needs at 207-615-7558. <



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THE WINDHAM EAGLE'S

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By Angela Paris

SPECIAL TO THE WINDHAM EAGLE • JUGGLINGACTMAMA.COM

Loaded Potato Salad

This is the ultimate creamy potato salad recipe reminiscent of your favorite loaded baked potato. This is the perfect make-ahead backyard barbecue or summer potluck side dish! Servings: 8

INGREDIENTS

3 pounds of Red Skinned Potatoes (about 10 small/medium) 1 pound of Bacon, cooked 1 cup of Mayonnaise 1 cup of Sour Cream

2 cups of Cheddar Cheese, shredded 5 Green Onions 1 teaspoon of Garlic Powder 1 teaspoon of Onion Powder ½ teaspoon of Smoked Paprika

Other optional stir in ideas: Corn, Celery, Onion, Hard Boiled Egg, or Hot Sauce

INSTRUCTIONS

Chop potatoes into bite-sized pieces and place them in a large pot of lightly salted water. Place the pot on the stove and heat over high heat until boiling. Once boiling, reduce heat to a simmer and simmer for 8 to 12 minutes or until fork tender.

When the potatoes are finished, place them in a colander and rinse with cold water for a few minutes to cool completely.

While the potatoes are cooking slice the green onions into thin pieces, cutting about halfway up the green part. Chop the bacon into small pieces. In a large bowl, combine mayonnaise, sour cream, onion powder,

garlic powder, and smoked paprika. Mix thoroughly. Add your potatoes to the mayonnaise mixture and stir to coat. Add the green onions, bacon, and shredded cheese, and fold until everything is evenly mixed. Keep covered and chilled until ready to serve.

Note: Store in an airtight container in the refrigerator for up to 3 days. Find the full recipe with variations, tips, and more: www.jugglingactmama.com/loaded-potato-salad-recipe <

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LAST WEEK'S ANSWERS

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13 15 16 20 32 43 60

CLUES ACROSS

- 1. Groan
- 5. Engine additive
- 8. Atomic mass unit (abbr.)
- 11. One-time emperor
- 13. Martial art __ chi
- 14. Extinct algae
- 15. The leading performer
- 16. Autonomic nervous system
- 17. Pirate who went by "Chico"
- 18. Encourages
- 20. Small tactical munition
- 21. One-time Tribe closer
- 22. North, Central and South
- 25. Repossession

CROSSWORD PU

- 30. Conveys air to and from the lungs
- 31. A renowned museum
- 32. One hundred (Italian)

CLUES DOWN

- 1. Helps you get there
- 2. Plant
- 3. Apron
- 4. Everybody has one
- 5. Conditions of balance
- 6. Fit
- 7. Island in Lake Michigan
- 8. True firs 9. Operates
- 10. Approves food
- 12. Tell on
- 14. __ mater, one's school
- 19. Low prices
- 23. Brazilian river

- 26. Occurs naturally
- 27. Sprinted
- 28. Shock therapy

lunar time 38. Calendar month (abbr.)

33. Synchronizes solar and

- 41. They bite
- 43. The Mets played here
- 45. About opera
- 47. Wings
- 49. I (German)
- 50. Sportscaster Brett
- 55. Wild mango
- 56. The woman
- 57. Afflicted
- 59. Look furtively
- 60. Large integer
- 61. Spiritual leader
- 62. Keeps us warm
- 63. Type of account
- 64. Cheek

- 29. Decide
 - 34. Lodging
 - 35. Singer DiFranco
 - 36. Kazakhstan river
 - 37. 1920's woman's hat
 - 39. Corpus ___, Texas city
 - 40. Helps kids
 - 41. Tires have this

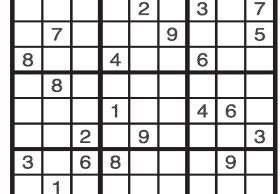
 - 42. Physical attraction
 - 44. Goddess of wisdom
 - 45. Made of wood
 - 46. The top
- 47. Automatic data processing system
- 48. Exchange
- 25. Supervises interstate commerce 51. Swiss river
 - 52. Prejudice
 - 53. Napolean came here
 - 54. Big guys grab these (abbr.)
 - 58. Mickey's pet

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

LAST WEEK'S ANSWERS

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PLEASE NOTE: THE BUSINESS SPOTLIGHT IS A PAID ADVERTISEMENT. TO HAVE YOUR BUSINESS HIGHLIGHTED CALL MELISSA: 207-894-3500

May is Lyme Awareness Month here in Maine and ticks are everywhere – in our backyards, neighborhoods and communities. We're constantly removing them from ourselves, our children and pets. We're aware of the ongoing threat of tick-borne illnesses, and yet, our best efforts seem to be lacking.

Most of us know of a friend or community member whose life has been impacted by a tick-borne illness. In 2024, ticks collected by the University of Maine Cooperative Extension's Tick Lab Surveillance Program showed that about 68 percent of submitted blacklegged ticks were encountered on the homeowner's property, with yard work, gardening and playing in the yard reported as the most reported activities at the time of the tick encounter. Maine CDC reported that in 2024 there were 3,218 confirmed cases of Lyme. Among all age groups, seniors and children have the highest incidence of tick-borne illnesses. According to the national CDC, actual cases of Lyme are estimated to be 10 times greater than the 3,218 reported cases.

How do we reverse this growing threat? Education, awareness, and action.

Drawing from 20 years of experience as Lyme educators and pest management professionals, Barb and Bob Maurais, tick educators formerly with Mainely Ticks, have launched Tick BYTES, an eco-friendly, Do-It-Yourself online protocol that equips home-



owners with the knowledge and skills to protect families from vector-borne diseases and pests.

Tick BYTES' mission is to protect people, pets, and pollinators in homes, neighborhoods, and communities, naturally. "You may have Lyme disease and not even know it," was Barb's comment at an educational workshop she presented in 2005. Little did she know that she was talking about herself; she was subsequently diagnosed with Lyme and was successfully treated. Education and awareness are key components in reducing tick-borne illnesses. Prevention continues to be the best prescription.

The unique Tick BYTES model provides you with proven strategies, educational resources, and best practices to better protect your family from future tick and mosquito encounters while utilizing eco-friendly chemistry.

"Pollinators are essential for the reproductive process of most flowering plants and production of fruits and seeds," Bob Maurais said, "which is why Tick BYTES teaches eco-friendly pest solutions, prioritizing botanicals, which target specific pests while minimizing harm to beneficial insects and other organisms."

Our educational website, <u>www.tick-bytes.us</u>, provides you with strategies and resources to better protect your family.

The Free downloadable *Protection Strategies Home & Away* booklet teaches you about:

- Deer ticks and their 2-year life cycle
- Tick habitat and hosts
- How to do tick checks and proper tick removal
- EPA approved repellents
- Mosquito reduction strategies
- Tick and mosquito resources
 Do you have ticks and/or mosquitoes on your property?

Have you removed a tick from yourself, family member or pet?

Have you wanted to treat your property on your own schedule using eco-friendly products, but didn't know how?

Now is the time for you to consider treating your own property. Learn how with Tick BYTES DIY A Time to Treat for Ticks and Mosquitoes. This comprehensive, members only guide provides you with proven strategies, educational resources, and best practices to better protect your family from future tick and mosquito encounters while utiliz-

ing eco-friendly chemistry. Preview the guide here https://tickbytes.us/take-a-look

Do you belong to a group or organization that is interested in hosting a workshop on how to reduce the risk of contracting Lyme and other vector-borne diseases? Click the 'Contact Us' tab at www.tickbytes.us to schedule your event.

Send a SASE (self-addressed stamped envelope) to Tick BYTES, 48 William Knight Rd, Windham, ME 04062 to receive a free Tick Identification Guide as shown in the ad below.

Barb Maurais, president of Tick BYTES, is a seasoned Lyme and associated diseases advocate, educator, webmaster, and social media coordinator. Since 2005, she has developed and presented educational talks to numerous community groups and organizations and has networked with Lyme support groups to pass Lyme legislation in the Maine Legislature.

Bob Maurais, Tick BYTES IPM (Integrated Pest Management) Coordinator, holds a Commercial Master Applicator license in Maine, is a member of the Tick IPM Working Group, and has presented at local, state, and national conferences. In 2004, Bob and his brother Ed founded Mainely Ticks, a community-based pest control business where Bob was active in treating residential properties, along with creating content and delivering educational workshops until his retirement in February 2025. <



Barb Maurais



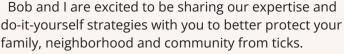
Bob Maurais











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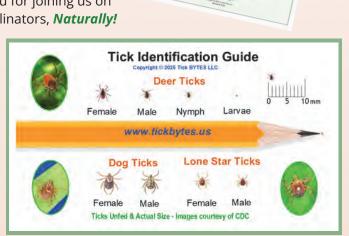
Drawing upon our combined fifty plus years of experience as professional educators, my advocacy work, and Bob's twenty years as a Licensed Pest Management Professional, we are looking forward to expanding our community-based educational initiatives and sharing innovative, eco-friendly property treatment techniques. Thank you for joining us on our journey protecting people, pets & pollinators, *Naturally!*

~Barb Maurais President, Tick BYTES LLC

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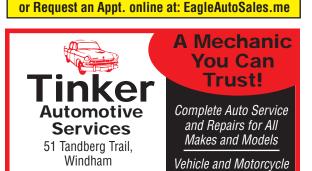
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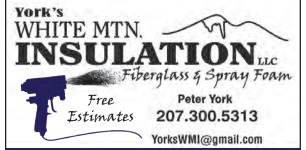


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