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# Retired Raymond Town manager proud of 23 years of devoted service to community

By Ed Pierce

**STAFF WRITER** 

Don Willard wants to set the record straight regarding the rumors circulating about his departure as Raymond's Town Manager.

Willard says he's not dying of a terminal illness or was fired from his position, the simple truth is that he spent some time last fall recovering from an illness and then decided to retire after 23 years of working for the Town of Raymond. His retirement became official Jan. 2 and from 1 to 4 p.m. Sunday, April 7, the public is invited to a special party at the Boy Scouts of America's Messer Center at Camp Hinds in Raymond to say goodbye and wish Willard and his family well in retirement.

"Living and working in Raymond has been a great experience and a wonderful place for my wife Megan and I to raise our son Holden," Willard said. "I always thought, and often expressed my belief that the Town of Raymond has the capacity to achieve any and all desired goals."

He said that with a new comprehensive plan on the horizon, a new universe of possibilities will be envisioned and ultimately approved by the voters in Raymond.

"I am certain this will include a



Don Willard served as the Raymond Town Manager for more than 23 years until his Washington, D.C. before retirement on Jan. 2. A party in his honor will be held from 1 to 4 p.m. Sunday, April 7 at the Boy Scouts of America's Messer Dixfield in 1983. Then in Center at Camp Hinds in Raymond and the public is invited to attend. COURTESY PHOTO

continued commitment to environmental protection, as well as a range of quality-of-life issues," Willard said. "In that regard, I am looking forward to staying actively involved in the community to help realize a new way forward and to see the town reach its full potential."

Originally from Scarborough, Willard graduated from high school there and spent his first year of college at the University of Maine at Portland-Gorham before transferring to the University of Maine at Orono. He launched his career in municipal government as a paid intern in Scarborough, and then as an intern in Cape Elizabeth in 1981 while still an undergraduate in college.

After earning a college degree in Public Management, Willard served as a congressional intern in being chosen as first Town Manager of the Town of 1986, he became Town Manager of Rockport, a po-

sition he held until December 2000 when he joined the Town of Raymond as Town Manager.

"I have been quite fortunate to work with great elected officials in the past," Willard said. "The early 2000s were a high watermark for community improvement. The town received an Economic Development Infrastructure Community Development Block Grant to extend the Portland Water District waterline from Windham to Raymond. In so doing, Raymond became the first new member town in 50 years."

He said that achievement was a result of transformative and visionary elected leadership.

"Selectmen Betty McDermott, Ada Brown, and Christine McClellan also envisioned and supported the Route 302 improvement project, the new public safety building, and the town's first major road rebuilding program which transformed the appearance of the town's main business area while improving both pedestrian and motor vehicle safety," Willard said.

According to Willard, he will miss working for the town and says that he always sought to make myself visible and accessable to the townspeople.

"I made my cell phone publicly available and took calls 24/7 and 365 days a year over my tenure," he said. "One time, I answered a citizen phone inquiry from the back of an ambulance, after a serious personal inju-

→ see **WILLARD** Page 10

# **RSU 14 vehicle donations promote community service**

### By Lorraine Glowczak

Promoting a culture of community engagement, the RSU 14 school district works to demonstrate by example the impact that educational institutions can have beyond the four walls of the classroom.

Acknowledging the transportation requirements of the Windham Food Pantry for delivering food to elderly individuals and shut-ins, as well as facilitating ongoing educational opportunities through recreational activities, the district has donated a school van to the food pantry and a school bus to Raymond Parks and Recreation.

The district's dedication to academic excellence includes in its mission to instill values of compassion, service, and social responsibility among its students and staff.

"Community service has always been a focus and academic commitment of the school board," RSU 14 Superintendent Christopher Howell said. "It's the reason why it has been incorporated as a graduation requirement through the Capstone Project which integrates a service-learning component."

Howell said that hands-on engagement in community initiatives not only fosters well-rounded graduates but also nurtures a sense of civic responsibility and empathy among its student body.



Instead of auctioning off retired vehicles, RSU 14 has chosen to donate to various community programs such as the Windham Food Pantry and Raymond Parks and Recreation Department. PHOTO BY LORRAINE GLOWCZAK

"We have always been supportive of student initiatives like PowerServe and clubs like the National Honor costs to town members. Society and Key Club of which community service is the focus," he said. "Alongside endorsing service learning, the district aims to set an example through its actions."

Typically, retired school vehicles are auctioned off. However, upon recognizing opportunities to serve the broader community with these vehicles, the district opted for donations instead of auctioning them off.

In 2022, Raymond Parks and Recreation received a donated RSU 14 school bus, supporting resources of this relatively new department within the Town of Raymond. Committed to serving its community, the department offers diverse learning activities,

and the addition of the bus alleviates financial burdens by eliminating extra

"The bus has been a tremendous resource because it cuts down the cost we must charge our participants," said Raymond Parks and Recreation Director Joe Crocker. "It allows us to take the transportation cost completely out of our program fees."

The donated school bus primarily supports the department's summer camp and winter ski programs.

The idea to donate a van to the food pantry emerged from a collaborative community meeting that addresses issues of homelessness and food insecurity within the school district. This RSU 14 Community Wellness Committee involves representatives from the school district, town offi-

cials, and businesses, who collectively brainstormed solutions to tackle these pressing challenges.

"The Community Wellness Committee meets three or four times a year," Howell said. "It was during one of these meetings that we realized the challenges the food pantry faces when transporting food to shut-ins or to get food from the area stores and food banks. Because they have always supported our students, we thought it was imperative to also support them and their needs."

Windham's General Assistance Administrator Rene Daniel said that the Windham Food Pantry has been delivering food to shut-ins that had no means of coming to the pantry, but the donated van will allow the pantry to elevate itself to the next level.

"It will allow us to pick up generous donations from in and out of Windham," Daniel said. "Also, we can now institute and implement visiting our senior housing communities by using the van, bringing the Windham Food Pantry to them where they reside."

Daniel pressed his gratitude to the many individuals and organizations that assist the Windham Food

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see VEHICLES Page 24

# Indistinguishable from magic

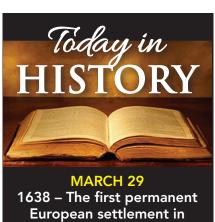
Last week was not my best experience when having to overcome technical issues in work and at home.

It all started on a Sunday morning when I tried to log-in to my work website from home using my remote connection. No matter how many times that I tried to do so, the remote connection would not let me connect and an unusual box requesting a password popped up each time.

I texted my boss and asked her if she was aware of any issues or problems and she replied that she wasn't aware of anything wrong and she was able to log-in remotely. She said she was in Italy with her husband and that she would have her husband investigate the problem and he would be in touch in a little while. About 10 minutes later he texted me and I explained to him my issue.

He spent 15 minutes or so trying to explore solutions, but those suggestions didn't work. He said he had an appointment and would be in touch later.

In the meantime, I was able to use my home computer to save some documents and I arranged with a co-worker to have them set up a file on the work server and save them there when I emailed them to her. That way I wasn't losing a lot of productivity from not being able to connect to my office computer remotely.



Delaware is established.

1847 – U.S. troops under General Winfield Scott take possession of the Mexican stronghold at Vera Cruz.

1848 – Niagara Falls stops flowing for one day because of an ice jam.

1901 – The first federal elections are held in Australia.

1906 – Some 500,000 coal miners walk off the job in the U.S. seeking higher wages.

1943 – The rationing of meat, butter and cheese in the U.S. begins during World War II.

1967 – France launches its first nuclear submarine.

1974 – Mariner 10 become the first U.S. spacecraft to reach the planet Mercury.

1983 – Inventor Erno Rubik is granted a patent for his Magic Cube.

1993 – Clint Eastwood wins Academy Awards for Best Picture of the Year and Best Director for his film "Unforgiven."

Later that evening, I received a text that we were going to try again to resolve the remote connection technical problem. After working on it by communicating by text messages back and forth for more than a half hour, I began to realize what he wanted me to do was beyond the scope of my limited technical capabilities. Changing user authentication, removing configurations, changing the shared secret and privacy coding and the like exceeded my knowledge. And both of us were tired, in fact, as he tried to walk me through the steps to fix the issue, he mentioned that it was 2:30 a.m. in Italy. We agreed to call it a night and work on the problem the next day.

On Monday morning, I reconnected with my boss and her husband by text, and they wanted to Zoom with me. After resolving a few issues on my machine to establish a Zoom call with them, we started to work on setting up a new remote connection for me. That was filled with having to overcome an array of technical issues and permissions which they were able to walk me through.

Finally, after about three-quarters of an hour of going back and forth, everything was set up for them to take control of my screen from Italy and install a new remote connection, allowing me to connect with my office computer. It has worked tremendously since then and I was in awe of what they were able to do working on a laptop from Italy to fix my issue and grateful for their assistance.

Two days later, I woke up, sat down at my machine, and discovered that our 10-year-old router no longer worked, and I couldn't connect to the internet. On my way to the office at 7:45 a.m., I pulled over and using my iPhone, I asked Siri if Staples was open. Within 10 minutes, I had purchased a new router.

When I got home from work that night, I followed the instructions and downloaded the router company's app onto my iPhone and used the simple step-bystep directions to install the router. The final step was creating a 10-character password using up and down letters, and at least two numerals. When I attempted to log-in, I couldn't connect the router to my computer. I called the 1-800 number for router technical support and was on hold for more than an hour when I gave up frustrated and said I would try in the morning.

The next day, I tried router technical support again and spent an hour listening to some awful elevator-type of music waiting to have my call answered. When a technician took my call at last, I was overjoyed and answered all her questions about the router's make, model and serial number. She had me try to connect again and it failed again. When she asked if a blue light was shining on the router we were suddenly disconnected, and I had to go through calling the 1-800 number once again.

This time though I spoke to a different technician and had all the serial number info at hand. She put me on hold for a moment and then asked me what password was showing on my router iPhone app. I thought I entered 10 characters with the last one being an exclamation point, but it showed nine characters with no exclamation point. She suggested I enter that, and it worked and lo and

behold, I was connected.

Therefore, hooking my wife's wireless printer up to the router using the correct password was not an issue just a day later when that technical issue arose. It turned out to be a week of technical obstacles that I would certainly like to relegate permanently to the memory bank. < - Ed Pierce

Inspirational Quote of the Week

"I keep my heart and my soul and my spirit open to miracles." - Patrick Swayze

"What's the best kind of sandwich in your opinion?"

"Anything I don't have to make." – Pamela Gregory Brown

"Nothing beats a nice fried chicken sandwich. Hand-cut fries or Humpty Dumpty potato chips." – Steve Hatt

"French dip with mushrooms and pepper jack cheese tied with haddock sandwich."

Julie Mallett

"The Godmother, from The Goodlife Market.

Leslie Colburn Brooks

"Ham, pepperoni, green pepper and pizza cheese on top baked in the oven."

Tommy Matthews

"Roast beef, deli or home roasted, on crusty roll with salt and pepper, heavy heavy mayo (both sides), and a crisp layer of iceberg (a slice of Swiss is optional). Sliced tomato and potato salad make perfect sides."

- Francesco Paredon

"Smoked pastrami Reuben." Rob Juergens

"Besides a fluffernutter?" - Dave Collins

"White bread, Olive Loaf with mustard and provolone cheese ... yum." - Mary Ann Morrison Cumming

> "A Muffaletta." Rose Tirrell Haigis

"Bologna, cheese and mustard." - Kristin Murray "An Italian from Amato's (no onions)." - Valerie Livesay Luce

"I like the steak and cheese from Patch's Variety Store."

Josh Thomas

"A muffaletta or a classic Maine Italian." - Jean Ann Hill

"Three-layer Turkey Club with Swiss Cheese, Lettuce, Mayo, Salt and Pepper on toasted white bread." - William Reiner

"Thanksgiving sandwich." Deb Poirer Hall McPhail

"A really good BLT with crispy thick-cut bacon, green leaf lettuce and tomatoes from the garden." – Hannah Bannon

"BLT with cheese and avocado." – Jennifer Murray



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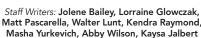






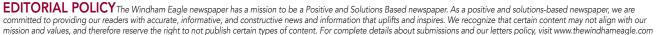








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The Windham Eagle Page

# Windham opens annual budget formulation process

#### By Ed Pierce

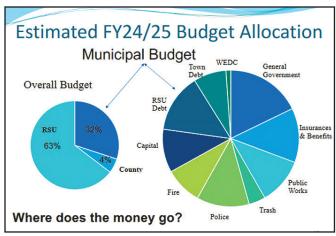
STAFF WRITER

Earlier this month, the Town of Windham launched its annual budget formulation process as Barry Tibbetts, Windham Town Manager, presented his proposal for the 2024-2025 fiscal year during a discussion with the Windham Town Council.

The proposal by Tibbetts of \$44,557,349 reflects an increase of 5 percent compared to last year's resident-approved budget of \$42,430,080 and now heads to the Town Council's Finance Committee for further review and revisions.

During a lengthy discussion with councilors at the March 12 Town council meeting, Tibbetts said his budget proposal is calculated based upon many different factors and influences, including slightly increased projected revenues, the town's general operating budget and fixed expenses, insurance costs, contractual obligations, energy costs, debt expenditures and personnel changes.

New capital projects in the proposed budget include replacing the heating and cooling system at Windham Town Hall, Gravel Road reconditioning, making pedestrian and intersection improvements to the River Road/Route 202 intersection, new sidewalks for South Windham, conducting an analysis for how to turn the current Windham Middle School into a Community Center when it becomes vacant in 2027, solar panels for Town Hall, the new Public Works Laydown Yard, a Gambo Road land



acquisition bond, a Smith Cemetery bond, an East Windham Conservation District handicapped accessibility grant, and the projected new North Windham Fire Station.

The proposed budget also continues funding for projects currently under way, including the North Windham Wastewater Treatment System, the North Windham Moves Project creating rear access roads to Route 302, the East Windham Conservation and Recreation Project, installation of new high-tech traffic signals, capital equipment replacement of town vehicles, preliminary engineering for the Northwest Fire Station, and the new sewer connections for Windham Middle School and Windham High School.

Also included in this new budget proposal are the additions of one operations manager, one Windham Police Department patrolman, and four fulltime firefighter/emergency medical technicians.

Tibbetts told councilors that in previous discussions with Windham Fire Chief Brent Libby and other first sponders, the need exists for adding more EMTs because calls for emergency service continue to rise and the time spent for EMTs and first

responders transporting residents to the hospital and then returning to town to handle additional calls is inefficient.

"One of the outcomes of this budget in working with the fire chief and staff is we can reduce our per diem call staff and keep more staff, centralizing and managing our shifts better and it will help us to be more efficient," Tibbetts said.

With the new automated trash collection finally expected to begin this fall, Tibbetts says that unused revenues for the trash collection conversion will be applied to offset the expense of the municipal waste curbside collection contract.

Tibbetts said that the town's Long-

Term Debt bond is at \$3.7 million for projects that are offset by grant funding. According to Tibbetts, Windham's Legal Debt Limitation is 15 percent of State Valuation at \$2,914,100,000 or \$437,115,000. Windham's current total debt for town and schools is \$25,641,000 or about 88 percent of the state valuation, so the town's margin for additional borrowing is \$411,474,000.

Short Term Debt for heavy equipment and vehicles is \$915,000 for lease and purchase and includes a trackless sidewalk machine, a 10-wheel plow truck, and a pickup truck.

Under the new budget proposal, Windham will also reserve \$250,000 for future debt obligations.

The budget proposal will be reviewed and scrutinized over the next month by the town manager's office and the Windham Finance Committee. Budget revisions will be presented to the town council at its April 23 meeting.

A public hearing and final budget approval by the Windham Town Council is expected to take place by councilors on May 14 and will be followed by a resident vote on the 2024-2025 budget warrant during the annual Windham Town Meeting on June 15



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ik's Church was

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# Cianchette announces run for Maine State Senate

With hundreds of locals packed in for a busy Saturday night in February, Kenneth "Kenny" Cianchette took the stage for a different kind of announcement.

"Maine's systemic problems are not being resolved because Augusta is not addressing the issues they were elected to handle," Cianchette said. "I'm done complaining about it, and I've decided to run for the Maine State Senate."

Cianchette, the owner of Erik's Church, a live music-themed restaurant, bar, and venue in Windham, is a lifelong Mainer. A graduate of Cheverus High School and the University of Maine in Orono with a degree in economics, he worked as a project manager before opening the restaurant in 2018.

"The restaurant industry in Maine

is tough. Profitability is both hard to achieve and even harder to maintain," Cianchette said. "We are vacationland due to the exceptional conduct of our small businesses in the hospitality sector. The hardships our government continues to put on our small business economy, to both our working class and our small business owners, which has led to the closure of many of our most iconic, local businesses, needs to end."

He said his parents taught him that, as a business owner, you are the last one to get paid.

"Your vendors, obligations, and employees must be compensated first. Unfortunately, not only have our small business operators failed to thrive in our economic environment, but our incredible team members are hurting as well," Cianchette

said. "Mainers are struggling to balance their household budgets, and our government is bragging about tax 'surpluses.' This is not the way life should be."

In addition to his role as founder and lead mechanic at Erik's Church, he has coached high school football for 12 years, assisting with winof the community SUBMITTED PHOTO

with his business, as the business has hosted a number of events over the last few years to raise monies for organizations and charities such as Windham's Neighbors Helping Neighbors, the Walk a Mile in Their Shoes Foundation, Barbara Bush Children's Hospital, and the Travis Mills Foun-



ning seasons every Kenneth "Kenny" Cianchette

year. Cianchette is of Windham is running for the be on the ballot on an active member Maine State Senate District 26. Nov. 5 as a Republican to represent the workers, parents, leaders, and

Mainers of District 26, which includes the towns of Casco, Frye Island, Raymond, Windham, and part of the city of Westbrook.

The District 26 State Senate seat is currently held by incumbent Democrat Tim Nangle of Windham. <







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# **RSU 14 Assistant Superintendent values** collaboration to elevate students

#### By Ed Pierce

Editor's note: This is another in an ongoing series of Windham and Raymond town employee profiles.

Working collaboratively with others, including colleagues, families, students, and board members to elevate their collective efforts on behalf of every student, is what RSU 14's Christine Frost-Bertinet says is the most rewarding aspect of her work with the school district.

As RSU 14's Assistant Superintendent, Title IX Coordinator, and Affirmative Action Officer, Frost-Bertinet is responsible for overseeing compliance with Title IX and Affirmative Action related policies and procedures. She works closely with colleagues on a variety of educational projects, such as implementing a Pre-K program and developing community partnerships focused on early childhood learning and examining and improving safety measures across district schools.

Frost-Bertinet also writes and oversees RSU 14 grants, supporting the district's administrative team with goal development, implementation, and progress monitoring, responds to the needs of families, partners with local organizations, supports the general business operations of the district, and serves as an instructional leader.

"The role of an assistant superintendent, like many leadership positions, includes a diverse range of tasks and experiences," Frost-Bertinet said.

"On any given day, I might spend time in a classroom alongside students and staff, sit down with a colleague to collaborate on a project, work on policies with board members, update a page on the website, work to support a parent with a concern, attend multiple zoom and in-person meetings, and stand a meal prepared by past five years. SUBMITTED PHOTO

our outstanding Nutrition Department. Each day is different and filled with both challenges and accomplishments."

She's been a member of the RSU 14 team for five years after working as a teacher, a Teacher Consultant for the National Writing Project, a soccer coach, a cross country coach, a track and field coach, a teacher leader, and assistant principal, and a principal during her career.

Originally from Maine, she graduated from high school and earned an undergraduate teaching degree in English Secondary Education from West Chester University, a school outside of Philadelphia, before returning to her home state of Maine to teach at a middle school.



in the lunch line with Christine Frost-Bertinet has ty focused on school students at Windham served as the Assistant Super- management High School to enjoy intendent for RSU 14 for the leadership; I thor-

"After a number of years teaching middle school, I started working toward a Master's Degree from the University of Southern Maine and later worked on obtaining a Certificate of Advanced Graduate Study," she said. "Following that degree, I completed a certificate program at Harvard Universioughly enjoyed this

series of courses as I learned alongside educators from around the globe and engaged in careful considerations of educational models similar to and very different from our own."

According to Frost-Bertinet, she was encouraged to apply for the RSU 14 Assistant Superintendent position by several colleagues who were aware of the open position and felt she was ready to take on district-level leadership work. Having served as a teacher leader and school leader, as well as supported multiple district-level initiatives in my two previous districts, Frost-Bertinet said that she was growing increasingly interested in examining systems and working collaboratively to elevate schools in service of every student.

"I started working in RSU 14 in 2019. In the spring of my first year, the world was catapulted into an emergency response mode due to COVID-19," she said. "My most memorable moment was the opening day for staff in 2021 when we gathered outside at the stadium to welcome everyone back. The Windham Chamber Singers performed, as is the long-standing tradition, and blew us all away."

The most difficult part of her work is common for many educational leaders across America. "Managing complex problems that organizations face without losing sight of the overall vision and mission of schools is the most challenging aspect of my job," Frost-Bertinet said.

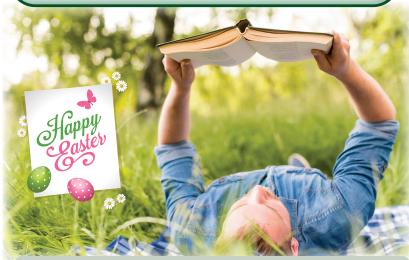
Some of the most important things that she's learned while working for RSU 14 involve teamwork.

"I've learned while working for RSU 14 that both the Windham and Raymond communities take great pride in their schools which is evident by the high level of support and engagement," she said. "I've also learned a great deal about the need for Pre-K program expansion and the importance of building strong partnerships with local early childhood providers through a mixed delivery model that provides families with choices. Most importantly, I have learned that you cannot do this work in isolation, as it takes a high level of collaboration to gain momentum and move organizations forward." <

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# Raymond descendants connect after 104 years

By Kendra Raymond

In today's world, social media is frequently portrayed as the villain, commanding excessive amounts of people's time and attention. But what about that golden moment when it is used for something valuable, informational, or best of all, to foster human connection?

Town or neighborhood social media groups can come in handy for sharing resources such as electricians or pet sitters, area news, or where to buy fresh chicken eggs. It can be a great opportunity to join with neighbors.

Members of a Raymond social media group recently began posting local photos of yesteryear. It started with pictures from a notable farm, steamships of Sebago, and even developed into memoirs written by ancestors.

I decided that I should join in the excitement and dig out some treasured pictures from our family archives. Thumbing through the partially labeled profusion of memorabilia, there it was - a photo of my great-grandfather, arm in arm, with an ancestor of my neighbors, a connection only realized from a social media comment. Little did I know, this photo would connect me with some new friends, solve gaps in our family histories, and establish a platform for future collab-

My great-grandfather, fisheries biologist Dr. William Converse Kendall, worked for the U.S. Bureau of Fisheries in Washington D.C. He came to Raymond during the summers of 1906 and 1907 to take soundings of Sebago Lake. These measurements formed the basis of present-day maps. For the next several years, he was assigned to study and collect data on landlocked salmon in Sebago.

The research operation took place at the end of Raymond Cape based at a rustic encampment they called "Camp Negaunee." Photographic documentation shows W.C. Kendall at the camp and on the lake with George Moses – the great-grandfather of my neighbors Karen Banks and Kelly Rocheleau. Evidently the two men were great friends and worked together on the water.

Negaunee is an Ojibwe word meaning "foremost or leading," closely translated to "pioneer." The Ojibwe are indigenous peoples of the Northeastern woodlands and one of the

see RAYMOND Page 11



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# Working together for a better Maine

By Senator Tim Nangle SPECIAL TO THE WINDHAM EAGLE



Every day I commute to Augusta, I'm reminded of the incredible power working together has on our state. Maine is our home, a place where we

— Sen. Tim Nangle all share dreams of a better future for ourselves and our kids. In my time at the State House, I've seen how much we can achieve when we work hard, regardless of our differences.

This past year, we've made some significant steps toward this future. We've tackled issues that matter to all of us, like making sure as many Mainers as possible have a safe place to live, providing critical support to victims of violence, and keeping our precious waters clean and safe. Today, I want to talk about a few of these efforts and show how bipartisan collaboration is not only possible, but how we can make a meaningful impact for Mainers.

Many of us know how hard it is for

folks to find a safe, affordable place to live. That's why I was thrilled to see so many key housing initiatives in the bipartisan budget signed into law last summer. The budget expanded the Housing First Program, providing shelter and comprehensive support services for our chronically unhoused neighbors. Additionally, the budget set aside money for affordable housing programs, including the Rural Affordable Rental Housing Program and the federal Low-Income Housing Tax Credit Program. We also invested more funds into the Low-Income Assistance Program, helping families cover the cost of heating and other utilities.

These initiatives will help people without homes get the support they need while simultaneously making more affordable houses available. It's a big win for all Mainers struggling to find safe and affordable homes.

In a crucial step to support survivors of violence, LD 2084, "An Act to Provide Funding for Essential Services for Victims of Crimes," received unanimous, bipartisan votes in the Judiciary Committee, as well as

both the Senate and House chambers. This is a critical bill that will help to fill the gap left by dwindling federal VOCA funds. VOCA, or the Victims of Crime Act, has historically been a lifeline that offers essential services to those affected by violence.

Unfortunately, those funds from the federal government have decreased over the past few years. As a

Unfortunately, those funds from the federal government have decreased over the past few years. As a result, Maine is facing a 60 percent reduction in federal funds. By using state resources to fill this gap, LD 2084 will ensure that Maine's support network – ranging from crisis response to long-term aid for survivors – remains robust.

As you may know, I've been working on a bill aimed at giving towns better tools to deal with shoreland zoning violations. This was prompted by the challenges in the town of Raymond but will be helpful for all Maine towns. I'm pleased to share that LD 2101, "An Act to Strengthen Shoreland Zoning Enforcement," received a strong, bipartisan vote from the Committee on State and Local Government and is now heading to the Senate floor for a vote. This step shows our collective effort to protect Maine's shorelands and support towns in enforcing the rules.

If you follow national news, you probably feel frustrated because it



seems like partisan arguing gets in the way of any real progress. I hear you. I want you to know that in Maine, hundreds of bills every year pass the Legislature with unanimous, bipartisan support. We work together all the time to accomplish things you sent us here to do.

It doesn't matter if we're Democrats or Republicans; what matters is our shared love for Maine and our commitment to making it even better. The issues I wrote about here are only a few examples of what we can achieve when we put our minds together for the common good.

For young Mainers interested in experiencing the legislative process up close, the Maine Senate's Honorary Page Program is a fantastic opportunity to do just that. Pages help distribute amendments and deliver messages between Senators in the Senate Chamber. To learn more or apply, reach out to the Senate Secretary's Office at 207-287-1540 or email Alex.Ferguson@legislature.maine.gov.

I'm always here to listen to you and work on your behalf. Your thoughts, concerns, and dreams for our state guide everything I do. Let's keep the conversation going. Reach out to me at Timothy.Nangle@legislature.maine. gov or call 207-287-1515. For the latest updates, follow me on Facebook at facebook.com/SenatorTimNangle, and sign up for my e-newsletter at mainesenate.org. Together, we're building a brighter future for Maine, one step at a time. Thank you for your trust, support, and partnership. Let's keep moving forward together. <





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The Windham Eagle

# Maine Marathon donation to benefit Riding To The Top

Bob Dunfey, the Volunteer Race Director for The Maine Marathon, Half Marathon and Relay, has announced that Riding to the Top in Windham is one of six beneficiaries of this year's event which will be held on Sunday, Oct. 6.

As a result, Riding to the Top will receive a \$10,500 donation from the event.

"Riding To The Top is thrilled to be one of this year's beneficiaries of the Maine Marathon. As a heavily volunteer-centric organization, we

applaud the incredible volunteer effort that goes into making this race happen," says Sarah Bronson, Executive Director.

She said that for 31 years, RTT has been serving the greater Portland community, providing equine-assisted services to children and adults ranging in age from 3 to 90-plus, with a small paid staff supported by a phenomenal group of volunteers who assist with all aspects of its program.

"Funds received from the Maine Marathon will directly help the cli-

> ents, horses and programs at Riding To The Top and we look forward to helping to make this year's Maine Marathon a success," Bronson said.

The Riding to the organization focuses on therapeutic horseback riding and equine-assisted services for children and adults with disabilities in Maine.

facilitating meaningful connections between people and horses, the organization aims to improve physical, emotional and social well-being, offering participants a unique and empowering therapeutic ex-

The Maine Marathon, organized by the Maine Track Club, is a volunteer driven, nonprofit event with proceeds going to local charities and since 1997, the race has raised over \$7 million to support a wide range of causes. Over 50 volunteer race coordinators plan the event during the year and about 900 volunteers deliver the event on race weekend.

Riding To The Top Therapeutic Riding Center (RTT) was founded in 1993. Its mission is enhancing health and wellness through equine assisted

It is the state's only PATH Intl. accredited center (Professional Association of Therapeutic Horsemanship International) solely dedicated to equine-assisted services.

More than 250 participants are impacted annually, assisted by certified instructors, a herd of 17 horses and over 100 volunteers, all specially trained to assist with therapeutic riding, equine-assisted learning, carriage driving and PT/OT services utilizing equine movement.

Riding To The Top is a community-based nonprofit, receives no federal or state funding and provides scholarships to over 60 percent of its

For more details about client services offered at RTT, volunteering, or making a gift, please visit www.ridingtothetop.org or call 207-892-2813. <



Riding To The Top herd member Paxton Abbey is excited about this year's Maine Marathon which has pledged to donate \$10,500 to the therapeutic equine facility in Windham. This year's Maine Marathon will be held Sunday, Oct. 6. SUBMITTED PHOTO

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# **Pre-K Lottery** Registration



# 2024-2025



# Kindergarten Registration



#### **Pre-K Program Eligibility Criteria**

- Students must be 4 years old by October 15 and are not of kindergarten age
- Submission of a completed Pre-K Lottery Application Form (see rsu14.org for link)
- Lottery Application Form must be completed and submitted online by **April 1, 2024**
- In-person screening times for the week of June 17, 2024 will be scheduled with individual families in advance
- **February 1, 2024 Pre-K Lottery Opens**
- April 1, 2024: Pre-K Lottery **Application Due**
- April 12, 2024: Pre-K **Admittance Notification**
- **Pre-K Screening** by Appointment in June



**Kindergarten Program Eligibility Criteria** • Students must be 5 years old by October 15

- Submission of a completed Kindergarten Online Registration (see rsu14.org for link) by May 1, 2024
- In-person screening times for the week of June 17, 2024 will be scheduled with individual families in advance
  - February 1, 2024: **Kindergarten Registration Opens**
  - May 1, 2024: **Kindergarten Registration Due**
  - **Kindergarten Screening** by Appointment in June

Questions? Call 207-892-1800 or email: cbertinet@rsu14.org Program forms & info available at: rsu14.org WILLARD Cont. from page 1

ry, while being treated on the way to the emergency room. I think people appreciated the fact that they could reach out and share their concerns with me at any time. I was committed to resolving issues and concerns efficiently and comprehensively, so they didn't become problems for the Board of Selectmen." Being a town manager can be a difficult job, but Willard said what he liked best about it was that no two days were ever the same.

"Although the challenges were sometimes unpredictable, one commonality was that I always felt a great sense of satisfaction, making a difference in the communities that I served," he said. "Having a job like that makes for a pretty good life. The

town received extremely high citizen satisfaction ratings across the range of municipal services, while maintaining one of the lowest property tax rates in the region."

Many employees for the Town of Raymond stayed in their jobs for years as Willard says he sought to create and maintain a positive work environment for his fellow employees, resulting in a sense of esprit de corps and extraordinarily low turnover.

"It was a pleasure to mentor and see many younger employees realize their career dreams," Willard said "Treating those in need with respect and kindness, while providing guidance and support was a big part of the job and something I particularly enjoyed. If you approach the job of town manager with a dedication to service, commitment to upholding the law

and standing for ethical behavior, that is really everything. You can never go wrong by doing the right thing. While I am proud of all the accomplishments over my 40-year career, none of them would have been possible without the support and assistance of others. If Raymond has been successful over my time here, it is because we have always had engaged and committed local government officials and a team of dedicated hardworking staff members."

As in life, not everything went his way as Town Manager though.

"My greatest disappointment was the failure to achieve a modern and adequately sized municipal office," Willard said. "Hopefully, when the middle school is vacated and turned over to the town, that goal, which was the top one when I was hired 24 years ago, will finally be realized."<





**Grade:** 4th Grade **School:** Raymond Elementary School **Teacher:** Mrs. Brackett

Parents' names: Adam and Christina Feeney

**Favorite subject in school:** Ashling likes mathematics because she gets to do long division, and the students get to share their answers in front of the class. She also likes doing multiplication because she has learned good techniques to help her solve problems.

Reason for Selection: Ashling is a bright ray of sunshine every morning when she enters the room. She greets ev-

eryone with a smile and maintains her positive attitude throughout the entire day. Ashling loves to be helpful, always does her best work, is a great friend to others, and attacks every assignment with a growth mindset. Ashling is a positive role model for other students and deserves to be recognized for her positivity and perseverance.

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RAYMOND Cont. from page 7 largest populations in the U.S.

I guess you could say that the Negaunee participants in those summers certainly qualified as pioneers.

"According to my mother, George Moses had the first camp on the end of Raymond Cape," Banks said. "Probably near Wawenock. Someone recently said Wawenock bought the Moses camp or John Colby Shaw's camp or both. My mother also said that George Moses had the first steamboat on Sebago. He was a guide, hunter,



W.C. Kendall and George Moses are shown together on Raymond Cape in 1920. Author Kendra Raymond recently discovered that her and her neighbors' great-grandparents were also neighbors in another area of Raymond Cape. PHOTO COURTESY OF KENDRA RAYMOND

trapper, builder, sailor, taxidermist, and jack of all trades."

Notes from Elroy LaCase Jr. said that "Dr. Kendall was so taken with the location that he persuaded a couple of his friends to join him to start in 1910 what would now be termed an "ecology camp." Thus began "Medawisla Club for Boys" along the shores of Sebago. In subsequent years, Dr. Kendall founded Camp Wawenock for girls, and the boys division dissolved.

"My mother was Ethelyn Shaw. Dan and Cora Shaw were her parents," Banks said. "I didn't know

> they owned a house at Wawenock but my mother said they lived there when they were first married. Dan's father Nelson wasn't as into farming as his predecessors were. He was more into racehorses. Don't know when Dan and Cora moved to the Shaw Farm (on Shaw Road)."

As it turns out, the Shaws owned and lived in my farmhouse prior to establishing their own farm.

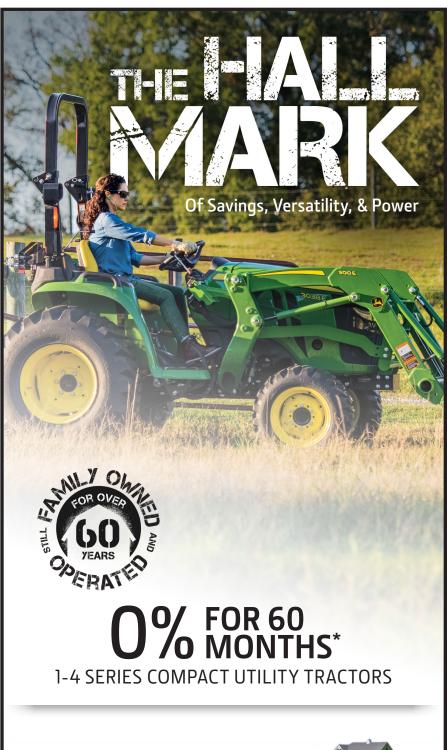
LaCasce's memoirs said that "At that time the 'Farm House' was a working farm with a barn across the road. During my parents' time, the barn was the stable for the riding horses. In the teens, Dan and Cora Shaw lived in the Farm House and operated the farm for the camp." The farm provided garden produce, milk, and butter for the camp.

And so it begins, a new

friendship, compliments of social media. It doesn't stop there. Plans are in the works for a possible neighborhood historical society and a compilation of printed history.

In his book "supercommunicator," author Charles Duhigg says, "Communication is a super power. Afterall, human connection is what it's all about." <





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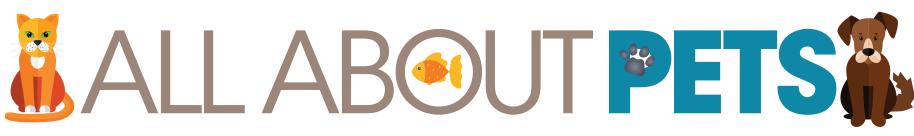
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# FLEA AND TICK CONTROL CRUCIAL FOR PET CARE

By Dr. Andrine Belliveau

Fleas and ticks are not only a nuisance for pets but also pose health risks to both animals and humans. These pesky parasites cause itching and skin irritation. Ticks can also transmit serious illnesses such as Lyme disease and Anaplasmosis. Both Lyme and ana-

plasmosis are very common in Maine, in Cumberland County in 2023, 1 in 11 dogs was Lyme positive and 1 in 4 dogs was anaplasma positive!

Prevention is key when it comes to flea and tick control. There are several different varieties of oral and topical flea/tick medications for both cats and dogs.

When selecting flea and tick control products for your pets, it is essential to consider factors such as effectiveness, safety, and convenience. Consult with your veterinarian to determine the most suitable options based on your pet's age, weight, and health status.

In Maine, most veterinarians recommend the isoxazoline flea/tick medication class (oral meds such as Bravecto or Credelio) as they will kill ticks much faster than the topical liquid medications (like Advantix) or flea/tick collars (like seresto).

Kill time is important with ticks as it takes several hours to transmit diseases. If we can kill a tick before it can transmit Lyme disease (which takes about 24 hours), we can help prevent Lyme disease in our pets. Do not use products intended for dogs on cats, as some ingredients can be toxic to felines (especially permethrins).

Most flea and tick meds are given or applied once monthly, but some are longer lasting like bravecto (oral or topical – once every 2-3 months) or seresto collars (every 8 months). We recommend giving preventatives year-round as fleas/ticks are active whenever it is above 45 degrees – which usually happens at least once a month in Maine, even in the winter.

Natural remedies (like essential oils) may give some degree of protection, but animals can easily be poisoned by essential oils as they are much more sensitive to them than people are – especially cats.

Medicated baths will kill the fleas/ ticks on the pet, but will not prevent reinfestation from eggs/ticks in the environment. Baths are not effective alone for flea/tick treatment; although they can be helpful when paired with an oral/topical preventative for a bad infestation.

Flea and tick control is a crucial aspect of pet care that requires diligence and proactive measures.

By implementing preventive strategies, choosing the right products, and maintaining a clean environment, you can help keep your dogs and cats safe and healthy. Remember to consult with your veterinarian for personalized recommendations and advice tailored to your pet's specific needs.

With proper care and attention, you can minimize the risk of flea and tick infestations and ensure a happy, pest-free life for your furry companions.

This article brought to you Lake Region Animal Hospital in Windham. Reach out to them at 207-892-7575 or visit their website at LakeRegionAnimalHospital.com





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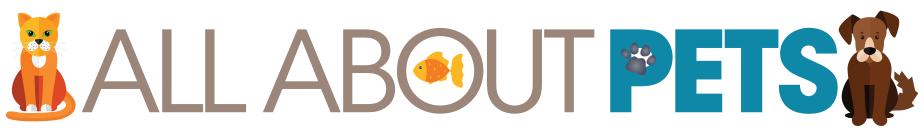




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The Windham Eagle Page 13



### 'BUY-A-BALE' SUPPORTS MSSPA RECOVERY PROGRAM

If you've driven on River Road in Windham, you've likely seen the expansive, beautiful horse farm with big white barns and white fences, set right across from Mallison Falls Road and the large Maine Correctional Center. It's called the Maine State Society for the Protection of Animals, or MSSPA, and is a horse shelter, a place where abused and neglected horses begin their long journey to healing and good health.

On a warm July afternoon, a horse named Cherry was surrendered to

her local Animal Control Officer and brought to the MSSPA. Cherry is typical of the horses that arrive at MSSPA; the initial assessment of her condition indicated that this 21-year-old mare was often the last in line for the scant food that had been available.

She was emaciated, with ribs showing and withers protruding. Her tentative gait conveyed that her feet had not been cared for in quite some time, and she took a few painful steps to the barn where she would begin her new life.

Sweet Cherry was in desperate

need of a soft place to land, a place where she could know the love and

tenderness of skilled care, and the > see MSSPA Page 19



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EMERGENCY COVERAGE AT WARREN AVENUE LOCATION



### DO ALL DOGS NEED TRAINING? THE SHORT ANSWER IS - YES!

By Kristin Brewer

Our beloved canine companions have natural instincts like digging, marking, and barking that would help them thrive in the world of dogs. But unfortunately, those behaviors don't always translate well in the twolegged society we call home! That's why training is so important; it allows us to bridge that gap and establish clear communication between ourselves and our furry friends. Every interaction we have with dogs shapes their behavior - for better or worse which means we are constantly teaching them something new each day,

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whether we mean to or not.

Training is essential for dogs because it helps create a bond between the pet and its owner while also helping reduce potentially harmful behaviors as well as teaching basic manners when interacting with others. It is not only beneficial for the dog but also for its owner as training reinforces positive behavior and allows us to better understand our pets' needs and wants

which further strengthens our relationship with them!

Proper training techniques, combined with patience and consistency from us humans means that everybody wins!

This article brought to you by Sit Means Sit Dog Training in Windham. Contact them at 207-536-8380 for a consultation or visit them online at SouthernMaine.SitMeansSit.com

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#### **ESSENTIAL PUPPY TRAINING TIPS**

- 1. START EARLY: Puppies are like sponges, absorbing info and learning quickly during their formative months. Start with basic commands like sit, stay, and come, using positive reinforcement techniques.
- 2. BE CONSISTENT: Use the same commands and cues each time you train your puppy, and ensure that all family members are on the same page regarding rules and expectations.
- 3. POSITIVE REINFORCEMENT: Positive reinforcement creates a strong bond between you and your puppy and makes training a positive experience for both of you.
- 4. PATIENCE IS PARAMOUNT: Be patient and understanding, and avoid getting frustrated or resorting to punishment. Instead, focus on guiding your puppy with gentle encouragement and praise.
- 5. SOCIALIZATION MATTERS: Expose your puppy to different people, animals, environments, and experiences early on to help them develop into well-adjusted and confident adults.
- 6. SEEK PROFESSIONAL HELP IF NEEDED: A trainer can provide personalized guidance and support tailored to your puppy's needs, helping you overcome challenges and achieve success in your training endeavors.



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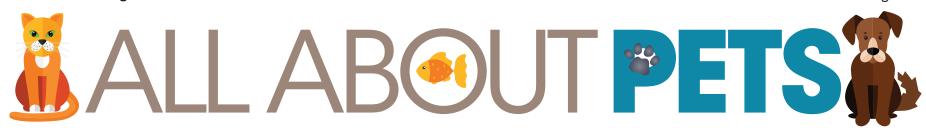
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The Windham Eagle Page 15



# SO YOUR DOG BROKE ITS TOOTH, WHAT DO WE DO NOW?

By Dr. Jennifer Keaten

First, we must start with the anatomy of the tooth. The outside of the surface of the tooth is protected by enamel. Enamel is a solid layer that protects the tooth from bacteria and sensitivity. The next layer is the dentin. Dentin is a dynamic layer in the tooth and, as the animal ages, it becomes thicker. Dentin also has microtubules that lead to the pulp cavity which is the center of the tooth. At the center of the tooth in the pulp cavity there is a nerve and a blood vessel. These structures supply the tooth

with blood to keep it alive and nerve endings to allow it to have feeling.

One type of tooth fracture is an uncomplicated fracture. This is when the tooth is fractured into the dentin, but not the pulp cavity. In this case, the tooth can often be repaired with simple bond-

significant sensitivity. However, if the tooth has been fractured for a little while, bacteria can travel down the microtubules and get into the pulp cavity and cause infection. For this reason, it is important to take dental x-rays to determine if the tooth is healthy for repair. After the tooth is repaired it should also be x-rayed 6 months later to ensure that bacteria did not infect the tooth after the repair was done.

Another type of tooth fracture is a complicated fracture. This is when the tooth is fractured into the pulp cavity.

> This is a painful condition as the nerve inside the tooth is exposed. There is often a significant acute pain when the tooth is initially fractured. After the initial event of fracture, the pain continues in the tooth, but the animal often adjusts and deals with the our pets. In ad-

dition to pain, the blood vessel is now open for bacteria to travel down and cause infection in the pulp cavity, at the root tip and even into the body.

For these reasons, there are fractured canal is when the fractured tooth. nerve and blood vessel in the tooth is removed and then filled with material. This allows the tooth to remain in the mouth without bacteria continu-

ing to travel down the blood supply. If a fractured tooth with pulp exposure does not have a root canal or extraction, the animal will continue to be in pain and the pulp cavity will become more and more necrotic and infected. Pictured below is an upper canine that was extracted many years after it had been fractured. The pulp cavity is severely necrotic and black and the necrosis continued to the end of the tooth and caused inflammation beyond the root tip inside the bone.

two choices for When a fractured tooth goes unteeth treated infection can enter a pets some time, and with pulp expo-bloodstream resulting in illness or the destruction of sure, root canal or even death. Xray above shows se- the tooth and bone extraction. A root vere infection from a long standing at the root tip.

> If your animal has a broken tooth or any other dental problems, or you just want to get a preventive assessment and cleaning done, don't wait.

Not only was this

causing pain for

the animal that

the owner was unaware of but also

allowing bacteria

into the blood-

stream. The den-

tal xray shows the

widened pulp cav-

ity, since the tooth

had been dead for

Mainely Veterinary Dentistry's mission is to improve and maintain the overall health and well-being of pets and the human-animal bond by addressing the oral health of dogs and cats. MVD provides high quality, compassionate veterinary dentistry services including preventive dental cleanings, oral exams, x-rays and oral surgery services. For a consultation call 207-481-8232 or book online with the QR code below. Mention this ad/ article for 10% off your consult. <



ing. This protects Shown above is considered a compli-pain. This kind of the microtubules cated tooth fracture with pulp expo- pain can be hard from bacteria and sure which is painful and can cause to recognize in the tooth from infection quickly. SUBMITTED PHOTOS

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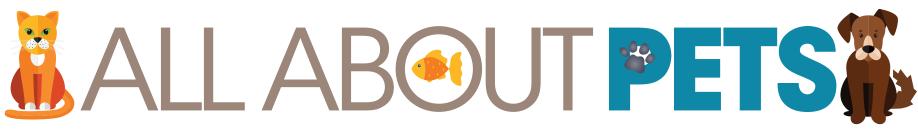
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your consult!



### DOES YOUR CAT HAVE AN OVERGROOMING PROBLEM?

Courtesy of Jordan Bay Animal Hospital Grooming keeps your cat's fur clean, shiny, and spreads moisturizing oils throughout your furry friend's coat. Although grooming is essential for your cat's health and comfort, overgrooming can irritate your furry friend's skin and lead to hair loss and

#### **Causes of Excessive Grooming**

Cats become obsessed with grooming for several reasons, including:

• Parasitic Infections. Your cat may lick, bite, and chew its coat if it has fleas, skin mites, ear mites, lice, or other parasites.

• Allergies. Allergies to foods, pollen, dust mites, fleas, and other allergens may make your pet's skin itch. Grooming offers a temporary way to relieve the itch. Skin issues are common in cats and may affect as many as six to fifteen percent of cats, according to Cornell Feline Health Center.

• Stress. Your pet may be reacting to a change in its environment or struggling with a mental health issue. Death of a pet or family member, the introduction of a new pet or family member, moving, or even rearranging the furniture could stress your kitty. According to PetMD, grooming may trigger the release of endorphins, hormones that have a calming effect.

• Pain. Does your cat constantly lick one area? Overgrooming could be a reaction to pain or an infection in that part of the body.

• Boredom. Despite their reputation as aloof creatures, many cats enjoy spending time with their favorite people. When everyone's away at work or school, your pet may be bored and resort to overgrooming.

#### **Tips to Prevent Overgrooming**

Wondering what to do about your cat's grooming problem? Visiting the veterinarian is a good first step. Your pet's doctor can determine why your cat won't stop licking its fur. Treatments depend on the cause of the

No matter what the cause of your cat's grooming issues, these tips will help reduce your pet's urge to overgroom:

• Keep Up with Parasite Control. Once-a-month topical treatments or pills can kill adult fleas and eggs on your cat's fur before they can cause problems. Flea collars can also be helpful, although some shouldn't be used if your cat takes a flea prevention pill or receives topical treatments monthly. If your cat has a current flea problem, you'll need to vacuum your home, steam-clean upholstery and carpeting, and wash bedding.

• Reduce Your Pet's Stress Level. If stress is the cause of your pet's overgrooming habit, look for simple ways to ease anxiety and stress. Keep your pet's litter box clean, don't rearrange the furniture, feed your pet at the same time every day, and introduce new pets or people gradually, if possible. If those strategies don't help, your pet's veterinarian can recommend supplements, pheromones, or medications that can help calm your furry friend.

• Spend More Time with Your Pet. Games are much more fun when they're played with your pet's favorite people. Schedule daily play sessions and increase one-on-one time with

• Offer Stimulation. Give your cat plenty to do when you're not at home. Pet supply companies offer plenty of interactive games that will keep your pet entertained and intellectually stimulated. Indulge your pet's natural love for exploring with climbing structures and tunnels. These items don't have to be expensive. Your cat will appreciate a tunnel made of a few cardboard boxes taped together

• Provide a Sanctuary. A quiet, safe place is a must when your cat is feeling stressed or overwhelmed. Create a cat-friendly retreat by placing an enclosed cat bed or a box with a soft cushion in an out-of-the-way place.

Concerned about your pet's grooming habits? Contact Jordan Bay Animal Hospital at 207-655-3900 to schedule an appointment with a veterinarian or visit JordanBayVet.com

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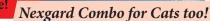


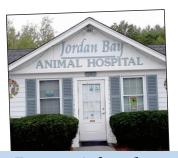


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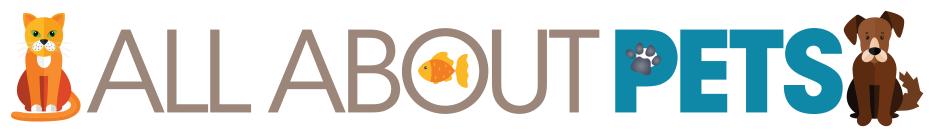
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# THE BENEFITS OF HOUSE CALL VETERINARY MEDICINE

By Deirdre Frey, VMD, Founder of Vet At Your Door

In today's fast-paced world, the concept of convenience has taken a front seat in every aspect of our lives, including the way we care for our pets. Veterinary house call services are revolutionizing pet care, offering a more personalized, stress-free experience for both pets and their owners.

Personalized Care in the Comfort of Home: One of the most significant advantages of house call veterinary medicine is the personalized care pets receive within the familiar surroundings of their own home. Without the stress of car rides and waiting rooms, pets exhibit their natural behaviors, allowing veterinarians to conduct more accurate and thorough health assessments. This environment is especially beneficial for pets who experience anxiety in traditional clinic settings, ensuring they receive the care they need without additional stress.

Convenience and Time-Saving for Multi-Pet Households: The benefits of house call veterinary services are even more pronounced for multipet households because they eliminate the logistical challenges of arranging multiple appointments or transporting several pets to a clinic. By providing care to all pets in a single visit, we

significantly reduce the stress on both the pets and their owners, making the process far more efficient and manageable. This approach not only saves time but also ensures that each pet receives individualized attention in a comfortable, familiar environment.

Comprehensive Services: Despite operating outside of a traditional clinic setting, house call veterinarians offer a wide range of veterinary services. From wellness exams and vaccinations to diagnostic testing and endof-life care, the scope of care provided is comprehensive. This ensures that pets receive a wide spectrum of care needed to maintain their health and well-being, all without leaving home.

A Meaningful Experience for Pet and Owner: The intimate setting of a home visit fosters a stronger bond between the veterinarian, the pet, and the owner. This relationship is crucial for effective communication and trust, allowing for tailored health recommendations that suit the pet's unique lifestyle and needs. Moreover, pet owners have the opportunity to ask questions and receive education on pet health in a more relaxed and unhurried atmosphere.

The One Team Experience: Vet At Your Door is more than just a veterinary service; it's a partner in your pet's health journey. Their team forms a close-knit unit that stays with you and your pet throughout your journey with us. This continuity of care leads to a deep bond, not only with your pet but also with you as a pet owner. With familiar faces by your side, trust naturally develops, making each visit a stress-free experience.

For multi-pet households, the benefits are even more impactful, simplifying pet care and enhancing the quality of life for pets and their owners alike, fostering a healthier future for our beloved animal companions.

For more info about Vet At Your Door, visit www.vetatyourdoor.com or email: info@vetatyourdoor.com.



We have used this kennel several times. Very clean and they are great with our dogs. I would recommend Pride & Joy to people who need to go away and don't have to worry about your dog not

being cared for the right way. – D. Stickley

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# SPRING IS HERE, AND SO ARE THE TICKS!

By Barb Maurais

Spring is here, and so are the ticks - along with Lyme disease, Ehrlichiosis, Anaplasmosis, Babesiosis, Rocky Mountain Spotted Fever, and other diseases that can have a major impact on your pets as well as your family's wellbeing.

Female adult deer ticks (black legged ticks) who did not feed last fall are active and have been looking for a large animal blood meal whenever the temperature is above freezing – tiny nymph ticks the size of a poppy seed, are also seeking a host.

Here are some ways that you can

reduce the risk to you and your pets:

Modify your landscape to make your yard less attractive to ticks. Keep your grass short, let the sunshine in, remove leaf litter and brush from your yard and the wooded perimeter. Consider a run or invisible fence to keep pets out of the woods. When walking on trails, stay to the middle. Ticks quest...they crawl to the top of tall grass or brush, waiting for a host to go by, then grab on to fur or clothing and seek a place to attach to feed.

Define and avoid tick habitat. Deer ticks require a damp, humid environment to survive and are most often found in wooded areas and forest edges, especially in leaf litter and low ground cover.

Apply protective repellents to your pets as directed by your veterinarian. Use EPA approved skin repellents on you and your family. Also treat clothing with 0.5% permethrin www.dognotgone.com and www.insectshield.com offer protective clothing and accessories for people and pets.

Do frequent tick checks. The single most important step in reducing your family and pets chances of contracting tick-borne diseases is per-

Pawzclawzpetz.com

forming frequent tick checks. Check yourself, your family and pets immediately following outdoor activities.

Tick Removal. Using a pair of fine pointed tweezers, grasp the tick as close to the skin as possible, and pull straight up with a steady motion. Do not twist the tick, do not try to "smother" the tick, or apply heat to the tick. Such actions will aggravate the tick, which will result in the tick regurgitating its stomach contents, including disease agents, into the host. The longer a tick is attached, the greater the chance of it transmitting multiple diseases. Prompt removal of ticks before they attach will reduce your risk.

Protect your pets from ticks. Visit University of Rhode Island's pet protection website page to learn steps to reduce tick encounters for your pet and your family. https://web.uri.edu/tickencounter/prevention/protect-your-pets

Author Barb Maurais has been a Lyme educator with Mainely Ticks for 20 years. Go to www.mainelyticks. com to request a quote for a free onsite property assessment and visit our Education and Safety tabs to learn more about ticks and protection strategies.





#### **DETECTING LYME DISEASE IN DOGS**

Detecting Lyme disease in dogs requires vigilance and awareness of potential symptoms. Look for signs such as lameness or stiffness, particularly shifting from one leg to another, lethargy, loss of appetite, fever, swollen joints, and reluctance to move. Keep an eye out for the characteristic bullseye rash, though it's less common in dogs than humans.

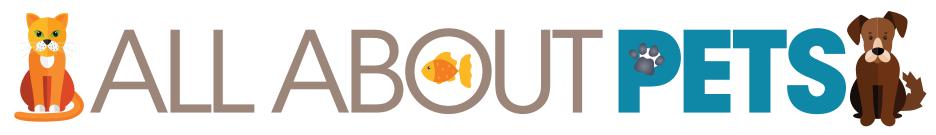
Additionally, monitor for signs of kidney or heart issues, such as increased thirst or changes in urination or heart rate. If you suspect Lyme disease, consult your veterinarian promptly. Early detection and treatment are crucial for managing the disease and preventing complications.



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reassurance of clean water, fresh hay and grain.

It would be easy to understand if Cherry mistrusted humans, or shied at being handled. But the opposite was true, you could see this sweet girl settle into her new home, almost as if she knew she could finally exhale.

Those hard days were behind her and Cherry's personality emerged as she seemed to know her luck had dramatically changed.

Hay is so fundamental to a horse's ability to thrive, and bad hay, moldy hay, or no hay at all can cause serious medical and starvation challenges to a horse

Horses really 'dig in' in the fall and their hay consumption increases as they prepare for the cold months ahead. In the winter, it's hay that serves as a bit of a furnace in a horse's belly, keeping them warm through the cold months. Little is as fundamental to a horse's healthy outcome as hay.

Which is why the annual Buy-A-Bale campaign at the MSSPA underpins all of the work that happens at the farm, year-round.

When horses arrive at the Society, they are assessed by a veterinarian. This intake exam provides a baseline evaluation of the horse's condition, and informs the re-feeding and care plan for that horse.

All horses that come to the MSS-PA are provided with all the fresh hay they can eat. Grain and supplements are added when the horse is ready.

Each horse's re-feeding program is monitored and adjusted as the horse continues on its path to recovery. A gift to MSSPA's Buy-A-Bale campaign contributes to the most fundamental building block for a horse's recovery.

And as is so often the case, there is such good news to share about Cher-

ry. She set about getting healthy and strong, and today has gained nearly 100 pounds.

To learn more about the Buy-A-Bale campaign and to make a contribution or volunteer visit: msspa.org.

# HELPING HORSES THRIVE. JOIN US.





Hay is fundamental to a horse's ability to thrive.

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# Sebago Lake Anglers' Assoc. honors Chapin for 14 years of service

Richard Rhoads, long-time past officer and Board member of Sebago Lake Anglers' Association presents a plaque of appreciation to Bob Chapin, as he steps down after 14 years of service to the Association as both Vice-president for the first 2 years and President for the past 12 years.

Under Bob's leadership the Club has been able to award more Youth Lifetime Licenses than any other Club or Association in the State of Maine.

SLAA has awarded six such licenses this year and have a few more to go. Funds for the licenses, which cost the Club either \$150 or \$300 depending upon whether the youth is under 5 or under 16 years of age, are raised at the annual Togue Derby held each fall the week after Labor Day. This year the Derby will be held at Point Sebago

Resort on Sept. 7-8. Area fishermen and women interested in competing in the Derby will be able to pick up registration forms at area variety and bait shops after Aug. 1, 2024.

The Club feels that through getting children in-

outdoors and enjoy the many attractions that the State offers including the many lakes in the lake region and



volved in fishing Board member of the SLAA Richearly in their lives ard Rhoads, left, presents a plaque of appreciation to Bob Chapin, afthey will enjoy a ter having served the association lifetime of won-derful experiences SUBMITTED PHOTO

colors deep, how fast to troll, etc., and comment on issues affecting fishing. They are also actively involved in local

beyond.

SLAA is comprised of like-minded anglers who meet monthly to discuss local hot spots not only on Sebago but all other Lakes Region lakes and lie about the fish they've caught! They have expert guest speakers, discuss tackle, tactics, and techniques—what lures or bait is working where, how many conservation issues such as watershed surveys, salmon redd counts, threats of oil and tar sands to area waters, and participate in IF&W focus groups affecting rules and regulations. Their most recent fundraising efforts are to remove debris in the Edes Falls Dam. Several members are "Hooked on Fishing" certified instructors and conduct programs for youth groups.

They are always welcoming new members and encourage anyone interested to attend a meeting which occur the second Tuesday of every month except November (deer hunting!) at the United Methodist Church in Naples center for a potluck at 6:30 p.m.

The association welcomed new President Kevin Ronan last month. If you would like to get involved please reach out to Kevin at 207-838-4855. <

# **HELP WANTED • HELP WANTED • HELP WANTED**



### **Seasonal Positions Still Available!**

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#### SUMMER DAY CAMP:

- Junior Counselors (16 & 17 years of age)
- <u>Senior Counselors</u> (18 years of age and older)
- Assistant Camp Director(s) and Camp Director(s)

Seven-week day camp running from June 24th - August 9th Leadership position working with children in a structured setting indoors and outdoors. Responsibilities include planning, organizing and supervising activities for a positive camp experience.

#### **DUNDEE PARK:**

• Park Supervisors -

The primary responsibilities are to coordinate park functions and supervise staff in the absence of the park manager.

• Park Attendants (15 years of age and older) General grounds upkeep, trash collection, maintain a safe environment. Oversee the wellbeing of park visitors and report any issues that need to be addressed to the park managers.

• Gate Attendants (18 years of age and older) Collect and record admissions and season pass fees, greet visitors upon entry, and provide accurate information about the park to visitors.

POSITIONS BEGIN IN LATE MAY AND END LABOR DAY: Requires some weekend and evening hours.

#### SUMMER USATF YOUTH PROGRAM:

• Assistant Track Coach(es) (15 years of age and older) nowledge of skills, techniques & current trends pertaining to outdoor track & field required. Great opportunity to be a positive role model for youth in grades 1 – 8. Season runs from mid-June to mid-August. Practices are Mon. & Wed. evenings; Meets held during the day on Thursdays at various high school locations in southern Maine; State Meet will be held on Saturday, August 10 (dates, practices & track meets subject to change depending on the school calendar or changes to CDC guidelines).

#### Scan here to apply or FMI visit www.windhamrecreation.com

or in person at: Windham Parks & Rec, 8 School Road, M-F 8am to 4pm. Questions? Email: ljbrooks@windhammaine.us



Please submit all completed applications to: khroy@windhammaine.us

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# Maine's inveils new license plate

Maine Secretary of State Shenna Bellows and Deputy Secretary of State for the Bureau of Motor Vehicles Cathie

Curtis have unveiled the design of the new Pine Tree Plate.

"The new Pine Tree Plate is a fresh approach to a classic design rooted in Maine history, but the ultimate purpose of license plates is for vehicle identification to ensure public safety on our roads and Maine's new Pine Tree vehicle

worn-out plates on starting May 2025. our roadways increase risks to the general public, and worn-out plates reduce law enforcement's ability to be effective when handling crimes that could be prevented or solved through the identification of license plates."

The current standard-issue plate, the Chickadee Plate, has been in circulation for almost 25 years.

"The Chickadee Plate will see over 900,000 replacements between May of 2025, and May 2026, a huge logistical undertaking coordinated by BMV staff, our municipal partners, and Waldale Manufacturing," Curtis said. "Mainers who want to reserve their current plate numbers, including vanity plates and low-digit plates, should know that right now, they don't need to act - but

we'll be starting a reservation process later this spring."

In accordance with LD 1965, "An Act

to Authorize the Secretary of State to Provide a New General Issue of License Plates," which became law last year, there are two new plate designs: One with the Pine Tree and North Star and one plain plate with blue identification number and letter combinations.

Mary Catus, an emhighways," Bellows license plates will begin to ployee in the Departsaid. "Damaged or replace the Chickadee plates ment of the Secretary of State, donated the

> design of the Pine Tree Plate to the State of Maine for use on the plate. Waldale Manufacturing, a Nova Scotia company, has been contracted to manufacture the Pine Tree License Plates during this new general plate issuance.

> The state BMV's current registrations tracking system doesn't have a mechanism to see how long a registration plate has been in use. Issuing a new design ensures fairness to law-abiding Maine drivers.

> Mainers who have a specialty plate will not be impacted by the change to the Pine Tree Plate. Specialty plates include the Agriculture and Conservation plates, among others.

> Chickadee Plates returned will be

# -BRIEFS -

#### **Veterans Resource Fair**

The American Legion Field-Allen Post 148 in Windham will be hosting a Veterans Resource Fair from 10 a.m. to noon Saturday, March 30 at the Windham Veterans Center, 35 Veterans Memorial Drive, Windham. Veterans support will be provided by a variety of VA resource specialists and other veterans-associated nonprofit organizations. These groups will be available to answer questions about VA benefits and provide referrals as needed. Coffee and donuts will be available. Stay for lunch and have your questions answered about your benefits and VA resources. FMI, call 207-892-1306.

#### Spring Luncheon/ **Eclipse viewing party**

Join Windham Parks & Recand Windham Age Friendly for a Spring Luncheon at the Windham Town Hall Gym on Monday, April 8 from 11 a.m. to 1 p.m. Cost is \$10 per person and food will be provided by Starlite Catering. After the luncheon transportation will be provided, if needed, to an eclipse viewing at the Windham Community Park, 373 Gray Road, which will be held in partnership with the Windham Public Library. All ages are welcome to attend the viewing party. There will be games and activities while viewers wait for the Solar Eclipse. FMI call 207-892-1908, ext. 4.

#### Girl Scout sign-ups

The Girls Scouts of Maine will offer an information and sign-up event at 5:30 p.m. Tuesday, April 9 at Windham Primary School. This event is for all Pre-K to Third Grade families, and all are invited to see what Girl Scouts have to offer. FMI, visit www.girlscoutsofmaine.org or call 888-922-4763.

#### Choir singers needed

North Windham Union Church UCC invites all interested singers to become a part of the church's choir family. Regular rehearsal time is from 6 to 7 p.m. Tuesday evenings at the church, 723 Roosevelt Trail in Windham. The choir also meets at 9 a.m. on Sunday mornings to prepare for the worship service. It is open to anyone who loves to sing, and no previous experience required. FMI call 207-892-6142.

#### Thrift Shop

The North Windham Union Church UCC Thrift Shop at 723 Roosevelt Trail in Windham across from the fire station is open from 10 a.m. to noon on Wednesdays and Thursdays. Find bargains on clothing, sheets, fabric, household items, books, and more.

#### **Legal Services**

Legal Services for the Elderly is a nonprofit organization that offers free legal help for Maine residents ages 60+. Call LSE's Helpline at 1-800-750-5353.

# **HELP WANTED • HELP WANTED • HELP WANTED**



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FMI & to apply go to: momentumme.com/employment-services

Momentum is an equal opportunity employer.

# Wolfpack wrestlers reflect on strong postseason results

#### By Matt Pascarella

The Windham/Westbrook/Gray-New Gloucester Wolfpack wrestling team finished its season with a 22-7 dual record. Wolfpack wrestlers finished second at regionals at Oxford Hills on Saturday Feb. 10; were fourth at the Class A state competition on Saturday, Feb. 17 at Cony in Augusta; and placed first at the All-State competition at Belfast High on Friday, Feb. 23.

Westbrook senior Gavin Tanner won the state and all state competitions. Windham junior Ayden Cofone won all state and was second at the state competition; Windham senior Griffin Moreau came in second in both meets. Tanner was First Team Southern Maine Activities Assoc. (SMAA).

"It meant everything to me," said Tanner. "I've put in so much work and so have my coaches and my family in helping get to where I am and accomplish all my goals, I'm so grateful for them. This All-State tourney was very significant as many wrestlers begin to fade and lose their motivation as the season is almost over. This tournament showed us how bad we wanted it and how tough of a team we are."

Moreau placed fourth in the New England meet held in Rhode Island on Friday and Saturday March 1 and 2. The Wolfpack had three state tournament finalists and three all All-State finalists. Moreau was All State and First Team SMAA.

At the girls' state meet held at Winslow High School on Tuesday,

Feb. 20, three Wolfpack female wrestlers including Windham junior Addison Leger came in fourth, while Windham freshman Amelia Brickel came in third and Westbrook sophomore Jasmine Sinclair finished second.

In the first year the SMAA provided team recognition for female wrestlers, Leger, Brickel and Sinclair all SMAA honors.

"I started the season by getting injured, and

unfortunately, I was out most of the season," said Sinclair. "I got cleared to go back to wrestling three weeks before girls' states, and I was nervous to go into a big tournament starting on a fresh slate. I ... didn't know if I wanted to go, but when it came to it, I felt like not only me but also the other girls on the team wrestled well. Throughout the season going to the tournaments, and watching my teammates wrestle I've seen so much more improvement. We had a couple of people on our team who just started this year and ended up being pretty successful, some even earning their [varsity] letter. Although I didn't participate in a majority of the meets and tournaments this year, I still feel happy about the fact that we won four different big tournaments this year in



received First Team From left are Windham/Westbrook/Gray New-Gloucester Wolfpack Coach Tom Reibe, Coach Nick Buckley, Owen Pilsbury, Ayden Cofone, Gavin Tanner, Griffin Moreau and head coach John Nicholas shown after they won the All State tournament at Belfast High School on Friday, Feb. 23. PHOTO BY JOE PILSBURY

> first place. I'm hoping to have an even better season next year, and I hope we just keep improving."

> The All-State tournament featured the best wrestlers from all over the state of Maine.

> "The season was a culmination of kids buying into our system and coming up through youth wrestling and sticking with it," said Wolfpack head coach John Nicholas. "Many of the

kids put in a lot of time on the mats over the years and it was great to see them reach their potential. All the hard work our wrestlers and coaches have put in over the last four years. To beat all the top teams in the state and put three kids in the finals was a huge achievement for our program. It shows that everything we did and talked about could be attainable with commitment and dedication." <



From left are Windham/Westbrook/Gray New-Gloucester Wolfpack wrestling head coach John Nicholas, Windham junior Addison Leger, Windham freshman Amelia Brickel, Westbrook Sophomore Jasmine Sinclair, Wolfpack assistant coach Nick Buckley after the girls' state wrestling tournament at Winslow High School on Tuesday, Feb. 20. PHOTO BY SHAWN LEGER

# EAGLES

### Tyrie James

Age: 16 Team: WHS basketball Coach: Chad Pulkkinen

Parent's names: Kati Morrell and Kevin Thrower Reason for selection: Tyrie James was instrumental in the success of the Windham High School varsity basketball season. Tyrie came off the bench throughout the season and brought an immediate impact. He led the team in scoring during the regular season with 11.4 points per game. He averaged 15 points per

game in the three WHS postseason games and set a state record for successfully-made free throws in a game with 11. Tyrie is as skilled a player as team coaches have coached. His ability to change speeds and direction is at an elite level. His decision making on and off the ball combined with his calm demeanor makes him a very difficult player to defend and prepare for. Tyrie embraced what was best for the team, he played starter minutes and came through in some of the toughest situations the game can bring. As a sophomore his maturity and ability to be in the moment was crucial for his own success and his ability to impact the team's success. As good as a player Tyrie is, he is an even better person and quietly attacks each day with focus and effort.





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# Windham/Gorham Middle School Wolfpack wrestling shows improvement as season nears end

# By Matt Pascarella

In one of their final meets of the season, the Windham/Gorham Middle School Wolfpack wrestling team hit the mat against Sanford and Thornton Academy at Windham on Thursday, March 21 and showed how much they've improved over the course of the season. The Wolfpack defeated Sanford, 54-11, but lost to Thornton Academy 39-18.

"It was great to be back on the mat again," said Windham eighth grader Patrick Davenport, who hadn't wrestled for a couple weeks because of health reasons. "I really love ... the intensity of wrestling, it's a great sport. It was great to be back; I have nerves a lot but I didn't have much hesitation; I wanted to come out and have fun ... I made the most of it and got a pin. I think overall we did very good as a team. We worked really hard on getting out from bottom. We struggle with that, and locked hands and we didn't have one locked hands call, and we got out most of the time on bottom so I'm pretty proud of the team for that."

During Davenport's match, he got his Thornton Academy opponent off balance and then took him right to the mat. He worked hard and forced his opponent onto his back and got the pin.

Gorham seventh grader James Swan was quick to take down his Thornton Academy opponent and held him there, cradling. Swan pinned his opponent after three rounds. In his second match he brought his Thornton Academy opponent to the mat and got the pin.

In Gorham seventh grader Lucision Roy's first match, he worked to get his opponent's shoulders on the mat and got the 9-5 win after three rounds.

Gorham seventh grader Devon Paradis escaped being pinned by a Sanford opponent. He battled for three rounds and eventually pinned him in the third round.



Windham eighth grader Jake Burke fought hard against Thornton Academy, and did avoid getting pinned, but lost, 7-1.

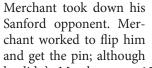
Gorham sixth grader Jimmy Costello was very aggressive during his match against Sanford. He won with a very impressive 15-0 score.

Windham eighth grader Maddox Butler brought his Sanford opponent to the mat in mere seconds and a very short time after that secured the pin.

Windham seventh grader Jullian Nappi pinned his Sanford opponent; Windham sixth grader Grady Johnson also pinned his Sanford opponent.

Windham seventh grader Nate Somma wrestled the current Thornton Academy Middle School state champion Quentin Cofone. in his match. He'd faced Cofone a few times before, and although he lost – he was able to force a sudden-death round and only lost by one point, 2-1.

"It was a really big moment for me because I wrestled him twice and the first time he beat me in the third period by pinning, and the second time he sprained my leg," said Somma. Losing by only one point was really good."



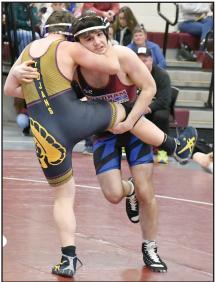
he didn't, Merchant won 12-0.

"The kids have been steadily improving all year showing what they've been working on in practice," said Wolfpack wrestling coach Nick Buckley. "They wrestled hard; great sportsmanship that I always like to see, they supported their teammates well which always makes us coaches proud. I thought we got the first takedown almost every match ... to wrestle with a lead, gave us a win. We got a young team; we've taken our lumps but we're improving; we need to ride tougher on top." <

(Clockwise from top left) Gorham sixth grader Jimmy Costello keeps his opponent on the mat as he















#### VEHICLES Cont. from page 1

Pantry as it works to eliminate food

"It is our sincere appreciation to the Windham School Committee, the Windham Superintendent, and Windham Public Works for their dedication to our community," Daniel said. "And to Marge Govoni for her continued 100 percent support of the Windham Food Pantry/Clothes Closet since its inception. Words are not enough to express our thanks."

Howell said that the school district hopes that the recent vehicle donation initiative will inspire students with their service-learning ideas as well as nurture an ongoing sense of community partnership, strengthening the bonds between educational institutions and local communities. <

# **Grant allows Sebago Fiber to expand broadband**

The Board of the Maine Connectivity Authority has awarded Sebago Fiber \$3.2 million to expand broadband internet in the town of Sebago and parts of Hiram, Naples, Bridgton, and Baldwin, bringing high-quality internet to 1,690 homes and businesses.

Clara McCool, Regional Broadband Program Manager at the Greater Portland Council of Governments, said the grant, matched by a \$1.3 million private and municipal investment, may help other towns in the region gain access to broadband.

Brandie Shydo, Director of Community Engagement for Sebago Fiber, praised the community broadband planning efforts of the Town of Sebago and the Greater Portland Council of Governments. "Thanks to the partner-

ship with Maine Connectivity Authority, Sebago Fiber can make our capital investments go even further to connect more unserved and underserved residents, providing fast, reliable service with local support," Shydo said. "Sebago Fiber plans to continue investing in the Sebago Lake Region by expanding our fiber network to neighboring towns and hiring team members in our communities.'

The investment will provide access to broadband service to 1,690 homes in total, including 492 with slow and unreliable internet service or that currently lack internet access. The Maine Connectivity Authority's Partnership Enabling Middle Mile (PEMM) Grant crosses town boundaries to make sure unserved homes in the bordering towns of Baldwin, Hiram, Bridgton and Naples are included.

Residents and business owners who

wish to sign up for the new service should visit www.sebagofiber.net.

The grant is part of the Maine Connectivity Authority state-wide initiative to invest \$23 million to address largescale, regional broadband needs that maximize private and community financial contributions.

Sebago Fiber is a privately owned internet service provider that was founded in 2020 and currently serves Frye Island. The company is evaluating further expansion in the area.

Since 2021, the towns of Casco, Naples, Raymond, Sebago, and Standish have been working on a coordinated broadband planning and development process. A steering committee of town managers, select board members, and residents from each of the five towns continues to meet biweekly and work together to identify a broadband solution for their communities. <

# **Windham Residents**

#### TAX PAYMENT REMINDER!

All persons liable to pay Property Taxes in the Town of Windham are notified that the second installment of taxes will be due Monday, April 1, 2024.

Failure to pay the tax on or before April 1, 2024 will render the tax delinquent, and interest will be charged at the rate of 8% per annum from the due date. FMI 207-892-2511

#### PAYMENT OPTIONS ARE:

- 1.) Mail to Tax Collector, 8 School Rd, Windham, ME 04062 (post marks will be accepted)
- 2.) Make a payment in Town Office: M/W 7-5, Tues 7-6, Th 7-4
- 3.) Use the drop box at the Town Office, available 24/7
- 4.) Online at windhammaine.us under Tax Collection Dept.\* \*Fees will apply





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# Who needs a REALTOR® these days?

By Matthew Trudel SPECIAL TO THE WINDHAM EAGLE



Seems like a funny question to ask, but with today's technology and real estate sites like Realtor. com and Zillow, people have a lot of information at

—Matt Trudel, Five Star Realty their fingertips. You can look at a house on Zillow and see what they feel the value is. You can see what the taxes are and what houses in that neighborhood sold for recently. You also see when the house was built, the number of bedrooms and bathrooms, and there are usually plenty of photos of the property.

So, who really needs a REALTOR\* with all this information out there? The short answer is almost everyone should have a realtor representing them when selling or buying. We are the ones who have gathered and input all that information for years. The next question then is who pays the REALTOR\* their commission?

The quick answer that most people go with is that the seller pays the commission to both the listing agency and the selling agency. I have also heard people say that if you are buying a home, you should have a REALTOR\* representing you because it doesn't cost the buyer anything. It is the seller who pays the commission to the buyer agent that is representing you and helping you through the process of purchasing a home. I believe this to be a false statement and I will quickly explain why and how I look at the whole commission situation.

Let's say that seller Dennis wants to sell his house and calls listing agent Kelly to help him sell it.

Kelly charges 5 percent and says the house is worth \$380,000. Dennis says let's try it at \$400,000. Along comes buyer Kathy who is represented by her buyer agent Matt.

Kathy likes the house and Matt writes up the offer at \$400,000 and Kathy buys the house. The REALTOR\* Kelly splits the commission with REALTOR\* Matt, and each get paid \$10,000. So, the seller paid the commission in this situation some might argue.

I say buyer Kathy paid the commission and here is why.

Seller Dennis was happy with getting his \$380,000 for his house. If he had happened to meet or know Kathy and had dealt with Kathy directly

without any REALTORS\*, then Kathy could have likely bought the house for \$380,000.

I say Kathy paid both REALTORS\* because she paid \$400,000 for the house. Kathy is the one who brought \$400,000 to the closing, the realtors each took \$10,000, and seller Dennis got \$380,000.

I bring up this conversation because I think this whole commission structure is going to be changing by the end of the year. I think we will see that clients will be responsible for paying their own agents separately. It will or can still be a part of the deal, but I think it will clarify things a little better, especially for buyers.

The buyers will be able to see that if they do want representation and assistance in purchasing a home, that there is a fee for that service that they are going to be responsible for it. This is going to bring about a significant change to a lot of agency's company policies and how we list and show properties in the future.

Buyers might find it a little more difficult to see houses without using a REALTOR\* as a buyer's agent. This will also likely affect sellers as well.

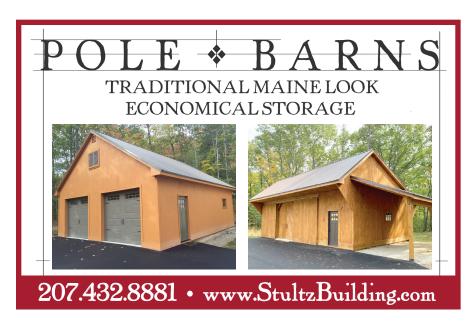
What if buyers are from out of town and don't have an agent they are working with and want to see the house on short notice. They might not be able to see it before they have to head out of town.

Five Star Realty is looking ahead and researching some more creative ways to implement some of the changes that we are expecting to happen.

More information will be coming out over the next couple of months, but you can always call us or email us if you would like to know more.

This article was written by Matthew Trudel, Owner/Broker at Five Star Realty in Windham. Call him at 207-939-6971. <











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# PLEASE NOTE: FOOD AND GAMES FEATURE ALTERNATES WITH MOVIE REVIEW

#### THE WINDHAM EAGLE'S



#### Harriett's French Chicken

My mother found this recipe in a newspaper in the 1950s and added it to her recipe file and after making it for Sunday dinner one time, she liked it so much that she would make it on special occasions for guests and family. The meal consists of battered chicken breasts served with a lemon sauce topping, and the idea is thought to have come from came from a popular restaurant chef in our family's hometown of Rochester, New York. The French style of preparation is to dredge the chicken through flour and eggs before sautéing it.

It's simple to make and many of the ingredients are already in your cupboard and refrigerator.

#### **INGREDIENTS**

2 boneless chicken breasts 1 cup of flour 1/4 cup of butter 1/4 cup cooking oil 1/2 teaspoon of salt

1/4 teaspoon of black pepper 2 cans of chicken broth 1 garlic clove 1/2 cup of lemon juice 2 butter sticks

#### **DIRECTIONS**

Cut the chicken into 1-inch strips and salt and pepper. Coat the chicken strips with flour and set aside. Beat the eggs thoroughly and then soak the coated chicken strips in the eggs. In a frying pan, heat 1/4 cup of cooking oil and the 1/4 cup of butter until it starts to simmer. Place the chicken strips in the frying pan until they are brown. Remove the chicken and drain on paper towels. In a small pot, place the chicken broth, garlic, butter sticks and lemon juice. Cook on medium heat for 15 minutes. Add the chicken strips to the broth mix and simmer on low heat for another 20 minutes.

#### **SERVING**

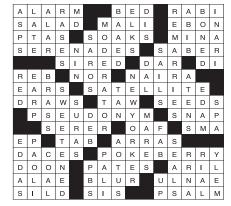
Place on dinner plate as the main course and add a side salad and mashed potatoes. Total prep and cooking time is 40 minutes. Serves four.

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#### LAST WEEK'S ANSWERS





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# 15 16 20 30 49 60 61 63

#### **CLUES ACROSS**

- 1. Lions do it
- 5. In favor of
- 8. Rest here please (abbr.)
- 11. Pulpits
- 13. Leisure activity
- 14. Fertility god
- 15. Financial obligations
- 16. When you anticipate getting somewhere
- 17. Spanish river
- 18. Sporting events
- 20. Type of tree 21. Ceased to be
- 22. Persons

CROSSWORD

- 25. Synthetic resin
- 30. Relates to photochemical reactions
- 31. Father

- 32. Former Cowboys coach
- 33. City in Finland
- 38. Run batted in
- 41. Got through 43. They darken skin
- 45. In a harmful way
- 48. Form of weaving
- 49. City of Angels hoopster
- 50. Caucasian language
- 55. Syngman , Korean president
- 56. Sun up in New York
- 57. Paddled
- 59. Fishes
- 60. Affirmative
- 61. Nimble
- 62. Doctor of Education
- 63. Soviet Socialist Republic
- 64. A small island

#### **CLUES DOWN**

- 1. Cool!
- 2. Hebrew unit of measure
- 3. Swedish rock group
- 4. College army
- 5. Favor over another
- 6. Called it a career
- 7. Egg-shaped wind instrument
- 8. Israeli statesman
- 9. Hurries
- 10. Slog
- 12. Midway between south and southeast
- 14. Benedictine monk
- 19. Self-immolation by fire ritual 47. Utilizes
- 23. Family of regulator genes
- 24. Surrendering
- 25. Political action committee
- 26. S. American plant
- 27. Long-term memory

- 28. Bark
- 29. Breathes in
- 34. Take hold of
- 35. Everyone has one
- 36. Valentine's Day color
- 37. Drivers' licenses and passports
- 39. Outer walls of castles
- 40. Enters with force
- 41. One thousandth of an inch
- 42. Deceased Chinese politician
- 44. Sugary secretion of plants
- 45. Expressed pleasure
- 46. Shelter
- 48 Forest resident
- 51. Fashion accessory
- 52. A sharply directional antenna
- 53. Kristofferson, actor
- 54. A bad place to end up
- 58. MLBer Gordon

# SUDOKU

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#### **HOW TO SOLVE:**

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

#### **LAST WEEK'S ANSWERS**

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# As the Sebage Lekes Region Fuller

As the Sebago Lakes Region Fuller Center for Housing celebrates its fifth anniversary this spring and gears up for another year of working on projects helping community residents in need, volunteers are sought to put their faith into practice and become the change they want to see in this world.

The mission of the Sebago Lakes Region Fuller Center for Housing remains to make a difference in the communities of Raymond, Standish, and Windham by providing safe and adequate housing repairs for those who are aging in place. The nonprofit organization is run entirely by volunteers who can sign up to volunteer and donate any amount of time to assisting in making home repairs and other tasks for veterans and seniors locally.

An affiliate of the nonprofit national Fuller Center for Housing, the Sebago Lakes Region Fuller Center for Housing was founded by representatives from Raymond Village Community Church, Faith Lutheran Church, North Windham Union Church, Windham Hill UCC, Unity Center for Spiritual Growth, St. Ann's Episcopal Church and Saint Joseph's College and provides a wide range of home repair, clean-up, and home rehabilitation services to qualified senior residents.

"I am so proud to be celebrating our five-year anniversary," said Diane Dunton Bruni, the chair, president, and a founding member of the Sebago

# Sebago Lakes Region Fuller Center for Housing

Lakes Region Fuller Center for Housing. "When 12 community members met in July 2019, I would never have dreamed that we would have the impact upon the community in the way that we have. Helping veterans and seniors age safely in their homes by volunteers repairing homes is truly faith in action."

She said that the group's first project was in 2020 and from 2020 to 2023, a total of 46 projects for 30 different local families were completed by 146 Sebago Lakes Region Fuller Center for Housing volunteers who contributed 3,286 volunteer hours.

The national Fuller Center for Housing was established by Millard and Linda Fuller, who also created Habitat for Humanity. The Fullers and a group of like-minded partners founded The Fuller Center for Housing in 2005 as a return and recommitment to proven and effective grass roots, faith-based principles of helping others in need.

"Hope is essential in life," Dunton Bruni said. "What we are doing is we are giving hope."

Jim McBride, the chair of Sebago Lakes Region Fuller Center for Housing's Family Committee, said that becoming a volunteer for the group is inspiring.

"It warms my heart to serve with others from our faith community to help people in need right here in Windham, Raymond, and Standish. The families we serve are always so grateful that our volunteers not only fix their homes, but also care enough to develop deep and lasting friendships," McBride said. "It is truly a blessing to be able to help families in need across our community. As awareness of Sebago Fuller Housing has grown over the past four-plus years, we have been able to tackle more projects with more talented volunteers and local contractors. Thank you for the very generous funding support from caring individuals, businesses, and partner churches throughout the community."

According to McBride, Sebago Lakes Region Fuller Center for Housing is currently preparing its list of projects for this year.

"We currently have 13 active projects, most of which are held over from last year," he said. "Several of these jobs involve roof repairs or replacing the old roof, building a new roof over

a wheelchair ramp, replacing an old deck with a smaller covered porch, minor electrical repairs, winterizing two doorways, replacing storm doors and windows. We do some spring and fall clean-ups, and some painting projects as well as tree/branch removal as needed. Most of our focus is on repairs to keep the residents safe and warm, rather than just aesthetic requests."

McBride said they are planning a project day for April 27 to collaborate with the PowerServe Community Day of Service held each year and the Sebago Lakes Region Fuller Center for Housing will likely have at least one project day for volunteers each month right through the summer and fall in 2024.

To help cover the costs of some of the larger projects this year, the Sebago Lakes Region Fuller Center for Housing is conducting a \$25,000 community fundraiser. Dunton Bruni said that the group will be announcing a new gala fundraising event soon but also welcomes donations at www. sebagofullerhousing.org.

"It is so important to have people be able to stay safely in their homes and to know that they don't have to leave at a time that they just want to have the memories and feel comforted by what's around them," she said.

To volunteer to help with this year's projects, send an email to sebagofullerhousinginfo@gmail.com. <

# EVERYONE DESERVES SAFE HOUSING

We're kicking off our Community Campaign to raise \$25,000 for upcoming projects.
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We focus on older adults and veterans, but consider helping anyone in need regardless of age, faith or background. If you or someone you know is in need of home repairs & can't afford or can't physically do them, please contact us.

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The Fuller Center for Housing is a 501(c)(3)

# ANNUAL GALA SAVE THE DATE!

October 1st at The Stone Barn at Saint Joseph's College

Bill Turner is Spinning Pedals for Homes... Together let's help him raise \$15,000 for The Fuller Center!

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Celebrating 5 Years of helping those in need make their homes safe and livable again!!





# An unsolved mystery arrives in Maine

By Andy Young
SPECIAL TO THE WINDHAM EAGLE



I want people like D and T living in my neighborhood. is generous, energetic, kind, creative, deter--Andy Young, Columnist mined, attractive, courageous, honest, and

fully committed to doing everything they can to make the world a better place for everybody. Together they are a powerhouse.

In order to shield these two wonderful but intensely private individuals from any unwanted attention, I'm going to refer to them by the third letters of their first names. I was going to identify them by using the last digit in their respective phone numbers, but that would make their true identities far too

After reading my glowing descriptions of I and P (the first letter of the state where each grew up), one would

naturally assume that we would spend a great deal of time together. But unfortunately, according to Google Maps their front doorstep is located 825.5 miles from mine, which makes actual visiting difficult. It would take 13 hours and 16 minutes to drive to their residence, so making a round trip in a single day would be impossible, even if I left on the Saturday night in early November when the clocks get set back to Standard Time.

Every year B and E (the first letter of their respective favorite football teams) call me on a particular day, and after observing a very specific protocol we get down to the business of catching up. I regale them with only slightly embellished tales of my doings here in Maine, while they update me on what's been going on in their world. These special phone conversations are never long enough.

Our most recent electronic get-together occurred when they called last month to sing "Happy Birthday," congratulate me on turning 39 again, catch me up on their lives, and allow me to catch them up on mine.

Even by their lofty standards, last year was a memorable one for B and B (the first letter of their respective hair colors). Always enthusiastic travelers/ adventurers, they had toured several African nations, going on a memorable safari while they were there. But when they asked if I'd gotten the postcard that they sent me from Botswana last July, I quickly changed the subject.

That's because I didn't remember getting any postcard, which could only mean one of two things, neither of which was attractive. Possibility number one: I am in fact a terrible person, since only the most callous, self-centered, egotistical "friend" would fail to acknowledge such a kindness. Possibility number two: I truly didn't remember receiving the postcard, meaning that premature senility has arrived even more prematurely than I had anticipated it would.

\*\*

One afternoon several weeks after that phone call I found two items in my mailbox after returning from work. One was a gentle reminder from the power company to pay them if I wished to continue receiving electricity for my home. The other was a colorful picture postcard with "Chobe National Park" and "Botswana" printed on the front. On its back side was an uncancelled South African stamp in the upper right corner, and handwritten messages from both A and M (last names of a famous Texas university). There were no postmarks or dates of any kind on either side of the card, which was in pristine condition. In fact, were it not for the writing on the back, the Botswanan postcard vendor could undoubtedly have sold it again, and at full price.

Forget how the pyramids of Giza were built, the disappearance of Amelia Earhart, and the JFK assassination. The only mystery I want solved is where that postcard spent the past nine

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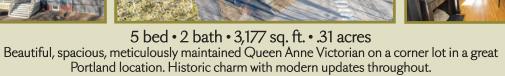
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